

# THE BROMLEY MESSENGER

December 2014/January 2015 Volume 29 No 9



## Remembrance

All classes have been learning this term about WWI and the significance of the 100th centenary this year. As you call into school, please take time to look at the displays of children's work on this topic. The whole school, along with Little Dragons Pre-School, took part in an act of remembrance on Wednesday, 11th November.

On the 11th hour of the 11th day of the 11th month, we commemorated Remembrance Day. Our class made some poppies which children held during the two minute silence. There was one poppy for each soldier killed in battle from Great Bromley. The whole school stood in the playground facing the Church and the War Memorial to remember the soldiers that fought in the war, especially those soldiers that had died from Great Bromley. We will remember always.

*Haydn Wicks and Mia Daley*



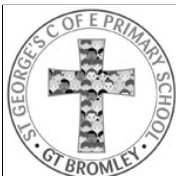
## Christmas Shoe Boxes

Our school is once again supporting this charity. We are very grateful to pupils and parents who have very kindly taken part in this scheme. We will let you know in the next article how many were collected as they are still arriving daily.

## PTA Christmas Fair

Friday 28 November 2014  
6 - 8 pm In the school hall.

Come and support this fun evening, there will be lots of stalls including: raffle, tombola, loom bands, arts and craft, human fruit machine and many, many more.



St. George's (C of E) School,  
Gt. Bromley

Head teacher: Julie O'Mara Telephone: 01206 230305



## THE FIRST PAGE

I have been up to London and been walking through snow!!  
Man

made snow, of course, blown over us as we entered the realm of Christmas at the Christmas Ideal Home Show in Earls Court. I met with my sister and we had a fun - tiring - day out in a world of decorations, trees, presents, lights, technology and pamper interspersed with some practical sections. The pamper section had rows of people having their teeth whitened (not a pretty sight!), demonstrations of coloured powder for hair, glitter lipstick and I would blush to tell you what I received in my freebie bag!

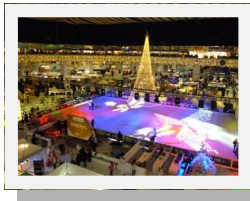
'Tis the season to be jolly but the weather is not. As I write it is raining yet again and the ground is very muddy, squelchy and saturated. The lanes are flooded but at least the potholes and cracks have finally been mended. The work on the A120 junction though has again been subjected to more delays and I do wonder if the Highways Agency will ever get their act together. That and re-erecting all

the signposts which have fallen over. To the uninitiated entering country lanes it is difficult enough to find your way around, with no signposts almost impossible.

However, bother the rain, ignore the cold, there are many things to do in the villages during the next two months. There are carols to be sung both in the pub and the churches, there are Christmas Bazaars and Fayres to attend, Quiz nights to test the brains plus, no doubt, many parties and lunches to go to as well as the village group meetings. A word of thanks on your behalf to all the many people who make all these events and meetings possible for us all. They work very hard on our behalf to think up different events for us to attend and enjoy with any profit they make going towards bettering our villages. Do please support them as well as enjoying yourselves.

Wishing you all the very best for the holidays and a happy, healthy 2015.

*Leonie Henderson*



# A Merry Christmas & Happy New Year to you All

**MATERIAL** for the **FEBRUARY** edition of 'The Bromley Messenger' should reach the Editor, Leonie Henderson, by **14th JANUARY 2015** please.

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# Come and Sing



Village Carol Service  
St George's church  
Great Bromley



**Sunday 21st December**  
**6.30pm**

Mulled wine and mince pies



St George's church is open every day for all  
the village and wishes everyone a very, very  
happy Christmas

***PLEASE SUPPORT OUR SPONSORS & ADVERTISERS***

Show and tell, Do and enjoy, this was how the November meeting was to be for the members this month. In October Joy and June had produced a Christmas Wreath and a Christmas Table centre arrangement with the information that this was what we would like the members to have a go at in November.

On the evening our loyal members came with bags of goodies to use, also buckets with plenty of foliage. The tables had been arranged in a horse shoe shape and Joy and June were on hand to demonstrate and also to guide and support the members through the evening.

What fun we had, and, despite the members being very apprehensive about the task in hand, they snipped away at foliage, placed it in the wreath supplied, with plenty of chatter, laughter and jokes the evening began to pass and the wreaths and table centres began to grow and take shape. As the foliage began to fill the space

the members were shown how to wire slices of apple, orange, lemon, fir cones and cinnamon sticks to add to their finished creations. Bows of ribbon were used as well for the more adventurous amongst the group.

It was a job to get members to take a break with tea, coffee and home made cake, but this they did before going back to complete their work.

It was wonderful to see the finished article and all the hard work that went into their creations, we were very pleased to welcome some very much younger friends on the evening who were lured by the interesting task in hand. Who knows perhaps they will join us permanently in the future, we hope so. Despite earlier misgivings everyone produced a Christmas wreath or table centre they could be proud of. Just think what you missed by not being there.

*Joy Rolfe*

## **W.I. Coffee Morning**

October 18<sup>th</sup> 10am to 12 noon.

Such hilarity! "Who could pin the Victoria Cross on the soldier?" Suitably wearing a blindfold applied by Sue Orriss, visitors to the coffee morning attempted this game of fun – who would be the closest? Susan Scott! – well done Susan.

There was so much to see and do at this fun filled happy coffee morning at the Village Hall. The warm and friendly atmosphere encouraged people to enjoy themselves whilst raising money for a very, very worthy cause. Help the Heroes was represented by Sue Morgan the county co-ordinator of this charity. She brought masses of sales goods, for Christmas and other occasions. Christmas Cards, Hoodies, aprons, bags, wrist bands doggie collars and much much more, their total sales amassed a staggering

£382.65p. The W.I raised £166, making a grand total of £548.65p Wow! Well done everyone and Thank You to all who came and supported us.

For our next venture we are working with the Village Hall, supporting their funds and our own – come and support us on the 6<sup>th</sup> December and join in the fun!!

We have two Christmas meals this year, 26<sup>th</sup> November at the Court House and 3<sup>rd</sup> December at the Horsley Cross Inn. Friends are welcome to join us, phone Mary Hart on 230419.

Wishing you all a Very Happy Christmas – our first meeting of 2015 is January 7<sup>th</sup> at 7.30pm. Our speaker Richard Dean is going to demonstrate renovation and decoration in second hand furniture. All are welcome to come along. We meet at the Village Hall.

## FRIENDSHIP CLUB

Our October meeting went off very well. We had tables covered with memorabilia, supplied by members, of World Wars I and II. We were able to examine these reminders of life during these times and hear stories of their history.

During the afternoon Barbara entertained us with poems and ditties and Brenda sang a selection of songs, accompanying herself on her guitar.

Earlier in the month members were kindly invited to attend St. George's school for the annual Harvest Songs which was once again excellently presented. After refreshments served by the children, we each came away with a beautiful Harvest box full of produce. Thank you all so much for your kind hospitality.

In December we shall be having our Christmas Tea Party on Club day and members are asked to bring along a plate of nibbles. Clacton Footlights will be entertaining us, and we look forward to a festive afternoon.

On 3rd December the Christmas lunch will be at 12.30am. in the Village Hall. Please remember to bring your own glasses and drinks.



Our AGM in January will be on Club day, and subs will be due then. Once again, if anyone feels they may like to join us for our monthly social afternoons, please do come along and give us a try, you will be most welcome. A Happy Christmas and healthy New Year to all.

*Sylvia Ward*

A Christmas Service  
for all the Family  
Nativity wear optional

Please join us for our ...

### Christmas Eve Crib Service

on Wednesday 24th December  
St Mary's Church Ardleigh at 4.00pm  
or St George's Church  
Great Bromley at 5.30pm

## LITTLE BROMLEY AMENITIES COMMITTEE

**A big thank you** to everyone who



turned up for the **Autumn Litter Pick** on 25 October. It was an excellent turnout and we managed to collect 24 black bags of rubbish and various other items.

Saturday 8 November was our **Bulb Planting day**. Again, thank you to all the volunteers who turned up with their spades, etc. We planted over 500 bulbs around the village.

Thank you to Dawn who provided all helpers on both days with refreshments afterward.

