THE BROMLEY MESSENGER

MAY 2011

Volume 26 No 2



Laurel and Hardy Evening at The Haywain

We had the 2nd Laurel and Hardy Night at The Haywain on Saturday 19th March. It was absolutely packed with over 100 in attendance and standing room only. Various clips and rarities plus vintage comedy provided by Southend (Saps at Sea) and Manningtree (Men O' War) Laurel and Hardy Fan Clubs.

Over £700 was raised for Multiple Sclerosis with raffles and the sale of Calendars for 2012 designed by Danny a multiple sclerosis sufferer.

Thanks must go to The Photographic Workshop (Little Bromley) for their efforts in producing these calendars which make great presents and are still available at "Little Acorns", Shop Road, Little Bromley, CO11 2PX or from The Haywain.

Attached is Des White's 1925 Model T Ford which he kindly lent to us for the afternoon photos. Stan - Andy Newton Ollie - John Hughes

KATISHA'S KOLUM



Wot a week! Two littel boys hav cum to stay just wen Mistress haz the magazeen to do. She did as much as she cood befor they came but has left me in charge of this page. But I can't think ither. The six year old has been trying to clime my favorite treez (but I can go higher) and he haz also fallen over me wen I hav tried to snooze in a sunny spot. The wun year old is standing up now so can reech me wen I get on tables to get out of his way; he haz even tried to eet mi food. As you can see in the picture I have fownd a safe place six feet up bi the stares ware no-wun can reech me.

I heer u good folks are putting paw marx on Thursday, 5th May in boxes to vote on something called AV - a refrendrum I think. I wunder if it is worth eeting. I hav been catching lots of mice recently and wun or two rabbits but I am also happy to lie in a warm corner and doze. Mistress sez I am getting lazy.

You will see this month's magazeen is, as usual, packed with news on the playgroop, the sales table for the Hospice, a single mums' group, the retirement of Mrs Fitzgerald (who once thretened to giv me spelling lessons) from the school, cuming events in the villages as well as all the reports from the different organisations and committees.

Have a good month. I wunder if anyone is dancing round a maypole on 1st May - if you are do tell us about it and anything else you hav been up to.

MATERIAL for the JUNE 2011 edition of 'The Bromley Messenger' should reach the Editor, Leonie Henderson, by 14th April, 2011 please. Contributions from anonymous sources will not be printed. Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author. Copy can either be delivered by hand, sent by post or e-mail. (see inside back cover for details) or via the link on the websites www.greatbromley.org.uk or www.littlebromley.org.uk

For details of availability and costs for **ADVERTISING** in the 'The Bromley Messenger' please contact the Treasurer on 01206 251264

Please support the sponsors of our magazine.



ST. GEORGE'S (C OF E) SCHOOL, GT. BROMLEY

Head teacher: Pat Fitzgerald Telephone: 01206 230305

As you were previously notified, after 24 years as Headteacher of St George's C of E Primary School, Mrs Pat Fitzgerald is very sadly (for us) retiring at the end of the summer term. She is not only a highly respected, dedicated and outstanding Headteacher but has also made a valuable contribution to the Village, ensuring that the school is very much part of the local community. We know that there will be many past pupils, parents and members of the village who would like the opportunity to say a personal farewell to her. We are therefore, going to hold an 'open' school on Wednesday 20 July from 2.00 pm to 9.00 pm where you will be very welcome to drop in! This will be an informal occasion - tea and cake will be provided!! It will also be an opportunity for current parents to say their 3 personal goodbyes to Mrs Fitzgerald as this will be our traditional open evening.

We will be having a collection for a retirement gift – if you would like to make a contribution to this please either send/drop it into the school office marked for the attention of Denise Thompson. Or you can take it to the Post Office at the Cross Inn who have kindly agreed to help with this.

We are also going to make up a book of messages and memories to be presented to Mrs Fitzgerald at the end of the term. Each message is to be put onto special 'dragon' paper. The paper for messages can be collected from the school office/ post office or can be emailed to you. If you have any photos that we could include we would love to see them. Would you kindly email them or drop them into school and we will scan the photos and return them to you. We would be really grateful if all monies/messages/ photos were sent to us by **Friday 1 July.**

If you are in contact with any past pupils/ parents who do not live in Great Bromley would you kindly pass on the above details to them.

If you would like any further information, please contact either Denise Thompson (Office Manager) at the school on 01206 230305 email admin@st-georges-pri.essex.sch.uk or Ruth Lawson (Senior Teacher) contact details as above. Thank you.

St. George's Church of England Primary School

Brook St., Gt. Bromley, Colchester, Essex. CO7 7HX
Telephone: (01206) 230305
Fax: (01206) 231437
Email: admin@st-georges-pri.essex.sch.uk

Email: admin@st-georges-pri.essex.sch.uk Website: www.st-georges-pri.essex.sch.uk

DESPERATELY NEEDED

MID-DAY SUPERVISORY ASSISTANT

Hours: 5 hours per week (11.55 – 12.55) Mon- Fri (term time only)

Rate of Pay: Band 1 £7.19 per hour

Starting Date: asap

Our children need another Mid-Day Supervisory Assistant to look after them at lunchtime.

Our pupils are friendly, polite and caring and are a delight to look after!!

PLEASE contact the school office for details and an application pack.



Little Dragons Pre-School

Great Bromley & Frating
Ofsted Inspected

Website: www.littledragonspreschool.org

Email: littledragonspreschool@gmail.com

Great Bromley Village Hall

Monday & Wednesday 9.15-11.45am & 12.15-2.45pm Tuesday & Thursday 9.15-11.45am Children 2-5 years

Lunch time session available Mondays & Wednesdays For more details/visits please contact us on 0785 7503103

March has been a busy month at preschool. On 14th March we had our OFSTED inspection. All went well and we are waiting for the report, which will then be made available to parents.

On 26th March we held our annual 'Fun Day' which was very well attended. A fantastic total of over £400 was raised. A very big thank you to all involved.

April has been pretty busy so far too, the children made some lovely cards for Mothers Day and have enjoyed lots of Easter activities. They made Easter Baskets and cards and the Easter Bunny visited, leaving bunny paw prints for the children to follow and find Easter eggs. The children also enjoyed making chocolate nests.

Amanda from the church visited the children to tell the Easter story and share her Easter garden.

Just to let you know that we are collecting both the Tesco and Sainsbury's Vouchers so please tell friends. family etc.

