

The Messenger

The Magazine of
the villages of
Great & Little
Bromley

September 2017

Vol: 1 No: 9



The Great Bromley Cross Dog Walk

The Great Bromley Cross held a dog walk on Saturday 12th August. 28 people and 18 dogs left the pub shortly after 3pm and had a leisurely walk around the local footpaths arriving back to the pub in time for a BBQ. The sun shone for us way into the evening when many more customers arrived for the BBQ. A big thank you to all the volunteers who made the day a great success. We will definitely be repeating this event.

Christine Barrett

THE FIRST PAGE

Well, I have done it and now, having spent months de-cluttering and packing, I have any number of boxes waiting to be unpacked sitting in the garage which is my coming joy to do for the next few months to keep me out of mischief! I have had to buy some odd things that I need, for instance, more socks as all mine seem to have gone awol in some box somewhere! My new address is in the usual place at the back of the magazine.

Thank you again to Grant for editing the magazine last month. Back to me now and, just to make you all green with envy, I now have broadband speeds of up to 50Mbps. The new house has a terrifying array of knobs, plugs, connections for TV, phones, computer in every room half of which I haven't a clue, yet, what to do with or how to operate. Gone are the days of miles of wires just to get the Hoover to reach the corners Hoovers would rather not reach!

The most incredible thing I have found is that spiders moved in about a week after me! Must be to catch the recent plague of flies (which actually haven't found this part of Lawford). I was amused to see, through complaints, the subject of flies



was brought to the attention of TDC. The fly question was reported on national television when they first appeared as they are apparently a nuisance in all sorts of places in the region. Such events happen every so many years - ladybirds in the 70s (my then 18 month old son took his toy plastic hammer to them and the walls ran with their blood. It was a massacre and rather horrid but the next day there was a thunderstorm and they all perished in their thousands), caterpillars ate an avenue of leaves in trees in Colchester one year. The weather changes and, click of the fingers, they all disappear. It is nothing to worry about; they are just somewhat annoying while they are there. I expect they will be fattening up many swallows, house martins and other creatures before they leave on their long migration to their winter homes or get ready for winter here. There is a plus side to every minus.

September is the time for new beginnings: new school, new university, new job. Good luck to everyone with whatever their new beginning might be and just remember it is only 115 days to Christmas and holidays!!!

Leonie

MATERIAL for the **OCTOBER 2017** edition of 'The Bromley Messenger'

should reach the Editor, Leonie Henderson, by **14th SEPTEMBER 2017** please. Contributions from anonymous sources will not be printed. Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author. Copy can be delivered by hand, sent by post or e-mail (see inside back cover) or via the link on the websites www.greatbromley.org.uk or www.littlebromley.org.uk

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LITTLE BROMLEY PARISH COUNCIL

Email: littlebromleypc@gmail.com

In the last edition of the Messenger, the proposed Car Rally in April 2018 was mentioned and we stated that the rally wouldn't be in Little Bromley. At the last Council meeting representatives from the Motor Club attended and gave us confirmation of the route which will now start from Little Bromley Church, down Barlon Road, turning left down Morebarn Road, left again down Hilliards Road and right at the bottom to Stone Road where it will finish. In between the stages, they have said they will allow access for residents although footpaths along the route will be closed. If any residents wish to comment or find out more information then the person at Tendring to contact is pprice@tendring.gov.uk.

Pot holes along Bentley Road were mentioned as being hazardous so these have been reported to the Highways and hopefully will be repaired soon.

If anyone has lost a pair of designer prescription glasses then a pair has been found on the footpath heading North from Barn Lane. If you think these are yours then please email the Clerk with details (littlebromleypc@gmail.com)

We are still waiting for details of the maintenance contract that may be a requirement to us getting the VAS signs; this has been taken up with Cllr Guglielmi who has written on our behalf querying this.

The next meeting of the Council will be held on the 21st September at 7.30pm at The Haywain.

Little Bromley Parish Council

GT BROMLEY & DISTRICT CRICKET CLUB



100 Club Winners July

- 1st Mrs. Ruth Lawson
- 2nd. Lucy Baines
- 3rd. Mr. Peter Herring

LITTLE BROMLEY CHURCHYARD PROJECT 2016-17



keen members of the Harwich Runners set up a 10k Run based at Little Bromley churchyard with the profits going towards the work in the churchyard. The PCC also receives a grant each year from the Parish Council towards the grass cutting, and in 2017 the District Council gave a grant under the S106 scheme. All of these together meant that the churchyard project could be completed. Details of the costs can be seen in the PCC accounts for 2016 and 2017.

Thank you to all who have helped. The major work replacing the fence posts and the tree surgery had to be done by professionals of course, hence the considerable expense, but the stripping of algae from the fence, brushing down, and applying preservative has been done by volunteers Ken Hatch and Roly Knott, so many thanks to them. Special thanks to Roly who has been pivotal in planning the 10k Run and leading the committee which coordinates the 10k with the Friends of Little Bromley Church and the PCC. It's a big step forward in helping Little Bromley enhance the main community asset and open space in the village.

Gregory Frostick
Secretary, PCC of The Bromleys

Residents who have visited the beautiful churchyard at Little Bromley will have noticed the large amount of work which has taken place in 2016-2017 to the fence and trees. The fine fence round the church was in need of major maintenance and preservative treatment. The trees were surveyed and we received advice from the Diocese of Chelmsford agreeing that urgent work was needed to fell two dead trees and surgery and trimming to several other trees.

Where was the money to come from? The PCC of The Bromleys is responsible for the churchyard but relies entirely on voluntary donations and grants to maintain it.

Fortunately, and with brilliant timing, some Little Bromley residents who are

KITCHEN CORNER

VERA'S APPLE & SULTANA CHUTNEY

Those who will remember Vera Biddis will probably have made or bought a jar of her chutney in the past. It is so easy to make and a good way to use windfall apples.

