# Image: BROMLEY MESSENGER SEPTEMBER 2014 VOLUME 29 NO 6



# THE FIRST PAGE

Mistress tells me u hav been arsking after me and if I am wel. I am, as uzuel, in fvn form and looking sleek and butiful. Thank u for arsking. Mistress haz requested that I edit the magazeen this munth as she is bizzy getting redy for No 2 sun's wedding. She has been bizzy, with help from kind Jenny, arranging flowers in burd cages. Flowers are all very nise but there are no burds in the cages for me to eet. Wot good is that? There iz a pile of boxes, swingball and orl sorts to go with her to the venu for evrywun to play and enjoy. She is going rownd muttering and torking abowt hedless chiken but there r no chiken so don't no wot she is meens. She also keeps wurving abowt the wether and if it wil rayn. Nuthing enywun can do abowt the wether I thort. Jus take cuver if it gets wet.

She is rushing arownd and haz trodden on me wunce witch hurt I mite tell u and also fallen over the dog a fu times as she is dashing arownd too in case she misses owt on sumthing.

don't know az I hav been very bizzy catching lodes of mise. There seem to b a lot this yeer. Also rabbits. And I did catch a mol the uther day. Dog



haz cort a cupel of rabbits who were il with mitzy-sumthing and were blind. But I hav had a fu dayz off to sleep orl day wen it rayns very hard. I have to shelter wen it rayns az I do not like getting mi fer wet at orl.

The pic-cher is of Dog. I havn't been modelling recently so thort u wood like to c Dog insted.

Katisha

How I hav time to edit the magazeen I

MATERIAL for the OCTOBER edition of 'The Bromley Messenger' should reach the Editor, Leonie Henderson, by 14th SEPTEMBER, 2014 please. <u>Contributions from anonymous sources will not be printed</u>. Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.Copy can be delivered by hand, sent by post or e-mail (see inside back cover) or via the link on the websites www.greatbromley.org.uk or www.littlebromley.org.ukFor details of availability and costs for ADVERTISING in the 'The Bromley

Messenger' please contact the Treasurer on 01206 230537 **Please support the sponsors of our magazine.**  **PLEASE SUPPORT OUR SPONSORS & ADVERTISERS** 

# The 'Bromley Messenger'

is very grateful and thanks **HOTLINE PRINTERS** 

for sponsoring the September edition who each month efficiently and promptly publish our <u>m</u>agazine to bring it to your doors by the first of the month.

# **KNITTING NANCY CUSHION**

Make a larger than usual Knitting Nancy with the hole in the centre having a diameter of 5 cm and 8 nails.

Use a variety of coloured wools - or plain!

Stuff as you go with wool

or dyed sheep's wool (or shop stuffing) and keep stitching in a spiral shape until you get to the recquired length.

Instructions copyright and courtesy of Madeleiine Howard.

# FRIENDSHIP CLUB



At our July meeting we welcomed the musical trio Azuka who sang a splendid variety of songs with a Spanish touch, accompanying themselves on guitars and xylophone. A very

enjoyable performance.

During the notices Beryl informed members of the death of a former member, Jean Gladwin. A card has been sent to her family from the Club. Beryl also reported that the August outing had been a great success and she will be announcing details of the Christmas meal shortly.

Our Speaker for the September meeting will be Jill Bucke who will give a talk, with slides, on Constable. The competition, a picture.

Committee members are thinking of having an exhibition at the October meeting of World Wars I and II memorabilia, but more details will be given out at the September meeting. Maybe we could be sorting out any items we have packed away which may be of interest at the exhibition.

Sylvia Ward

WOMEN'S INSTITUTE

# theW

On Wednesday 6th August, 15 members and friends enjoyed a walking tour of Old Harwich, led by Tony Whitmarsh one of the Harwich Society Guides. After an introductory talk in the visitor centre on Halfpenny Pier, we took off, in the rain, stopping to look at various historical sites on the way to the Electric Palace. Here we learnt its history and the story of its salvation and restoration. We progressed to beautiful St Nicholas' Church and ended our tour at the Guild Hall where we

marvelled at Napoleonic prisoners' graffiti.

After the tour, we had a delicious lunch at the Treo Bar, where we were joined by other members and friends to make a party of 20.

Ann Jones



# **KITCHEN CORNER**

# **Apple Pie**

Try using filo pastry for fruit pie which is crisp and light and makes a change. Use a deep dish such as a soufflé one. Melt butter in a small pan and brush the dish. Then lay out each sheet of filo and brush over with butter before using to line the dish. Lay the sheets so they overlap the edges working round to cover evenly. Fill the dish with prepared apples or pears sprinkling with sugar as you go. Then add any spices or other flavouring to taste before folding in all the overlapping ends of the pastry. Give a final brushing with the butter and bake in a fairly hot oven till



cooked through. Protect with foil if it gets too brown on top. It is good hot or cold with custard or cream.

Jill Frostick

# **CRICKET CLUB**

Cricket week was a great success and the weather held for all 3 days despite the forecast. Our thanks to Ardleigh for providing a team for the T20 game on Wednesday, to team Allam and Team Foley playing for the Phil Allam Memorial Trophy on Thursday (won this year by team Folev) and to Springfield Cricket Club for once again taking part and making an excellent Chairman's Day game and staving for the evening. Our thanks to Lorraine and Lynda Allam for all the organisation and to everyone who provided the food (as always far too much) and to the Remnants who provided the music in the evening. The players also entertained the crowd in the evening with some new drinking games. A great week, an excellent fund raiser and hopefully an enjoyable time for all those who joined us.

Just prior to the start of the game The Club received its Club Mark certificate which now hangs proudly in the Club House.

Pip Allam, Chairman of the Club, was also able to announce on Friday the superb news that thanks to funding being secured from Tendrina Bia Society Fund of £20.000 work can commence immediately on the enlargement of the cricket pavilion. Alan Goggin, Tendring District Councils cabinet member of finance, said he was "delighted that the initiative is about to get underway, and that they were pleased to be able to support the village cricket club with the building project that will improve the base for cricketers of all ages". The scheme will involve enlarging and improving the pavilion and the changing rooms as well as replacing and enlarging the toilets and showers. It will also include a totally refitted kitchen, new roof, disabled toilets and umpire's changing room. Essex County Councillor John Jowers, Cabinet member for Libraries, Communities and Planning said "we are delighted to be able to contribute towards this excellent initiative which will benefit many people".

acknowledge Fred Nicholls for all his help and input with Terry Cuthbert for helping the club to secure this large sum of money, which along with a grant of £10,000 from the previously secured Community Initiative Fund means that with money raised over the last couple of years the project can be completed prior to the start of next season . Most of the work is to be carried out by club members and volunteers and this will mean a lot of the organising of labour will fall on Richard Lawson and Pip Allam to ensure that it all flows smoothly. Richard Lawson will start on the footing on Monday 11th August.

