# The Bromley Messenger

# October 2008

Volume 22 No 7

Feeling cheated by not having had much of a summer with little sun (or that is how it has felt) autumn seems to have arrived with beautiful sunny days together with the crisp coolness of morning and evening. Soon, no doubt, I shall be lighting the fires and finding my winter clothes. The blackberries are ripe and I have already picked a number which are heading for the freezer and ultimately apple pies etc. The harvest has been gathered, for better for worse, and the year is completing its cycle although some of the birds seem to be weather disorientated as the late house martin leavers have, as I write, still not left and there are some very young pheasant chicks wandering around the garden—a very late brood indeed. The horse chestnut trees are being attacked by a moth that causes the leaves to turn brown and fall earlier as well as causing the conkers to be smaller much to the disappointment of the conker tournaments, I imagine. The suffering trees can be seen all over the place.

With autumn comes a certain amount of work in the garden and there is good guidance on page 13 with regard to the law and the trimming of roadside hedges and trees. There are one or two quite dangerous places along the roads in the villages where hedges have not been kept cut back and obscure vision. When a

motorist cannot see round a corner <u>all</u> road users are at risk if they are trying to turn across the flow of onward



traffic. Just as cow parsley, grass etc is mown during summer to aid safety and visibility so the hedges should be trimmed back once their fast growth period and the nesting season is over.

Leonie Henderson

# MATERIAL for the NOVEMBER 2008 edition of 'The Messenger' should

reach the Editor, Leonie Henderson, by **Monday, 20th October, 2008** please. Contributions from anonymous sources will not be printed. Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.

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# TENDRING DISTRICT COUNCIL IN CONJUNCTION WITH LITTLE BROMLEY PARISH COUNCIL ENVIRONMENTAL ACTION DAY

# Saturday 25<sup>th</sup> October 2008

Static refuse vehicles will be parked at Car Park, Shop Road (Opposite Old Post Office) From 8am – 11am

The elderly or infirm who are unable to take rubbish to these locations should contact;
Council Clerk 01206 391015
Ray Coote 01255 686770
Who will arrange for the rubbish to be collected from their property.

RESIDENTS ARE ENCOURAGED TO MAKE USE OF THIS EXCELLENT OPPORTUNITY TO CLEAR THEIR RUBBISH AND UNWANTED ITEMS

Please note the following cannot be collected or taken to the vehicle, gas bottles, fridges, car batteries, lorry batteries, tyres or asbestos

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# GREAT BROMLEY VILLAGE HALL CHARITYTRUSTEES

The Village Hall committee met on 22nd July and were scheduled to meet again on Tuesday 23rd September.

We are now into autumn and the summer holidays are left far behind. Most groups and clubs are again enjoying the facilities that the Hall offer for their activities. Why not join them? We have a Badminton Club on Monday evenings, Mens Club on Tuesday evenings, Carpet Bowls on Wednesday evening except the first Wednesday when the Women's Institute meet. Usually the Carpet Bowls Club will meet on the Thursday evening that week. A Band has the Hall Lounge for a practice session on Friday evenings.

During the day time, the Playgroup are open for pre-school childcare on Monday mornings, Wednesday morning and afternoon, Thursday mornings, whilst Scallywags, a parent and young child group, meet on Friday mornings. On the third Thursday afternoon, the Friendship

Club for the over 50s hold their meetings.

Other regular users of the Hall's various areas are the Parish Council, the Village Hall committee, the Royal Air Force Association, British Gas,

also Colchester & District Poulty Club. Many other people hire the Hall's facilities as required for their meetings, parties and entertainment.

During the spring, summer and autumn months, the Cricket Club is very active adjacent to the Hall on the cricket pitch and in the pavilion. They also keep the grass areas well mown for which we appreciate their efforts in presenting a clean and tidy local environment. The Parish Council, in conjunction with the District Council and Parker's Nurseries.

have provided the lovely floral tubs outside the hall and elsewhere in the village.

Have you booked your tickets for the Musical Murder Mystery Evening, 'The Golden Girl', at Gt Bromley village hall on Saturday, 18th October? If not, then why not give Fred Nicholls a ring on 01206 230688 and secure your seat for this special event. The price of £13.50 includes supper and a wonderful evening's entertainment

The Christmas Fayre at the village hall will be on Saturday, 6th December, the funds raised to be shared equally between the Village Hall and Women's Institute. Have you ordered your Christmas cards yet, it won't be long before you need them!

