

# The Messenger

The Magazine of  
the villages of  
Great & Little  
Bromley

October 2017

Vol: 1 No: 10

4:39pm on 24th August 2017



The Red Arrows flying over Great Bromley in honour of the birth 100 years ago of Group Captain Leonard Cheshire VC, OM, DSO, DFC, founder of the Cheshire Homes.

*Photograph: Hugh Frostick*

## KASTISHA'S PAGE

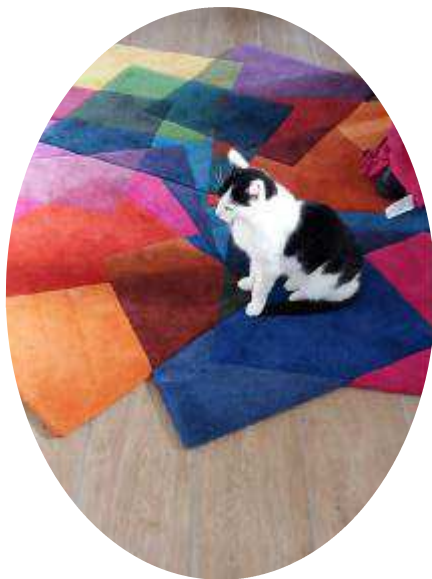
I havunt seen, hurd or cort a single mowse or rabbit since I moved heer. The howse is very nice, warm and cumfutabel and the garden will be good wen Mistress decides ware to poot orl her plants but I cannot get yoused to the noyse and bussel going on arownd me wen I carefully poke mi nose owtside. The slightest noyse - there is lots of masheenery going parst - and I am bak inside ware I feel safe. I hav lots of cuddels on Mistress's lap in the evenings wich annoyz the Dog. She orlso sez I am eeting her owt of howse and home since I havunt been hunting. That's not mi fawlt is it?

Mistress is very pleased to hav fownd her soks larst week. This week she went rownd and rownd the kitchen - she even went in to the garage in case thare woz a box owt thare she had mist - looking for the tin opener. She remembers paking it, she sez. So ware is it, she arks. She haz now given up and bort herself a new shiny wun wich, she sez, is better than the old wun.

She went to a tork on Safety in the Home at sumthing cord the WI. She came bak and poold orl the plugs owt and turned evrything off. She waited ages the next mawning for the kettel to boil becoz she forgot to plug it bak in. She haz orlso got herself a little step ladder (after she fel off a chare) with a rail to hold on to as she is too shawt to reech the top cubords.

Mistress came back from her wark a fu dayz ago with a poket full of conkers. She likes her conkers. Thay r a shini brown color until thay go dul wen she then just leeves them in a pot owtside until thay r orl rinkli. She duz this evry yeer. Y?

With only 93 dayz to Crismas there r lots of fares in the villages to go to for orl yor shopping. Playz and conserts too—enjoy yourselves. Don't eet too much.



### **MATERIAL** for the **NOVEMBER 2017** edition of 'The Bromley Messenger'

should reach the Editor, Leonie Henderson, by **14th OCTOBER 2017** please. Contributions from anonymous sources will not be printed. Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.

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# GREAT BROMLEY PARISH COUNCIL

[www.gbpc.org.uk](http://www.gbpc.org.uk)

Clerk: Lizzie Ridout Email: [clerk@greatbromley.org.uk](mailto:clerk@greatbromley.org.uk)

PLEASE SUPPORT OUR SPONSORS & ADVERTISERS

At our meeting, a resident kindly informed us that the Chelmsford Motor Club have been distributing a new route and associated paperwork. This has been passed to us, and we have sent a copy to Tendring District Council. We will update when we have further information.

Can we remind all residents that weed kill spraying on public land is prohibited. A substantial area in Mill Lane and the nearby bridle path has unfortunately been subjected, and the loss of wildlife is quite apparent.

The Autumn Litter Pick will take place on Saturday 11 November, starting at 11am with a minute's silence. Now that the Post Office is open at The Bromley Cross Pub, we have asked Essex Library Service if their visits can recommence – we will let you know if we are successful.

The Chairs of Great Bromley, Ardleigh and Frating attended a meeting with County Councillor Grundy at ECC, arranged by Cllr Guglielmi. Concerns about the speeding lorries were raised, principally lack of signage and enforcement. It appears that the signage issue was being addressed.

Affinity Water has launched their 'Keep Track of the Tap' campaign to ensure customers have the advice and practical help they need to save water. The 'Keep Track of the Tap' leaflet has been delivered to approximately 1.7 million households across Central and Southeast regions during July. This led to a substantial increase in water saving device orders and visits to their save water web page.