The Club held its annual Colts award evening on Friday 1<sup>st</sup> August and the following awards were presented by Club President, Lynda Allam

#### U11s

Bowling award	Harvey Robinson	
Batting Award	Harvey Robinson	
Fielding Award	Oliver Davis	
Players Player	Harvey Bell	
Most improved player Harvey Crane &		
	Lee Westwood	

#### U12s

Bowling award	Harvey Robinson		
Batting Award	Finn O'Reilly		
Fielding Award	Adam Shaikly		
Players Player	Jack Allam		
Most improved player Tom Ruth			

#### U14s

Bowling award Batting Award Fielding Award Players Player Manager's player Beth Dodd Beth Dodd Adam Shaikly Thomas Carver - Hardy Charlie Robinson

### U15

Bowling award Batting Award Fielding Award Players Player Manager's player Tom Dodd Jess Bird Callum Longhurst Tom Dodd Nick Garnham

The Colt of the Year Award went to Tom Dodd

The Club would like to thank and

Three Players received individual awards for either getting over 50 runs or 5 wickets in a game. They were:

Finn O'Reilly - 52 not out vs Elmstead 11.06.14 & 56 not out vs Clacton 25.06.14 Jack Allam - 50 not out vs Elmstead 11.06.14 & 52 not out vs Clacton 25.06.14 Tom Dodd - 5 wickets for 4 runs off 3 overs vs Brightlingsea on 22.05.14

Well done to all the Colts for a great season of cricket, to the managers and coaches for all the effort which has most certainly paid off.



# 100 Club Winners July

Mrs. Gill Christmas
 Mrs. Kirsty Simms
 Mrs. B. Fuller

# LITTLE BROMLEY AMENITIES GROUP



**Amenities Group - Race for Life** 

The Ladies of the **Amenities Group** entered the Colchester Race for Life on Sunday 20th July. A total of £294 was raised for Cancer Research. The Ladies were racing in memory of a close friend, Sarah Candy, who passed away earlier this year.



### **GREAT BROMLEY POST OFFICE at The Cross Inn**

Ardleigh Road, Great Bromley CO7 7TL Telephone: 01206 231073 Mon/Tues: 9.30am-2.00pm Wed/Thurs/Fri : 10.00am - 2.00pm Sat : 9.00am-midday

• Please note that there is now a wide selection of cards and wrapping paper available.

• A dry cleaning service is also available.

Please ask for details at the counter.

# **GREAT BROMLEY PARISH COUNCIL**

www.gbpc.org.uk

At our August meeting we had a somewhat heavy agenda with numerous different items for discussion. I hope by now you have seen the poppies and the flagpole by the war memorial, to mark the centenary of World War One - all Councillors agreed it really does look fantastic and is a most fitting tribute to this most important occasion. The Chairman of the Parish Council has written a separate piece elsewhere in the Messenger giving thanks to those members of the village and beyond who donated both their time and resources free of charge in support of the project.

At the meeting a further discussion was held regarding the possibility of play equipment being installed in Church Meadow. Villagers may be aware that there is a fund available at TDC which developers are obliged to contribute to when building. This fund currently stands in excess of £19,000 and must be spent within a set period of time before it expires and is then returned to the developers. It is also correct to say that there are some restrictions in terms of how the funds can be spent. Feedback on the proposals has thus far been mixed - but the Parish Council wish to hear opinions from everybody hence the flyer enclosed with this month's Messenger. Do you feel that the play equipment should not be installed at Church Meadow? Or perhaps is this something that your family or your extended family members could take advantage of? Even if your position is neutral, the Parish Council would like to hear from you.

Two further pieces of good news - the Parish Council have received formal notification that the bus service in Great Bromley shall remain unaffected following the recent consultation. In addition, the **mobile library** (which was previously under threat) will be attending the village as follows:

November 5th, 9th, December 2nd, 16th, January 14th, 28th Church Meadow, -10.55-11.30 Hamilton Lodge -11.35-11.50

#### Chase Road West - 12.00-12.25

I also have a copy of when the mobile library will be attending the surrounding villages, if you would like a copy, do contact me.

There has been mention of TDC having banned the use of Chinese lanterns on areas of their land. Great Bromley Parish Council have voted to follow suit and with immediate effect the use of Chinese lanterns are banned on all Parish Council Land - for the avoidance of any doubt this is Church Meadow, Hare Green Recreation Ground, the Village Hall and the surrounding land most commonly used by the Cricket Club.

By the time you read this you may have noticed that some of the public footpaths have been cleared around the village. The footpath warden has set up a working party in order to do this and matters such as damaged finger posts have been reported to Highways.

I also brought to the Parish Council's attention the sudden appearance of blue graffiti on road signs in the village. There appears to be no other explanation for this apart from vandalism - so this will be reported to the Police along with Highways for remedial action.

I have received notification from ECC with regards a number of forthcoming road closures in the village. This information has been added to the Parish website and space permitting, this will be added to the noticeboards. (See page 8)

Lastly we have been contacted by the Laterlife Challenge seeking entries from the over 60s - further details on page 8.