2lb apples peeled and cored.
5 oz sugar
cayenne pepper OR curry powder
Salt
¾ pt vinegar
1 lb sultanas OR Dates
Large onion, chopped
Ginger (optional)

Boil onion in a little vinegar till soft. Add apples and more vinegar and cook to a soft pulp. Add rest of ingredients and simmer till thick. Put into clean warm jars.

(I used about half a teaspoon of salt, cayenne and ginger)



Jill Frostick



STOUR VALLEY MEN'S PROBUS CLUB

Recent Meetings

On Wednesday 19 July we held our summer lunch, to which we invited our Spouses and Probus Widows to join us. This year we moved to The Haywain and the occasion was enjoyed by all. We don't hold speaker meetings in August

Future Meetings Diary Dates

Returning after our break on Wednesday, 6 September Tom Williams presents "Everyone has a book in them" and on Wednesday 20 September Philip Roberts' talk is entitled "The Mary Rose".

Our first October meeting is on Wednesday 4th when Roy Wood will tell us "How to enjoy a healthy retirement followed on Wednesday 18 October David Ablewhite, returns again, this time to present "The Royal Family".

Our two November meeting take place on

1st & 15th when Ted Wheatley & Dennis & Ann Kell will present "Overland to India" & "Wildlife in the Falkland" respectively.

Meeting Venue

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB

New members

Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30am. Please contact Speaker Secretary Dave Carman on 01255 880202 for further details.

COFFEE BREAK NUTRITION with Suzanne Abbott

For those of you who haven't seen this recent blog on Facebook by '**Health for all women**', this is what will happen to your body when you drink a small bottle of Coke or other sweet carbonated soft drink.

After 10 minutes – 10 teaspoons of sugar enter your body. You won't be sick due to the massive amount of sugar because the phosphoric acid (*a preservative*) in the drink holds back the sickly sweet taste of the drink.

After 20 minutes – your blood sugar spikes and insulin is released. Your liver responds quickly to this and transforms all excess sugar to fat.

After 40 minutes – Your pupils dilate, your blood pressure increases and your liver responds by increasing the glucose (*sugar*) in your circulatory system, giving you energy. The adenosine receptors (*a complicated subject*) in your brain are now blocked, which is why you don't feel tired.

After 2 hours – the diuretic properties of caffeine now kick in and you'll have to go to the bathroom. All the calcium, magnesium and zinc, which are intended for your bones, are passed in your urine instead. Sodium and other electrolytes plus water also exit your system.

After 2 more hours – once the euphoria has finally subsided, you will experience a sugar crash. You become irritable and lethargic.

By drinking a fizzy drink, you would have expelled important nutrients from your body. You have badly weakened your bones and your teeth. Your chance of diabetes type 2 has also increased. Many people have no idea what they do to their bodies when they drink coke and other fizzy drinks on a regular basis. This is why it's important that people see and understand this information. Of course all this also applies to diet drinks. People who think they are cutting down on calories by drinking a diet drink are perhaps unaware that manufacturers of these drinks, snacks or food use what is called

'high fructose corn syrup' as a sweetener. I wrote about it in April 2016, this is just a recap:

HFCS is between 55 - 90% fructose, which only converts to visceral fat¹ and not to energy. It is used by the food manufacturers in all processed foods which include cereals, mass produced sliced bread, ready meals, yoghurt, ice cream, chocolate, cakes, desserts, biscuits, even savoury biscuits, jam and all the soft drinks and fruit juices as well as meat; in fact probably 85% of food products on any supermarket's shelves will have HFCS in them. It's cheap to produce and that is why the food manufacturers use it instead of sugar or natural sweeteners.

HFCS can be disguised under various names like glucose-fructose, maize syrup, glucose syrup, isoglucose, fruit fructose etc. If it doesn't say 'sugar' or 'cane sugar' you can be certain it's some disguised form of HFCS.

As a closing note - although the blog was written by 'Health for all women', I believe it should apply to everyone, men included, but especially our children.

Our children must be made aware of the harmful effects of these highly processed, sugary drinks, especially if they are freely available in drink machines all over the country.

Best of health!

Suzanne

Natural Health Consultant
Specialising in Naturopathic Nutrition

¹ Consuming fructose-sweetened, not glucose-sweetened, beverages increases visceral adiposity and lipids and decreases insulin sensitivity in overweight/obese humans.

Stanhope KL, Havel PJ, et al.
J Clin Invest. 2009 May;119(5):1322-34.
doi: 10.1172/JCI37385. Epub 2009 Apr 20.

IN THE GARDEN WITH KATE

When I moved to Great Bromley in 1999, I had never had a garden before that I could design, and know that I would be able to see it develop - one of the joys of being an Army wife. I had grand plans how I was going to have a fairly narrow palette of colours to produce a tasteful effect.

Eighteen years on, I am afraid I have to report I have failed miserably! This summer, my garden is a riot of colour - many plants side by side which clash, but strangely it seems to work. I clearly am not cut out to be a garden designer!

Many people have been plagued by flies recently. This appears to be a widespread problem in the area, and interestingly, there was a similar problem in 2013 when we had a very hot spell followed by a downpour.

This has been a curious summer, boiling hot up to the end of July, then cooler with torrential downpours. Entirely predictable I suppose - as soon as the schools break up the weather normally seems to deteriorate. Having said that, the weather is much more conducive to gardening, and not just sitting around gasping. It is, perhaps, just as well, as the weeds seem to be growing at breakneck speed, and the lawn needs very regular cutting. Things may slow down as autumn approaches, but there is no sign of that at the moment. The garden is now producing the harvest from all previous hard work. Like everyone else I am drowning under a sea of tomatoes and courgettes. Many of you will hopefully be harvesting beans and cucumbers too, though mine all fell prey to a pesky rabbit who thought it fun to eat through the bean stems at about six inches above the ground, and no doubt laugh as the plants then shrivelled and died. I had one meal of beans before that happened. My cucumbers completely failed for some reason. On a positive note, I have enough chillies to keep me going for many months, and the peppers and aubergines have been excellent too, no doubt something to do with the hot temperatures. Apart from harvesting your produce, there are lots of jobs to do in the garden.