To book the Hall, contact Mrs Lynda Allam on 01206 230375 who will advise on availability and cost.

Bevan Willaress

# GREAT BROMLEY HANDY BOOK

I shall be updating shortly the Bromley Messenger Handy Book for 2009 and would be grateful for any suggestions by way of additional information you would like to see and also for any amendments, that you know of, to the information given in the last issue that need to be made.

Thank you.

Leonie Henderson





# **WOMEN'S INSTITUTE**

On 3rd September Mr Brian Piccolo came along to tell us about his career as a Couturier for 40 years. He stated at the age of 13 years by asking his mother to let him make her a blouse. When he had finished, it fitted perfectly! He eventually attended Art School, then learnt

his trade and worked in London.

He married in 1967 and became selfemployed as a Couturier with a shop in Crouch Street, Colchester and also in Frinton from 1976 until 1982. Brian designed and made beautiful dresses with or without jackets, mostly hand stitched. He managed to design and make one dress per day but taking about three days for a wedding dress according to what was required.

He brought along a clothes rail full of his designs, told us about each one and then let us hand them around. He even designed a dress for the Lady Mayoress of London amongst other dignitaries. Every design, the beautiful fabrics, colours and Brian's needlework were all exquisite.



Our speaker for October is Maureen Scollen giving a talk on 'Women's Police Force in Essex'. If you feel you would like to come along on Wednesday, 1st October at 7.30pm in Great Bromley Village Hall, you will be most welcome.

June Willgress

# **WE NEARLY WON!**

Eight willing members recently ventured to Langham to take part in the area heat of the Essex W.I. Quiz. Subjects covered included *The Written Word, What the 'B' do you mean?, A Feast of Questions* and *The Numbers Game* which made us puzzle when to play the Joker! Twelve teams enjoyed a well-organised, fun evening with some taxing questions and excellent D.I.Y. nibbles. Despite a slow start, we eventually finished (surprise, surprise!) a very close second to Fingringhoe.

Sue Orriss

# BELLRINGERS TRIBUTE TO 60 YEARS OF GREAT BROMLEY WOMEN'S INSTITUTE

A Quarter Peal was rung on the bells of St George's Church, Great Bromley on Friday 29th August to commemorate sixty years of the W.I. in the village, by members of the local band: Derek Bloyce, David Wender

the W.I. in the village, by members of the local band: Derek Bloyce, David Wenden, Philip Erith and Sue Orriss (current W.I. President) together with Paul and Ann Bray of the North East District of Change Ringers. 1320 changes of St Clements Bob Minor were rung in 44 minutes.

When the W.I. was formed in May 1948, the annual subscription was 3s 6d (17½p),

the village hall cost 12s 6d (62½p) and refreshments were 3d (1½p). There was still rationing after World War II and any event involving food had to be carefully planned with all members contributing from their rations. Later they were pleased to receive a Food Parcel from Shamva W.I. in Rhodesia (now Zimbabwe)! Early meetings included talks on soft slipper making, rug making and thrift and films on poultry sexing and Old Wives Tales! How times have changed!

Sue Orriss

# GARDENING TIPS FOR OCTOBER

#### Roses

Plant roses at the end of the month. Take cuttings of ramblers, and climbing, some floribundas and some Old roses.

#### **Perennials**

Divide and replant overgrown perennials that have finished flowering.

#### **Bulbs**

Complete planting of daffodils and narcissi. Tulips can be left until mid-November. Also pot up bulbs for indoor flowering.

#### Lilies

Divide overgrown clumps of lilies, do not cut off stems until they begin to fade.

#### Irises

Feed bearded irises with potash.

#### Fig Tree update No. 6

I now have five figs on the tree which should mature some time this month.

Frank Griffiths

# KITCHEN CORNER

## **Apple Flapjacks**

Makes 8 pieces

#### Ingredients:

2 large Bramley apples, peeled cored and sliced.
Juice of ½ lemon
150g/5oz butter

75g/3oz brown sugar 75g/3oz golden syrup 225g/8oz porridge oats ½ teasp ground cinnamon A pinch of salt.