The next meeting of the parish council will be held on September 10<sup>th</sup> 2014

Laura Austin

# LATERLIFE CHALLENGE

Have you done something new since you retired? Started a new hobby or interest, joined a club or planned an event or trip? The Laterlife Challenge is looking for entries from the over 60s to demonstrate how people are making the most of their retirement years. There are some great prizes and also the knowledge that your story may help inspire others who are finding their senior years lonely or difficult. Chief judge is Blue Peter's Valerie Singleton. Find out more by visiting: <u>www.laterlife.com/challenge</u>

	notice	
The Essex Count	y Council (Various Roads, Tendring D of Traffic) (No.3) Order 201	
	ven that the Essex County Council intends, o make the above Order under section 14(1	
	To temporarily close the following lengths of Bromley, in the District of Tendring as specifi	
Road	Description	Alternative Route
Badley Hall Road, Great Bromley	From its junction with the B1029 Hall Road/Brook Street to its junction with Spratts Lane.	B1029 Brook Street, Mary Lane North, Stone Road, Hilliards Road.
Carpenters Lane, Elmstead	From its junction with Wivenhoe Road to its junction with A133 Clacton Road.	Wivenhoe Road, Slough Lane, A133 Clacton Road, Tye Road/Wivenhoe Road
Chase Road East, Great Bromley	From its junction with Mary Lane North to its junction with Stone Road/Hilliards Road.	Mary Lane North, Stone Road
Mary Lane North, Great Bromley	From its junction with the B1029 Brook Street to its junction with Chase Road East.	B1029 Brook Street, Badley Hall Road, Hilliards Road, Chase Road East
Morebarn Road, Great Bromley	From its junction with Little Bromley Road to its junction with Badley Hall Road.	Little Bromley Road/Barlon Road/Spratts Lane/Badley Hall Road
Spratts Lane, Little Bromley	From its junction with Badley Hall Road to its junction with Barlon Road.	Badley Hall Road, Morebarn Road, Little Bromley/Barlon Road
Stone Road, Great Bromley	From its junction with Mary Lane North to its junction with Chase Road East.	Mary Lane North to Chase Road East
Turnip Lodge Road, Elmstead	From its junction with Wivenhoe Road to its junction with Carpenters Lane.	Wivenhoe Road, Carpenters Lane

The closures are scheduled to commence within a 1 month period from 1 September 2014 or where appropriate signs are showing and weather permitting, and are required for the safety of the public and workforce while highway maintenance works are undertaken. Exact dates of the road closures will be notified via advanced warning signage on sites. Letters to residents and other affected or interested parties advising of the works/dates and other relevant information will also be sent out at least 2 weeks in advance.

Access for emergency service vehicles and pedestrians will be maintained at all times during the closure.

The Order will come into effect on 1 September 2014 and may continue in force for 18 months or until the works have been completed, whichever is the earlier. Dated: 21 August 2014 County Hall Liz Burr Chelmsford Head of Network Management

Essex County Counci

# LITTLE BROMLEY PARISH COUNCIL littlebromleypc@gmail.com

The Council would like to thank all the people who came along on the 2nd August and joined us in the Commemoration ceremony at our War Memorial. It was nice to meet the couple who had driven all the way from Norfolk to be there and to see all the medals people were wearing. Mrs Sharman was brought up in the Village and her relative is named on the memorial. We were loaned some old photographs of the shop and school which we've scanned for the local History Recorder. The day finished with tea and scones at The Haywain thanks to Andy and Dawn at The Haywain for preparing and hosting this event.

The Council have been invited to apply for

mains sewerage to be put in Little Bromley and we are inviting the residents to give us their views on whether this is something they would like us to explore. Please either email the clerk or speak to one of the Councillors if you would like to make comments on this proposal.

If you think there is anything your Parish Council can do for the village or if you need any help or advice then we can be contacted on <u>littlebromleypc@gmail.com</u> the next meeting of the Council will be 25th of September at 7.30 pm at The Haywain.

Little Bromley Parish Council





# **ESSEX POLICE**

If you need to talk to me for any Police Community problems, you can contact me on 07967466876, or 101 Ext 487603 (free phone) or email me <u>leslie.barnes@essex.pnn.police.uk</u>. Please note if you leave a message I will try to reply to your call the day I am next on duty.

Incidents in Gt Bromley for July Assault - Park Road

#### PCSO Barnes 71909

Website: http://www.essex.police.uk/ my\_neighbourhood.aspxThorpe le Soken Police Station, Landermere Road, Thorpe le Soken, CO16 0LQ

# **GT BROMLEY WWI COMMEMORATION**

As part of Great Bromley's WW1 commemoration we are proud to have erected three red poppies and a flag pole at the war memorial to help us remember all of those men who went to war from the village, and in particular those that didn't return and gave their today for our tomorrow.

The poppies are a stunning addition to the war memorial which will remain in place for the duration of the war anniversary period with our national flag flying prominently.

The parish council would like to thank the team who gave this project life, Peter Scott who designed and project managed the

scheme, David Beech of Sailspar who provided the structure for the poppies and the flag pole, John Hart of Hart Property who carried out the ground works, all of whom provided their time and materials free of charge and with pride. We would also like to thank the Royal British Legion for allowing us to use their poppy design and provided the art work again free of charge.

Alan Thomas Chairman Great Bromley Parish Council

#### THEY ARE NO MORE If you pass this way, Stay, a sunny spring moment. Dedicate your thoughts To unforgotten grief. The epitaph reveals, amidst other Long lost lives, three sons of Little Bromley They will reap no more the fruits Of their longed-for labour. Their own roots buried in those tormented trenches. In this small hamlet they greeted happier Harvests, shared once, the gathered glory. No celebration now as you dedicate Your momento mori to that Sovereign long, silence. The frail cross and that crimson Bloom recalls the cruel harvest. Those three local sons Now reap that unsought glory. These Lucas three Are no more. Ted Beckwith of Bradfield

# LITTLE BROMLEY CONNECTIONS

On Saturday 2<sup>nd</sup> August there was a fine gathering to commemorate the start of the First World War at the Little Bromley War Memorial, a congenial occasion no doubt covered elsewhere in this magazine. We had some very welcome visitors, Audrey and David Sharman, from Thorndon in Suffolk.

Audrey is the niece of William James Forsdyke who is on our memorial. She brought a picture of her Uncle Willie, whose story we shall cover 3 years hence, and a fascinating collection of old postcards which she has kindly lent us for reproduction.

Audrey & David's visit generated great interest. It is lovely that, although Audrey was born and bred in Suffolk, she maintains the connection to the Essex village where her father Charles was born (at Jennings Farm). We hope to welcome them back again soon, perhaps at the Harvest Festival. Leonie and I find it most gratifying that their attendance was due to their being regular readers of the *Messenger* magazine online and the events calendar on **LittleBromley.org.uk**.