We take children from the age of two years and now offer a 'home visit' to families of children prior to them starting Pre-school. This gives the child the opportunity to meet their key-person in their own home, aiding the transition stage to pre-school. It also enables us to collect and share information in a confidential environment.

For further information or to arrange a visit to the setting please contact us on the above number.

Dates for your diary:

Thursday 5th May CLOSED (Hall used for local elections)

Monday 30th May Half Term week Monday 6th June Pre-school re-opens after Half term holiday

LETTERS



Little Dragons - The Bungalow, Leonard Cheshire (Seven Rivers site)

Key facts:

- To provide the very best services to our children & parents/carers, we need our own building.
- Our recent OFSTED inspection would have graded us as "outstanding", but for the restraints of our current building (e.g. no direct/free access to outdoor learning area for children and restricted opening times).
- We are looking to move to the bungalow in the Seven Rivers site, around September 2011.
- We have **no** plans to demolish the

bungalow. Some internal alterations; replacement of the current fence (with a low level picket fence); and provision of a small number of car parking spaces (backing onto the Seven Rivers car parking spaces) are all we currently propose to do.

- Our plans do not alter the character of the local area, and there will be no adverse impact from a visual perspective.
- We will continue to share our plans with the community, and where possible, we will amend them to address concerns

Background

As you may be aware, Little Dragons preschool has been looking for an alternative location in which to hold the setting. Our search for premises closer to St George's

/ ... continued on page 7

school has been ongoing since 2009. We have made no secret of this

We have invested a substantial amount of time into finding a suitable alternative location from which:

- staff do not waste vast amounts of time setting up and packing away (e.g. carpets, furniture, equipment, displays etc.) at the beginning or end of sessions;
- we can offer more flexible services to parents/carers;
- we can better meet the needs of the children; and
- we can comply with legislation and standards in pre-school education.

We have had our ups and downs during our search over the past two years, with plans falling at the last hurdle due to unforeseen circumstances. This has been very disappointing for all children, staff and stakeholders concerned. It was only prudent and good sense that we should consider all options for an alternative premises, and wait until we had some firm news, before sharing information more widely.

I am conscious, however, that there has been some coverage on this in Great Bromley village over the past weeks. Unfortunately what has been said by some bears **no** resemblance to what we are proposing. For example, a rumour that we were looking to demolish the bungalow on the Seven Rivers site – which is **completely untrue**. To avoid further unnecessary concern, we thought it best to share our current plans with you now.

Current plans

Our first two attempts to secure alternative premises within the heart of the village unfortunately failed (e.g. withdrawal of Government funding, due to the economic climate). However, because of the kindness of a private investor (who is willing to support the preschool in our wish to remain in the village), we have been able to enter into negotiations with Leonard Cheshire to purchase the bungalow in the Seven Rivers site.

This enables us to keep our original goal i.e. to move closer to St George's school (with whom we have established excellent links) and to the Parish Church (with whom we want to build stronger links). Being able to walk children safely to and from the school or church is high on our agenda.

We will remain a charitable non-profit making

organisation. Our plans for the bungalow remain modest - our intention is to use the existing bungalow with the minimal amount of change and disruption possible, to enable us to continue to deliver high quality services for up to 24 children (the maximum we are currently registered for).

Consultation & planning permission

We invited those residents who will be our future "neighbours" to an information evening on Monday 14 March. We shared our plans and listened carefully to concerns. As a result, we have already decided to make some alterations in response.

A small exhibition is being organised for our fun day on 26 March to share the Pre-School's vision for the bungalow with the public invited to make comment on the plans. These comments will be considered, before a planning application - for a "change of use" - is submitted to Tendring DC. Only once the purchase of the bungalow is complete, will we submit a change of use application. We are hopeful that the purchase will be completed within the next couple of weeks.

Summarv

It is sometimes difficult to strike the right balance between being open with everyone, and sharing information that is fruitless. As a registered charity, run by a committee, we collectively made the decision not to raise false hopes of children, parents/carers and staff too early in the current negotiation process.

However, as we move forward, we shall look to keep you, along with other local communities in the Parish, as informed and up-to-date as possible.

We strive to ensure that our Pre-School delivers real benefits for all who live and work in the Great Bromley, Frating and other surrounding areas. We are very proud of our roots in the community.

We are delighted to have the backing of Mrs Fitzgerald at St George's School, the early years' education team at Essex County Council and OFSTED for our plans. We hope we can count on your support when our "change of use" application is submitted to Tendring DC.

Yours sincerely, Jean Chubb (Chair) Declan Montgomery (Secretary) Carole Davidson (Treasurer) Karen Montgomery (Manager)

WE*a*

WEA



We have now been advised of the courses for WEA Ardleigh for the Autumn Term 2011 and Spring Term 2012. I will write again in the

magazine when I know more about these courses and the starting dates, although we usually start the Autumn Term on the third Thursday in September between 2.30pm and 4.15pm. The cost will be around £44 for the ten week course.

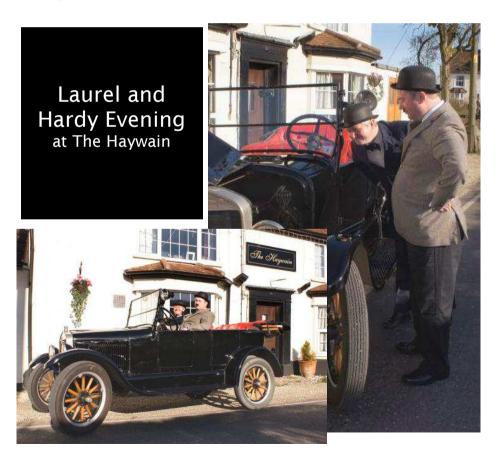
Autumn Term BRUNEL, HIS LIFE and TIMES with course lecturer R MANNION

Spring Term

ESSEX COASTAL TRADE with course lecturer Roger BECKETT

These were both our first choices, which over the last couple of years we have not managed to get. Please do try and support. As I said in last month's magazine, these courses are very enjoyable and it is really an opportunity to learn about a subject on which you possibly had no previous knowledge. We look forward to seeing you in September at Ardleigh Village Hall.

John Terry (01206 230490)



Leonard Cheshire Disability

SEVEN RIVERS

Memories Are Made Of This

A warm summer's afternoon, wet sponges to throw, ice creams to lick and bouncy castles to frolic upon. Of such things are the happy memories of childhood made.

Certainly we had happy times here at Seven Rivers in July last year when we held our first Summer Garden Party for some years. It was a wonderful turn-out, both of people and sunshine, and an occasion worth remembering for young and old alike, we hope.