#### Method:

Cook apples with lemon juice and a little water in a small saucepan for about ten minutes till soft enough to mash to a soft puree.

In another pan melt together the butter, sugar and syrup. Do not let it boil, remove from heat and stir in oats, cinnamon and salt and mix well.

Press half mix into a greased 20cm/8"

sandwich tin, spread the apple puree on top and cover with rest of mixture.

Bake at 190°C/375°F 25 minutes till golden brown.
Mark into slices but cool before removing from tin.

Jill Frostick

## FRIENDSHIP CLUB

Sincere thanks to the people who donated knitting wool for making little hats and jumpers for babies.

The Auction was once again a great success and it was good to see so many non-members attend and join in the fun. After all expenses were deducted we had a profit of £103.87.

The competition for October - Anything to do with **Halloween**.

Next meeting 16th October.

Vicky Griffiths



# GREAT BROMLEY POST OFFICE

I'm glad to say that our Post Office survived the recent cut backs and is now going from strength to strength.



From 1st October you will be able to get your Euros on demand as we will now be holding a small stock. All other currencies, if ordered before midday, arrive the following day.

More and more people are using this service as it is commission free.

With the cash machines so open to fraud, it is handy to know that you can get cash, using your bank card, at the Post Office and it is much safer. This service is available for most national banks.

So please continue to use your village post office and we will make sure that it survives the next round of cuts. As they say 'Use it or lose it'.

Richard Perry (Sub-Postmaster)

## **THANKS**

Thank you, thank you to all of you who supported the concert in St George's Church on Saturday, 13th September.

I think I can safely say it was a fabulous success. On a beautiful autumnal evening we were treated to a fine and varied selection of music.

The 36 members of the Essex Police Choir presented an entertaining programme which included well known golden oldies such as 'To Music' and 'Amazing Grace' as well as more modern toe tappers from shows such as the *Lion* 



King and Miss Saigon. The men of the Police Choir gave a wonderful rendition of 'Gwahoddiad' which received resounding applause.

The Cavender Singers from Clacton were guest artists for the evening and their choice of music was most enjoyable, the audience particularly enjoying their arrangements for 'One Voice' and 'My Heart will go on' from the film *Titanic*.

Delicious refreshments were provided by Barbara and her team, with the barmen being particularly hardworking and efficient. Thank you very much.

Over £1000 was raised during the evening. This will help tremendously towards the general running costs of St George's Church.

Thank you all. There was a fantastic warm community spirit throughout the evening. Here's to the next evening of song and music.

Jenny Nicholls

# **CARPET BOWLS**

The final result of the summer league table was Great Bromley 39 points and opposing teams 51 points finishing somewhere in the middle. start off the winter league fixtures with a home match against Little Clacton on 8th October.

#### JOE CANHAM

On the day of writing he, our most senior member, is celebrating his 99th birthday. We have all wished him well and expect he will enjoy his family gathering. We hope he will have many more happy days. Talking of birthdays, years and vears ago one of our late Rectors always maintained that we only have one birthday and that all the so-called 'birthdays' are anniversaries of the day we were born. A very profound thought. Doesn't sound quite so cosy though, does it? Could this be the first P.C.? Perhaps it started right here in Great Bromley!! Good thing or not? - a matter of opinion.

Nancy Kempster

# FROM THE PAST

The Manors of Little Bromley, 1848 There have always been two Manors at Little Bromley, namely Little Bromley Hall or Church Hall and Braham or Breame Hall.

In 1848 J Ambrose was lord of the manors but most of the land was owned by people such as Carrington Nunn, E & F Norman, J Page, J Bigsby, E Dennis, H Wrinch and a few smaller owners who held their properties either by free or copyhold.

Carrington Nunn was resident at The Hall. He had one of the best packs of hounds in the county and was a celebrated fox hunter.

Carrington Nunn had a school built in 1849. This building was discontinued when the County Council built a new school in 1906. It flourished until 1969.

John Appleby

# **NEIGHBOURHOOD ACTION PANEL - NAP**

#### What is it?

The **N**eighbourhood **A**ction **P**anel is a community based method of identifying local priorities and putting into action solutions that are sustainable.