Lawns can be scarified and dressed, bald patches repaired, and new lawns sown. Hedges can now be clipped, though if the weather stays mild, this may have to be repeated later. Spring flowering bulbs, except tulips should be planted, and summer bedding should be replaced both in borders and tubs as it comes to an end. It is a good idea to collect seed for next year from annuals, and these can be stored in paper bags (or old envelopes) and put in a cool dry place - but don't forget to label them, something I am guilty of!

Winter salads can now be planted, plus overwintering onions. It may be worth covering vegetables such as salads, courgettes and carrots towards the end of the month so they keep growing. Spring cabbage can also be planted. The last suggestion is to pot up some herbs to keep on the kitchen windowsill to ensure a supply through the winter.

I hope your labours have been successful this year, but above all, enjoy your garden.

Kate Strowbridge

Little Dragons Pre-School - Great Bromley & Frating

Church Meadow Bungalow, Hall Road, Great Bromley CO7 7TR
Ofsted Inspected

Website: www.littledragonspreschool.org
Email: littledragonspreschool@gmail.com



OUTSTANDING OFSTED INSPECTED

BREAKFAST AND AFTER SCHOOL CLUBS- PLACES AVAILABLE

Tel: 01206 231823/ 07857 503103

We are flexible and happy to take children for the occasional session and times to suit your situation.

If you require further information please call us on the numbers above or pop in to see us.

30 Hours funding for eligible parents comes into effect from September 2017 - give us a call for more details.

Our holiday Club was very successful and busy again this year; the children had lots of fun experimenting with various crafts – making wooden models, jewellery, cooking and of course lots of outdoor fun too including obstacle races, den building and talent shows!

We hope you have enjoyed the summer break and look forward to seeing you in the new term. Autumn term begins on Monday 4th September.

FUNDRAISING:

QUIZ NIGHT Monday 10th July - A fun evening was had by all - thank you to everyone who supported us, a fantastic £265 was raised! A very big thank you to the Courthouse for supporting us with the venue and food.

Please help us to collect:

Used Printer Ink Cartridges/ biscuit wrappers/ plastic bottle trigger heads and caps from washing up bottles.

OUR RECYCLING STATION now makes it easier to drop off items

We have set up an area – just inside our main gates, on the right, with boxes for you to drop off collected items. Thank you.

We take children from the age of two years and offer a 'home visit' to families of children prior to them starting Pre-school. This gives the child the opportunity to meet their key-person in their own home, aiding the transition stage to pre-school. It also enables us to collect and share information in a confidential environment. For further information or to arrange a visit to the setting please contact us on the above number.

Party Table and Chair Hire Having a party for Pre-School children?

We can offer 4 perfectly sized tables & 20 chairs.

Deposit only £10 Tables only £5.00 each

Chairs Only £1.00 each

Collection Only - Contact us: Tel: 07857

503103 Email:

littledragonspreschool@gmail.com

Dates for diary:

Mon 4th September

Preschool re-opens for Autumn Term
Week beginning Mon 16th October

Preschool closed (breakfast and after school clubs open as usual)

Week beginning Mon 23rd October

Preschool closed for half term

Monday 30th October

Preschool re-opens



**REUSE
REDUCE
RECYCLE**

ST GEORGE'S CHURCH PORCH RESTORATION PROJECT 2015-17

At last the project is complete! The many visitors to the flower festival in July were able to enjoy seeing the result of the restoration work on the south porch. The roof tiles have been relaid, the stonework repaired, flint flushwork repaired, missing flints replaced, and the whole porch repointed. Finally the drainage was improved and the porch interior redecorated. All of this was possible thanks to the Heritage Lottery Fund which made a major grant under the Listed Places of Worship scheme and a grant from Friends of Essex Churches Trust. The budget cost was £53,000. The work was done under the advice of English Heritage and our architect Simon Marks of Purcell LLP. The contractor was Baker's of Danbury who are specialists in the conservation of historic buildings using traditional materials and methods. It was a joy to see the craftsmen at work with limestone, flints, and lime mortar in basically the same way as their predecessors 500 years ago when the porch was built.

The HLF grant scheme also encourages churches to improve their welcome facilities and education to the local community and to visitors. We received an additional grant to put improved lighting in the porch and entrance area. The wrought iron light fittings were installed by AD Mitchell and designed and made by John Ball the blacksmith at Framlingham. They won a design award this year from the Diocese of Chelmsford.

Our volunteer team created a new history guide, postcards, and a Church Tour walk round guide. We have made an interactive Explorer Guide for children and this will now be part of the school curriculum for history, RE, art, and creative writing. We hope all these will encourage appreciation and enjoyment of Great Bromley's wonderful Grade I listed church, one of the highlights of Essex Heritage.

Thank you to all who helped with the

project, to the professionals and craftspeople mentioned above, and to volunteers Carol McGuinness, treasurer of the Repair Fund, Joy Hopkinson who organised the education project with St George's Primary School, and Graeme Bruce who helped with the guide materials and photographs.

A picture record has been put on the village web site and I hope you enjoy looking at the 'before and after' photos and the craftsmen at work during the various stages of restoration, plus the blacksmith at work on the lights and their installation.

St George's is open every day. If you haven't already visited you are welcome to come and try out the new free 'Church Tour' walk round guide which shows the many points of interest. Guided tours for groups are also available free of charge.

Lastly, St George's needs new volunteers for future restoration and improvement projects and to help with smaller practical issues and repairs. Do you have skills in engineering, architecture, project management, communications, or maybe you are just enthusiastic about heritage buildings? Please get in touch (07806 828328) if you think you can help.