*Christine Barrett*

### Little Bromley Amenities Group Children's Halloween Party

On Friday 31st October the doors were opened in the Haywain venue to 16 children all dressed up as witches, vampires, skeletons, etc. It was so hard to pick the winner of the fancy dress as everyone had made such a big effort, but we finally chose one of the many witches. Fun and games commenced at 6pm till 8pm. Thank you to all the helpers who supplied the food and helped with organising the games.

*Christine, Amenities Secretary*





# Little Dragons Pre-School - Great Bromley & Frating

Church Meadow Bungalow, Hall Road, Great Bromley CO7 7TR  
Ofsted Inspected

Website: [www.littledragonspreschool.org](http://www.littledragonspreschool.org)  
Email: [littledragonspreschool@gmail.com](mailto:littledragonspreschool@gmail.com)

OFSTED INSPECTED  
OUTSTANDING

**BREAKFAST AND AFTER SCHOOL CLUBS- PLACES AVAILABLE** Tel: 07857 503103

Both the breakfast and after school clubs are doing well and growing in numbers - there are still places available. If you require further information please call the number above or pop in to see us.

Last month the children made some lovely firework pictures, lots of glue and glitter! We explored words that described the sounds that fireworks make and also made a 'guy' from cardboard boxes.

On Tuesday 11<sup>th</sup> November St George's school kindly invited us to join them for two minutes' silence; afterwards we laid our

own poppy wreath at the memorial. The wreath was made up of paper poppies that each child had coloured in. As we

walked back to pre-school we visited the church to see their display.

We have also been continuing to observe the changing season and have been talking about hibernation – the children have helped to build a hedgehog house and put food and water out in the hope we might attract one to overwinter in our garden.

We are now looking forward to another busy month – December is always a special time at pre-school, it doesn't seem possible this will be our second Christmas in our new premises. In addition to the Christmas decorations, cards, calendars

etc. to be made we will be having a Christmas sing-a-long at 'Leonard Cheshire Disability' on the last day of term. The children have been working hard and practising the songs that we will perform to the residents and afterwards we will finish with our Christmas party which will include a visit from Santa. So lots to look forward to.



Finally we would like to take this opportunity to thank all our parents and friends for their continued help and support over the year and to wish everyone a Merry Christmas and Happy New Year.

### **Party Table and Chair Hire**

#### **Having a party for Pre-School children?**

*We can offer 4 perfectly sized tables & 20 chairs.*

*Deposit only £10 Tables only £5.00 each*

*Chairs Only £1.00 each*

*Collection Only - Contact us: Tel: 07857*

*503103 Email:*

*[littledragonspreschool@gmail.com](mailto:littledragonspreschool@gmail.com)*

We take children from the age of two years and offer a 'home visit' to families of children prior to them starting Pre-school. This gives the child the opportunity to meet their key-person in their own home, aiding the transition stage to pre-school. It also enables us to collect and share information in a confidential environment.

For further information or to arrange a visit to the setting please contact us on the above number.

Dates for Diary:

Friday 5<sup>th</sup> December AGM

Last day of term & Christmas Concert

Thursday 18<sup>th</sup> December



## LITTLE BROMLEY PARISH COUNCIL

[littlebromleypc@gmail.com](mailto:littlebromleypc@gmail.com)

Although the Police will no longer be attending individual Parish Council meetings, information relating to our neighbourhood can be found on Essex Police website. There are three reported scams in the Tendring area relating to members of the public receiving telephone calls at their home addresses from a company (name unknown) stating they are advising the customer they are due a refund on their council tax bills. If bank details can be obtained, funds will be removed from customers account. A second scam relates to a phone call from a foreign sounding male stating there is a problem/virus on their computers. They are instructed to log on and go through a set of instructions which will sort the issue. If the instructions are carried out your personal details from the computer may be obtained. Thirdly, individuals posing as Police or bank staff, contacting victims by phone and then sending round a bogus courier to collect cash or cheques. Please do be vigilant over this festive period. The next Local Community meetings with the police to discuss any concerns you may have are on 2<sup>nd</sup> December and 27<sup>th</sup> January 2015, Manningtree High School, 6-7pm.

Unfortunately, there seems to be a spate of criminal damage in the village with a number of road signs being mowed down, fly tipping and dumping of rubbish. This will not be tolerated and the Council is working closely with the Police and other agencies. If anyone has information leading to the identification of the perpetrators, please do contact me or the Police directly.

The Royal Association for Deaf people have advised that funding has been secured to provide health talks for the deaf community in North East Essex. Five talks will be delivered in Colchester and Tendring area. For further information contact [Natalie.Creevy@royaldeaf.org.uk](mailto:Natalie.Creevy@royaldeaf.org.uk) or [www.royaldeaf.org.uk](http://www.royaldeaf.org.uk).

The remembrance service on 9th November was a delightful event - attracting 45 people - and a fitting tribute to those who had lost their lives. Thanks to Roly Knott and Gregory Frostick for organising it; Hugh Frostick for putting out the picture boards and all the people who assisted with refreshments in the Church afterwards. Thanks also to Canon Gillian Greenslade for taking the service at the memorial and to David Morley, for playing the bugle so beautifully. It was a great success and we hope to repeat it next year .

Just a reminder that you are invited to join us for December's Parish Council meeting on the 18<sup>th</sup> where there will be a presentation on recycling from TDC as well as updates on mains drainage and the VAS sign, followed by mulled wine and mince pies. January's Parish Council meeting is on Thursday 22<sup>nd</sup>.

Finally - the Parish Councillors and I wish you all a Merry Christmas and a very happy and prosperous New Year.

*Karen Tarling, Clerk*

## GREAT BROMLEY PARISH COUNCIL

[www.gbpc.org.uk](http://www.gbpc.org.uk)

Readers will recall my previous letter to the police regarding an apparent reduction in rural policing in Great Bromley. I have now received a reply from Sergeant Gale, the neighbourhood policing Sergeant for

Harwich and Tendring Rural. Readers will note immediately the significant area he is required to cover! His response to my letter is too long to print, but can be summarised as follows. A rise in so-called "non-crime"

demand and anti-social behaviour matters has meant that the PCSO cannot provide the assistance to the village he did previously. However, in response to speeding concerns he will be spending time in ours' and neighbouring villages conducting speed checks. I would be interested in hearing from anybody who sees him. Regarding the crime figures, I am now due to receive a weekly bulletin containing the weekly crime figures however I am aware from others who receive this that the information provided is very basic. I have responded to this by asking Sergeant Gale why Ardleigh are still receiving their monthly crime figures but our village are not, I await his reply. In the meantime, the police surgery dates have been varied and have been added to the website. Sergeant Gale has promised that in future a venue more accessible for villagers will be considered. I will continue to liaise with PC Dan Heard periodically to check trends in the village. Crimes in Gt. Bromley and the surrounding villages still remains comparably low, however the last few weeks has seen a continuation in catalytic converter thefts and heating oil thefts, the latter over the whole of North Essex. Any particular crimes or trends of note will be placed on the website and via twitter.

Readers may have noted the vandalism which has been directed at a number of signs in the village and beyond. This will be formally reported at County level however it is understood that Highways are aware of the problem and will be rectifying it in the future.

Many planning applications were considered in November, appearing elsewhere in the Messenger. Members of the public attended regards application reference 14/01510/FUL which applied for a change of business use from class B1 to B2. Following some discussion the Parish Council resolved to object to this application and it was noted that a number of alleged breaches had occurred here and that enforcement at TDC had been

contacted as a result. At District level the planning application has also been "called in" meaning that it will be determined by a planning committee rather than by an individual planning officer.

I hope that by now you have all seen the Autumn flower tubs in the village, particularly at the war memorial, which really do look good. As usual the Parish Council arranged for their poppy wreath to be laid at the Remembrance Service which was attended by some of the Parish Councillors.

There are two events coming up at the Village Hall, a Quiz on January 10th and a Murder Mystery on March 21st. Further information on these events will be printed in the Messenger.

A new noticeboard has been erected at the Balls' Green end of the village which also has solar lighting to aid visibility during dark periods. It is hoped that in future another deteriorating noticeboard, at the Ardleigh end of the village can also be replaced. On the subject of noticeboards, is there any information lacking that you would wish to see? At the moment, the agendas and minutes of the meetings are placed there, along with a list of Parish and Tendring Councillors, event information, and road closures information. Is there anything else you would like to see there? If so, please do get in touch.

The Messenger will be taking a break in January, so in the meantime, on behalf of the Parish Council, I wish you a very Merry Christmas and a prosperous New Year.