The panel consists of Town and Parish Councillors, Tendring District representatives, Police, Business leaders and members of the public who value their communities.

More information on http://trs.nap.tripod.com/

	POGG		
Service	Route & Operator	Summary of Changes	Start date
6	Colchester Town Centre - Old Heath Network Colchester	Additional school- days journeys	01.09.08

# St. George's (C of E) School, Gt. Bromley

Head teacher: Pat Fitzgerald Telephone: 01206 230305



At the start of this academic year we are once again over oversubscribed and currently have 118 pupils on roll with another intake coming in January. We were delighted

to welcome four new members of staff who have settled in amazingly well.

The school were thrilled to have met the criteria of the National Healthy Schools Programme last term and has been awarded National Healthy Schools Status and we are very much looking forward to receiving the award later in the term.

To give you a little taste of what will be coming up this month:-

- Harvest service in Church.
- Friendship Club invited to school to collect their harvest gifts.
- Bully's Paradise an anti-bullying production by a visiting theatre group.
- The W I will be running a workshop on embroidery and art with our Year 5 children.
- A whole school focus on developing children's historical skills. We will be involving County History advisers and other agencies to enhance the ongoing work in the classrooms.
  - Class 1 will be comparing their lives to those of their parents/grandparents.
  - Class 2 Famous People John Constable.
  - Class 3 World War II.
  - ► Class 4 the last 50 years of British and American history.

The PTA are as ever doing a fabulous

job raising funds to support the work of the school organising fun activities for the children. The events planned so far are as follows:

- Joint Autumn ball with the Cricket Club
- Craft night for children
- AGM where we look forward to welcoming new members to the committee.

As you can see from the above all the children and staff are looking forward to an exciting Autumn Term.





## **Great Bromley & Frating Playgroup**

At Great Bromley Village Hall. Monday & Thursday 9.30-12 noon Wednesday 9.15-11.45am & 12.15-2.45pm

> Session Tel No: 0785 7503103 (Lunch time session also available) Children: 2 - 5 years. £6 per session.

Ofsted inspected.

For more details/visits, please contact Group Secretary-Debbie on 01206 250183

We would like to welcome the new children that have started Playgroup this term:- Lilly, Mason, Olivia, Poppie and Samuel, we hope you enjoy your time with us.



Our theme this term is 'Books' and we began with 'The Gingerbread Man'.

We enjoyed listening to the story with the aid of books and story sacks and explored a variety of related activities including

baking Gingerbread Men biscuits, making collages and colouring/ sequencing pictures.

The next book we are looking at is 'Goldilocks and the three bears', with lots of fun activities planned also.

Finally thank you to everyone that helped us to collect the 'Sainsbury's Vouchers', last term: we are expecting our delivery of outside play equipment (Sticky Monster Mits) very soon.

Dates for your diary-Half term week begins on Monday 27th October

We return on Monday 3<sup>rd</sup> November J.C.



At Great Bromley Village Hall Friday Mornings 9.30-11.30am 0-5years.Parent and child group. Activities/themed sessions/play equipment etc. For more details or visits please contact 01206 230625

# Forthcoming Events

#### OCTOBER

- 1 WI meeting, Village Hall, 7.30pm
- WEA Course "Spanish Mosaic", Ardleigh Village Hall, 2.30pm Lt Bromley parish council meeting, The Haywain, 7.30pm
- 8 PCSO Les Barnes 'Surgery', Village Hall, 7.30-8.30pm
- 9 Gt Bromley parish council meeting, Village Hall, 7.30pm
- 16 Friendship Club meeting, Village Hall, 2.00pm
- 18 Musical Murder Mystery Evening, Village Hall
- 27 Oct 3 Nov Playgroup half term

#### **NOVEMBER**

- Cricket Club Quiz, Village Hall,7.30pm
- 6 PCSO Les Barnes 'Surgery', Village Hall, 7.30-8.30pm
- 7 Little Bromley Firework Display, Barlon Road, Lt Bromley, 7.30pm
- 8 Gt Bromley 'Litter Pick' morning

#### **DECEMBER**

- 6 Christmas Fayre, Village Hall
- 10 PCSO Les Barnes 'Surgery', Village Hall, 7.30-8.30pm