And when all the fun and frolics were over, the grateful residents and staff of Seven Rivers made happy plans about how to spend the £1,000 and more that was raised on the day. It

was not long before some much-needed new dining room furniture began to appear to replace the rather battered old tables that had served us all so well for many years but were now very much past their best.

To add to this, we shall soon be taking delivery of a good, solid gazebo that we shall be able to set up outside for the whole of the season to protect our residents from what we hope will be the long sunny days of summer.

Well, we are all getting ready to do it all again, this time on a Sunday – the 26th June to be precise. Do mark the date in your diary and come and join us and the Pearly King and Queen for what promises to be an even better show than last year. The comical Red Barrows Display Team will be putting on a show for us, as will the "Spirit of the East" belly-dancing troupe and our own, special band, "Alchemy".



That was even better than last year!

The licensed bar and, hopefully, a helicopter will be there too – so do come!

Colin File,

Volunteer Newsletter Editor.

FRIENDSHIP CLUB

Did you spot the mistake in the Messenger of the date of the April and May meetings? If you are ever in doubt do look at your calendar and make sure you mark the THIRD THURSDAY IN THE MONTH as FRIENDSHIP DAY.

The outing has been arranged for Wednesday, 15th June to Maldon and Tiptree, leaving from the Village Hall at 10.30am arriving at Maldon at approximately 11.30am until 2.30pm leaving for Tiptree where we will stay until 4.00pm to arrive back at the hall at about 6.00pm.

Cream Teas will be available at Tiptree so if you wish to forget your diet be sure Vicky has your name on the list!! - to order.

The competition for the meeting on 19th May is a travelling alarm clock.

Vicky Griffiths

THE DOCTORS' SURGERY NEWS

Ardleigh Surgery

The Easter period is likely to put pressure on the Out of Hours Service and the Walk in Clinic as GP surgeries will be closed for an extended period owing to the number of Bank Holidays including the Royal wedding. In fact general practices would normally be open only three days over this eleven day period from the Friday 22 April until the Monday 2 May 2010.

General Practices have been requested by the PCT to assist during this time and Ardleigh Surgery will be, therefore, open on the Bank Holiday morning Friday 29 April from 8.30 am to 12.30 pm for urgent appointments and the collection of medicines.

During the three days between Easter Monday and the Royal wedding on the Friday, the surgery will be running same day appointments to enable us to meet the demand so there will no pre-booked appointments during that time. Patients will need to telephone on the day to obtain an appointment.

Patients are also asked to make sure they do not run out of medicines during this period so if your repeat prescription is due during this time please remember to order it early.

Fred Merrin Practice Manager

CARPET BOWLS

We have completed our scheduled matches for the Winter League and the last five results are three away defeats of 8-0, Wix, Lawford and Thorpe. We beat Thorpe at home 6-2 and Wix at home 7-1. Total points for the season, 40 for Great Bromley and 56 against. Not brilliant - but we spent some very pleasant evenings in good company.

It has been decided not to play in the Summer League this year, but to invite a few clubs for friendly matches instead. As far as the 2011-12 Winter League is concerned the C.B.A. - in their wisdom - have had a 're-shuffle' and we will be in Colchester East. Different venues to play in and new people to meet. Quite a challenge as some of the clubs have a large membership to draw on and some very good players. However, we will do our best, when the time comes. Let's enjoy the summer first.

Nancy Kempster

IN THE GARDEN IN MAY

Unfortunately the fig tree is "kaput". It did not survive the harsh winter: in its place I have bought a peach tree, purchased from Blenheim Garden Centre which is in full bloom so I am expecting a crop of peaches in August - more about that later in the year. As the potatoes should be through start to earth them up. This month sow dwarf beans, runner beans, beetroot, broccoli, cabbage, carrots and savoy cabbage, in fact all vegetables can be planted by the end of this month. When the early potatoes are dug up dig in well rotted manure ready to plant spring cabbage. Sow seed in drills ½" deep and 6" apart. As soon as the plants are big enough to handle and have developed a good fibrous root system, they can be lifted and planted in their permanent position 9" between each plant in rows 16" apart.

Carrots can be left in the ground until required for use, parsnips are another vegetable that does well to be left in the ground until the frost has touched them.

Frank Griffiths

THE DOCTORS' SURGERY NEWS

Gt Bentley Surgery

The most important news this month is that our website is now up and running at last. Richard Miller, our Assistant Manager, has been beavering away at it both here and at home for weeks. It can be accessed at

www.greatbentleysurgery.nhs.uk and is chock-a-block with useful and interesting information about the surgery – what we do, who does it and when. You can read up on things like treatments for common minor ailments and search for other health information. There is a patient survey that you can complete if you feel like it, and a separate section also for feedback and comments. You can even view some back-copies of the "Surgery News".

One very useful link is to the EMIS Access website, via which people who have registered to use it can order prescriptions and even make or cancel appointments. (If you haven't signed up and think that this sounds helpful, please ask at reception for details.) Other links take you to a variety of useful organisations, including Great Bentley Parish Council and a number of health related bodies such as The British Heart Foundation and Diabetes UK. If you come across a link which you think should be included, please let Richard know and we'll try to arrange it.

Comments on the website, good or bad provided they are constructive, will be very welcome. If you spot anything that is wrong or which doesn't seem to work, please also tell us.

The eagle-eyed amongst you visiting the surgery will spot that there is a huge new notice board in the porch. This notice board is for some of the many announcements and flyers that we receive for events or services that are not actually related to the surgery - adverts for the pantomime, meetings of clubs and societies, notices about child-minding services, slimming clubs etc.

If you have something that you would like to display, please hand it in at reception. We do reserve the right to refuse to put things up which are in bad taste or blatantly commercial, and there will be a small donation to our hospice collection box levied for each item that makes it to the notice board. As it will say on the board, the surgery takes no responsibility for the honesty or accuracy of anything displayed and in

no way does putting something up imply a recommendation or guarantee by the practice.

Thank you very much to those of you who were patient enough to complete one of our surveys over the last few months. We don't like imposing upon your goodwill, but the surveys are something that we are required to do by the Primary Care Trust. As it turns out, some of the feedback is really useful to us anyway, and I'll use a bit of space to answer a couple of points raised

Firstly, someone grumbled that the telephone seemed to take priority over people queuing at the desk. I'm afraid that is true, but for the very good reason that if you are queuing at the desk we can see that you are reasonably well and breathing. We just don't know what a 'phone call is going to bring. Yes, it could just be a request for an appointment, but equally it could be someone desperate for help because their spouse or child has collapsed and isn't breathing. We'll always try to deal quickly and efficiently with people at the counter, but we do have to prioritise I'm afraid. Don't forget that you can usually book in for your appointment using our touch-screen in the waiting room, and that appointments can be made or medication ordered via EMIS Access (see above), which might occasionally save you a wait.