Affinity Water has also launched radio and advertising campaigns across their regions to reinforce the water saving message and encourage uptake of water saving devices. For further information, visit [www.affinitywater.co.uk/savewater](http://www.affinitywater.co.uk/savewater).

Finally, Panther Travel has a new bus service – the X15 is a direct bus service that links Harwich, Dovercourt and the surrounding villages with the University of Essex, and stops at Harwich Road, Hare Green. For times visit <http://www.panther-travel.co.uk/timetables>

*Lizzie Ridout, Parish Clerk*

## GT BROMLEY & DISTRICT CRICKET CLUB



### 100 Club Winners - August

1st.	Mr. Andrew Fairley
2nd.	Mrs. Ruth Lawson
3rd.	Mr. Terry Cuthbert

## PLANNING DETERMINATIONS

REFERENCE	PROPOSAL	LOCATION	DECISION
17/01010/FUL Mrs Lorna Sharp	Demolition of north east roof and end flank wall. Alteration of internal spine wall. Construction of two storey extension with enlarged existing infill central extension and single storey side extension.	1 Hill Cottages, Parsons Hill, Great Bromley CO7 7JA	Approval - Full <b>02.08.2017</b> Delegated Decision
17/01020/OUT T J and R A Chalmers	Outline application for up to 2 No. dwellings.	Land at Frating Road, Balls Green, Great Bromley CO7 7JU	Refusal - Outline <b>16.08.2017</b> Delegated Decision
17/01051/FUL Mr Gary Mills - Mills and Kirby	Single storey orangery style extension.	Summer Breeze, Frating Road, Great Bromley, CO7 7JW	Approval - Full <b>24.08.2017</b> Delegated Decision
17/00787/FUL Mr & Mrs Johnson	Proposed extensions and alterations to main dwelling. Proposed detached carport to the side of main dwelling. Proposed detached garage with workshop and office above to the rear.	The Nook, Colchester Road, Great Bromley, CO7 7TN	Approval - Full 01.09.2017 Delegated Decision
17/01158/ COUNOT Mr R Moss	Change of use of an agricultural building to flexible commercial use.	Primrose Farm Hall Road Great Bromley CO7 7TR	Determination prior approval not required 31.08.2017 Delegated Decision
17/01303/TPO Mr Richard Peperell	T28 T29 T30 - Willows Hard Pollard back 50-60% T53 - Field Maple cut back overhanging branches 20-30% 5 metres clear from ground	Land at Springhill Close Great Bromley	Approval - Full 29.08.2017 Delegated Decision

## DISTRICT COUNCILLOR NEWS

A120/Harwich Road roundabout, work appears to have started, certainly some heavy machinery has been working away on Monkey Street. There will be traffic disruption during the build and part road closures but it will make for a safer junction when completed.

You may recall in last month's Messenger mention was made of a complaint lodged

with the Traffic Commissioners following a meeting with Arleigh, Frating and Great Bromley councillors regarding the Heavy Goods Vehicles in breach of weight restrictions on our roads. It may be coincidental but there appears to be a decrease in the number of these vehicles.

The amount of planning applications seem to have slowed down; we are also very

*Continued on page 5*

## PLANNING APPLICATIONS

REFERENCE	PROPOSAL	LOCATION
17/01252/FUL Mr & Mrs Shaikly	Change of use of Essex barn to residential.  Great Bromley Parish Council was neutral on this application but had concerns about the water supply being inadequate. Concerns also about sewage system as there is a well used for drinking water within 500m. (DEFRA guidance). There was also concerns about flooding (ref DEFRA flood map), and it was felt that Lilleys Lane would not be able to cope with the increased volume of traffic.	Lilleys Farm, Carringtons Road Great Bromley, CO7 7XA
17/01289/ LUPROP Mr M Volf	Formation of living accommodation within roof space of existing barn.  Great Bromley Parish Council supported this application but recommended an ecological survey be undertaken on the site to preclude the habitation of bats.	Morants Hall, Colchester Road Great Bromley, CO7 7TN
17/01297/FUL Mr M Lamb	Additional parking area for car sales.  Great Bromley Parish Council supported this application and hoped that the plans would prevent any future parking on the main road.	Selecta Cars, Harwich Road Great Bromley, CO7 7JG
17/01397/FUL Mr R Moss	Removal of Condition 12 of 05/02008/FUL.  Great Bromley Parish Council was neutral to this application.	Primrose Farm, Hall Road, Great Bromley, CO7 7TP

### *District Councillor news Continued*

pleased the Planning Inspectors appear to be refusing many appeals, however there are still a number of outstanding appeals to be decided.