*Gregory Frostick
Leader of the St George's Repair Fund
Volunteers.*



GREAT BROMLEY PARISH COUNCIL

www.gbpc.org.uk

Clerk: Lizzie Ridout Email: clerk@greatbromley.org.uk

Proposed rally

At our August meeting we welcomed Paul Price, Tendring District Council's (TDC) Corporate Director (Operational Services), to answer concerns about the proposed rally raised by councillors and residents.

Mr Price explained that tourism was Tendring's biggest business, with the Clacton Airshow and cycling events generating many tourism opportunities. With the Mens' Cycle Tour taking place in September, TDC was doing everything it could to lengthen the tourism season. The Chelmsford Motor Club (CMC) had approached TDC to support their event, however Mr Price advised that TDC didn't have an official role with the routes needing to be approved by the Motor Sports Association (MSA), and road closures to be approved by Essex Highways, and the emergency services also providing their support. Public consultation would also need to be carried out from the Highways Authority, and nothing as yet had been agreed or signed off with any organisation involved. Mr Price stated that TDC would only support the event if the economic benefit derived was sufficient to outweigh the concerns of residents, and it was not yet at that stage.

Members of the public voiced their concerns to Mr Price such as loss of economy, residents trapped in their homes and environmental issues, to which Mr Price undertook to report back to TDC.

Cllr Strowbridge thanked Mr Price for attending the meeting and for providing a clearer picture of how the event

planning process was undertaken.

HGVs through the village

At a previous council meeting it had been suggested that the Council join up with Ardleigh and Frating Parish Councils to tackle the ongoing problem of HGVs. Although it is widely reported that the problem has reduced, this meeting still went ahead and a letter from the three chairmen has been sent to the Traffic Commissioner, copied to Roger Hirst, Essex Police and Crime Commissioner, and Bernard Jenkin MP.



Post Office

Confirmation has been received that the Post Office will be returning to the village on Wednesday mornings from 10-12 from the 30th August at The Cross, and if well supported the sessions may be extended.

Bogus Highways Maintenance

A report has been received elsewhere in Essex regarding a bogus Highways Maintenance man and van – please be aware and please do not agree to any type of works. If in doubt, please call Essex Highways on 0345 743 0430.

Fred Nicholls

PLANNING DETERMINATIONS

REFERENCE	PROPOSAL	LOCATION	DECISION
17/00865/FUL Mr S Brazier - Toad Hall Free Range Eggs	Variation of condition 2 of planning permission 16/01308/FUL. To permit an addition to the approved dwelling.	Land East of Hall Road, Great Bromley, CO7 7TR	Approval - Full 13.07.2017 Delegated Decision
A Lochore & Sons	Change of use of agricultural land to domestic garden	Holly Lodge, Colchester Road, Great Bromley, CO7 7TN	Approval - Full 26.07.2017 Delegated Decision
17/00850/OUT Mr Durrell	Construction of a two bedroom detached bungalow and detached single garage.	Land to Front of 19 to 25 Ransom Court, Chase Road West, Great Bromley, CO7 7UA	Refusal - Outline 26.07.2017 Delegated Decision

PLANNING APPLICATIONS

REFERENCE	PROPOSAL	LOCATION
17/00787/FUL (amended)	<p>Proposed extensions and alterations to main dwelling. Proposed detached carport to the side of main dwelling. Proposed detached garage with workshop and office above to the rear.</p> <p>It was agreed to resubmit the previous objection as follows:-</p> <p>Great Bromley Parish Council objects to the application and would draw attention to the planning officer that there is a high-tension cable which sags about 8-9m, and the proposed height of the building is 7.4m. The proposal is near to a ditch which is prone to flooding, the ditch drains all properties around The Cross area which were flooded badly last summer. This ditch drains down to a culvert further down and eventually into Bromley Brook.</p> <p>Entrance to the cart lodge is down a shared agricultural access road to a field behind (not in the owner ship of the applicant) and between 2 properties.</p>	The Nook Colchester Road Great Bromley CO7 7TN
17/01158/ COUNOT For information only	Change of use of an agricultural building to a flexible commercial use.	Primrose Farm, Hall Road, Great Bromley, CO7 7TR
17/01245/FUL Mr Matthew Dutton	Two storey rear extension and addition to dormer. GBPC objected to the extension due to it not being in keeping with the character of the existing property.	Cold Hall, Harwich Road, Great Bromley, CO7 7JH

2017-18 EVENTS

SEPTEMBER

- 6 WI meeting, Village Hall, 7.30pm
- 7 Leonard Cheshire's 100th Birthday Party, Seven Rivers
- 9 Ride & Stride
Seven Rivers Flag Day, Tesco's Highwoods
- 13 Friendship Club Summer Outing
- 21 Friendship Club Meeting, Village Hall, 2.00pm
Patient Participation Group, Gt Bentley Village Hall, 6.30pm
Lt Bromley parish council meeting, The Haywain, 7.30pm



OCTOBER

- 4 WI meeting, Village Hall, 7.30pm
- 19 Friendship Club Meeting, Village Hall, 2.00pm
- 21 Hallowe'en Craft Fair, Lawford Venture Centre, 10.30am
- 22 SVAM concert, East Bergholt church, 4.00pm
- 23 Messy Church, Great Bromley Village Hall, 10.00am

NOVEMBER

- 1 WI meeting, Village Hall, 7.30pm
- 12 Remembrance Sunday
- 16 Friendship Club Meeting, Village Hall, 2.00pm

DECEMBER

- 6 WI meeting, Village Hall, 7.30pm
- 21 Friendship Club Meeting, Village Hall, 2.00pm

2018

JANUARY

- 3 WI meeting, Village Hall, 7.30pm
- 18 Friendship Club Meeting, Village Hall, 2.00pm

Don't forget

to let The Messenger know in advance
of your event - time, place, cost etc - and
let everyone know what is happening!