Please do keep an eye on the web site for any severe weather warnings issued over these cold winter months.

*Laura Austin*  
*Clerk to Great Bromley Parish Council*



# PLANNING

## Decisions

APP REF	LOCATION	PROPOSAL
14/01364/TELLIC - deemed consent	Telephone Mast Site 1577 Strutts Farm, Parsons Hill, Great Bromley	Alteration to existing O2 installation at everything everywhere
14/01315/TPO - APPROVAL, FULL	Land adjacent to Mary Lane North & Parsons Hill, Great Bromley	T17 - Pollard to approx 50% to remove dead branches. T1-29 crown lift to 6.2m to allow combine harvester access to edge of field
14/01322/NMA - approval, non-material amendment	Land at Colchester Road, Great Bromley	Non material amendment to planning application 14/00036/FUL - Removal of rear inset balcony and reducing overall length of central rear projection. Removing window to east/west elevations changing rear central g.f. window to doors. Re-arrangement of internal first floor partitions/ rooms
14/01257/OUT - refusal	Land to West of Back Lane East, Back Lane East, Great Bromley	Outline application with all matters reserved for residential development of 0.14 hectares of land comprising 3 dwellings with associated garaging, parking & ancillary works.
14/01239/FUL - approval, full	Selborne Court, Parsons Hill, Great Bromley	Alterations to existing window and door openings
14/01188/FUL - approval, full	Lilleys Farm, Carringtons Road, Great Bromley	Replacement dwelling with associated garage/carport building. Amended design and siting of planning permission number 11/00870/FUL
14/01197/DISCON - approval	Land adj Cross (P.H.) Colchester Road	Discharge of conditions 03 (materials), 06 (construction method statement), 11 (hard & soft landscaping), 13 (screen walls & fencing) & 14 (existing & proposed levels) of planning permission 14/00270/FUL
14/01151/FUL - approval	Furze End, Furze Lane, Great Bromley	Proposed two storey side extension
14/01095/FUL - approval	Bosco House, Harwich Road, Great Bromley	Proposed extension to existing Class B1 building. Proposed change of use from agricultural to Class B1 and extensions to existing building
14/01408/OHL - to be determined by another authority	Land South of Frating Road, Ardleigh	The development of a solar farm necessitates connection onto existing overhead power line. It is necessary to install a new H-Pole structure to make the connection from underground cables laid from the development

<b>Applications</b>		
<b>APP REF</b>	<b>LOCATION</b>	<b>PROPOSAL</b>
14/0150/FUL	Unit 5 Hazelwood Estate, Great Bromley	Continued use as a vehicle breakdown and recovery company
14/01531/FUL	Parkland, Frating Road, Great Bromley	Proposed external brick chimney and rear dormer doors to bedroom
14/01560/FUL	Hamilton Lodge, Parsons Hill, Great Bromley	Proposed 8 new supported living apartments
14/01581/FUL	Land East of Hall Road, Great Bromley	Variation of approved plans condition 02 of planning permission 13/01452/FUL to permit changes to the design of the approved dwelling
14/01636/FUL	Land adjacent Morants Lodge, Colchester Road, Great Bromley	Two detached houses
14/01543/DISCON	Land at Colchester Road, Great Bromley	Discharge of conditions 03 (materials), 04 (drainage details), 05 (construction Method Statement), 11 (landscaping), 13 (screen walls and fences, 14 (site levels) and 15 (scheme of mitigation measures) of planning permission 14/00036/FUL
14/01651/DISCON	Land adj. The Cross Inn, Colchester Road, Great Bromley	Discharge of Conditions 03 (materials, 06 (Construction), 08 (Construction Method Statement), 10 (Hard & Soft Landscaping), 12 (Screen walls and Fences) and 13 (Levels of the site) of planning permission 14/00973/FUL

## **PRESSURE KEPT UP OVER SAFETY MEASURES FOR A120**

Communities in Tendring are keeping up the pressure for significant improvements to safety on the A120.

Tendring District Councillors joined up with representatives of a number of Parish Councils to meet with Harwich and North Essex MP Bernard Jenkin. They asked him to push for information from the Minister on the issue - and ask for proposed temporary speed cameras to be made permanent. The group of councillors were concerned about the lack of delivery of the speed cameras to date. They were assured that the cameras were to be put in

during the summer but have yet to appear.

Carlo Guglielmi, a TDC Cabinet Member and an Essex County Councillor for Tendring Rural West, said that it accepted that the Highways Authority had a change of contractor at the beginning of the year which affected the situation and that it meant they were not in a position to fulfil their obligations at that time but were still left waiting in November.

There have been six deaths on that stretch of road in the last five years.

Cllr Guglielmi attended the meeting with Mr

Jenkin along with Tendring and Parish Councillors Fred Nicholls and Rosemary Heaney (both Thorrington, Frating, Elmstead and Great Bromley and Neil Stock (Ardleigh and Little Bromley). They were joined by Brian Evans, Chairman of Little Bentley PC; Alan Thomas, Chairman of Great Bromley PC and Nigel Dyson, also of Little Bentley PC.

The main areas of concern are the A120's junctions with Harwich Road, Little Bromley Road and Little Bentley Road. Cllr Guglielmi added that there has been talk about a roundabout being installed at Hare Green but it is felt that the case for Pellens Corner is greater. "The main thing we do not want is the closure of any of the junctions onto the A120 which would force

people to take a much longer route. So far the only thing that has happened is that the power has been laid on for the speed cameras but this was just to keep the traffic order live. It is simply not enough and we are asking for some urgent answers."

After the meeting Mr Jenkin said that he will be taking the lack of action up as a matter of urgency. "I have brought this matter to the Minister's attention again and made clear these delays are unacceptable. I have been assured the safety measures previously agreed upon are being implemented as soon as possible. This needs to be done urgently and I will keep at the Minister and Highways Agency until both short and long term measures are in place."

## Latest update on the speed cameras

The Highways Agency have again failed to deliver their promised timetable, there have been further delays, they have not given any explanation. They will not now be

operational until mid-January.

All councillors involved have been pushing for a swift completion but the Highways Agency seems to be a rule until themselves.

*Fred Nicholls*

## KITCHEN CORNER

### Chestnut Patties

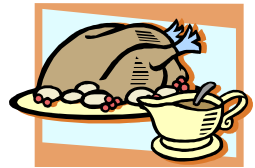
These are good with Turkey and good cold too.

- 450g good herby sausage meat
- 175g fresh white breadcrumbs
- 1 onion finely chopped
- 2 sticks celery finely chopped
- 240g chopped chestnuts
- 1 egg beaten
- 3 Tblsp chopped parsley
- Seasoning.
- 12 rashers streaky bacon.

Combine meat and breadcrumbs. In a pan heat 2 Tblsp oil and gently fry onion and celery. Add to the meat along with beaten egg and chestnuts, parsley and seasoning. Mix and divide into 12, shaping each

portion into a patty. Place a bay leaf on each one and wrap in streaky bacon. Roast 30mins in oven 180C until crisp.

*Jill Frostick*



## Christmas Carols at the Haywain

Wednesday 17th December  
at 8.30pm

Everyone is welcome to join in the Christmas Carol Singing which will be running in conjunction with the **Open Mike Night**

The singing will commence at 8.30pm. There will be a free buffet for all singers





## VILLAGE HALL TRUSTEES

As you are reading this and it is not too late, there are just a

few days until the Christmas Fayre at the Village Hall on December 6th starting at 11am. The raffle is different with £100 first prize, loads of the favourite stalls with some new and fun ones too.

I have been on the Committee for more than five years but I did not know that we held Ballroom Dancing for instance in the Village Hall. My wife thought that I was keeping quiet so that we did not have to go! Much more likely that I am chicken.

The Mind, Body and Spirit with Craft Fayre happened on Saturday 25th of October from 11am to 3pm. We had over 35 stalls booked and had quite a day with lots of happy visitors and stall holders. Hopefully this will be a repeat event. The whole event was a great success with good monies being raised for Hall funds. Thank you to Mary, Kate, Jackie and all their helpers, well done.