#### WEA Course Ardleigh Branch

# **Spanish Mosaic**



#### **Tutor Catherine Dell**

10 weeks commencing
2nd October 2008
Ardleigh Village Hall, Station Road,
Ardleigh

2.30 p.m. - 4.15 p.m. Fee £43

Contacts Jill Frostick 01206 250263 or John Terry 01206 230490

# CRICKET CLUB QUIZ



1st November In the Village Hall At 7.30pm for 8.00pm Teams up to 8 people

Tickets £3 each
Contact Phil Allam on 01206 230375

Bring Your Own drinks and nibbles

# LITTLE BROMLEY FIREWORK DISPLAY

On Friday 7th November 2008 at 7.30pm

Only £2 to park your car.



To be held at: Barlon Road, Little Bromley. (The field adjacent to St. Mary's Church)

# MURDER MYSTERY NIGHT

A great evening's entertainment is in store at

Great Bromley Village Hall on Saturday 18<sup>th</sup> October 2008 when a Murder takes place before your very eyes. Will you be the first to solve it? if you can a bottle of champagne will be yours.

The price is £13.50 per person which includes supper and a fabulous evening's entertainment. The evening has been described as "Britain's best musical murder mystery 'whodunnit' play/farce." The cast are professional actors/actresses.

The setting is in the Savoy Hotel Cabaret Room, and there is a prize for the best dressed couple.



Tickets are now available from Village Hall committee members. Why not make up a table, bring you family and friends. Bring your own drinks.

# **CHRISTMAS FAYRE**

6th December in Great Bromley Village Hall

Watch this space for more information!

In aid of the Village Hall and WI funds



## **PARISH COUNCIL NEWS**

# **Great Bromley Parish Council**

www.essexinfo.net/gbpc

Report of the parish council meeting held on 11 September 2008

#### **Planning**

The Council considered the following planning application:

Alvi, Mary Lane South – new roof, dormer windows and rear extension (no objections).

Tendring District Council has decided the following planning applications:

2 Chase Cottages, Honeypot Lane – new chimney stack (approval).

Land to front of Ransom Court, Chase Road West - new bungalow and garage (refusal).

**Parkland, Frating Road** – rear conservatory (approval).

### Free-range poultry farm

A new large free-range poultry farm is being proposed on land opposite Bush Farm, Hall Road. It will ultimately have 10,000 birds housed in three large sheds. The council has objected to this proposal and will be monitoring developments. This application will be considered by Tendring District Council's Development Control Committee at 7 pm on 7 October at the Weeley Offices. Members of the public are entitled to speak at this meeting and further information on this is available from the planning department on 01255 686868.

## Dog bin

Following complaints at the fouling of the footpath between Badley Hall Road and Mary Lane South the council has installed a dog bin at the Mary Lane end. Please use this facility.

#### **Community event**

Having consulted widely the council has decided that next year's community event should be held in and around the village hall on 13 June. The council's thanks all those who have shown interest in this proposal; the initial meeting of the organising committee will be held shortly..

#### Litter pick

The next community 'litter-pick' will be on Saturday 8 November. If you are interested in being involved please contact Brenda Perry on 01206 230282.

The next meeting of the Council will be at 7.30 pm on Thursday 9 October 2008 at the Village Hall Great Bromley.

Ken Bromfield, Clerk to the Council

# GREAT BROMLEY PARISH COUNCIL WORKING GROUP REPORTS

# WG 5 - Hazardous Roads, Trees and Hedges

I am approached sometimes by parishioners requesting guidance on the management of roadside hedges. Two common questions are: how far from the highway do hedges need to be trimmed and what are the rules concerning removal of hedgerows (even if they are to be replanted).

#### Roadside Hedge Trimming

Essex County Council advises that landowners have a legal obligation to ensure that their roadside hedges do not encroach within the highway 'envelope'. Given that the highway boundary varies in width from location to location, it is difficult to generalise as to how far landowner's hedges should be cut back, but the following general guidance from ECC may be helpful:

Roadside verges should have a clear minimum width of 0.45 metres at all times from the road edge. This means that hedges should be cut back at least one metre from the road edge to allow for vegetative growth.