CRICKET & BEER FESTIVAL

at Great Bromley Cricket Club

Thursday 10th August

Bar Opens 2.00pm till late

BBQ available in evening

Cricket match: Phil Allam Memorial cup:
40 overs per side start 2.00pm

Friday 1th August

Bar Opens 4.00pm till late

Food available from 7:15pm

Live band – The Remnants (evening)

Cricket Match: Great Bromley vs
Springfield Match start 11.00am (all day
game)



FREE ENTRY BOTH DAYS!

Adults and
children welcome



Great Bromley Post Office at The Cross



With effect from
30th August
The Post Office will be open
**from 10-12 every
Wednesday**

If well supported the sessions may be
extended.

HALLOWEEN CRAFT FAIR

In aid of The Multiple Sclerosis Society

Saturday 21st October

10.30am - 4pm

Lawford Venture Centre, Bromley
Road,
Manningtree, CO11 2JE

**30 Local Craft Stalls,
Face Painting, Home
Made Cakes, Christmas
Gifts**

**Free Entry. Free Car
Park. Refreshments.**

Tel 01206 396868 or

email: louisejoplin@btinternet.com



Stour Valley Arts & Music

CASTALIAN STRING QUARTET

Sunday 22 October at 4.00pm

St Mary the Virgin Church, East Bergholt
Haydn's Quartet op20 no2,

Schumann's Quartet in
A minor op41 no1,
Beethoven's Quartet in
A minor op132



TRIO CON BRIO COPENHAGEN

Sunday 12 November at
4.00pm

St Mary the Virgin
Church, East Bergholt
Haydn's Piano Trio in G
major Hob XV:25 Gypsy
Smetana's Piano Trio in
G minor



Schubert's Piano Trio in B flat major D898

Tickets obtainable from:

Tel.01206 298426 or

Email. svamtickets@btinternet.com or

Website. www.svam.org.uk

Messy Church

Monday 23rd October
at 10.00 am

at Great Bromley Village Hall.

VENTURE CENTRE, LAWFORD

Puppy Classes

starting on 4th September at 7.30pm
For more information or to book your

place, call Clair on

07969 743502 or

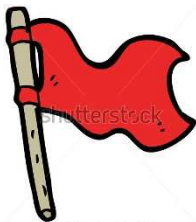
email

clairsk9s@gmail.com



CHILDREN'S PAGE

CAPTURE THE FLAG



Capture The Flag is a popular game to play outside. It is a great game for large, mixed age groups and long sunny afternoons!

You will need:

A group of children
2 flags or markers

(anything bright and light-weight, such as a T shirt, will do)

A large/ish area,

How to play:

Split the children into two teams and allocate each team with one half of the area. Each team chooses a base position, where they keep their "flag", and a goal position, where they will keep their prisoners, and makes it known to the other team.

Each team now tries to capture the other team's flag. Whenever a team member ventures onto the other team's territory, he/she are at risk of being caught (tagged) by the enemy team. When caught they are taken to that team's goal, where he must remain until they are freed (touched) by one of their own team members.

When someone manages to capture the other team's flag and return it to their own territory, their team wins.

Hints:

Older children will probably organize their teams so that some players guard, others hunt. Younger children will probably run around a great deal and just have fun! In a large space, especially one with hiding places, this game can go on for an hour or more.



The Bromley Cross
Great Bromley
CO7 7TL

Community-owned, community-managed and community-run village pub

Opening Times Thursday 6:30 – 11:00
Friday 6:30 – 11:00
Saturday 6:30 – 11:00
Sunday 12:00 – 3:00
BH Monday 12:00 – 3:00

Events Diary

Wed 30 Aug Post Office Re-Opening
Celebration 10 – Noon.
Tea, coffee and cakes.
Sat 2 Sep Riverside Fish & Chips from
6.30pm and Live Music with
Grasshopper at 8.30pm.
Thu 14 Sep TV Themed charity quiz at
8pm. Booking essential.
Sat 23 Sep Seaside Special! Shell on
prawns and ice-cream after.
7-9.30pm booking advisable

info@greatbromleycross.co.uk
www.greatbromleycross.org.uk
01206 621772

**ADVERTISING SPACE
AVAILABLE**

**Ring Richard Perry for more
details
01206 230537**

DISTRICT COUNCILLOR NEWS

There was very little news last month so I gave the report a miss. (I didn't forget) The full council meeting on 4th July was cancelled as there were insufficient matters to discuss. The next full council meeting is on 5th September. The Local Plan committee meeting was also cancelled as the plan was out for public consultation, until the consultation was completed there was little to discuss.

The roundabout at Harwich Road junction with A120, is at long last showing signs of moving forward. Our MP, Bernard Jenkin,

has received a response from Highways England confirming everything is in place for work to begin. Survey work has already started and the building of the road will start this



summer. I attended a meeting along with other interested people on 10th August when an update was provided by Highways England. They have stated the actual roundabout work will start at the end of September. There will be an exhibition vehicle at Great Bromley Village Hall car park from 11am to 7pm on Wednesday 23rd August. I am delighted that this long awaited project seems finally to be reaching its conclusion and we shall have the long awaited roundabout at the junction of Harwich Road and the A120.

Having attended a briefing meeting at TDC, a presentation was made by Tendring Police Community Inspector Darren Deek. His contact telephone numbers are: mobile 07812 064925 or 101 extn 440413 email Darren.Deek@essex.pnn.police.uk He mentioned the problems with the 101 system, however work is being carried out to make this more efficient.

Due to ongoing complaints regarding HGVs breaking the weight restriction in Great Bromley, Ardleigh and Frating a joint meeting was held on 31st July to discuss the problem. It was agreed to write to the Traffic Commissioners with a formal complaint and asking them to look in to the Operating Centre at Martells, Ardleigh.

In Great Bromley the village has recently had a problem with an infestation of flies. I have received many complaints and concerns regarding this and as a result I have been in contact with the Environmental Health Officer at TDC who is looking into the matter.