Secondly, someone commented on difficulties experienced in getting through on the telephone in the morning. Very sensibly, he or she had switched to ringing in during the afternoon and that had completely solved the problem. That is definitely worth trying for non-urgent issues.

Finally; to those of you who praised us – thank you. It's lovely to hear now and then that we have got things right. To those of you who weren't so positive – thank you for being honest and telling me that something isn't perfect. Now I know, I can try to do something about it and, hopefully, we'll do better in the future.

Hugh Cronin, Practice Manager

ST HELENA HOSPICE TABLE

Although we have had a table out already this year with a few bits and pieces, it is hoped that we will have our stall out on a regular basis as from about mid-May onwards, offering fresh flowers, fruit and vegetables as and when they become available.

As an addition this year we have a limited selection of jigsaw puzzles which are proving popular, so if anyone has an odd puzzle that they do not want we would be grateful if you could donate it to the Hospice.

Hope to see you all again this year.

Jenny and John, Briar Road, Great Bromley

FROM THE PAST

WILLIAM MANN'S WILL 17th October 1585

Margaret, the wife of William, inherited his land called 'Steven Kinges' for life and at her death to Worthe Mann, his son. Meanwhile she was to pay the son 10s. per vear until he was 21. He also had a brown colt which John Cutler would keep for Worthe's use. The daughter, Grace, was left 20s. at 21 or when she married. Daughters Alice, Anna, Florence and Margaret, also were left 20s. Worthe had the best bed when mother Margaret died, with the square hutch, four wedges and a dung fork. Grace and Anna received a hutch. Anna a cupboard. Florence a round table and the best chair and Margaret a brass pot and long table after their mother died.

Wife Margaret was executrix with Henry Munte to supervise. Witnesses were Davy Stone, John Cutler and William Churche.

John Appleby

KITCHEN CORNER

A vegetarian recipe makes a nice change, and this one is very good.

Lentil Croquettes with parsley sauce

It is best to make up the mixture and leave to let the flavours blend well, and it is also easier to handle when cold.

8oz red lentils

1 pint water for the coating

1 egg beaten

1 teasp oil

3oz fresh wholewheat breadcrumbs

4oz grated cheddar cheese

2 tbsp peanut butter

Sauce:

3/4 pint white sauce

2oz fresh wholewheat breadcrumbs

2 teasp fresh parsley finely chopped 1 tbsp fine chopped parsley.

A few drops lemon juice 1teasp yeast extract

Salt and pepper

Wash the lentils then bring to the boil in the water, add the oil and simmer 20 minutes till soft. Beat over a low heat till very smooth and slightly dried. Let cool completely, then mix in the other ingredients seasoning to taste. Shape mixture into 8 croquettes, dip in egg and coat with breadcrumbs. Refrigerate at least 30 minutes before cooking. Make the sauce and keep warm while frying the croquettes in a small amount of oil, for about 5-7 minutes on each side till nicely crisp. Put on a serving dish and cover with sauce and serve at once. Serves 4

Jill Frostick

EVENTS IN 2011

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- 3 Village Hall Charity Trustees meeting, Village Hall, 7.30pm
- 4 WI meeting, Toymaking, Village Hall, 7.30pm
- 5 Local Elections for Parish and District Councillors
- 7 Plant & Garage Sale, Ilex Farm, 10.00am St Helena Hospice Summer Fete, St Helena Hospice, 11.00am St Helena Hospice reopening Joan Tomkins Day Centre, 12 noon Grand Charity Dinner, Venture Centre, 7.00pm
- 11 Ardleigh Horticultural meeting, Colchester Parks, Ardleigh village hall, 7.45pm
- 12 Gt Bromley Parish Council meeting, Village Hall, 7.00pm followed by Annual Parish Assembly at 7.30pm
- 14 Friends of Lt Bromley church Open Morning, Lt Bromley church, 10.30am
- 15 Art & Country Crafts Exhibition, Lawford Venture Centre
- 17 Essex Handicrafts meeting, Textile Artist, United Church Hall, B'sea, 7.30pm
- 18 Beat Surgery, Village Hall, 7.30-8.30pm
- 19 Friendship Club meeting, Village Hall, 2.00pm
- 27 Night on Broadway with Drop Dead Divas, Village Hall, 7.30pm
- 28 Lawford Farmers Market, Venture Centre

JUNE

- 1 WI meeting, Members' Meeting, Village Hall, 7.30pm
- 8 Beat Surgery, Village Hall, 7.30-8.30pm
- 12 Lawford Vintage Fair, Lawford Venture Centre, 10am
- 16 Friendship Club meeting, Village Hall, 2.00pm
 - Essex Handicrafts meeting, Dots Dolls, United Church Hall, B'sea, 7.30pm
- 18 Strawberry Tea, Fryerning, Gt Bromley. More details to follow
- 19 Midsummer Tea Party and Music, Lt Bromley church, 2-5pm
- 18/19 Art Exhibition, Elmstead church
- 25 Lawford Farmers Market, Venture Centre
- 26 Seven Rivers Cheshire Home Grand Summer Fete, 1.00pm

JULY

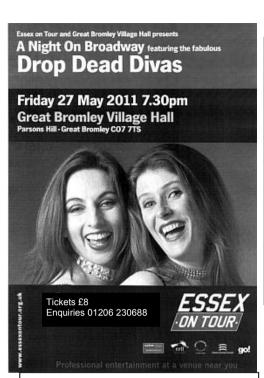
- 2 Family Hog Roast & Disco. Village Hall. Further details to follow
- 6 WI meeting, Cake Making demo, Village Hall, 7.30pm
- 9 Tendring Show
- 20 Beat Surgery, Village Hall, 7.30-8.30pm
- 21 Friendship Club meeting, Village Hall, 2.00pm
- 23 Gt Bromley Farmers Market, Village Hall 10.00am-1.00pm
- 30 Lawford Farmers Market, Venture Centre

AUGUST

- 10 Beat Surgery, Village Hall, 7.30-8.30pm
- 27 Lawford Farmers Market, Venture Centre

SEPTEMBER

- 21 Beat Surgery, Village Hall, 7.30-8.30pm
- 24 Lawford Farmers Market, Venture Centre



St. George's Patronal Festival

Please join our Patronal Festival on Monday 2nd May at 6.30pm.