Hedges should be cut back <u>regularly</u> such that there is no overgrowth of metalled footways. This includes brambles during the growing season.

Trees overhanging the road should allow a minimum clearance of 5.1 metres above the road surface, including on the road edge/kerb line. There should be a minimum clearance of 2.4 metres above footways.

Where the highway boundary is more than 1 metre from the road edge, then hedges may need to be cut back more severely. A useful guide is the position of road signs, which are properly surveyed-in when installed. If a road sign is obscured, then almost always the hedge is encroaching on highway property and should be cut back.

#### Hedgerow Removal

In recent years hedgerows have been given much greater protection by successive governments and there are now legal requirements clearly laid down which must be followed by landowners when considering hedgerow removal. This applies even when the hedgerow is to be replanted. Guidance on hedgerows can be obtained from Tendring District Council (Mr Clive Dawson - Tree and Landscape Officer – 01255 686868 Ext 6155) or by looking at the relevant national legislation on the internet – *The Hedgerows Regulations* 1997 published by DEFRA.

The law is complex in this area and advice from the local authority (TDC) should be sought before removing any hedgerow. Initial discussions with the local authority will determine whether the hedgerow in question is subject to the provisions of the hedgerows regulations. If it is, the law now directs that landowners should formally notify the local authority of their intention to remove a hedgerow, by submitting a hedgerow removal notice before any work is undertaken. The local authority will consider the request and notify the landowner whether removal may take place. Where local authority consent is not granted, the applicant has the right to appeal to the Secretary of State in a similar way as for the planning system.

In very general terms, the hedgerows regulations apply to hedges over 20 metres in length (including gateways, gaps, trees etc) or hedgerows which join or are adjacent to another hedgerow. However, Clive Dawson at TDC is very knowledgeable and helpful and will provide sound advice in

answer to any query on hedges or trees in the District.

Martin Frostick

# FROM THE DOCTORS' SURGERY

News from Great Bentley surgery

I don't suppose that anyone will be particularly surprised that the disease of the month is flu. As ever at this time of the year, the nurses are emptying fridges, sharpening their needles (at least metaphorically) and warming their hands, ready to administer and record something over 2,000 flu jabs in six or seven weeks. Get your sleeves rolled up ready please!

Flu is a really nasty disease which is caused by a range of influenza viruses. Every year, the Department of Health and the drug companies have to work out which varieties of the virus are likely to cause problems in the coming winter and the vaccine is developed specifically to target them. The good news is that there may be a jab soon to cover all varieties, including Bird Flu, and which in theory would only need a booster every few years. Unfortunately though, the virus keeps mutating - think of Asian Flu and Spanish Flu, which killed so many millions after the Great War, as well as Bird Flu, and you begin to wonder how long the "one size fits all" jab will actually be effective.

People sometimes claim to be suffering from flu when all they have is a heavy cold. Both are characterised by a cough, sore throat and blocked nose. However, flu is much worse, probable additional symptoms being a high fever, headache and aching body, together with a shivery feeling and extreme tiredness. Generally, people don't get up and go shopping, to work or down the pub when they have flu. They can't!

Normally, you will recover from flu within a



week or two. However, for some people it can be a really serious and dangerous problem. Flu can lead to complications like bronchitis or pneumonia and anyone whose immune system is already weakened, such as the elderly and people suffering from a condition such as diabetes or chronic respiratory, heart or kidney disease are particularly vulnerable.

Flu kills some 4,000 people in this country every winter and accounts for between 500,000 and a million deaths world-wide annually. It isn't something to be taken lightly.

Even the government recognises this and funds a free flu jab each year for anyone aged 65 or over or who suffers from the chronic problems mentioned above. Let's face it – it wouldn't be free unless it was genuinely important and worth having.

We are now booking appointments for flu jabs. If you think you might be entitled to one, please ask at Reception. Clinics arranged so far are:

Saturday, 4<sup>th</sup> October 9.00am – 1.00pm Tuesday, 7<sup>th</sup> October 2.00pm – 4.00pm Wednesday, 8<sup>th</sup> October 2.00pm – 4.00pm Tuesday, 21<sup>st</sup> October 2.00pm – 4.00pm Wednesday, 22<sup>nd</sup> October 2.00pm – 4.00pm

There are also clinics specially for Little Clacton patients on 14<sup>th</sup> and 28<sup>th</sup> October.