At the Little Bromley Folk Day last week the variable weather thwarted a visit from an Australian visitor, Trevar Chilver, whose great-great-grandfather Philip Henry Chilver was baptised at Little Bromley in the 1830s, before departing with his brother William to Australia in 1854 to look for gold. The Chilver family also feel a strong affinity for Little Bromley despite the great distance and time that has passed. (More about them another time.)

With the recent turn up of further postcards there may at last be sufficient material to make a start on **The Little Bromley Postcard Book**, a project that John Appleby had planned but sadly never started. Again, I make a plea for anyone who possesses old local cards and photos to kindly share them!

Hugh Frostick E: hugh@littlebromley.org.uk T: 01206 617324

Note - there is no typo above, the Forsdyke and Forsdike spellings are spread liberally through the family!



Little Bromley Sharp Shooters circa 1910. Back 4<sup>th</sup> from left - Charles Forsdike. Courtesy Audrey Sharman

# IN THE GARDEN WITH KATE IN SEPTEMBER



Autumn, according to Keats, is the season of mists, and mellow fruitfulness. As I am writing in 26 degrees C and bright sun it seems very unlikely that this will

be the case in three weeks' time, but I suspect that is a triumph of optimism over experience! Already the days are getting shorter and the lights are being turned on earlier in the evening as we slide towards the equinox. This all sounds depressing, but the autumn is a very "fat" season, when gardeners can reap the benefits of all their hard work.

My apple, pear and damson trees are loaded with fruit, and should provide a bumper harvest. I suspect everyone who has these trees is in a similar situation, and we will all have apples and pears coming out of our ears! I need to organise safe storage for the apples: the last two years, mice have enthusiastically chomped their way through a large proportion of my apples stored in the shed. My husband has a cunning plan to do with small panes of glass and bricks to prevent the mice climbing up the leas of the storage racks. However, as mice appear to be very clever (as anyone who has read "Hitch-Hiker's Guide to the Galaxy" will know), I suspect they are already devising cunning plans involving ropes and catapults!

The recent prolonged dry weather has made some of the garden vegetable crops quite poor- the runner beans have been fairly sparse, and the carrots have more or less disappeared. The cabbage white butterflies have wormed their way under the netting and have, as usual decimated the brassicas. It has been too hot to sow lettuce, and the chard and spinach has bolted, but, on the upside, the tomatoes, chillies, indoor cucumbers and aubergines are magnificent. Flowers have had an unusual year too. Many normal border flowers have found the going tough, but the roses have been spectacular, and with deadheading, many other previously fairly short lived border plants have just kept going. I do seem to be spending a huge amount of time watering tubs though, but it is worth it as they too have been spectacular, uncrushed by the rain.

Obviously, jobs in September concentrate on harvesting. Blackberries are very prolific this year, and very sweet (I picked my first ones yesterday), and make wonderful puddings and jams, but it always amazes me, that when I go picking, how few others are doing the same. I can't remember when I last saw a child picking blackberries.

Other jobs for the garden include the usual deadheading and cutting back. Lawns can do with some attention, and spiking, feeding and top dressing may help rejuvenate a tired and neglected lawn. Hedges need to be clipped before the middle of the month if not already done. Daffodils and other spring bulbs can be planted, but it is better to leave planting tulips for a couple of months to prevent the development of "Tulip fire". Tender plants probably need to be moved under cover, the nights may start to get chilly. Enjoy your bounty!

Kate Strowbridge

# 2014 EVENTS

# SEPTEMBER

- 3 St George's Lunch, Gt Bromley church, 12 noon WI meeting, Village Hall, 7.30pm
- 9 Gt Bromley Village Hall Trustees meeting, Village Hall, 8.00pm
- 10 Gt Bromley Parish Council meeting, Village Hall, 7.30pm
- 13-14 Art Exhibition & Flower Festival, Gt Bentley church
- 14 St George's Harvest Lunch, Village Hall, 12.30pm
- 18 Friendship Club meeting, 2.30pm
- WEA, Ardleigh Village Hall, 2.30pm
- 20 Bingo, The Haywain, 7.30pm
- 21 Harvest Festival, St Mary's Church, Lt Bromley, 6.30pm
- 24 WI Ladies that Lunch
- 25 Lt Bromley Parish Council meeting, The Haywain, 7.30pm
- 27 Quiz Night, Village Hall, 8.00pm
- 30 Badminton Club Village Hall , see below for times

# OCTOBER

- 1 WI meeting, Village Hall, 7.30pm
- 2 Lt Bromley Amenities Group AGM, The Haywain, 6.45pm (TBC)
- 3-4 Flower & Harvest Festival, Ardleigh church
- 8 Gt Bromley Parish Council meeting, Village Hall, 7.30pm
- 16 Friendship Club meeting, 2.30pm
- 18 Coffee Morning Help for Heroes Village Hall 10:30am
- 18 Cricket Club/St George's PTA Autumn Ball, Village Hall, 7.00pm
- 25 Lt Bromley Autumn Litter Pick, meet at the Village Car Park, 10am
- 31 Lt Bromley Amenities Group Children's Hallowe'en party, The Haywain

# **Badminton**

restarts on Tuesday 30<sup>th</sup> September. Children 5-6 pm, Adults 6-7pm. In village Hall. Cost £1.50 per person. Racquets provided. Contact Kate Strowbridge 07592735600

Little Bromley Amenities Group

Our

Autumn Litter Pick will take place on Saturday 27<sup>th</sup> October If you would like to join in, we will be meeting in the Village Car Park at 10am.

Refreshment will be provided at the Haywain at 12 noon for all participants.

# FLOWER and HARVEST FESTIVAL

St Mary's Church, Ardleigh Theme – 100 YEARS Friday October 3 – 12noon – 5pm Saturday October 4 – 10am – 5pm Sunday October 5 – 12noon – 4pm Admission £2 Children Free SERVICES: Sunday – 10.30am Harvest Eucharist 6.30pm Songs of Praise

The Friends of Little Bromley Church would like to invite you to join us to celebrate Harvest Festival on Sunday 21 September at 6:30pm. Any food and produce donations will be given to local charities.

Carol Service 20th December 2.30pm

St Georges Church Great Bromley HARVEST LUNCH



At Great Bromley Village Hall Sunday 14th September 12:30pm for 1:00pm

Tickets: Adults £6 Children £3 Available from 01206 250229 or 01206 230688 and members of the PCC

Bring your own drinks & glasses.