Please note the change of date as 23rd April is on Easter Saturday and St. George's celebrations have been deferred to 2nd May.

You are warmly invited to share afternoon tea with us at 5pm and afterwards join the Patronal Eucharist at 6.30pm where we are hoping to have a guest preacher.

For more information please phone

Fr. Robert on 01206 231923



Friends of Little Bromley Church

Saturday 14th May Open Morning



10.30 Refreshments, flowers and music11.30 Talk by Crispin Truman (Chief Executive of The Churches Conservation Trust)

> All welcome Admission Free

Sunday 19th June

Midsummer Tea Party & music 2.00pm-5.00pm

This is part of the national fundraising weekend for the Churches Conservation Trust.

Plant & Garage Sale

at

llex Farm, Waterhouse Lane, Ardleigh on 7th May

10.00am - 1.00pm

Proceeds to Cancer Research UK and St Michael's Church, Thorpe Le Soken





Sunday 12th June Lawford Vintage Fair

Art-Deco, Kitchenalia, Jewellery

1960s Records and Ephemera Advertising Posters & Prints

Vintage Vehicles * Books * Memorabilia Plants * Vintage Hair Styles - while you wait Food & drink served all day * Traditional English Teas

10am- till 5pm at Lawford Venture Centre

Entrance Only £1 (accompanied children free)

If anyone is interested in having a stall at this event please contact: Linda Finch on 01206 323969

St Helena Hospice will be holding their

Annual Summer Fete

on Saturday 7 May 2011
from 11am until 3pm
at Barncroft Close, Highwoods,
including BBQ, refreshments and a wide range of
stalls and activities. Admission is by donation.
We are also looking for anyone who wishes to hold a
stall at the Fete to get in touch. For further
information, please telephone the Fundraising Office
on 01206 791740 or email

St Helena Hospice

kalden@sthelenahospice.org.uk

request the pleasure of your company at the reopening of the Joan Tomkins Day Centre on Saturday 7th May at 12.00pm

The Manifest Theatre 2 Oxford Road, Manningtree CO11 1BP present

'A Funny Thing Happened On The Way To The Forum'

Monday 16th - Saturday 21st May at 7.30pm

Tickets: £6 plus £2 for non-members Box Office open on Saturday 30th April 10.30am -12noon and thereafter Mondays & Wednesdays 7.30 - 9pm & Saturdays 10.30am - 12noon. Tel: 01206 391309

The Friends of Elmstead Church

ART EXHIBITION

18th and 19th June in Elmstead Church Saturday - 10.30am-5.30 Sunday 12 noon-5.30pm Ploughman's Lunches. Teas/coffees Books & Homemade cakes & Stall Beth Chatto's Gardens will be open in aid of the Friends Saturday 18th June only 9am-5pm





VOLUNTEERS WANTED!

The Falls Prevention Service offers support and advice to Colchester & Tendring over 65's who have fallen.

If you can spare some time to make house visits or phone calls, contact Margaret Smith on... 01206 518522

Resoluti

Falls Prevention Service, Independent Living Centre, 1 Newcomen Way, Colchester, Essex, CO4 9YR & Kennedy House, Kennedy Way, Clacton, CO15 4AB.



The Rotary Club of Manningtree Stour Valley Grand Charity Dinner

to celebrate 10 years of sponsored walks at the Venture Centre Lawford on the **7**th **May 2011** from 7.00pm. Guest Speaker Mike Brace OBE All proceeds to go to the Paralympics UK and Vision 2020.

Tickets available from Terry Dean 01206 395168 & David Moss Tel: 01206 393668

EXHIBITION OF ART & COUNTRY CRAFTS

Lawford Venture Centre Sunday May 15th 2011

Admission is free and refreshments will be on sale all day in the foyer.

Churn Wood Bluebell Nature Trail Open Day 14th May 10am-4pm Admission - £2 Under 14 - Free In aid of The Friends of Elmstead Church

CALLING ALL SINGLE MUMS

As a Single Working Mum (SWM) myself, I have for some time craved the friendship, empathy and encouragement from other women in my situation. I think it likely that other SWMs feel this too. I have now taken the bull by the horns (as it were) and started to set up a local group to connect SWMs in the area.

I am creating this group to provide a forum where SWMs

- can meet and connect with other women in the same situation
- form friendships and socialise
- provide support and encouragement to each other,
- share tips and advice, maybe recommend local babysitters and other services
- arrange and enjoy family outings with other SWMs and their children
 Why should SWMs need such a group/ forum?
- SWMs often don't have the regular opportunities to make links with other local mothers. Their jobs often mean they're unable to meet other mums at toddler groups, coffee mornings and at the school gates etc, so a group/ forum such as this is even more important.
- Weekends can be an isolating time for SWMs. For those with husbands or partners weekends are often reserved for their family time. This means SMs don't have others for visits or to socialise with. Having links with other SWMs offers the opportunity to meet and enjoy outings together with their children at weekends.
- SWMs have a difficult job juggling a career and being the sole childcare provider. Others in a similar situation are often going to be better equipped to offer support, advice and

encouragement.

I live in Thorpe with my beautiful 5-year-old daughter. I've been single for 3 years and have been juggling a demanding full time job for the whole of that time. I have recently taken a good look at my life and decided upon some changes and goals to create more satisfying and fulfilling times for both my daughter and myself. Setting up this networking group is something I've considered for a while, and is just one of the goals I've set to achieve.

To tide us over until I have found/ conned someone into setting up a website for this group, I have created a Face Book group called the 'Single Working Mums (Tendring District)' which women can join. As well providing a vehicle where women can connect with others, it's a forum where I and others can arrange and post social events for mothers and family outings with children. We can also post tips, advice, share experiences, recommend local babysitters. Once set up and created the web site will be 'singleworkingmothers.co.uk'. I can be contacted directly via email on sarah@sarahiavcoaching.co.uk.

Please, if you're a SWM do make contact, and if you know any SWM do cut out this article and pass it on to them. Also if you have any ideas, advice on how to further develop or manage this network, or, more importantly have the knowledge and time to donate, help set up a website for this venture please let me know.

I really believe this network could have a positive impact in the lives of local SWMs.

Sarah Jay

theW

WOMEN'S INSTITUTE

Jenny, our president, opened the meeting

by telling members that Margaret and her husband, Dennis, had celebrated their Diamond wedding recently and that she had received a congratulatory card from the Queen.