In the New Year there will be another Quiz Night on January 10th. And for something completely different, Willow Weaving on Saturday 28<sup>th</sup> February, a course making garden structures such as obelisks with Jo Hammond, a local tutor. Cost is £50 for 10.30-4pm including all materials, lunch and free tea and coffee. Limited to 12 places. 5 already booked, so if you or your partner want to join in let us know quickly

The Murder Mystery Night. is an event that has been talked about for months is now booked for March 21st 2015. The £25.00 ticket per person includes a three course meal. Limited numbers, with several tickets already booked. Have you booked yours yet?

As you can see there are many different things going on locally in the Village Hall where car parking is free, distances less and prices low.

We have received no more information about the theft of 50 plastic chairs from the hall in August (anyone with any information on this should contact a committee member or the police)

Another idea that has been talked about for some time is the Village Hall Facebook page, it's up but at a very early stage. We will post photos of events at the Hall, reviews from customers who have hired the Hall and notices of forthcoming events. Please find the page and 'Like Us'

Thinking about holding a special event? Thought of hiring the Village Hall? Our prices are very competitive with a Village resident being able to hire the main hall for as little as £14.00 per hour.

The full prices per hour are:- Village users, Main Hall £14, Millennium Hall £8, Committee Room £6, Small Hall £5, Kitchen (in isolation, non commercial) £5, Main and Millennium Hall £20  
Non Village resident Main Hall £16.50, Millennium Hall £9.50, Committee Room £7, Small Hall £6, Kitchen (in isolation, non commercial) £6, Main and Millennium Hall £23.

Over the last few years it has been upgraded to one of the better halls in the area with the exterior painting, new kitchen, new toilets, interior painting, floors sealed, new cleaning regime, new heating controls and a large de-clutter. Details of the Hall are on the web site or if you have not been down to the Hall recently why not take a look and see if we can help you? Mary Fawcett is in charge of our booking and her details are on the inside face of The Bromley Messenger.

That's all for now, as always thank you for your support. Let's all make the most of Great Bromley Village Hall. Let's use it, not lose it!

*David Beech*

# 2014/15 EVENTS

## DECEMBER

- 3 WI Christmas lunch  
Friendship Club Christmas lunch  
6 Christmas Fayre, Village Hall  
Christmas Quiz Night, The Haywain, 7.30pm  
7 Messy Christingle, Village Hall, 3.00pm  
10 Gt Bromley Parish Council meeting, Village Hall, 7.30pm  
13 Christmas Bazaar, Seven Rivers Cheshire Home, 2.00pm  
17 Christmas Carols at The Haywain, from 8.30pm  
18 Friendship Club meeting, 2.30pm  
Lt Bromley Parish Council meeting, the Haywain, 7.30pm  
20 Lt Bromley Amenities Group Christmas Meal, The Haywain, 7.30pm



## 2015

### JANUARY

- 7 WI meeting, Village Hall, 7.30pm  
10 Quiz Night, Village Hall, Village Hall, 8.00pm  
15 WEA The Anatomy of the Orchestra, Ardeigh Village Hall, 2.30pm  
14 Gt Bromley Parish Council meeting, Village Hall, 7.30pm  
22 Lt Bromley Parish Council meeting, the Haywain, 7.30pm

### FEBRUARY

- 14 Valentine's Dinner Dance, Venture Centre, 7.00pm  
28 Willow Weaving course, Village Hall, 10.00am

### MARCH

- 19 Lt Bromley Parish Council meeting, the Haywain, 7.30pm  
21 Murder Mystery Night, Village Hall, 7.30pm

**XMAS QUIZ  
NIGHT**  
? NIGHT ?  
@ THE HAYWAIN  
LITTLE BROMLEY  
on Saturday ?  
6th Dec ?  
7.30 pm start  
? TEAMS OF 4 ?

**£5pp inc Buffet**  
**Tel 390004 to book table**

Proceeds to LB Amenities Fund  
*Little Bromley Amenities Group*

*Cheshire Home  
Hall Road, Great Bromley*

## CHRISTMAS BAZAAR

Saturday 13th December  
2pm to 4.30pm

Christmas Goodies for  
all including:

Books and Toys  
Chritmas Gifts  
Refreshments  
Grand Raffle  
CAKE!  
Christmas Cards  
and more besides - do  
come!



## Alternative quiz

in aid of Village Hall funds  
10<sup>th</sup> Jan 2015 at 8pm  
in the Village Hall

Teams of up to 8 £4/head  
Bring your own drinks and nibbles

Come along for a fun cheap evening and  
banish the post Christmas blues!!!

Contact Kate Strowbridge on  
07592735600 to book a table

## Christmas Fayre

6th December

Great Bromley Village Hall  
11.00am

Raffle \* Christmas  
decorations Face painting \*  
plants \* books

A visit from Santa



All proceeds to the Children's Society  
Donations of £1 per child  
(Accompanying adults free)

## Messy Christingle!

Come and have some family time and  
some messy Fun followed by a light tea on  
Sunday 7th December  
3.00-5.30pm

at Great Bromley Village Hall  
All Welcome!

For more information please contact:  
Carol Cordwell 01206 395103  
United Benefice of Ardeleigh & The Bromleys

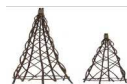
28<sup>th</sup> February

## Willow weaving course

at Great Bromley Village Hall  
10.00am-4.00pm.

One day course with well known local  
tutor, Jo Hammond, making structures for  
the garden. Cost £50pp includes all  
materials and sandwich lunch. Just bring  
yourself and some  
secateurs. £10 deposit  
secures place. Places limited  
to 12, and several taken  
already, so if interested, don't delay!

Please contact Kate  
Strowbridge 07592735600



*The Friends of St. Mary's Church, Little  
Bromley*

Would like to invite you to join us for our

## Carol Service

on Saturday 20<sup>th</sup> December at 2.30pm  
Refreshments afterwards  
Everyone welcome

## WEA Ardeleigh Branch

Ardeleigh Village Hall, Station Road  
Ardeleigh, CO7 7RD

## THE ANATOMY OF THE ORCHESTRA

Tutor Chris Green

Course Commences  
Thursday, 15th January 2015  
at 2.30 p.m.

Duration 10 weeks      Fee £48  
1 and a half hour sessions

The course takes an inside look at how a  
Symphony Orchestra works. We have had  
Chris Green before for our courses and he  
is an interesting and very lively Tutor. He  
conducts the Trianon Music Group's  
orchestra based in Ipswich and therefore  
has an extensive knowledge of the subject  
of the course.

Please do come along to our first meeting  
and see if it is the course for you. If you  
decide that you want to continue, payment  
of the course fee must be made on the  
second week of attendance.

We normally have a tea break about half  
way through the afternoon for about 15  
minutes which means the end of course  
each week is around 4.15 p.m.

We do need your support to be able to  
continue running the WEA courses at  
Ardeleigh which have been running for  
many, many years.

If you would like more information please  
contact either

Jill Frostick on 01206 250 263  
or John Terry on 01206 230 490

## ST HELENA HOSPICE STALL (BRIAR ROAD)

What a fantastic year it has been at the Hospice Stall, lots of everything to help raise this year's total of £11,571.45. Thank you Bob and William for the weekly supply of fresh fruit, vegetables and mushrooms and to Robert and Peggy for all the apples and pears you gave to the stall during last winter. Our thanks also to the people who allow us on to their property to pick fruit for the stall.

A big thank you also goes to the individual people who brought along small quantities of produce etc. It has all helped to raise this year's magnificent total and create interest.

During the time the stall has been operating it has become a sort of village 'open air' meeting place with, on occasions, plenty of

'jovial banter' minus the table, chairs, tea, coffee and cakes. But, with some re-organisation who knows what the future holds. Maybe even strawberry teas during the summer (parking may cause a problem).

Finally, and most importantly, a big thank you to all of you who come along and purchase from the stall, as without **your** support the Hospice Stall wouldn't work. Thank you.

We wish you all a Merry Christmas and a Happy New Year.

*Jenny and John*

## YOGA

**You don't have to be flexible to do yoga. You just have to be able to breathe.**

It's true, yoga does involve stretching and strengthening the body. Postures focus on improving the function of specific muscles and joints and when these perform better, our general health and well being improves. For example, practicing postures that gently promote flexibility in the hip joints can alleviate bad backs and sciatic pain.

Opening up the chest and shoulders can help with breathing problems and depression.

But just as important as the postures, and perhaps even more so, is the breath. The word yoga means 'union' and in yoga, we unite with the breath by paying close attention to it. Yoga breathing techniques condition the body to breathe more fully and more deeply. Much of our energy and vitality comes into our bodies via our breath so the more efficiently we breathe, the better we feel.