Lack of policing is still an issue in our villages. The 101 system does not seem to have improved. Darren Deeks, our community police inspector, is aware of the problem and has made representation to Police Headquarters regarding this. I did include his details in last month's Messenger.

District Council were very pleased with the attendance at Clacton Air Show and the amount of support that was given by

spectators to the various businesses in our district.

The residents of Great Bromley and Frating were treated to a wonderful fly over by the world famous Red Arrows on both days of the Air Show. On their way to Clacton they flew over Leonard Cheshire Seven Rivers Home in Great Bromley to celebrate the 100th birthday of its founder Leonard Cheshire VC.

Rosemary and I are always available to try to answer and problems you feel we may be able to help you with. Our details are in the Messenger.

*Fred Nicholls*

## LITTLE BROMLEY FÊTES



I fondly remember the marvellous fêtes held at Seven Rivers in the Seventies. What I was not aware of, at that time, was the activity in Little Bromley. The late Mrs Whitworth-Jones of New House Farm told me about the village fetes in her grounds, and I have a few photos of that.

In visiting Mrs Joyce Osborne, now in Cambridge, I have been corresponding with her sons Martin and Robin. They used to live at "Cirrus" on Pot Corner (as mentioned in a previous article with a picture of the pot) and they hosted the Little Bromley Methodist Chapel Fete in their garden. The side shows for the fete were borrowed from a man named Mr Gibling from Bradfield.

The snap, top right, shows Joyce with Mr Fred Skilling who is awarding a prize to Percy Catling. On the far right is Joyce's mother, Lizzie Warner (nee French). Does anyone know about Fred Skilling, as I have

never heard the name? And who is the little girl?

Percy Catling was the brother of Eric Catling, the barber at Arleigh. They both lived at Bradfield and were both Methodist Lay Preachers.

The cutting, bottom right, from the Colchester Express, June 1970, shows a Teddy Bear display. The two on the left are Robin & Martin's teddies. Does anyone know who the young men are in the photo? Or recognise their own teddy!

*Hugh Frostick, with thanks to the Osbornes.  
Tel. 01206 617324*

*(The pictures are in the online magazine at [www.greatbromley.org.uk](http://www.greatbromley.org.uk) where you can see them more clearly than in print.)*



Teddy bears of all shapes and sizes—this was one of the stalls at Little Bromley Methodist Association fete on Saturday.

## FRIENDSHIP CLUB

The main event of our August meeting was the auction which raised a grand total of £60.90. for Club funds. Many thanks to Pat, our Auctioneer and Gill his helper.



During the business of the meeting Beryl announced that Lesley has very kindly agreed to arrange future Speakers for the monthly meetings. She also informed

members that the flower Festival held at our church raised a marvellous £2500.

We rounded off the meeting with a superb afternoon tea of sandwiches and delicious cakes made by Brenda. Very many thanks to her and her team of helpers.

The Speaker for October is Paul Bowers who lives in the village. He will be speaking on fire prevention. The competition, a small watering can.

*Sylvia Ward*

## THE DEDHAM EDUCATIONAL FOUNDATION

**The Governors invite applications** from residents in the Parishes of Ardeigh, Bradfield, Dedham, Great Bromley and Stratford St Mary for financial grants available in the following categories:

### **Secondary Schools and Sixth Form Colleges**

Applicants must be at least 12 years old on 1 August in the year of application.

### **Universities and Colleges of Further Education**

Applicants must have lived in one or more of the five parishes for at least two years prior to application date.

**For an application form or further details contact Clerk to the Governors, Mrs Jean Flewin, Coppins, Crown Street, Dedham, Essex CO7 6AT. Tel: 01206 322215.**

**Closing date for applications: 31.10.17**

## KITCHEN CORNER

### **SPICED SPROUT SOUP**

Not everyone likes sprouts as a vegetable but soup is another story!

8 oz Brussel sprouts, sliced  
1 small onion chopped  
1 small potato diced  
1 oz butter  
1 pint chicken stock  
1 egg yolk  
4 tbsp cream

#### **Method:**

- Melt butter in a pan and gently fry the onion and potato 5 minutes.

- Add the sprouts with  $\frac{1}{2}$  teasp of Hot curry paste and cook 2 more minutes.
- Add the chicken stock and simmer 15 mins.
- Cool and then puree. Return to the pan.



- Stir together the egg yolk and cream, beat in a little of the soup then add to the pan

Reheat without boiling and serve with croutons.