On a personal note I have been appointed as the Portfolio member responsible for Corporate Enforcement and Planning. This is my first TDC Cabinet post. But I shall continue to be your ward councillor so please do not hesitate to contact me by telephone or email if you have any problems or anxieties you wish to discuss.

Should you wish to contact either Rosemary or myself our details are in the village magazines.

Fred Nicholls

THE DOCTORS' SURGERY NEWS

Great Bentley Surgery



Now we are fast approaching yet another winter and flu season, this is a great chance

to remind everyone who is eligible to call us now to make an appointment for your annual flu jab. We will be getting our delivery of vaccines in a few weeks and have already booked some flu clinics.

Flu is an unpredictable virus that can cause mild or unpleasant illness in most people. It can cause severe illness and even death among vulnerable groups including older people, pregnant women and people with an underlying health condition. If you are not sure if you are eligible give us a call. We are unable to provide private vaccinations.

By having your flu jab, you are not only helping yourself, but you are also helping to protect the overall population from this nasty virus from easily spreading to vulnerable people. Call 01206 250691 NOW to book it!



staff a lot quicker, so please tell our receptionists what you need your appointment for. This also helps to ensure that you see the right person who can also prepare better. If your reason is highly personal, tell the receptionist and they will not probe further.

- ◆ Clearly formulate in your own mind what you are worried about and highlight any particular concerns.
- ◆ Consider preparing short notes to help you remember what you want to say and exactly how long they have been experienced (days, weeks/ months, not "a while"!)
- ◆ Consider what is achievable in your one 10 minute appointment. Be realistic!
- ◆ Get to the point and don't save important issues to the end.
- ◆ Wear easily removed clothing. If you need to be examined, this will make the appointment much quicker for you and help prevent clinicians from running late.
- ◆ Make sure you fully understand any advice or steps you must take. If in doubt ask!

Helping yourself, other patients and the practice to get the most from your appointment:

Unless otherwise specified every appointment lasts for 10 minutes only which is enough time to discuss one medical problem only.

If you have more than one problem to discuss, please ensure that you ask for a double appointment in order to have enough time.

Many medical issues can be dealt with by our nursing



Patient Participation Group

This month the patient participation group will be meeting on Thursday September 21st at 6.30pm at the Great Bentley village hall for the first time since the summer break.

Richard P Miller
Practice Manager

SEVEN RIVERS CHESHIRE HOME

On the 7 September 2017, We will be Celebrating our founders 100th Birthday, Group Captain Lord Cheshire VC, OM, DSO, DFC. The doors of Seven River opened by Leonard Cheshire in 1958. We continue to strive to continue his work and the basic principle that we Value the Individual, Integrity is reflected in our honesty and courage, deliver Excellence in our service, Pioneering in initiating leading edge projects and moving into new fields, and Drive with passion to do a good job.

* In 1949 Leonard Cheshire, a World War 2 veteran, founds a self-help community for sick and disabled people in Hampshire. Residents sustain themselves, by raising funds, preparing meals and maintaining the ground.*

Since then so much has changed but we still encourage our resident to Cook (they have their own kitchen), Help in the Garden (they have their own veggie patch) and we are all involved with the fund raising. Seven River is just one home. Leonard Cheshire Disability has Homes and independent living houses all over England, Scotland, Wales, Ireland and is a global provider of care.

Invitations have gone out for a party on 7 September looking back at what has happened in the past with great fondness but more important looking forward to a bright future.

Going back to tradition we are having a Flag day on 9 September but with the modern twist, we will be at Tesco's Highwoods raising money and giving information about Volunteering at Seven River.

So if you feel you would like to be part of this and more why not contact me on 01206 230345. You can become a volunteer you can give as much or as little time as you can.

On a different note, I enjoyed meeting so many of you at the Flower Festival.

Take care
Liz

Taken from The volunteer Handbook

HOLIDAY FUN AT MESSY CHURCH

On Monday 24th July at St. Mary's Church, Ardleigh from 10am we held our 'Holiday Fun' Messy Church Session. We heard the story of Jesus' Day Off and all the fun he had, which in turn made lots of people happy.

Despite the rain we welcomed 43 children to our morning. The children went off to do the activities around the church. They made frisbees, fished for ducks, and made sandwiches and decorated biscuits for their picnic bags. They also made pictures of Jesus in the desert, donkey headdresses and did a hop, skip and jump competition. Playdough, play tunnels and colourings filled in any gaps.

We were pleased to have Rev. Simon Heron who came and sang and entertained the children before they went to have their picnic on the carpet.

We had a lovely morning and would like to thank all of those who came. We also need to thank our helpers who do such a good job. Our next Messy Church will be on Monday 23rd October at 10am at Great Bromley Village Hall.

Carol Cordwell

Outing to Bury St Edmunds

Instead of our usual monthly meeting in August a coach outing to Bury St Edmunds was planned way back in 2016.

Tending Community Bus was booked to transport us to the Suffolk town of Bury St Edmunds for a day's shopping and sightseeing. Bernard, our driver, arrived in Church Meadow on the dot of 9.30am to be greeted by an excited group of W.I. ladies and friends to go on this first outing together for several years.

Bury St Edmunds is such an interesting and exciting town, so much to see and do, it was market day Wednesday 2nd August, so again a good choice of venue. Each lady was given a guide book and map to help navigate around the sites to see!

Bernard dropped us on Angel Hill where we were met by Chris Hill, a friend of Jenny's, who lives in Bury St Edmunds - Chris was happy to help as guide or friend for those who needed advice of help.

There was so much to see around Angel Hill near to the Cathedral, Abbey Gardens, St Mary's Church, and many places to take coffee or have a delightful lunch in the refectory at the Cathedral, so much architectural and historic magic

Also in the magnificent Cathedral the opportunity to "buy a brick" to help build the

large Lego model of the St Edmundsbury Cathedral, one of only four Cathedrals in the country to be making a Lego model.