Focussing on the breath and on sensation in the body as it moves, stretches and opens, quietens and calms the mind. And whatever is going on for us in our everyday life, tends to drop away. We 'unite' with the present moment on the yoga mat, forgetting about the past and about the imagined future, and there, within the breath and within the body, we feel more at ease in ourselves.

So, it doesn't matter if you can touch your toes or not. Or if you have a stiff neck or a gammy knee. Postures can always be modified to suit you. As long as you can breathe in and breathe out, you can enjoy the many benefits of yoga.

Andy Butterfield is a shiatsu massage therapist and yoga teacher and his Great Bromley class is on Wednesdays, 10am to 11.30am at the Village Hall. Contact him on [07968 846610](tel:07968846610) for more information or to find out about his other classes in the wider Tendring area.

# THE DOCTORS' SURGERY NEWS

## Great Bentley Surgery

Here we are again with Christmas creeping up on us very quickly! We were very lucky this year having a very pleasant (and long!) summer and an unseasonably mild autumn too, but winter is once again upon us.

Despite the usual tabloid news stories warning us of long bouts of extreme icy weather (as we see every year) I'm hoping and expecting these stories to have absolutely no substance whatsoever. Bad winter weather can affect NHS services extremely badly and it's a critical time of the year, particularly for hospitals. All parts of the NHS need patients to be sensible and use its services appropriately and this is never more important than during the winter months. Here is a brief guide to local services and how you can help:

**A&E** – Please remember that A&E is for **emergencies only**. I have heard stories of people turning up with sore fingers, infected ear piercings and even to have a cold treated! Before going to A&E please consider if another service might be better.

**Minor Injuries Unit in Clacton** – This service is to help with minor accidents, like wounds, sprains, strains, minor dislocations, suspected fractures, removal of foreign bodies, burns, scalds, bites and stings. This is not exhaustive but gives you an idea of what NOT to attend A&E for.

**Colchester Walk in Centre** – This service can be used for the same things as the minor injuries unit in Clacton (and now have x-ray facilities over the winter), but also minor ailments such as rashes & minor skin infections, ear & throat infections and coughs and colds. You should only use this service for minor ailments if Great Bentley Surgery is closed.

**NHS 111** – This new service can be used 24 hours a day, 365 days a year and can provide telephone advice out of hours when

we are not available. They can also advise you of the best place to go if you do need to see someone face to face.

**Community Pharmacies** – Most people are not aware, but your local pharmacy can provide a wide range of help and advice. They offer advice on common problems such as coughs, colds, aches and pains, as well as healthy eating and stopping smoking. They can also help you decide whether you really need to see a doctor.

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### “The Friends & Family Test”

The Friends and Family Test (FFT) is a new NHS feedback tool that supports the principle that patients should have the opportunity to provide feedback on their experience. All GP surgeries will be starting this from 1<sup>st</sup> December including us here at Great Bentley Surgery. It will ask patients if they would recommend the services they have used and offers the opportunity to explain why they feel that way in a follow up question.

The aim is that this will provide a way to highlight both good and poor patient experience and this feedback will be published for all to see. We will try to make this as accessible as possible so that all of our patients can participate. We welcome your feedback as always, but hopefully this will make it much easier for you all.

*Richard P Miller – Practice Manager*

## Ardleigh Surgery

### Friends and Family Test

The Department of Health is contractually requiring general practices to implement the NHS Friends and Family Test starting on the 1 December. It has been used in the hospital service since April 2013 as a way of gathering the feedback of patients, so health care providers can continually review their service.



It is based on one simple question: "How likely are you to recommend our GP practice to friends and family if they needed similar care or treatment?" with a follow up question such as 'If you would not recommend this surgery why not?'

Your feedback will help us learn more about what you think of your experience – in particular, what you think we could improve. It replaces the more detailed local surveys that we use to undertake as those questions are now covered by the national general practice patient surveys. The feedback might also raise issues that we can discuss with our 'virtual' Patient Reference Group

Survey forms will be available in the surgery and on the practice website.

### **Access to the general practice records**

The Department of Health is contractually requiring general practices to extend our on-line access to not only provide repeat dispensing and appointment booking but also to allow patients to access the medical record held on their general practice computer system. At a minimum patients will be given access to the information that is held in their Summary Care Record (SCR) which covers medication, bad reactions to medication and allergies. The SCR is available to be accessed with the patient's consent by other health care providers such Accident and Emergency Providers, 111 and the Out of Hours Service. The small number of patients that have opted out of having their SCR

uploaded to the national data spine can still access this information held on their general practice computer.

Patients already registered for on-line services will, therefore, from the beginning of December be able to view their SCR record in the same screen as they order their repeat prescriptions or book appointments. Patients not currently registered for on-line services can do so at any time by attending the surgery with a photo ID to obtain their login details.

### **Ardleigh Surgery practice website**

At the time of writing this article the practice website was unavailable due to technical problems involving the hosting company, When this does occur, which fortunately is not very often, patients can still access their on-services webpage by going directly to [www.patient.co.uk](http://www.patient.co.uk) and clicking on the 'Patient Access' button. It now working although there are some formatting issues.

### **Pathology collections and results**

Owing to the timing of hospital courier collections, patients are advised that they should deliver pathology specimens to the surgery by 12.30 pm. They should also telephone the surgery after 2 pm to obtain blood and other pathology results. This will give GPs time to view and file the results that are received everyday down a computer link from the hospital into our practice clinical system.

*Fred Merrin, Practice Manager*

## **Valentines Dinner Dance**

Saturday 14<sup>th</sup> February

at The Venture Centre 2000, Lawford

7 for 7.30 Sit Down

Bar

Raffle for **Breast Cancer**

Dancing to Smokin Jackets

3 Course meal with Coffee

Tables of 8

**£36.00 per head**

To Book Call Linda - Sweet Success

01206 230126



## **Murder Mystery evening**

run by "Murder most Foul"

21<sup>st</sup> March 2015 at 7.30pm

Great Bromley Village Hall

Three course dinner with coffee

Bar

£25pp tickets available from January

Please contact Kate Strowbridge

07592735600



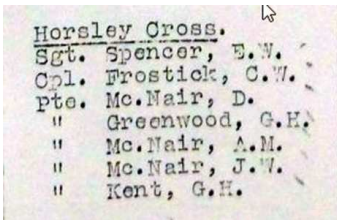
## CHURCHILL'S SECRET ARMY

During the Second World War some highly secret patrols called GHQ Auxiliary Units (AU) were trained to resist an

occupation by Nazi Germany in strategic locations around Britain. The units are now sometimes referred to as the British Resistance, and colloquially as Churchill's Secret Army. Their badge is shown left.

Winston Churchill initiated the units in early summer 1940, appointing Colonel Colin Gubbins to found them. The Auxiliary Units were organised as if part of the local Home Guard but behaved very differently. Their HQ was at 7 Whitehall Place whilst the practical training, in matters such as unarmed combat, sabotage, concealment and going to ground, was carried out at Coleshill House in the isolated village of Coleshill near Swindon.

The details of the Units are sketchy now, having been kept secret for so many years after the event, but



some records do survive. No 1 Group Colchester East, led by Captain GH Smith, had two patrols in our area. My father Charles Frostick and his business partner at Hiskeys Farm, Ernest Spencer, were in the Horsley Cross patrol. With them were also three brothers from the McNair family (Donald, Alec and John), Little Bromley blacksmith George Kent (Snr) and "Chips" Greenwood from Mistley. Charles left the unit when he was called up to France, and we don't know his replacement. Unfortunately he, like many of his peers, almost never spoke of his involvement after having been restricted by the Official Secrets Act for so many years. It is thought that when Charles left the farm, Sgt Spencer stepped down to private and Bill Strang (Stacey's Farm) became the Sgt.

The other local patrol, known as Colchester B, comprised H.W. Allen, A.L. Clarke, P.H. O'Mara, W.H. Warren, K.A. Wolhem, G.W. Jones, Mathew McNair and Willie Cullen.

Each unit had a buried hideout with a secret hatch, and an escape tunnel. This Operational Base (OB) was equipped with weapons, food, beds, cooker and so on. There is no firm record of the OB locations, and many structures were destroyed after the war by the army -but again, with no record kept of which ones! Elmstead resident Peter Potter was in the Fingringhoe unit alongside his father (and yet another of the McNair clan) for a few weeks before being called up on RAF duty. He remembers where their OB was in the sandpits, but that land no longer exists, having been dug away.