*Jill Frostick*



The WI met on Wednesday 6<sup>th</sup> September. Nothing out of the ordinary there. Following a brief business session, Sue Orriss introduced our guest speaker, Lisa Mitson



from Essex Fire Brigade, whose talk was covering 'Safety in the Home'. We all thought it would be pretty straight forward. We'd allowed 40 minutes, with time for

questions. Standard practice.

Were we disabused. Lisa commenced talking to us, in fact, teaching us. Within minutes, everyone was captivated. Asked how many of us have either/and or a fire blanket/fire extinguisher in our kitchens, a few hands were raised. "Which would you use if there was a fire on the hob of the oven?" Various answers were called out. Shaking her head, she told us "Neither. You would leave the kitchen, closing the door and get outside as quickly as possible, then dial 999." Hmm, all those well intentioned wedding gifts aren't needed. And so it continued, one example after another. Most of us admitted to leaving the kettle plugged into the socket with the socket switch on, more or less permanently. Bad idea. Lisa produced an electric kettle that had been left in that manner and had burned. It belonged to her parents. They had finally started to listen to her advice. Similarly, she produced a mobile phone that had been left plugged into the charger.... Yes, mangled. Many of us didn't know that mobile phones should not lie on soft furnishings (carpets, sofas, bedding etc) whilst being charged, but hard surfaces. Also, they should not be left on over-night – which we have been known to do. Multi-sockets with multi plugs in them – potential fire hazards. Micro-wave ovens – treat with caution. Candles – very dangerous. We all thought we knew that, but even if we've taken all precautions to standing them on protective surfaces and in candle holders of whatever style: never

leave the room if they are alight. Tea-lights are notoriously dangerous. Laptops etc: if able to switch off and unplug the power when not in use, do so. Her talk continued apace. We were not complacent in the least. Advice, examples, antidotes followed one after the other. After about 1¼ hours, she came to a close. She then answered many questions. During refreshments, Lisa continued to speak to individual members. A number of us are having visits to check our fire alarms and change them if necessary. We were buzzing...

Following refreshments, Kay Lodge, our County Chairman, was introduced. She had come along to talk with us about what we can and can't do regarding fund-raising. This had stemmed from a letter sent to all WI's in the county some time ago, regarding supporting a charity of which George Mills was our known contact. Kay had been accompanied by Sheila Gunson, our County Treasurer and our W.I. Advisor. She also imparted advice.



A full and frank evening, which will not be forgotten in a hurry.

If you would like to come along as a visitor to a meeting, you are more than welcome. Our speaker on 4<sup>th</sup> October at 7.30 will be Andy Malcolm, talking about the Fisherman's Mission.

Expect more startling facts...



# THE BROMLEY CROSS

## Bromley Cross Gets Stamp of Approval

Residents of Great Bromley and nearby villages celebrated the opening of a new Post Office and Coffee Shop on 30 August in the community-owned Great Bromley Cross Pub. The Post Office, which was opened by long-time Bromley resident Beryl Hurst, will now continue to open every Wednesday between 10am and 12 noon. It will provide a much needed set of services from mobile phone top-ups, foreign currency ordering, banking to the usual Royal Mail postal services at home and abroad.



Commenting on the new service, Lesley Broadbent a committee member of the local community group, said: *It's great to be able to offer local people a Post Office again after an absence of some two years. And with the opening of the new Wednesday morning Coffee Shop selling tea, coffee and cake, there's every reason to come and meet people and have a chat. And it gives us an opportunity to offer new services such as a pop up Nail Bar, which will be in the Coffee Shop Post Office every other week.*

The Post Office is a Hosted Outreach service which operates from The Cross after the Post Office held a public consultation over the past couple of months.

The Coffee Shop will be run by local Kate Brotzman in a brand new venture. *"I have been involved with The Cross as a volunteer since it reopened as a Community Pub/Hub last year,"* said Kate. *"I enjoy baking and wanted to take it to the next stage and am looking forward to welcoming people every Wednesday."*

The Bromley Cross was taken into Community Ownership in December 2016 after forming a Community Benefit Society. Local people raised £210,000 to purchase it. This year has seen the former pub transform into a community hub with an extensive event programme and significant investment in new facilities. The Cross has hosted everything from a Dog Walkers' BBQ to CPR training. It also hosts art exhibitions from nearby Mother Studios based in Ardeigh. July saw the opening of a new £28,000 commercial kitchen following a successful grant application from CGC Environment Trust. Other grant applications are in the pipeline which could see further improvements. There's more information on the group's website [www.greatbromleycross.org.uk](http://www.greatbromleycross.org.uk) and Facebook group Save The Bromley Cross.