Moving through the town to the Market Place in the Buttermarket there was an absolute buzz! so many stalls, people and a colourful atmosphere, flowers, plants, clothes, fish, fruit and veg, time to shop or just soak up the atmosphere. We were lucky with the weather, the threatening rain clouds keeping away until it was time to depart at 4 o'clock for our return journey to Great Bromley.

For those with plenty of energy and time to explore there was a visit to the infamous Arc area of the town. New architecture and a shopping extravaganza built on the site of the old cattle market after years of controversy - the Debenhams building looking like a giant slug!

There was time for coffee, a lunch or afternoon tea before we returned to meet Bernard at the appointed place at 4 o'clock - just as the heavens opened!

A safe and careful drive home. Thank you Bernard for being such a caring driver returning us to the Church Meadow by about 6 p.m.

A lovely day - relaxed and care free, shopping bags bulging. We look forward to the next outing.

Why not join us next time you are always welcome.

Next meeting September 6th at the Village Hall 7.30pm.

Next Ladies who Lunch September 27th at the Court House 12 noon.
Please speak to Joyce 250358.

Next Knit and Knatter 2pm at Cheshire Home September 12th - All welcome.

Knitting, Crochet or just nattering, come and join us for a cup of tea in pleasant surroundings.



CHARLES MANNING (1888-1917)

Charles Manning, or Charlie as he is named in the census, is the only man who is commemorated on both the Great and Little Bromley war memorials.

He lived for most of his life on Paynes Lane in Little Bromley, but moved to Burnt Heath at Great Bromley at some time after April 1911, most likely when he got married.

Charlie's grave is in Plot II, Row D of Feuchy British Cemetery, near Arras. His story was put together by his great-nephew, Clive Manning (who incidentally went to secondary school with me in Colchester).

Hugh Frostick

Charles Manning was born in Little Bromley, the eldest of four children of Benjamin Arthur Manning and Elizabeth (nee Payne). His father was a horseman, a lay preacher and a member of Little Bromley Parish Council. Charles worked on the land. He was the eldest of four siblings, with two younger sisters Grace and Hilda and a younger brother Clarence.

In 1914 Charles married Dorothy Radford. Charles' only son Leonard was born in 1916. As a married farm worker he was in Group 1 for military service and wasn't called up until late January 1917 when he was posted to the 4th Reserve Battalion of the Essex Regiment for training.

On 2nd May 1917 Charlie was part of a small draft initially intended for the 1st Essex but which was almost immediately re-assigned to the 2nd Essex. They embarked at Folkestone and landed at Boulogne on the same day. On the 3rd May the draft moved to 15th Base Depot at Calais. After almost a month at Calais the draft of 45 men under Lt E.G. Griffen finally joined 2nd Essex at Mazieres on 2nd June 1917. The Battalion moved into the front line on 15th June and moved back to reserve at Blagny Camp on the 20th.

On 1st September Charlie Manning was killed in action near Arras. The war diary for the first two days of September notes that the battalion was out of the line but supplying working parties. Given that only one fatality is recorded on the two days it seems probable the Charles was killed on a working party on the night of 1st/2nd September.

The family first heard of Charles' death from the wife of a fellow soldier in the battalion whose husband had written home. Charles' younger brother, the 13 year old Clarence, was sent on his bicycle to tell Dorothy the news.

Clive Manning



HENRY COLLIS (1876-1917)

Henry Collis was born in 1876 in Reading, Berkshire, which was his mother Ellen's home town. Shortly afterwards the family moved to Marylebone in London, where Henry's father, Arthur was employed as a Potman in an Inn. Arthur and Ellen would eventually have five children, though two died in childhood.

Henry lived almost all of his life in London, and was employed initially as a Groom, before later becoming a Coachman, and finally a Bus Conductor. In 1903, he married Harriett Ketley, who was a widow and 18 years his senior. Sadly, Harriett died six years later.

In July 1914, Henry married again, this time to 27 year old Jessie Taylor, who lived in the same street as him in north London. Jessie had been born in Rotherhithe, but her family had moved to Frating when she was a small child, before relocating to Balls Green.

Henry and Jessie lived for a time at Teddington, and it was there in December 1915 that he volunteered to join the Army, though he was not called up until June the following year. At the age of 39, Henry was very close to what was then the maximum age to join the Army, though this limit was increased in 1916.

After completing his Basic Training, Henry was sent to France on 25th October 1916. He spent just over two weeks at an Infantry Base Depot in Rouen, before being posted to the 8th Battalion of The Queen's (Royal West Surrey Regiment). During the 10 months that Henry served with the 8th Queen's, they took part the Battle of Arras, the Battle of Messines and also the early stages of the Third Battle of Ypres.

There is evidence to suggest that Henry and Jessie had at least one son before he joined the Army, and another who was born in July 1917. By then, Jessie had moved to Great Bromley, to be close to her family. It is recorded that by the 1920's, she was living at Dearsley Place on Frating Road.

Henry died of wounds on 11th September 1917 at Le Treport - a town on the Channel coast, near Dieppe - which was the site of an important hospital centre. The Third Battle of Ypres had opened on 31st July, and it is almost certain that Henry was wounded during the first weeks of the fighting. Henry was laid to rest in what is now called the Mont Huon Military Cemetery, at Le Treport.

Mark Ashmore



FRIENDSHIP CLUB

At the July meeting names were taken for the outing to Finchingfield on 13th September. The coach will leave the village hall at 1.30pm.

A "thank you" letter has been received from the organizers of the Flower Festival for our donation.

Members were reminded to bring along to the August meeting items for our Auction. This will be followed by afternoon tea and cakes made by Brenda.

Beryl then introduced the Columbines who sang and played a wide variety of music which was enjoyed by everyone. We do hope they will be returning very soon.