There is an organisation called the Coleshill Auxiliary Research Team (CART) for whom I am the Essex researcher. Anyone who wants to find out more should visit [www.staybehinds.com](http://www.staybehinds.com). There are British Resistance Archive museums at Coleshill and Parham Airfield in Suffolk.

I was very honoured to march at the London Cenotaph on the 9<sup>th</sup>, on behalf of my father's role in the AU. Our group met at the Royal Tank regiment memorial just outside the original AU Headquarters. In the march, our small contingent was elegantly led by actress Lucy Fleming, whose father Peter was heavily involved in setting up the first units. (Her uncle Ian was in Military Intelligence, and was of course the author of the James Bond books.) As Peter Potter was unable to attend there was only one Auxilier there, Trevor Miners from Cornwall. The other marchers comprised 6 children of Auxiliers and 3 CART researchers.

If anyone knows anything about this fascinating secret organisation or the men mentioned above in Colchester B please contact me. E: [hugh@littlebromley.org.uk](mailto:hugh@littlebromley.org.uk) T: 01206 617324

© Hugh G Frostick 2014

# IN THE GARDEN WITH KATE IN DECEMBER & JANUARY

I can't believe it's only a few weeks till Christmas, the flowers in the garden are still going strong despite a frost last week. In fact, I think the garden looks a bit odd, leaves coming down, fruit harvested, berries looking beautiful, and still the flowers bloom. I have a white pelargonium, on the patio, which refuses to stop flowering and the osteospermum is still producing new blooms. The dahlias are looking excellent, and in between all of those, I have seen primroses and cowslips flowering. What a muddle, but that surely is one of the joys of gardening in UK, totally unpredictable!



Illustration by Kate Stowbridge

I have been trying to keep up with the leaf fall on the lawn. With all the wind and rain, there seem to be mounds everywhere. Still, it's excellent exercise sweeping them up and putting them in the leaf bin - who needs the gym!

We seem to have more moss than ever

on the "lawn". I know what I should do - spike, scarify and rake, and I seem to remember apply top dressing of fine sand, but I fear that if I even attempt to scarify, I will end up with a just muddy patch as the lawn is more moss than grass. The purists would be horrified at the state it's in, but at least it's green!

This time of year is about clearing and tidying and generally putting the garden to bed. However, some untidiness, so the pundits tell us, is very beneficial to wildlife (whew!) so leaving leaves on the flower beds, and a pile of clippings behind the shed may help our furry (and not so furry) friends. It is also a good time of year to clean out and scrub bird boxes ready for the new residents in the spring. As our weather is so unpredictable, it is impossible

to know when spring will arrive, and when the birds will start house hunting, so it's as well to be prepared. The other job I hope to get done before Christmas is pruning the fruit trees and applying grease bands to stop various pests creeping up the tree. Applying the grease is extremely messy, but strangely satisfying.

You may have read in the Messenger that it is proposed to run an open garden day next June in conjunction with the flower festival at St George's Church in Great Bromley. We have had a few people offering to open their gardens for the day, but not many. It would be nice if more people could commit themselves to open their gardens. No-one is expecting perfection or anything like it; anyone looking at my garden would be extremely disappointed if that's what they are expecting. It would be nice if those who really don't want to throw open their garden gate could offer to help, on the day, with those who are. It is in aid of the Church and St Helena's Hospice. If you want to get involved please contact me.

I hope everyone has a wonderful Christmas and a Happy and prosperous New Year, and I will write again in February.

*Kate Stowbridge*



## GT BROMLEY & DISTRICT CRICKET CLUB

### 100 Club Winners October

- 1st. Mrs Claire Gosling
- 2nd. Mr. John Boulton
- 3rd. Mrs. Jacky Platt

A very Merry Christmas and a Happy New Year to you all.

*Lynda Allam*

# TAILS FROM PRIMROSE FARM



Well Christmas is just around the corner and we are now getting prepared!! The order forms are printed and now already being handed out and filled in - we always have a competition to see who has the number 1 form in. We will be supplying oven ready turkeys again this year from a local farm, and fantastic gammons and hams for your Christmas spread. We have had some wooden cheese boards made by the Tendring school ready to make a lovely present with a selection of cheeses. The Pork selection will be always ready for the customers and many still have our Swedish roast for Boxing Day as an alternative. Many customers often have meat boxes to give as presents which we can make up to your requirements, fantastic for elderly relatives or as your contribution to Christmas if going to relatives over the festive period.

This weekend we had entered the Harwich Sausage festival where the town of Harwich try, without names attached, local sausages and vote for their favourite. We have just heard that we have won, with a very high majority, the coveted trophy of a battered but engraved Frying pan, so well done to all the shop/sausage making team of Kim, Becky and Alex who will be particularly proud as he lives in Harwich. Fantastic achievement and we are waiting for the presentation of the great trophy.

The farmers markets are beginning again to be a hive of activity with the recently relaunched Rowhedge market in St Lawrence Church a great success. There

were a variety of stalls and lots of new faces interested in where their food has come from locally. There was a great atmosphere but very strange for me to be returning to my childhood church cooking and selling produce, all my childhood memories came flooding back but the church really had not changed. Wivenhoe market just goes from strength to strength with the variety of stalls and the heavy involvement of Transition Wivenhoe who have a stall mending and fixing anything (very good at repairing some trousers of Robert's so famously split !!!!!). The second Alresford market was just as busy and there is a very active waiting list of stall holders to get in there.

The farm remains busy with some serious daffodil planting in the now establishing woodland shelterbelt by the road. There is a great deal of wild bird activity with kestrels and we think the barn owl box is inhabited for the winter. This purpose built box is high in the surrounding wood and a favourite nesting spot for the owls. They are often seen flying low in the hedgerows searching for their next meal, a very graceful sight.

The pigs are well strawed up now for the expected cold weather and they are fed extra rations for the winter.

Just to wish everyone of our customers a very merry Christmas and a happy new year, thank you so much for all your custom over the last year.

*Karen Moss*



## **GREAT BROMLEY POST OFFICE at The Cross Inn**

Ardleigh Road, Great Bromley CO7 7TL

Telephone: 01206 231073

Mon/Tues: 9.30am-2.00pm    Wed/Thurs/Fri: 10.00am - 2.00pm

Sat : 9.00am-midday

- Please note that there is now a wide selection of cards and wrapping paper available.
- A dry cleaning service is also available.

**Please ask for details at the counter.**



## New rehabilitation service to open at Clacton Hospital

More help is now available for people who need rehabilitation after illness or injury to get back to living at home. A brand new service, the Durban Rehabilitation Centre, has just started opened at Clacton Hospital.

Generally those who need the service will be people over 65, but any adults who may need more time and more support and who do not need nursing care will be welcome. People will be looked after in a bed at the Durban Rehabilitation Centre so they are safe while they work with staff at their own pace to re-gain their skills and abilities to live safely in the community. Some people will need rehabilitation after they have been in hospital at Colchester, but others may be admitted directly from home after a referral by their GP or the new Rapid Assessment Service.

NHS North East Essex Clinical Commissioning Group agreed the project, and colleagues from Essex County Council, our local NHS community service provider Anglian Community Enterprise (ACE) and the Clacton Hospital site's owners have worked rapidly to get the new service ready in time for winter. Their efforts mean the service has opened ahead of schedule – new handrails, doors, practical aids, a kitchen for patients' use and re-decorating has just been finished, to provide a much brighter, homely look to help people get their physical abilities and their confidence back, after an injury or illness.

ACE's trained rehabilitation staff will run the Centre, supported by a GP and ACE's community nurses. The Centre has 15 beds and will have a minimum of three staff on duty at any time. The Centre will care for people from both the Colchester and Tendring areas, and will run until at least April 2015, when it will be evaluated and compared with other ways of providing similar care, to ensure the NHS can offer the best quality and most efficient service to local people in the future. The unit is very much welcomed as an extra resource over the winter period, when the whole NHS health "system" is traditionally under greatest pressure.