## SEVEN RIVERS CHESHIRE HOME

Tomorrow (7 September) we celebrate the birth of our founder Group Captain Lord Leonard Cheshire VC, OM, DSO, DFC. On their way to Clacton Air Show the Red Arrows (*see cover photograph*) Honoured Leonard Cheshire with a Fly pass, I hope some of you were able to view this when you visited our home on that day and I hope you felt welcomed.

I am hoping that tomorrow the sun will shine and we are able to celebrate outside. We have some lovely old photos that will be on display, but if you have any of the fetes for the past I would love to see then and have a copy. Those will be great for next year as Seven Rivers Celebrates 60 years of being in Great Bromley.

But with the past we have to continue to look forward and improve life within our home. At this time we have the builders in! since they started about 2 weeks ago I've had to share my office space with men putting in new pipes and new electrics for the new lift. Our front lounge has been redecorated, wet paint everywhere. It's men, woman, ladders, bits of pipe

everywhere. But like at home you just have to hope it will be worth it in the end, and the new lift will improve our residents lives so much.

Forward planning we will be holding our Annual Bonfire Night this year on 3 November so please make a note of the date as I know lots of you enjoy this event and again this year we have a fabulous display of firework for you. We've also moved the date of our Christmas Market to 2 December, look for the posters for times.

Take care Liz x



Photograph: Hugh Frostick

## THANKS

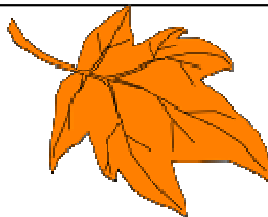


### MACMILLAN COFFEE MORNING - A HUGE THANK YOU ...

..... to everyone who supported our MacMillan charity event. The sum of £450 was raised and we are extremely grateful for the generosity shown. So many kind folk did so much - donating, manning stalls, baking, buying, providing the entertainment and generally being there. It really was a lovely day - not least because the weather was kind (a rare event!) and it was a joy to hear lots of singing along to the music being played by Azzucar. So, see you next year and, again, our heartfelt thanks to all.

Brenda and Richard

# 2017-18 EVENTS



## OCTOBER

- 4 Festive Fayre, Village Hall, 10.00am
- WI meeting, Village Hall, 7.30pm
- 8 Tendring Brass Band concert, Village Hall, 3.00pm
- 7-8 Quilt Show, Venture Centre
- 14 WI Coffee Morning, Village Hall, 10.00am
- 19 Friendship Club Meeting, Village Hall, 2.00pm
- 21 Hallowe'en Craft Fair, Lawford Venture Centre, 10.30am
- 22 SVAM concert, East Bergholt church, 4.00pm
- 23 Messy Church, Great Bromley Village Hall, 10.00am
- 29 Family Hallowe'en Fancy dress disco party, Venture Centre, 7.30pm

## NOVEMBER

- 1 WI meeting, Village Hall, 7.30pm
- 3 Bonfire Night, Seven Rivers Cheshire Home
- 11 Autumn Litter Pick, Great Bromley, 11.00am
- 12 Remembrance Sunday
- SVAM concert, East Bergholt church, 4.00pm
- 16 Friendship Club Meeting, Village Hall, 2.00pm
- 17 Old Curiosity Shop, Village Hall, 7.30pm

## DECEMBER

- 2 Christmas Market, Seven Rivers Cheshire Home
- 6 WI meeting, Village Hall, 7.30pm
- 9 Christmas Fayre, Village Hall
- 21 Friendship Club Meeting, Village Hall, 2.00pm

4th November

### Village Hall charity fundraising Festive Fayre

10am to 1pm

All brand new mainly hand crafted gifts, decorations, jewellery, perfumes, cards, face painting, children's fun, books, cakes, confectionary, meats etc. and more. Refreshments available. Some early Christmas shopping!



### A Quilt Show with a Twist!

7<sup>th</sup> & 8<sup>th</sup> October 2017

at Venture Centre Lawford  
*in aid of Essex Air Ambulance*

Displays and demonstrations in wood carving, pottery, journal making, miniature painting & more  
Display of work by Venture Quilters \* Silent Auction \* Raffle for a quilt.

A workshop by Iveren will run throughout the exhibition for a chance to try out fantastic Glitter-Liner pens.

Also - Craft stall, light refreshments plus And Sew On Fabrics

Admission is £2 with accompanied children's entrance free.