Sue then introduced our speaker for the evening, Maggie Doherty, an artist and tutor specialising in pottery and mosaics. She left school at 15 and qualified as a welder! - something very different. After bringing up her family she went on to complete a degree in English and fine arts, her speciality being ceramics. At the present time she is completing a Master's degree whilst continuing to teach: her love is in the technique of Raku work. The firing technique of "Raku" ware was first developed by Choiiro. founder of the Raku dynasty, in the 16th century who produced tea bowls for the tea ceremony using the technique.

She uses old techniques by other craftsmen, and utilising this knowledge by transferring to the ceramique medium to produce modern pieces.

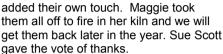
What is seen as art in the present day would probably have been seen as essential years ago just to earn a decent living. Maggie had brought along folders of her early work, but now realises that it

GT BROMLEY &
DISTRICT
CRICKET CLUB

100 Club Winners for March

1st. Mrs. Beryl Hurst 2nd. Mr. Pat Petchey 3rd. Mr. D. Fuller was very maternal in design. She has also done several exhibitions.

It was now time to
"have a go" which we did
with great enthusiasm.
We moulded clay by
hand and when
completed several had
added their own touch. M



Jov Rolfe

COLCHESTER INSTITUTE CHAMBER CHOIR

St George's Church was the place to be on the evening of Saturday 19 March, when over 70 people were entertained by 24 young students from the Colchester Institute. Who says the youth of today are only interested in 'pop' music? These students are members of the Colchester Institute Chamber Choir. conducted by Ian Ray. They sang 'Capella', a range of songs from the 16th century to modern day, for an engrossing hour. Everyone agreed they were excellent. We have been fortunate that Ian Ray has brought his students to entertain us on a number of occasions, so it was with some regret that we were informed that he is retiring at the end of this summer term. Our good wishes were given. The evening raised the sum of £850 for the Repair Fund.

Don't miss the Flower Festival at the end of September!

Susan Scott

VILLAGE HALL TRUSTEES

I still have my shirt but it was a close run thing! What on earth am I talking about, the race night of course! A lower turn out than expected did not spoil the fun and although everyone was a bit quiet to start with by the time we were on the last race you could hardly hear yourself think. I did not come out any richer but some people always seemed to be winning. A very good night organised by Fred Nicholls. good fun. lots of laughs, a few deep sighs. The evening raised £375 for the Village Hall. Well done to Fred and all the helpers and a big thank you to all those who donated their winnings to the Village Hall funds

The Annual General meeting will be held on 27th April at 8:00pm at the Village Hall. As always all welcome.

27th May is the date for the 'Drop Dead Divas' who will be performing 'A Night on Broadway'. Sounds interesting so book your table early as this one will be popular. 7pm for 7:30 tickets £8, bring your own drinks and nibbles and again book your tickets with any committee member

Due to a clash of events the Hog Roast booked for the 11th June will now take place on Saturday 2nd July. The Village Hall, Cricket Club & PTA will jointly run a Family Day at the Cricket Club starting at 4pm onwards. There will be a Hog Roast and a B B Q. Hopefully live music, a bouncy castle and a number of games, including rounders. The tickets will be £15 per family 2 adults and 2 children or £5 per person which includes food from the Hog Roast or B B Q. We hope that the village will support this event as the Village Fun Day is not taking place this year."

Future Events to look forward to Farmers Market (note change of date) on 30th April from 10am to 1pm A Night on Broadway on 27th May Family Hog Roast & Disco on 2nd July (see above)

Farmers Market on 23rd July from 10am to 1pm

Cabaret Night Olly Day on 8th October (only a few tickets left)

Farmers Market on 22nd October from 10am to 1pm

Christmas Fayre on 3rd December Farmers Market on 21st December (Provisional) 6pm to 9pm

New Years Eve Dance on 31st December with a live dance band

A warning: the Olly Day event in October is nearly sold out so please if you want to see this very funny man, book some tickets very soon.

That's all for now, as always thank you for your support and please put the forth coming event dates in your diary. Let's all make the most of our Village Hall in 2011.

Next Committee meeting will be held on Tuesday May 3rd at 7:30pm. As always all welcome.

David Beech

A Night on Broadway Drop Dead Divas

Drop Dead Divas are West End actresses Jo Lee, Julie Paton and 'Tony Winner' Sarah Tavis and between them the three girls have featured in leading roles and productions of virtually every classic musical. Their wealth of experience and vitality is combined to provide you with an unforgettable evening's entertainment promising plenty of humour, audience participation and musical expertise. If you are a fan of the musicals then don't miss this opportunity to see the girls perform in the intimate setting of Great Bromley Village Hall.

For details of tickets etc see page 19

All Ages 2 x 45 mins www.dropdeaddivas.com

ESSEX POLICE

Incidents in Great Bromley during March always get at least three

Theft from Motor Vehicle - Parsons Hill - (Cat Converter taken)

Theft Other - Chase Road - (Heating oil taken)

Hare Coursing - Badley Hall Road Disturbance - Back Lane East

Theft Other - Frating Road - (Parcel taken from rear door step)

Burglary Other - Rectory Road - (Hamilton Lodge, Tools taken)

Air Weapon Nuisance - Ardleigh Road - (Male shooting birds from car)

RTC - Brook Street

April Newsletter

Please be aware that phone calls are being received from cold callers stating that they need access to your computers for various reasons i.e. to protect against scams or you have a virus. Please do not give any personal/bank/computer details out over the telephone to anyone.

Message from Trading Standards

Residents are warned to stay vigilant against doorstep callers, after Essex County Council Trading Standards and Essex Police received reports of roque traders operating in the Essex area. Over the past few weeks a number of complaints have been received about traders offering to lay drives and patios, carry out maintenance to the outside of houses and carry out fencing or gardening work. Although prices seem reasonable at first, they have risen sharply once work has started, and residents have felt intimidated into paying immediately in cash. In some cases traders have done extremely shoddy jobs, and have given false details so residents have no way of contacting them afterwards.

They are also reminding residents to be wary of doorstep rogue traders, and not to agree to have any work done on the spot. If residents are considering having work done on their homes we recommend that they

always get at least three quotes in writing, and ask family and friends for recommendations. If you need a Tradesman Trading Standards have a list of recommended businesses http://www.buywithconfidence.gov.uk

Don't hand over any cash up front or feel pressured into making a decision on the spot Remember it's your house and your choice. If you have any information about rogue traders or need further advice please contact Trading Standards on 0845 404 0506 or Essex Police on 0300 333 4444.