Lisa Llewelyn, Director of Nursing and Clinical Quality at the CCG said: "This innovative new unit is a really important service for our community, and shows how joint working across organisations can bring real benefit for local

people. It will offer high-quality rehabilitation to people from Colchester and Tendring who might otherwise face real problems in getting back to good health in their own home. It's very much part of our drive to help people stay out of acute hospital beds and remain safe in their own home. The improvements to the Durban Centre environment should prove a desirable option for people with these particular needs. It's always amazing how much detailed effort goes into making a new service work, but each and every person who is helped to get back to a good quality of life makes that all very worthwhile!"

## Avoid visiting A&E unless absolutely necessary

People across north east Essex are being asked not to go to the Accident and Emergency department at Colchester General Hospital unless they have a serious or life threatening condition.

The number of people who have visited A&E this week has risen, putting pressure on the hospital.

Several patients who visited the department have presented with minor injuries that could have been treated more appropriately and faster at an alternative NHS service.

The North East Essex Clinical Commissioning Group (CCG) is urging the public to choose their health services wisely and to think twice before they go there.

Dr Shane Gordon, chief clinical officer at the CCG, said: "A&E should only be used for critical or life-threatening situations requiring medical attention, such as loss of consciousness, heavy blood loss, suspected broken bones, persistent chest pain, difficulty breathing, overdoses, ingestion or poisoning.

"It is vital that emergency services are free to help people with the greatest need. Patients with minor injuries which do not require a visit to A&E (such as cuts, wounds, sprains, strains and minor burns) can also be treated at Walk in medical centres or minor injury units across north east Essex.

"This will significantly help to relieve pressure on the hospital's A&E teams and reduce waiting times for all patients."

### Alternatives to A+E

Please consider these ways of getting treatment faster:

**Treat yourself** for simple illness and minor cuts, sprains and burns. Keep simple painkillers and cough remedies in a safe place at home and

have a first aid kit handy.

**Ask your local pharmacist** for advice on minor illness. They can provide expert advice and simple treatments.

**Call 111** 24 hours a day. Their specialist nurses can provide clinical assessment and advice.

**North Colchester Healthcare Centre (incorporating the walk-in centre), Colchester Primary Care Centre, Turner Road, Colchester, telephone 01206 314015:** A GP-led service providing treatment for minor injuries and illnesses, no appointment necessary. Open from 7am until 10pm. The centre also accommodates an x-ray facility with instant results provided. If the x-ray is normal, clinicians at the centre can offer advice and strapping, if needed. If the x-ray

shows a fracture, the person will then need to visit A&E for appropriate treatment. This x-ray facility is open seven days a week between 9am-4.30pm.

**Clacton Minor Injury Unit, Clacton Hospital, Tower Road, telephone 01255 201594:** Nurse-led service providing treatment for minor injuries, e.g. cuts, sprains and fractures. Open from 9am until 9pm.

**Harwich Minor Injury Unit, Fryatt Hospital, Main Road, Dovercourt, telephone 01255 201226:** Nurse-led service providing treatment for minor injuries, e.g. cuts, sprains and fractures. Open from 9am until 5pm.



## TENDRING COMMUNITY BUILDER

Tendring District Council (TDC) has been awarded £52,960 in a bid to develop stronger

communities in the District.

The money is for a trial project – currently one of five being funded in the whole of Essex – and will be used to tackle a range of issues.

A Community Builder has been employed to work within communities that need

assistance to identify strengths and weaknesses, what they can achieve for themselves, where they need help and what external bodies need to provide to support them.

It will involve discovering what capacity, skills and assets a community has and where those can be shared with others to bring about change and improvement.

Contact Diane Boyd email: [dianeb@tendring.org.uk](mailto:dianeb@tendring.org.uk)

## GLOBAL WARMING



It is generally accepted that Global warming is the main cause of climate change, with adverse weather conditions occurring

worldwide. In the UK for example temperatures have risen considerably over the past years resulting in unseasonable mild winters.

In Northern Europe the change in climate has had a marked effect on migrating bird species such as Redwings, Fieldfares and the exotic looking Waxwing. These winter visiting migrants rely on the right weather conditions before making their migratory journey over the North Sea to Great Britain from their Scandinavian breeding grounds. It is evident that there has been a decline in numbers arriving in the UK annually. In mid

-October I saw my first mixed Thrush flock of 20 birds flying high SW from the North over the B1029 minor road at Gt Bromley. By complete contrast this autumn however, the number of passage migrants have increased with unprecedented numbers of Whinchats recorded in coastal areas. Up to 10 birds were seen at Holland Haven country park Essex. Ring Ouzels have also been plentiful this year; a flock of 30 birds were seen at Minsmere RSPB Suffolk. These birds were found in the north bushes in the reserve.

Other passage migrants like the Wryneck were also abundant with 2 birds reported at local coastal sites.

I have no doubt that in future years global warming will further disrupt migrating birds.

# PEST SOLUTIONS

## Why it's Vital to Secure Your Bins

Households and businesses collectively produce an incredible 180 million tonnes of rubbish a year in England alone. Add to this fact that you are never too far away from a rat – or any pest for that matter – if you don't secure your bins properly, you put your home at risk of attracting unwanted visitors such as rodents, seagulls, squirrels, cockroaches and wasps.

If waste is not put into bins, or the bins are overflowing, then rats and gulls can get to the contents. Rats need water, a food source and harbourage, if they have all three of these they breed very quickly. Rats only have a three week gestation period and they can have eight young at a time. These young mature at 10-12 weeks, so the numbers can escalate very quickly in a year.

Incorrect waste disposal includes:

- Overflowing bins.
- Rubbish bags left out on the street instead of being secured in plastic bins.
- Unsecured bins.
- Bins with holes.
- Food spillages that haven't been cleared up.

It is thought that the problem has escalated since fortnightly bin collections were introduced in 2005, and if people skip a week and forget to put their waste out, rubbish can soon mount up.

## So What's the Solution?

If you have a rat or bin pest problem, the best thing to do is to call on the experts to treat your infestation and offer advice on proofing.

Here are seven common pests that are attracted to unsecured bins:

- **Rats** – Once they spot a food source, such as overflowing bin stores and bags of rubbish being regularly left out in the street, rats will harbour as near as possible to it, which can be in a hedge or in a house. They are attracted to waste such as leftover food and can multiply very quickly.

- **Mice** – Like rats, they live where humans do and are attracted by a ready food source such as overflowing bins and spilled food. And, as they can get through gaps as small as 25 mm they can be a real menace. Kitchen hygiene and proper waste disposal is vital to keep these rodents at bay.

- **Seagulls** – Unsecured bins or bags of rubbish left open are a target for gulls who can raid bins and rip open bin bags, scattering your waste across the street. It is advisable to put household bags out on the day of collection and invest in a lidded bin, if you haven't been supplied with a wheelie bin.

- **Ants** – As these insects leave a trail of pheromone to identify a food source to other ants, your bins can soon be overrun by these tiny creatures. Clean up waste and empty bins, including household bins, regularly.

- **Cockroaches** – These are less of a problem for outside bin stores, because of the temperature, but they are associated with poor hygiene and are attracted to waste and spillages inside homes.

- **Squirrels** – These don't pose so much of a problem associated with waste disposal as the pests outlined above, but it depends on the food source. Grey squirrels can tear up bin bags and have even been known to chew through plastic food waste bins!

- **Wasps** – Bins and exposed waste can be a magnet for wasps so make sure your rubbish is in a secure bin with a lid and repair any holes in bins.

*There is more information about bin pests on [www.eandspestsolutions.co.uk](http://www.eandspestsolutions.co.uk) or ring 01473 328092 for further free advice.*

By: Mandie Collinson - Essex & Suffolk Pest Solutions Ltd



## FRIENDS OF LITTLE BROMLEY CHURCH

which were listened to by around 45 people.

### Remembrance Sunday at Little Bromley

On Sunday 9<sup>th</sup> November along with villages throughout the country we shared the 2 minute silence at our newly revamped War memorial. A large group gathered to place wreathes and the names of the fallen were read out. Canon Gillian Greenslade led the proceedings with Roly Knott, the Chairman of Little Bromley Parish Council.

We then walked or drove back to St. Mary's church where we held a short Great War Commemoration 1914 - 2014. Canon Gillian Greenslade and Gregory Frostick introduced the readings, poems and music

Afterwards tea and coffee were served along with cakes made from the recipes of the First and Second World Wars. Hugh Frostick had put together a collection of photos and information of those who had fallen during the various wars from Little Bromley. (If you didn't get a chance to see the exhibition, you can see it on the Little Bromley Website.)