## HALLOWEEN CRAFT FAIR

*In aid of The Multiple  
Sclerosis Society*

Saturday 21st October

10.30am - 4pm

Lawford Venture Centre

**30 Local Craft Stalls, Face Painting,  
Home Made Cakes, Christmas Gifts  
Free Entry. Free Car Park. Refreshments.**

Tel 01206 396868 or

email: [louisejoplin@btinternet.com](mailto:louisejoplin@btinternet.com)



1<sup>st</sup> Lawford Scouts are hosting a

### Family Halloween Fancy Dress Disco Party

on Saturday 29<sup>th</sup> October 2017  
at The Venture Centre Lawford  
from 7.30 – midnight



There will be a Disco, Bar and hot food  
available (Hot-Dogs, Bacon Roll & Burgers)  
Prize for the best dressed under 16

Tickets £5.00 adults & £2.00 children under 16  
All money raised to go to the Scout Fund  
Tickets from Mick 01206 395581



**Baby Moses joins us at**



Come and have some family time, some messy fun and a light lunch on  
**Monday 23<sup>rd</sup> October**  
 10.00am – 12.30pm  
 at Great Bromley Village Hall  
 All Welcome!

**For more information please contact Carol Cordwell: 01206 395103**  
 The Churches of Ardeleigh and the Bromleys

Donations of £1.00 per child (Accompanying adults free)  
 Registration between 10 and 10.15am

**AUTUMN LITTER PICK**

11th November, 11.00am  
 in Great Bromley  
*More details next month*



**Stour Valley Arts & Music**

**CASTALIAN STRING QUARTET**

Sunday 22 October at 4.00pm  
 St Mary the Virgin Church, East Bergholt  
 Haydn's Quartet op20 no2,  
 Schumann's Quartet in A minor op41 no1,  
 Beethoven's Quartet in A minor op132



**TRIO CON BRIO COPENHAGEN**

Sunday 12 November at 4.00pm  
 St Mary the Virgin Church, East Bergholt  
 Haydn's Piano Trio in G major  
 Hob XV:25 Gypsy  
 Smetana's Piano Trio in G minor  
 Schubert's Piano Trio in B flat major D898



**Tickets** obtainable from:  
 Tel.01206 298426 or  
 Email. [svamtickets@btinternet.com](mailto:svamtickets@btinternet.com) or  
 Website. [www.svam.org.uk](http://www.svam.org.uk)

Gt Bromley WI are holding a

**Coffee & Cake morning**

Saturday 14<sup>th</sup> October  
 10.00am-12.30pm  
 in Gt Bromley Village Hall

Cakes \* Produce \* Books  
 Raffle

*In aid of Family Activity Breaks  
 (Activity Camps for bereaved military families)*



[www.tendringbrassband.co.uk](http://www.tendringbrassband.co.uk)

**Tendring Brass On Tour in Tendring**

An afternoon of musical entertainment at



Gt Bromley Village Hall  
 on Sunday 8th October at 3.00pm

Tickets £5 available by calling 07963 645583/0845 2500582

or email [enquiries@tendringbrassband.co.uk](mailto:enquiries@tendringbrassband.co.uk)

Seven Rivers Cheshire Home will be holding their

**ANNUAL BONFIRE NIGHT**

on 3rd November

and their **CHRISTMAS MARKET**

on 2nd December

*More details next month*



**Old Curiosity Shop**

Friday, 17 November 2017 at 7:30pm  
 Great Bromley Village Hall

**Adapted by Pat Whymark & Julian Harries from the book by Charles Dickens.**

The production will feature original folk music by Pat Whymark, played and sung by our talented troupe of actor-musicians.

You can book tickets now  
<https://experiencetickets.co.uk/project/the-old-curiosity-shop/>

## IN THE GARDEN WITH KATE



The little furry devils are back - the squirrels. I saw one bounding across the lawn with one of MY walnuts in its mouth - I have managed to collect about eight this year, walnuts that is, not squirrels, which for a tree the size it is, is pretty awful. About one each at Christmas. As if nicking them is not enough, they then dig holes in the lawn, presumably to bury them, and together with the moles (who seem to have reappeared) it's enough to make a gardener weep! I must say though, compared to my son's garden in Leeds, it is nothing. They have to contend with armies of munching slugs devastating all in their path, and anything that survives that is dug up by the baby foxes who appear to have taken up residence in their garden.

On the positive side we seem to have had a bumper harvest this year of apples, pears, and I'm told, plums. I am hoping that I might actually get to eat some apples this year - in previous years most of the stored apples have been eaten by mice, but this year my husband has done clever things with fine wire mesh, so hopefully that will foil them!