Little Bromley Amenities Group

# BINGO

Saturday 20<sup>th</sup> September at 7:30 at the Haywain, Little Bromley

Books of 6 games at £2.50 to buy on the night Light buffet included

Tel: 01206 390004 to book a table

Come along and enjoy a social evening with the Amenities Group

# **Alternative Quiz**

Saturday 27<sup>th</sup> September Village Hall at 8pm Teams of 8 Cost £4 per head In aid of Village Hall funds. Raffle Contact Kate Strowbridge 07592735600

Gt Bromley Cricket Club and Gt Bromley St George's School PTA

# Autumn Ball

Saturday 18 October 2014 7pm until midnight Complimentary drink on arrival, buffet, live band, fun casino (including £10 worth of chips) and raffle. Tickets: £25.00. Strictly over 18s. Drinks from bar only.

# WEA Ardleigh Branch

Autumn Term Ardleigh Village Hall 10 weeks commencing Thursday 18th September at 2.30 p.m.

# The Art of Persuasion

Course Tutor - Colin Padgett Advertising besieges us, even at home, where "junk" mail lands daily on our doormats. It may go straight into the bin, but someone somewhere seems to think that it is worth investing time and money in it. Are they right? Do we all succumb eventually? Do sales ensue? Considering commercial, ideological and political examples, this course is a semi-serious examination of the language of advertising, together with some historical perspectives, some of which may surprise you.

If you have any queries please feel free to contact me,

John Terry (Chairman Ardleigh WEA) 01206 230490

WEA Courses at nearby branches Brightlingsea - Workshop of the World A Social History of 19th Century Britain 1815-1914 - Tutor Simon Doney - Parish Hall, Victoria Place, Brightlingsea, CO7 0BP commences 10.00 am 30th September Dedham - The Great War: Fact, Myth and Memory - Tutor Roger Beckett - Venue Alfred Munnings Art Museum, Castle House, Castle Hill, Dedham, CO7 6AZ commmences 10.30 am 1st October

Great Bentley- How to Look at Art - Tutor Michael Baldry - Great Bentley Village Hall, Plough Road, Great Bentley, CO7 8LG commences 8 pm 15th September Lawford - From Renaissance to the Present Day -Tutor Michael Baldry - Manningtree Methodist Hall, South street, Manningtree CO11 1BQ commences 2.30 pm. 6th October

> Seven Rivers Cheshire Home's AUTUMN FAIR Tuesday 7<sup>th</sup> October 10am-3pm Great Bromley Village Hall

Entrance £2 Coffee, cakes and sandwiches available



Little Dragons Dre-School - Great Bromley & Frating Church Meadow Bungalow, Hall Road, Great Bromley CO7 7TR Ofsted Inspected

Website: www.littledragonspreschool.org

Email: littledragonspreschool@gmail.com

#### OUTSTANDING OFSTED INSPECTED OUTSTANDING

We hope you have enjoyed the holidays and the lovely weather and we look forward to seeing you in the new term.

Autumn Term begins on Wednesday 3<sup>rd</sup> September.

#### Party Table and Chair Hire Having a party for Pre-School children?

We can offer 4 perfectly sized tables & 20 chairs.

Deposit only £10 Tables only £5.00 each Chairs Only £1.00 each Collection Only - Contact us: Tel: 07857 503103 Email: <u>littledragonspreschool@gmail.com</u> We take children from the age of two years and offer a 'home visit' to families of children prior to them starting Pre-school. This gives the child the opportunity to meet their key-person in their own home, aiding the transition stage to pre-school. It also enables us to collect and share information in a confidential environment.

For further information or to arrange a visit to the setting please contact us on the above number.

Dates for Diary

Wednesday 3<sup>rd</sup> Sep Preschool re-opens

# LITTER PICK



The next Litter Pick in Great Bromley, will take place on Saturday 8<sup>th</sup> November.

Watch this space for more details!

Primrose Pork Farmers' Market 2<sup>nd</sup> Saturday in every month Outdoor & weather permitting (With local producers and business!) 10-1pm Next market is on Sat 13<sup>th</sup> September at Primrose Farm Gt. Bromley CO7 7TR

# 18th October Coffee Morning in the Millennium Lounge Help For Heroes

Admission £1 Gt Bromley WI

St Mary's Church, Great Bentley 20th Art Exhibition and Flower Festival to be held on Saturday 13th September 10am to 4pm Sunday 14th September 11am to 5pm Theme for Flowers is 'Islands of the World' There will be light lunches, teas etc, craft/ gift stall and tombola. It is proposed to have a **Sale of Plants** 

in early May 2015 at the Village Hall in aid of funds

This is the sale that formerly was at llex farm. If anyone is taking cuttings, please could you do a few extra for us! Contact Kate Strowbridge 07592735600

# THE DOCTORS' SURGERY NEWS

# **Ardleigh Surgery**

# Influenza vaccinations

It is influenza clinic time again !

The Department of Health recommends patients should have vaccination against influenza if they are aged over 65 or any patient irrespective of age if they are at particular risk if they have one of the following medical conditions; heart disease, diabetes, respiratory disease including asthma, renal disease or who are immunocompromised and pregnant women.

All children aged between two and four are also invited to be vaccinated to lower the transmission of influenza in the community from children. (Born between 2 September 2009 and 1 September 2012)

The good news is that we are able give the children an oral vaccine and not an injection and those children under 17 with an at risk medical condition will also be offered the oral vaccine. Please contact the surgery to make an appointment with a practice nurse after the 1 October if you have children that are eligible,

Flu clinics will be held on Tuesday or Friday afternoons weekly at Ardleigh Surgery starting on the 3 October and ending on the 7 November. Clinics will also be held at the Dedham Branch Surgery.

Please telephone the surgery to book into one of those clinics. We encourage patients to attend these clinics rather than use valuable normal appointment slots unless you are attending the doctor or nurse for some other reason.

### Additional GP

As patients are aware from reports in the media, general practice is under increasing pressure as a result of decrease in funding by the DoH and increasing workload caused by an aging population and generally patients having higher expectations. There are significant increases in long term medical conditions such as diabetes and dementia. The share of total NHS funding spent on general practice has fallen from 11% to 8% since 2008 despite over 90% of all contacts with the NHS are with general practice. The average number of times patients attend their GP has also increased from 3 to 6 times in the last decade. There is. therefore, a recruitment and retention 'crisis' within general practice with a shortage of doctors applying for GP vacancies which is affecting access to primary care.