<u>Message from Crime Reduction Officer</u> at Colchester

On 17th April, 2011, on my personal "home" telephone. I received "a cold call" from a Company indicating that they are currently in the Colchester area. They were offering an Intruder Alarm at a heavily discounted purchase price. However, there would be an installation price of approximately £199.00p, with an contractual on-going monitoring cost (subject to the no. of sensors) of approximately £1 per day. This Company relies on a subsequent site visit, to confirm relevant details and allegedly are working with the Police. I have no knowledge of such a working arrangement and cannot locate their details within the current Register of "compliant" Companies, published by the National Security Inspectorate. "My advice to the community is not to become involved in such Projects. These Projects are not unknown both locally and nationally and if you are interested in an installation of an Intruder Alarm, seek the advice of your local Crime Reduction Officer.

Warning over 'Nottingham Knockers'

Police in South East Essex are warning residents to be mindful of so-called 'Nottingham Knockers' working in the area. Local police have recently become aware

that a group of young salesmen, dubbed the 'Nottingham Knockers', have returned to our part of the county. Named after a scam originating in Nottingham, young people travel across the UK targeting a town at a time. They knock at doors and claim to be ex-convicts attempting to mend their ways, before trying to sell the householder everyday household products at very high prices. Police always advise residents to refrain from buying at the doorstep and not to buckle to pressure from salespeople offering supposedly one-off 'buy it now' low prices. However, often kind-hearted residents feel they are helping the Nottingham Knockers to turn their lives around so agree to buy their wares. Police found out about their return to South East Essex whilst investigating a house burglary in Hockley Road, Rayleigh, which happened between 10.30am and noon in February 2011. Suspects smashed a side door panel and stole a laptop and jewellery with a total estimated value of £2350. The householder then reported to police that they had been visited by the Nottingham Knockers on the day before the burglary.

DI Morgan Cronin said: "They work in groups across the country but they are not involved in any officially recognised offender rehabilitation programme and many do not possess Pedlar's Certificates, which are issued by police and are necessary for salespeople to be legally allowed to sell door-to-door. If any salesperson comes to your door, ask to see their Pedlar's certificate - these are only issued to individuals under very strict conditions. You can contact the police station it was issued at in order to prove if it's genuine. If a Nottingham Knocker visits you, please inform police in order for us to keep track of where they are."

And finally be aware that several alarm companies are cold calling again. The advice from the Crime Reduction Officer

is not to buy from cold callers, if they are any good they don't need to cold call. Best place to look for installed alarms is web sites for SSAIB or NSI the accreditation bodies, use the post code search for reputable local companies and get at least three quotes for comparison.

Les Barnes PCSO 71909 Thorpe Le Soken NPT Eastern Mobile 07967466876 Tel 03003334444 Ext 487603

Email: leslie.barnes@essex.pnn.police

website: www.essex.police.uk

THEFT OF HEATING OIL

It has been bought to my attention having issued warnings about the theft of heating oil that it may well be that the right quantities are not being delivered by the companies, can I ask everyone who has heating oil tanks to ensure they know the level of oil they have in there before a delivery.

DOORSTEP SCAM

Can I urge all residents to be on their guard when people you don't know knock on your door, anyone selling or providing a service should have identification on them, although even with this you still have to be wary. If you feel uncomfortable with their presence then please call us and we will attend and confirm if persons are genuine or not.

A recent scam is for persons to advise you on your loft insulation and the fact there are schemes to help you purchase it at a reduced rate, like most scams they are trying to enter your home.

Do not let anyone in your home you don't know unless you have arranged it

Police Constable 2176 Dan HEARD Neighbourhood Constable

NATURE'S DIARY

There is much to see and hear in May. The nightingale has arrived, as has the cuckoo which I hope we hear more often than last year. The swallows and house martins are already skimming through the sky and all the birds are either already, or preparing to, raise their young. The hawthorn, elderflower (don't forget to make elderflower cordial delicious and easy to make),



bluebells and cow parsley all flower this month. The tadpoles in my pond are getting bigger and I was delighted to find a not so Common Newt also in the pond. Orange tip, holly blue, 'white' and peacock butterflies are all a flutter, so keep you eyes open and do also listen to the amazing sound of the dawn chorus.

LMH

Dog Poo Bins

Tendring District
Council have asked that
the dog poo bins are only
used by people out
walking their dogs and
not for clearing doggy poo from their
gardens.

Great Bromley Annual Parish Assembly

The Annual Great Bromley Parish Assembly will be held at the Village Hall at 7.30 pm on Thursday 12th May 2011. The Chairman and other council officers will report on parish council and village activities during the past 12 months. There will then be an opportunity for residents to meet new council members, raise matters of concern, ask questions of the council and also make suggestions. *All residents are warmly invited to attend.*

A copy of the council's annual report will be posted on the website in due course and will also be available on application. Please contact the clerk if you would like a copy.

GREAT BROMLEY PARISH COUNCIL

Great Bromley Parish Council www.essexinfo.net/gbpc

Report of a parish council meeting held on 13th April 2011

Planning

The Council considered the following planning applications and had no objections:

Poplar Cottage, Hall Road – replacement dwelling and garage.

Bush Farm, Hall Road – extensions and alterations to existing barn.

White Gables, Back Lane East – single storey rear extension following demolition of conservatory.

Tendring District Council has approved the following planning applications: Lanner, Frating Road – side and rear extensions and conservatory.

Badley Hall Farm – felling of two willow trees because of decay.

Confirmation of Tree Preservation Order – Land rear of Mary Lane South.

New parish council

Col Martin Frostick OBE and Mrs Ann Jones will retire from the parish council in May whilst the following existing councillors have been re-elected: Mr Terry Cottingham, Mr David Hardy, Mr Fred Nicholls, Mr Richard Perry, Mr Neil Skinner, Mr Ken Stokes and Mr Alan Thomas.

The newly elected councillors are Ms Susie Burnby and Ms Pamela Williams. The election was uncontested.

Affordable housing

The summary findings of the Great Bromley housing needs survey, undertaken by the Rural Community Council of Essex, have been made available and are as follows: The response rate was 34%, which is very good when the average is 24%. When asked if they were supportive of a

small scheme of affordable housing for local people, if the need was identified, 75% of respondents said 'yes' 19% of respondents said 'no' 6% of respondents did not complete this question.

28 respondents identified themselves as having a need for alternative accommodation. Sixteen survey forms were received and identified as having a need for affordable housing. Following general planning guidance this would lead to a recommendation of 8 housing units, with the size and tenure yet to be considered.