Please book early to ensure that you don't miss out on the best free insurance policy you are ever likely to be offered. It could save you a nasty couple of weeks – or even worse – later in the winter.

The last word on flu for now, I promise. Despite any old-wives' tales that you might hear, you **cannot** get flu from the jab. It is a dead virus. A few people do end up with some very mild symptoms for a couple of days, but they are definitely not the real thing – unless you had already caught it elsewhere.

Finally for this month, we have managed to find a replacement for Molly Starling (not that she can ever really be replaced, but

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you'll understand what I mean.) Her name is Sarah Shelly and she is just in the process of moving to the area, partly to be close to relatives already living in Clacton.

Sarah is new to General Practice, but is an experienced secretary who in recent years has been working in school offices, which fitted in well with bringing up her four children. She now feels ready to move back into the rat-race (– for a rest from the four

children, I expect.) She is also a trained first aider, which is really useful from our point of view, and used to be involved with guides and scouts.

We are looking forward to welcoming Sarah and hope that she will be really happy here. We are sure that she will fit in well and quickly become an important part of the team.

Hugh Cronin, Practice Manager

# **POLICE**

# The dates until December of my

Police Surgeries in the village hall are between 19:30 - 20:30.

04/09/08 08/10/08

06/11/08

10/12/08

#### These are the incidents for Gt

Bromley during August:

Theft of Motor Vehicle - Harwich Road Disturbance - Rectory Road (Hamilton Lodge)

Suspicious Persons - Meadow Close Nuisance Youths - Parsons Hill Nuisance Behaviour - Chase Road

# Now the nights are drawing in

here are two contact numbers where Personal Attack Alarms can be obtained.

The numbers for Panic Alarms: JNE Marketing 01978 855054 Damar Security 0141 881 3733 The alarms cost around £1:50

LES BARNES, PCSO 71909 Thorpe Le Soken Police Station

# NEWS LETTER FOR THE MONTH OF SEPTEMBER

Query on bogus callers

I received a call from a member of the public this morning concerned about the identity of someone visiting properties in the Holland area yesterday.
The gentleman was knocking on doors enquiring about cavity wall insulation, drilling holes into the property even if the owners were not there and claimed to be from TDC.

If you have any information then please contact me.

A resident from First Avenue, Clacton reported to me today that she had received a call from a company calling themselves 'Microtalk'. The caller had an Indian accent. He was trying to encourage the resident to swap from BT to his company telling her that the service charge would be £2.99 per month with no VAT to pay. She said he asked a lot of personal questions, such as her D. O. B & her mother's maiden name. He already knew her full name, address & phone no. She asked the caller to put all the info in the post. He refused. At the end of the call, she dialled 1471, no number was aiven.

I have been receiving complaints of an Alarm Company cold calling local residents by telephone. This is the same Company who was annoying people earlier this year. The company comes from the Bristol area and we have to ask ourselves why they come all of this way.

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### ... Continued from page 15

Of course the answer lies in the price and their prices are much higher than those quoted by local companies for comparable systems. Please don't encourage them.

This is a Email that is being sent to online customers.

"Dear Halifax Customer, Halifax PLC. has been receiving complaints from our customers for unauthorized use of the Halifax Online accounts.

Due to this, you are requested to follow the provided steps and confirm your Online

Banking details for the safety of your Accounts.

#### Verify Account

However, Failure to do so may result in temporary account suspension. Please understand

that this is a security measure intended to help protect you and your account. Thanks for your co-operation. Security Center Advisory Halifax PI C."