In response to this situation and to improve patient access for appointments, I am pleased to inform patients that the practice has decided to employ Dr Rob Lenart from the 3 September for two and a half days per week – Wednesday afternoon to Friday. Dr Lenart has been employed as a regular locum covering Dr Owens' surgery session on a Wednesday morning. Dr Owens has resigned as the GP Training Programme Director in Colchester and will resume her Wednesday morning surgery. The cost of employing Dr Lenart will be met by the practice and not directly by the NHS.

#### **GP** Trainees

Two new GP Trainees started with the practice in August. Dr Ajula Gunasekera and Dr Aman Bhatia (female) both have previous training experience in general practice.

Fred Merrin, Practice Manager September 2014

# THE DOCTORS' SURGERY NEWS

# **Great Bentley Surgery**



Last month saw the surgery say goodbye to arguably our most popular registrar ever Dr George Pontikis. George has been a breath of fresh air, bringing both enthusiasm and humour and of course his

excellent doctoring skills. I know George has made a huge impression on patients too and will be greatly missed. I would also like to welcome our new registrar Dr Selina Bowry who joined us at the beginning of August. She seems very nice indeed and comes with bags of fresh enthusiasm after her extensive training. I'm sure that she will receive a warm welcome from you all as she has from everyone here.

The new **Electronic Prescription Service** (EPS) is 'going live' on Tuesday 16<sup>th</sup> September which I mentioned last month. In addition I also want to promote **Patient Access**, the online prescription ordering website, both of which will improve the speed and accuracy of getting your prescriptions.

You do NOT need access to the internet to use EPS and can still order your prescriptions on paper and still benefit from this. However if you DO have access to the internet I would encourage you to try 'Patient Access' to order your prescriptions. Registering also allows you to book appointments online and see some of your medical records. There is even an app that allows you to do all this from your smartphone!

I'm very confident that using either or both of these will reduce the time taken for your prescription to be at your pharmacy significantly and if you use both, will remove the potential for human error too. I realise not everyone will be happy to order prescriptions online, but <u>everyone</u> can benefit from using EPS. Why not try it out? You've nothing to lose and it's all 100% free! Tick one or both boxes below and return the form below to the surgery to do just that.

Lastly I would like to remind you all about the Patient Participation Group meeting at 6.30pm on Thursday 18<sup>th</sup> September at the Great Bentley Village Hall. I hope to see you there!

Richard P Miller – Practice Manager

Full Name:	Date of Birth://		
o Patient Access - Online prescription ordering,	Appt booking and more		
Please tick the box above if you would like us to send you details of how to register for Patient Access.			
o Electronic Prescription Service (EPS) – Pharmacy Nomination			
My Pharmacy Nomination:			
Signed:	Date://		

# TAILS FROM PRIMROSE FARM

Well, harvest is well and truly on its way. How quick the combines went, baling and stacking in the soaring heat. Our straw for the pigs has been carted and all lined up ready for the bedding for the huts. The farmers markets at Primrose farm on the second Saturday have had a variety of stalls each time. The organisation of the open day is getting busy with negotiations with chefs to provide demonstrations and the ever popular 'make a sausage'. A promise of large agricultural machinery looks like a really good day.

Out on the farm the heat is affecting the trees with the leaves already turning early. The rotation of the land happens at this time of year after the cutting of the fallow to allow the huts and pigs to move to new ground.

We have a resident Tawny Owl who flies low around the trees and then, when spotted, sits on a branch just watching and staring. The buzzards seem to be circling a great deal but instead of being high on the thermals seem to be flying much lower.

#### Tawny Owl - Strix Aluco

This is the most common owl in Britain -



also known as the brown owl. This is the owl you hear hooting at night in the trees and is most likely the one you will see passing in front of you when driving in your car. The hooting you hear at night is a call, which determines

each bird's territory. They are so territorial that sometimes they will even fight with and kill other intruding owls.

Females are again bigger than males. Colours are very similar although tawny owls come in a varied range of colours from almost grey through to almost white. The most common colour to be seen is a mottled brown.

Tawny owls, like barn owls, prey upon mice and voles but also garden birds up to the size of black birds and thrush.

Eyesight is what this owl mainly uses at

night to spot its quarry. Its large eyes take in lots of light for good night vision.

The shop is remaining busy with the BBQ meats proving a great success; we have lots of new marinades and sauces that we are spicing up pork, chicken and lamb with.

#### **Fruity Pork Kebabs**

Makes 6 kebabs Cooking time About 15 minutes 225g (8oz) Lean pork leg or loin steaks, cut into small cubes 12 Rashers unsmoked sweet cured streaky bacon 1 Peach or nectarine, stone removed and cut into 6 wedges 1 Banana, peeled and cut into 6 chunks Chilli BBQ Sauce15mlsp (1tbsp) Oil 1 Onion, peeled and roughly chopped 1 Apple, peeled, cored and chopped 1 Red chilli, deseeded and chopped 3x15mlsp (3tbsp) Tomato ketchup 15mlsp (1tbsp) Brown sauce

300ml /½pt Pineapple juice

Take each piece of fruit and wrap a bacon rasher around it. Then, using metal skewers, thread each of the pieces of fruit plus 2 cubes of meat onto each skewer. Brush with oil.

Meanwhile, heat the BBQ. Make sure the coals are hot and 'grey' before you start cooking.

Alternatively, if it starts to rain, pre-heat the grill! Cook for about 15 minutes until browned and meat cooked through. If the outside of the meat starts to catch, cover with foil and adjust the grid height to move away from the heat to slow down the cooking.

Make Chilli BBQ Sauce: Heat oil in a small pan. Add the onion, apple and chilli and cook until softened. Add the remaining ingredients, bring to the boil and simmer for about 10 minutes to reduce slightly. Serve kebabs with the BBQ sauce and lots of fruity coleslaw.