I can't believe it's September already, and will be October by the time you read this. I haven't noticed any Christmas stuff yet, but that may be because I'm unobservant. I have noticed the evenings are drawing in, and it gets light a great deal later.

Shortening day length signals the approach of autumn/winter to many plants, and they will start battening down the hatches, which means that leaves will be starting to fall. Personally, I leave any leaves that land on the flowerbeds, but it is a good idea to rake them off the lawn, and if you have time, run them over with the mower. This shreds the leaves and speeds composting.

Another autumn job which is fast approaching is hedge trimming. This is much easier once the leaves have fallen and immediately, like cutting the grass, makes the garden look much tidier. It is also important to clip your hedges onto pavements or at the side of the road, as you are legally obliged to do this.

The flower borders need to be tidied with dead flower stems cut down, and weeds removed. Tubs and containers with summer bedding will probably look very tired by now, and will need replacing with winter bedding plants.

Bulbs (except tulips) can be planted either in containers or the soil. If you are lucky enough to have a pond, the marginal foliage will need cutting back and clearing away - it always amazes me how large our pond actually is! If any vegetation is removed from the pond itself, leave it beside the pond for a few days to enable any pond creatures to crawl back to the pond. Finally, net the pond to stop the leaves falling in. Enjoy your garden!

*Kate Strowbridge*

# THE DOCTORS' SURGERY NEWS



## Great Bentley Surgery

### Booking Appointments

**With the usual busy winter season heading fast in our direction, here's a reminder about how our GP appointment system works:**

We only have a fixed number of appointments to offer and have to ensure that our patients get the appointments they need rather than want. Our receptionists have been carefully trained by the doctors here to ask questions about what you need. Please help them to help you by answering their questions as more often than not, they will be able to find you the soonest appointment. You can politely decline however if it is highly personal.



to need to be seen on the same day, you can again ask to go onto the daily triage list and the on call doctor will call you back, usually within an hour. If the doctor agrees it is urgent, you will usually get an appointment a few hours later. If it can wait an appropriate appointment will be found for you on another day, but within a timescale suitable for your medical need.

### Home Visit Requests:

If you're unable to get to the surgery because you are housebound, you can call to arrange a home visit. But remember, such visits are for medical, not social or personal reasons. Lack of transport is **not** an acceptable reason for a visit request and children can always be brought to the surgery. Home visit requests **must** be made before 12.00 midday but preferably as early as possible. Requests after midday are unlikely to be possible due to existing doctors' clinics.

**IT IS ALWAYS BETTER TO BE SEEN  
IN A FULLY EQUIPED GP  
SURGERY WITH PROPER LIGHTING,  
EXAMINATION EQUIPMENT AND  
ACCESS TO TESTS.**

### Non Urgent GP Appointments:

Most non-urgent matters can wait until the next available non-urgent appointment which can weeks ahead, **but** if you feel it cannot wait until the first available non-urgent appointment then you can ask to be put onto the triage list to speak to the on call doctor that day. He/she will decide upon the most appropriate appointment for your issue. The on call doctor's decision is final however and is based on medical need, not convenience.

### Urgent GP Appointments:

**Please be aware that we do not offer a walk in service. Urgent on the day requests must be made by phone. If you walk in, you will be asked to return home and await a call from the on call doctor.** If you feel that your issue is urgent enough

### Patient Participation Group

This month the patient participation group will be meeting on Thursday October 19th at 6.30pm at the Great Bentley village hall.

*Richard P Miller, Practice Manager*

### BIRD WATCHING GUIDE

#### BRUCE ROOT

07951164315/07527040401  
01206 852612  
patthenurse@hotmail.com

Bird watching guide  
Powerpoint Presentation Available



### VACCINATIONS – food for thought!

As the flu season fast approaches, we are encouraged to keep our vaccinations up to date. This is now done 'en masse' via text messaging, an easy way to reach as many people as possible. Having recently returned from Italy, I scoured the UK newspapers to see if there was much coverage about the recent protests against compulsory vaccinations throughout Europe that took place in several European cities since May. I found only 2 short articles. The protests were not so much about whether we should vaccinate our children or not, but whether we should retain the right to make that decision ourselves. The European Forum for Vaccine Vigilance (efvv.eu), which has organised the Europe-wide protests, describes mandatory vaccination as a **breach of fundamental human rights**.