We would like to say thank you to all our helpers, including our flower arrangers for making the church look so lovely.

*Carol Cordwell*



## AUTUMN DAYS AT MESSY CHURCH

followed by an energetic game in the hall

On Saturday 18<sup>th</sup> October we held our Messy Church session at Arleigh Village hall. Around 26 children joined us, along with adults as we talked about Jesus calming the storm during our Autumn Days afternoon.

A lot of noise could be heard as the children became the wind and the waves in a very creaky boat. Following the story, the children went off to do some crafts. They made paper boats, hats, retold the story in pictures, made a weather chart and recreated the storm with a moving picture.

Afterwards they all gathered around to enjoy songs, prayers and a story recap. This was

before they all sat down to share the food with each other.

We were pleased to wish Pat, one of our regular helpers a Happy 90<sup>th</sup> Birthday. We would like to thank all those who came and all of our helpers for a lovely afternoon.

Please don't forget to come to our **Messy Christingle on Sunday 7<sup>th</sup> December** at **Great Bromley** Village hall. Everyone is welcome.

*Carol Cordwell*

Our beloved **Caroline** lost her battle against her illness and passed away on the 18th November.

We miss her so much.  
*Anne Twilley*

### Remembrance Poppies

The Ladies of Great Bromley W.I, inspired by the lovely knitted poppies at the Arleigh Flower Festival, embarked on a frantic "knit". The beautiful red poppies proved to be so popular we have been able to send £28 to the Royal British Legion to help with their much needed funds.

Thank you Mary for organising this "knit" for us.



### Gentle Yoga class

Wednesdays, 10.00am to 11.30am, Great Bromley Village Hall.

No experience necessary. All welcome.

Feel more at home and at ease in your body.

Contact Andy Butterfield for more details on 07968 846610



# Church Jottings

“Here we go again! “– Major works in the interior of St George’s. The time of the long awaited re-decoration has arrived. The North and South Aisles, the Chancel and Tower areas are being lime washed. Lime washing is a long process, four coats at least have to be applied with drying out time in between. Cupboards emptied, boxes stored, precious artefacts securely covered and wrapped in generous lengths of polythene. We are hoping that the expected five week contract will see the works finished so that our Church will look fabulous for all the Christmas Festivities and the weddings which are already booked for next year. We (the P.C.C. and Church Wardens) apologise for any inconvenience these works may cause in the coming weeks and months.

The wonderful display remembering the First World War has had to be dismantled. Thank you to Mrs O’Mara and the children of St George’s School, to Dorothy and Hugh Frostick and also to Beryl who contributed towards this eye catching exhibition of paintings, drawings, models and artefacts. The fifty or more people, families who joined us in Church for the Remembrance Day Service found the display both informative and moving. More than sixty of our community met at the War Memorial in brilliant sunshine at 10.45 to remember all those who have given their lives in service to our country. “At the going down of the sun and in the morning we will remember them” Thank you to all the organisations of the village who were represented on this very special day, laying their wreaths and poppies at our war memorial and to Richard Allen who led our service. Thank you also for a generous collection of £200 which we will send to SSAFA.

On Armistice Day at 11am on Tuesday November 11<sup>th</sup> it was my great pleasure to meet with the younger members of our community at the War Memorial. The children of Little Dragons Pre School had each coloured in a poppy in memory and wished to place them on the War Memorial. Again we used the words “We will remember them”

I am looking forward to their next visit to church on December 10<sup>th</sup> when we shall unwrap the

Nativity Figures in preparation for Christmas. Christmas is fast approaching and you are all most welcome to join us at our special services this year.

Messy Church meets on December 7<sup>th</sup> to make Christingles and talk about Children Around The World. This event is at the Village Hall at 3pm.

The School Carol Service is December 17<sup>th</sup> at 2pm and is led by Pat Prestney

The Church Carol Service is December 21<sup>st</sup> at 6.30pm, it is a service for the whole community, all are welcome.

The Crib Service so much enjoyed by all is Christmas Eve at 5.30pm and will be led by Carol Cordwell and Richard Allen.

Christmas Day Service is at 10.30am and will be family centred – so please come.

Our church lunches this year have been great fun and very well supported. There is **no** lunch in December but please join us for a “New Year Lunch” on January 7<sup>th</sup> at 12 noon. The invitation is there for everyone in the village (you don’t have to be a church goer) please come we would love to see you. If you need transport please phone me.

Many of you have already met Richard Allen and I think you will agree he works very hard and is beginning to feel at home here, and at Ardleigh and Elmstead. Richard’s visits to “The Bromley’s” have a pattern to them, therefore his next Wednesdays here are November 26<sup>th</sup>, December 31<sup>st</sup> and January 21<sup>st</sup>. Richard will be in church at 9.30am on these days to take Morning Prayer – you are most welcome to join us and stay for a coffee afterwards. If you would like a home visit on these days please let me know. Following the Morning Prayer and coffee Richard then takes a service at The Cheshire Home and an Assembly at the School (a busy man I think you will agree!)

Finally I would like to wish you all a very safe and Happy Christmas, let’s keep each other in our prayers as we continue to search for a new priest here. God Bless You All and Thank You so very much for all your help, friendships and thoughtfulness as the team at the church approach the end of this second year in an interregnum.

*Jenny Nicholls, Churchwarden*

# ST. GEORGE THE MARTYR, GREAT BROMLEY



## Church of England Services December

<b>Sunday 7th</b>		<b>Second Sunday of Advent</b>	
	8.00am	Eucharist	<i>St. George the Martyr</i>
	10.30am	Parish Eucharist	<i>St. Mary the Virgin</i>
	3-5.30pm	Messy Christingle	<i>Gt Bromley Village Hall</i>
<b>Sunday 14th</b>		<b>Third Sunday of Advent</b>	
	8.00am	Eucharist	<i>St. Mary the Virgin</i>
	10.30am	Parish Eucharist	<i>St. George the Martyr</i>
<b>Saturday 20th</b>	2.30pm	Carol Service	<i>St Mary's, Lt Bromley</i>
<b>Sunday 21st</b>		<b>Fourth Sunday of Advent</b>	
	8.00am	Eucharist	<i>St. George the Martyr</i>
	10.30am	Parish Eucharist	<i>St. Mary the Virgin</i>
	6.30pm	Readings & Carols	<i>St. George the Martyr</i>
<b>Wednesday 24th</b>		<b>Christmas Eve</b>	
	4.00pm	Crib Service	<i>St. Mary the Virgin</i>
	5.30pm	Crib Service	<i>St. George the Martyr</i>
	11.30pm	Midnight Mass	<i>St. Mary the Virgin</i>
<b>Thursday 25th</b>		<b>Christmas Day</b>	
	10.30am	Christmas Eucharist	<i>St. George the Martyr</i>
<b>Sunday 28th</b>		<b>First Sunday of Christmas</b>	
	8.00am	Eucharist	<i>St. Mary the Virgin</i>
	10.30am	Parish Eucharist	<i>St. George the Martyr</i>

## January

<b>Sunday 4th</b>		<b>Epiphany</b>	
	8.00am	Eucharist	<i>St. George the Martyr</i>
	10.30am	Parish Eucharist	<i>St. Mary the Virgin</i>
	6.30pm	Evensong	<i>St. George the Martyr</i>
<b>Sunday 11th</b>		<b>The Baptism of Christ</b>	
	8.00am	Eucharist	<i>St. Mary the Virgin</i>
	10.30am	Parish Eucharist	<i>St. George the Martyr</i>
<b>Sunday 18th</b>		<b>2nd Sunday of Epiphany</b>	
	8.00am	Eucharist	<i>St. George the Martyr</i>
	10.30am	Parish Eucharist	<i>St. Mary the Virgin</i>
<b>Sunday 25th</b>		<b>The Conversion of St Paul</b>	
	8.00am	Eucharist	<i>St. Mary the Virgin</i>
	10.30am	Parish Eucharist	<i>St. George the Martyr</i>
<b>Sunday 1st February</b>		<b>The Presentation of Christ - Candlemas</b>	
	8.00am	Eucharist	<i>St. George the Martyr</i>
	10.30am	Parish Eucharist	<i>St. Mary the Virgin</i>
	6.30pm	Evensong	<i>St. George the Martyr</i>

**Holy Communion** every Friday at **11.30am** at Seven Rivers, Hall Road, Great Bromley.