Karen Moss

# CHILDREN'S CORNER - CHOOSING 'IT'

# Rhymes to choose who will be "it" at the start of a game.

One player flips a coin into the air. While it is in the air another player calls out "heads" or "tails". If the coin lands with the picture of the monarch face up that is "heads". If it lands with the opposite side facing up it is "tails". This works well for 2 players - for a larger group break off into groups of two and the winners face off against each other. Variation: Sometimes players will do "best 2 out of 3" ... or "best 4 out of 5". If you don't have a coin you can use any small flat object such as a button, washer or bottle cap. Just be sure to agree beforehand which side is heads and which side will be tails.

#### Rock, Paper, Scissors

Players make two fists and hit them on top of each other twice ... then the third time they make a symbol with their hand. The three symbols you can make are Rock, Paper and Scissors.

Rock - Hand is kept in a fist. Paper - Hand is flattened out. Scissors - Hand is held with two fingers out. The winner is determined as follows: Rock - beats Scissors Paper - beats (covers) Rock Scissors - beats Paper If players choose the same item it is a draw.

**Sky Blue** (Quick and easy!) One, two, sky blue, all out except you.

#### "It" rhymes

These rhymes are used for larger groups. Children stand in a circle and each put a fist into the centre. One person starts on each syllable using their fist to tap the top of each child's fist. The last one they hit either is "it" or is removed from the circle depending on the rhyme.

#### Engine, Engine

Engine, engine, number nine going down the county line. If the train falls off the track,

#### do you want your money back?

(Person whose fist is tapped on the syllable "back" chooses either yes or no - then that word is spelled out, one letter per fist) If yes: Y - E - S spells yes and you shall have your money back.

If no: N - O spells no and you don't get your money back.

#### One Potato, Two Potato

One potato, two potato, three potato, four. Five potato, six potato, seven potato, more. Player who had their fist tapped on "more" would remove themselves from the circle and the rhyme would begin again - the player who was left from the group would be it.

#### Eenie, meenie, minie moe

Eenie, meenie, minie, moe Catch a tiger by the toe, If he hollers, let him go, Eenie meenie, minie, moe.

(The one being touched on the last 'mo' is out. Continue until the last one is in who is 'it'!)

#### Ick - a, Bick - a

Ick-a Bick-a soda crack-a Ick-a, Bick-a boo, Ick-a, Bick-a soda crack-a Out goes you.

#### Inka Binka Bottle of Ink

Inka Binka bottle of ink, the cork fell out and you stink, not because you're dirty, not because you're clean, but because you kissed a (boy or girl) behind a magazine ... and you are now it.

#### Bubble Gum, Bubble Gum

Bubble gum, bubble gum in a dish, How many pieces do you wish? (The player whose fist is tapped on the syllable "wish" picks a number and then the tapping of fists continues the amount of that number.) Then ...

My mother told me to pick the very best one and you are not it.

# **MESSY CHURCH**

#### Holiday Hotdogs at Messy Church

On Wednesday 23<sup>rd</sup> July at Great Bromley Village Hall, we held our Messy Church session. Titled 'Holiday Hotdogs', we covered the story of 'Feeding the 5000' and talked about local food banks and all the good they did to help those who were hungry.

Barbara started the morning by making some bread to show how food can grow from very little. Around 46 children and their adults saw this and then listened to



our story. Next they went off to do lots of lovely activities. Between making

mobiles and plates of food, the children had sports to do outside with Angela and a treasure trail to follow. A magic toy was made and they had the chance to see who could score the highest in skittles.

Afterwards they all sat down again whilst Jenny had them singing and catching fish.

Barbara showed the miracle of the bread, how it had grown and everyone was able to have a piece, with some left over, just like in our story.

Finally the children lined up to fill the picnic bags they had decorated and at the end of the line they all had a tasty hotdog to eat outside.

It was a lovely morning with great helpers and happy children. We would like to say thank you to all those who came, all those who helped and thanks for the lovely sunny weather.

Between 3<sup>rd</sup> and 5<sup>th</sup> October, Ardleigh Church will be holding their Flower Festival. We will be having a Messy Church craft table inside the church. We will be celebrating 100 years of toys. We would love to see you there.

Finally, our next Messy Church will be on Saturday 18<sup>th</sup> October at Ardleigh Village Hall between 3pm and 5.30pm. More information soon.

Carol Cordwell



Hospice appeal for donations St Helena Hospice is appealing for

more donations to their retail shops to help increase vital funds for patient care in the local community, and help to achieve the  $\pounds 8.7$  million each year that is needed to run the Hospice.

Good quality donations can include a wide variety of goods, including clothes, shoes, bric-a-brac, books, records, toys, furniture, musical instruments, gardening items and home ware.

Small donations can be taken to any of their twelve shops including Colchester, Clacton, Dovercourt, Frinton, Dedham and

Halstead. Larger donations can be brought to their Donation Centre, which has ample parking and a convenient drop off point, and is situated at Angora Business Park, Peartree Road, Stanway, The Donation Centre is open Monday to Saturday, 9am to 5pm.

Staff are also keen to remind people who wish to make donations to the Hospice, to fill in a Gift Aid form when dropping off their goods, as this will increase the value of their donations.

For more information on St Helena Hospice's shops, go to the Shops page at www.sthelenahospice.org.uk/get-involved or call the retail team on 01206 791740.

# THE FRIENDS OF LITTLE BROMLEY CHURCH

Folk Day at Little Bromley was a musical fiesta to remember! The church looked beautiful, sparkling clean and decked with summer flowers, and despite a threatened hurricane all our musicians arrived eager to play and the church was packed with more than 60 local friends and visitors from further afield. Our lovely little church with its guiet rural setting and wildlife friendly churchyard was much admired. Members of the local folk club wielding banio, bagpipes and fiddle (amonast others) set our toes tapping with Irish tunes. and led us in some rousing choruses of favourite songs, setting the rafters ringing with Lord of the Dance and Sweet Molly Malone. We were treated to brilliant performances from two verv talented local singer-songwriters, Oliver Daldry and Alex Stockley who are starting to make their names known. In between, The River Band, O'Grady & O'Grady, and half a dozen others performed a wide variety of different styles of music. It was a lovely day and not only did the hurricane veer off somewhere else. but the sun couldn't resist coming out to celebrate with us.