The full report should be available in the summer.

Great Bromley – summer flower tubs

A reminder that the council is still looking for either local residents or businesses in the village who would be interested in sponsoring or jointly sponsoring a summer flower tub during the period June – September 2011. If appropriate the sponsored tub could be located near to the sponsoring business or resident's home. If you would be interested in sponsoring a tub then please contact the council's Clerk, Ken Bromfield, on either 01206 230089 or

greatbromleyparishcouncil@gbpc.org.uk.

Community grants

It was agreed to sponsor, at a cost of £50, a display at St George's flower festival in the autumn.

The meetings of the Council on Thursday 12th May 2011 at Great Bromley Village Hall will be as follows:

7.00 pm: First/annual parish council

meeting, followed by routine monthly parish council meeting

7.30 pm: Annual Parish Assembly

THE RECTORY, GREAT BROMLEY

Dear Friends.

As I write this letter I realise that we will have celebrated Easter by the time it is printed and that Easter this year will have been the latest it can ever be. Normally we celebrate St. George's Day on April 23rd but because this has fallen on the Saturday before Easter this year the celebration of his feast day has been moved to May 2nd. It will have been a very eventful week incorporating the Royal Wedding and an extension of the Bank Holiday. The celebrations surrounding the Royal Wedding will have aroused great emotions and feelings of patriotism and this year this will culminate in our celebrating the Feast of our patron saint on the Bank Holiday May 2nd. St. George is not only the patron saint of England but also the saint to whom our Church is dedicated in Great Bromlev.

It therefore seemed appropriate for me to say a little about St. George in this month's Bromley Messenger.

There is so much that can be said about St. George much of which is legendary.

He is patron saint not only of England but also of Aragon, Catalonia, Georgia, Lithuania, Palestine, Germany and Greece; and of Moscow, Istanbul, Genoa and Venice (second to Saint Mark). He is also patron saint of soldiers, archers, cavalry and chivalry, farmers and field workers, riders and saddlers, and he helps those suffering from leprosy, plague and syphilis. In recent years he has been adopted as patron saint of the Scouts.

We are all well acquainted with the story of St. George slaying the dragon. The myths surrounding his martyrdom however are probably not so well known. In the stories George is said to have been tortured in a number of ways. He was forced to swallow poison; crushed between two spiked wheels; boiled in a cauldron of molten lead. Apparently none of these attempts killed him and his wounds were healed in the night by Christ himself.

George was told his life would be spared if he would offer sacrifice to the Roman gods. The



people assembled to see him do so but instead George prayed to the Christian God. Immediately, fire came down from heaven, an earthquake shook the ground, and priests, idols, and the temple buildings were destroyed. However by this time it was God's will that St. George should die for his faith, and he was beheaded without further trouble. Stories of this nature abounded about pagan and Christian figures in the Middle Ages. People would have expected their heroes to have undergone such experiences and in an age when many things seemed mystical, few were sceptical of such stories.

From the 14th century St. George was regarded as a special protector of the English. English soldiers were called to wear a "signe of St. George" on chest and back. He became, in the popular imagination, English. The flag of St. George – a red cross on a white background – is incorporated into the Union Jack and recalled in the ensign of the Royal Navy.

In 1415 Archbishop Chicele promoted the feast of St. George to principal status after Henry V's speech at the Battle of Agincourt invoking St. George as England's patron saint. Many believed they saw him fighting on the English side.

In 1940 King George VI inaugurated the George Cross for 'acts of the greatest heroism or of the most conspicuous courage in circumstances of extreme danger'. The award is usually awarded to civilians. St. George slaying the dragon is depicted on the silver cross.

We shall be celebrating the feast on Monday May 2nd with a tea at 5p.m. and a Sung Eucharist with a guest preacher at 6.30p.m. at St. George's Great Bromley. Everyone is welcome to attend.

Fr. Robert 21

ST. GEORGE THE MARTYR, GREAT BROMLEY

united with St. Mary the Virgin, Ardleigh



Church of England Services for May

		•		•	
Sunday 1st		2nd Sunday of Easter			
-	8.00am	Eucharist		St. George the Martyr	
	10.30am	Parish Eucharist		St. Mary the Virgin	
	6.30pm	Evensong		St. George the Martyr	
Monday 2nd		St George the Martyr	e Martyr transferred from 23rd April		
-	7.30pm	Patronal Eucharist		St. George the Martyr	
Sunday 8th	•	3rd Sunday of Easter			
•	8.00am	Eucharist		St. Mary the Virgin	
	10.30am	Parish Eucharist		St. George the Martyr	
	6.30pm	Evensong		St. Mary the Virgin	
Tuesday, 10th		The Archdeacon's Visita	ition	, ,	
•.	8.00pm	for Deaneries of Harwich	and St Osyth	St. George the Martyr	
Sunday 15th	•	4th Sunday of Easter	-		
-	8.00am	Eucharist		St. George the Martyr	
	10.30am	Parish Eucharist		St. Mary the Virgin	
Sunday 22nd		5th Sunday of Easter			
	8.00am	Eucharist		St. Mary the Virgin	
	10.30am	Parish Eucharist		St. George the Martyr	
	6.30pm	Evensong		St. Mary the Virgin	
Sunday 29th		6th Sunday of Easter	Rogation Sunday	<i>(</i>	
	8.00am	Eucharist		St. Mary the Virgin	
	10.30am	Parish Eucharist		St. George the Martyr	
followed by Blessings at Lt Bromley Hall Farm with Bring-and-Share Lunch.					
Divising invitation of Natalia and Chris Cmith					

By kind invitation of Natalie and Chris Smith
No Evensong at St Mary's/St George's

Holy Communion every Friday at 11.00am at Seven Rivers, Hall Road, Great Bromley.





Only order medicine you will use in the next month

The Facts About Unused Medicine at Home

- 1.They cost your local NHS £5million every year, money that could have paid for 4480 extra operations
- You can stop this waste of NHS money only, order medication you will take in the next month.

NHS

HELLO Yes, I'm talking to you!



Repeat Prescriptions

Don't tick all your

items if you don't

need them

A cupboard full of unused medicines is like a cupboard full of poison



Help to keep your family and friends safe. Keep only ONE months supply of medicines at home

Time To Make A Difference!

YOUR Unused Medicine
is INCINERATED NOT
Recycled

Could YOU reduce the
amount of spare
medicines in your
Home?

Unused medicines cost the NHS money.



Money that could be have beenbetter spent. Reduce your spare medicines at home!

MH