Paula Short is our speaker for September and her subject is Josephine Baker, an American in Paris. The competition, a souvenir of France.

Sylvia Ward

THE THIRD AGE TRUST



THE UNIVERSITY OF THE THIRD AGE

STOUR VALLEY U3A

Recent Meetings

We do not have a speaker meeting in August but our popular Summer Dinner took place on 4 August, once again, in the Constable Hall and was much enjoyed by all who attended.

Future Meetings

Our speaker on 13 September is David Whittle, Vice Chairman of the Harwich Society, whose presentation is entitled "I Do Like To Be Beside The Seaside". The presentation tells how the Victorians were suddenly able to travel due to the harnessing of steam in the form of paddle steamers & railways, leading to the development of seaside resorts on the Essex & Suffolk coasts, including Harwich & Dovercourt.

"Being a Woman Racing Driver & Racing at Le Mans" is the subject of our talk by Celia Stevens on 11 October. She will talk of her experience of racing historic cars three times at Le Mans Classic, once at Nuremburg & all over the UK. And she is still racing!

On Wednesday 8th November Event Organiser Eve Regelous, who worked closely with Harrods, will give a glimpse of behind the scenes of day to day life in this world famous company including its history.

Membership

Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the ThirdAge Trust, have over 300 members and 27 groups. For further information please visit www.stourvalleyu3a.org.uk where membership secretary Gillian Gibbs may be contacted.

Meeting Venue

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except August and December.

Remember

It's never too late to learn! Join over 400,000 members across over 1,000 U3As throughout the UK today!

FROM THE RECTORY

'The times they are a changin' was an attempt by the American songwriter, singer, painter and writer, Bob Dylan, to write an anthem of change for the moment. Which for Dylan was 1964. At the time it was released the single was a moderate hit, squeaking into the top ten. Unlike many of the the songs that charted above it, Dylan's has had astonishing longevity, has been covered by artists from the Beach Boys to Phil Collins, and was recently voted one of the greatest songs of all time.

The social moral and political upheavals of the 1960s found their voice in Dylan's song. It not only reflected a sentiment that was already happening, but also anticipated what would come later.

Change can be exciting, exhilarating and thrilling. But just as easily it can difficult and demanding. Change though is necessary, not for its own sake, but because without it there is only decay. As the American author and lecturer Gail Sheehy said 'If we don't change, we don't grow. If we don't grow, we aren't really living.'

Which is all a long way round of explaining the changing of the times we will be holding Sunday services in our Benefice of Lawford, the Bromleys and Little Bentley.

The wheels of the Church of England move exasperatingly slowly. Our decision to join together as a single Benefice of three parishes was taken some time back, but the legal niceties have still yet to be completed. Despite this, we have been working more closely together over the past year or so, and it has become clear that we need to change the times and nature of some of our Sunday services to better use our clergy, readers and lay preachers, and to see where God might be working so that we can join in.

From the beginning of September, Sunday morning services at Lawford will be at 8am and 10.30am, the pattern of Holy Communion, Family Service and Morning

Worship will remain the same. At St George's Great Bromley, there will be a traditional service of Holy Communion at 9:15 on the first Sunday of the month, then at 9:15 on the third Sunday a family service. Holy Communion will continue to be on the second and fourth Sunday mornings at 10.30am. Evensong will now be on the fourth Sunday. Services at Little Bentley remain the same!

If you haven't been to church for a while, or you come regularly, we very much looking forward to welcoming you at one of our services soon.

Simon

Rev Canon Simon Heron
Lawford, The Bromleys & Little Bentley
Area Dean of Harwich
01206 392659
www.lawfordchurch.co.uk
'Loving God. Living Life.'

CHILDREN'S SOCIETY BOXES

The Children's Society is a national charity that runs local projects, helping children and young people when they are at their most vulnerable and have nowhere left to turn.

On **Saturday 9th September** at St. Mary's Church, Little Bromley during the Ride and Stride, I will be collecting in Children's Society House boxes and giving out new ones.

So if you have an outstanding box or are interested in starting to collect money for the Children's Society, please come along between 10am and 2pm. It would be lovely to see you.

Carol Cordwell

ST. GEORGE THE MARTYR, GREAT BROMLEY



Services for September

Welcome to our services

Please note the service time changes in September

September 3 th	<i>Trinity 13</i> 9.15am	Holy Communion (BCP) with hymns
September 10 th	<i>Trinity 14</i> 10.30am	Parish Eucharist (CW1)
September 17 th	<i>Trinity 15</i> 9.15am	Family Service
August 24 th	<i>Trinity 16</i> 10.30am 6.30pm	Parish Eucharist (CW1) Sung Evensong (BCP)
Curate-in-Charge:	Revd Canon Simon Heron	T. 01206 392659
Churchwardens:	Mrs Jenny Nicholls	T. 01206 230688
	Mrs Yvonne Cobbold	T. 01206 230360

St Mary's church, Lawford			St Mary's church, Little Bentley		
Every Sunday	8.00am	Holy Communion	1st Sunday	10.30am	Morning Prayer
1st Sunday	10.30am	Holy Communion	3rd Sunday	10.30am	Holy Communion
2nd Sunday	10.30am	Family Service			
	6.30pm	Evensong	St Mary's church, Ardleigh		
3rd Sunday	10.30am	Holy Communion	1st Sunday	10.3am	Parish Eucharist
	6.30pm	Café Church	2nd Sunday	8.00am	Holy Communion
4th Sunday	10.30am	Morning Worship	3rd Sunday	10.30am	Parish Eucharist
Wednesdays	9.30am	Holy Communion	4th Sunday	8.00am	Holy Communion

Church Lunch

Friday 1st September
12 midday

Please come and Join us for friendship
and fun.

J.A.M. DROP-IN

Every Friday in St George's church
Term time only
Parents and children welcome
All are welcome
3.00pm to 3.45pm
Refreshments, activities