Huge thanks to Jacqui and John Terry who battled valiantly against lively winds to get us all organized into sets, and taught us three folk dances, which we started to master just as we got to the end! The last one involved a mad dash to grab a new partner at the end of each cycle, which was hilarious. The weather was a good sport and held off almost to the end, before unloading a refreshing spatter of fat raindrops to cool us down after all that energetic tussock-hopping.

So many people helped make it such a lovely day. Thanks to all the musicians who played so dynamically, to Jim May for sorting out the sound equipment, Carole Cordwell who was tireless at the tea table, Jane Marshall who dished up countless delicious quiche lunches with a smile, and a special thanks to John, Jacqui and William Marshall who managed the washing up so efficiently and kept us in teacups all afternoon! Finally, thanks to all who cleaned, arranged flowers and cheerfully contributed such delicious refreshments.

It was a free event, but refreshments and donations raised a magnificent £325 for The Churches Conservation Trust which helps maintain Little Bromley Church so beautifully!

See you all next year!

Dorothy O'Grady

Who?

healthwotch Clacton-on-Sea, Essex CO15 1SE



#### HEALTHWATCH

#### Have your say

The '555' project is an exciting piece of work to make the voice of Essex mental health services users heard by the people who commission the service.

#### When?

Tuesday 26 August 2014, 6pm-8pm. Refreshments from 5pm.

#### Where?

Essex Hall - Princes Theatre, Town Hall,

This group will focus on people who have used primary care mental health services.

Primary care is the local healthcare that we receive from GPs, NHS walk-in centres and includes IAPT services.

#### Book your place today!

Please call Laura Dunn on 01245 392321 Email Lara Dunn at Idunn@ecdp.co.uk

www.ecdp.org.uk/555

# **CHURCH JOTTINGS**

To wear or not to wear a hat! This was the dilemma which came to me during the wee small hours!

My husband and I had been invited to St Paul's Cathedral to represent Tendring District Council for the Ordination and Consecration of the Rev Roger Morris to be the Bishop of Colchester I needn't have worried because most did not wear hats, only a few, (and, of course, Justin the Archbishop of Canterbury). It was a most memorable and very interesting day from the time we caught the 8.20am train from Manningtree to the return journey from Liverpool Street at 3.30pm

Fred and I had to be in our seats at St Paul's Cathedral (south aisle under the dome) by 10.45am. I had quite forgotten how magnificent and vast the Cathedral is. We all sat in a round, family, friends, Bishops, Clergy and invited guests.

As the great procession began, indicating the beginnings of the Eucharist Service, we instantly recognised Archdeacon Annette, the Dean and Bishop Stephen of Chelmsford Cathedral, Christopher, who is the retiring Bishop of Colchester, and Jenny Tomlinson who helped with our Trio Project.

"Praise to the Lord the Almighty the King of Creation", was sung as the Archbishop of Canterbury's procession left the West End of the Cathedral. There were three "Bishops Designate", David to be the Bishop of Grimsby, Peter to be the Bishop of Barking and Roger to be Bishop of Colchester. After their presentation the Ordinates were required to make their Declaration of Assent to the Archbishop of Canterbury.

The New Testament Reading was read by the Rev.Hosam Naoum, Dean of St. George's Cathedral in Jerusalem. Then followed the Gospel from St Matthew and the sermon given by the Rev. Canon Alison White Priest in Charge, Riding Mill, Newcastle-Upon-Tyne. moving. Firstly, the soon to become Bishops making their vows and promises to the Archbishop and then to the rest of the congregation turning finally to be encircled by the College of Bishops resplendent in bright red robes.

Each newly ordained Bishop was given a Bible before being anointed and given their episcopal ring. Roger's ring was a gift from his wife Sally and was designed by Diana Porter in her Bristol workshop, made of white gold and with a single amethyst. Roger's pectoral cross was a gift from the Diocese of Worcester and is based on a 7<sup>th</sup> Century Trumpington Cross.

All communicant members of Christian Churches were then invited to receive communion. We were instructed to sit and follow the directions of the Vergers and Wandsmen. I wondered how long it would take but, such was the very efficient organisation and directions, it seemed in no time at all, before the congregation of 700 had received the sacrament and were being led back to their seats. Fred and I felt we were extremely fortunate when we were led to the queue waiting to receive the communion from Archbishop Justin himself!

During the Sending Out Prayer the newly Ordained Bishops were presented with their pastoral staffs. Roger's staff was a gift from the Diocese of Worcester and is based on the traditional rural wrought iron shepherd's crook.

"Keep watch over the whole flock in which the Holy Spirit has appointed you shepherd. Encourage the faithful, restore the lost, build up the Body of Christ"

The Service and The Blessings over, the procession made its way to the West End; the organ music "Toccata from Symphony No. 5" by Widor was absolutely breathtaking, the whole experience had been awesome and I felt privileged to have been invited to attend this momentous/historic service. It is one of those days that I shall always remember.

Jenny Nicholls

The Liturgy of Ordination was particularly



# Church of England Services - September

Sunday 7th 8.00am 10.30am 6.30pm	<b>12th Sunday after Trinity</b> Eucharist Parish Eucharist Evensong	St. George the Martyr St. Mary the Virgin St. George the Martyr
Sunday 14th 8.00am 10.30am <i>12.30 for 1.0</i> 0 3.00pm	St George's Harvest Thanksgivin Eucharist Parish Eucharist Opm Harvest Lunch Service of Welcome for new Bisho Right Revd Roger Morris - St John NO Evensong at St. Mary the Virge	St. Mary the Virgin St. George the Martyr Gt Bromley Village Hall p of Colchester 's Church, Colchester
Sunday 21st 8.00am 10.30am	<b>St Matthew Apostle</b> Eucharist Parish Eucharist with Holy Baptism	St. George the Martyr St. Mary the Virgin
Sunday 28th 8.00am 10.30am	<b>15th Sunday after Trinity</b> Eucharist Sung Eucharist Parishes of The Bromleys, Ardleigl <i>The Revd Richard Allen will presid</i>	
Sunday 5th October 8.00am 10.30am 6.30pm	<b>16th Sunday after Trinity</b> <b>St Mary's Harvest Thanksgiving</b> Eucharist Harvest Eucharist <i>Ven Annette Cooper, Archedeacon of C</i> Songs of Praise	St. George the Martyr St. Mary the Virgin

Holy Communion every Friday at 11.30am at Seven Rivers, Hall Road, Great Bromley.