#### **SCAM NOTICE**

Notice on car (not a joke)
Just last weekend on Friday night we
parked in a public parking area. As we
drove away I noticed a sticker on the rear
window of the car. When I took it off after I
got home, it was a receipt for petrol.
Luckily my friend told me not to stop as it
could be someone waiting for me to get
out of the car. Then we received this email
yesterday:

WARNING FROM POLICE BEWARE OF PAPER ON THE BACK WINDOW OF YOUR VEHICLE--NEW WAY TO DO CAR JACKINGS (NOT A JOKE)'

You walk across the car parking, unlock your car and get inside. You start the engine and shift into Reverse. When you look into the rear view mirror to back out of your parking space, you notice a piece of paper stuck to the middle of the rear

window. So, you shift into neutral, unlock your doors, and jump out of your car to remove that paper (or whatever it is) that is obstructing your view. When you reach the back of your car that is when the carjackers appear out of nowhere, jump into your car and take off. They practically mow you down as they speed off in your car. And guess what, ladies? I bet your purse is still in the car. So now the carjacker has your car, your home address, your money, and your keys. Your home and your whole identity are now compromised! BEWARE OF THIS NEW SCHEME THAT IS NOW BEING USED. So, if you see a piece of paper stuck to your back window, just drive away. Remove the paper later.

# Excerpts from the September e-issue of *Upbeat*

#### Lights On

Visit www.essex.police.uk/lightson to find out how you can make your home more secure. This autumn Essex Police want every resident in the county to make their home as secure as possible to help us reduce burglaries.

Officers will be dropping leaflets in homes that look unoccupied and attractive to thieves. If you receive a leaflet through your front doors it means you need to take further steps to protect your home.

#### New recruits wanted by Essex Police

Essex Police is recruiting for a new intake of regular police officers. Potential applicants need to complete and return the application form by Friday, October 10, 2008.

A limited number of application packs are available by calling the Recruitment Hotline on 01245 452277. You can also apply online by visiting www.policecouldyou.co.uk from September 1. Please note that printed versions (PDF) of the online packs will not be accepted.

# TRY THIS TEST!

According to Anderson Consulting Worldwide, around 90% of the professionals they tested got all the questions wrong, but many pre-schoolers got several correct answers. Anderson Consulting says this conclusively disproves that most

professionals have the brains of a four-year-old.

## How do you put a giraffe into a refrigerator?

**Correct answer**. Open the refrigerator, put in the giraffe and close the door.

This question tests whether you tend to do simple things in an overly complicated way.

### How do you put an elephant into a refrigerator?

Did you say: Open the refrigerator, put in the elephant, and close the refrigerator? Wrong answer.

**Correct answer**. Open the refrigerator, take out the giraffe, put in the elephant and close the door.

This tests your ability to think through the repercussions of your previous actions.

The Lion King is hosting an animal conference. All the animals attend except one. Which animal does not attend?

**Correct answer**. The Elephant. It is in the refrigerator. You just put him there.

This tests your memory.

Okay, even if you did not answer the first three questions correctly, you still have one more chance to show your true abilities.

There is a river you must cross but it is used by crocodiles, and you do not have a boat. How do you manage it?

**Correct answer**. You jump in the river and swim across. Have you not been listening? All the crocodiles are attending the animal conference.

This tests whether you learn quickly from your mistakes!

How did you do?



# ST. GEORGE THE MARTYR, GREAT BROMLEY

united with St. Mary the Virgin, Ardleigh



# **Services for October**

8.00am 10.30am 6.30pm	20th Sunday after Trinity Harvest Thanksgiving at St Mary's Eucharist Parish Eucharist Evensong	St. George the Martyr St. Mary the Virgin St. Mary the Virgin
Sunday 12th 8.00am 10.30am 6.30pm	21st Sunday after Trinity Eucharist Parish Eucharist Evensong	St. Mary the Virgin St. George the Martyr St. Mary the Virgin
Sunday 19th 8.00am 10.30am	22nd Sunday after Trinity Eucharist Parish Eucharist with Baptism The Rev'd Andy Colebrook, Rural Dean, will p	St. George the Martyr St. Mary the Virgin reside and preach
Sunday 26th 8.00am 10.30am 6.30pm	Last Sunday after Trinity Eucharist Parish Eucharist Evensong	St. Mary the Virgin St. George the Martyr St. Mary the Virgin
Sunday 2nd November 8.00am 10.30am	All Saints - 4th Sunday before Advent Eucharist Parish Eucharist	St. George the Martyr St. Mary the Virgin
3rd November 7.30pm	Commemoration of All Souls Requiem Eucharist	St. George the Martyr

Holy Communion every Friday at 11.00am at Seven Rivers, Hall Road, Great Bromley.