Asset ([www.asset-scienceinsociety.eu](http://www.asset-scienceinsociety.eu)) – a pro-vaccine group, also doesn't believe that a compulsory programme is valid. Strict, draconian laws are being introduced in Italy, France, Austria, Germany, Poland, the Czech Republic, amongst others, where parents are being threatened with high fines, non-admission of their children to nursery and sometimes threats of the children being taken away by social services! The Italian government approved making 12 vaccines, including measles, rubella and chickenpox, mandatory starting this September, for children entering school. Children will not be accepted into nursery or pre-schools without proof of vaccinations, while parents of school-age children will face hefty fines for non-compliance.<sup>1</sup>

If you were unaware of this going on in Europe, the British Medical Association (BMA) are being asked to consider introducing mandatory vaccinations in the UK too, as we speak.<sup>2</sup>

Shouldn't there be a public debate on this matter? This is dictatorship at its worst where people won't be allowed to make their own mind up. It is unbelievable that this is going on in 2017 in a democratic

country where we have freedom of speech as well as freedom of choice. It's incredible that this idea is even being considered, let alone instigated!

Of course, it all boils down to what we know about vaccinations. If you don't know very much, then start reading literature that will give you all the facts you need to know. Yes, there is much misinformation out there and one needs to know where to start. The informed parent website – [www.informedparent.co.uk/info](http://www.informedparent.co.uk/info) - is an excellent starting point. There is much science based information on the site explaining the facts about vaccinations. The European Forum for Vaccine Vigilance – [www.efvv.eu](http://www.efvv.eu) – you can find pro-choice organisations here and a list of vaccinations in all the European countries, including the UK.

[www.arnica.org.uk](http://www.arnica.org.uk) – Arnica is a parent support group that helps parents to make their own informed decisions on various health issues, including vaccinations. A book covering the history of vaccines is also an important addition to the vast amount of information available: *'Dissolving Illusions – Disease, vaccines and the forgotten history'* by Dr Suzanne Humphries and Roman Bystryanik (Amazon).

This is an extremely controversial and complicated subject, which needs a thorough independent examination, without accusation and intimidating measures which could impact our freedom of choice.

### Suzanne

Natural Health Consultant  
Specialising in Naturopathic Nutrition

<sup>1</sup> <http://www.dailymail.co.uk/wires/ap/article-4523188/Italy-makes-12-vaccines-mandatory-school-age-children.html#ixzz4sNp5LdyA>

<sup>2</sup> <http://www.informedparent.co.uk/info>



# Little Dragons Pre-School - Great Bromley & Frating

Church Meadow Bungalow, Hall Road, Great Bromley CO7 7TR  
Ofsted Inspected

Website: [www.littledragonspreschool.org](http://www.littledragonspreschool.org)  
Email: [littledragonspreschool@gmail.com](mailto:littledragonspreschool@gmail.com)



## OUTSTANDING OFSTED INSPECTED OUTSTANDING

### **BREAKFAST AND AFTER SCHOOL CLUBS- PLACES AVAILABLE**

**Tel: 01206 231823/ 07857 503103**

We are flexible and happy to take children for the occasional session and times to suit your situation.

If you require further information please call us on the numbers above or pop in to see us.

**30 Hours funding** for eligible parents comes into effect from September 2017 - give us a call for more details.

**Change to opening hours - We are now open all day on Fridays including Breakfast and After School Clubs.**

The children have all settled in after the holiday and we are also welcoming our new children. We hope you enjoy your time with us. Some of the children who have left to start school are now attending our breakfast and after school clubs too- lovely that we continue to see them progress.

In our sensory garden the children have been collecting seeds from dried flower heads to save for next year and we continue to care for the pumpkins, squash and sweetcorn which are getting bigger by the day. The children are also tidying the garden ready to plant our spring bulbs.

### **Please help us to collect:**

Used Printer Ink Cartridges/ biscuit wrappers/ plastic bottle trigger heads and caps from washing up bottles.

**OUR RECYCLING STATION now makes it easier to drop off items**

We have set up an area – just inside our main gates, on the right, with boxes for you to drop off collected items. Thank you.

We take children from the age of two years and offer a 'home visit' to families of children prior to them starting Pre-school. This gives the child the opportunity to meet their key-person in their own home, aiding the transition stage to pre-school. It also enables us to collect and share information in a confidential environment.

For further information or to arrange a visit to the setting please contact us on the above number.

**Party Table and Chair Hire**  
**Having a party for Pre-School children?**  
*We can offer 4 perfectly sized tables & 20 chairs.*

*Deposit only £10 Tables only £5.00 each  
Chairs Only £1.00 each*

*Collection Only - Contact us: Tel: 07857 503103 Email:*

*[littledragonspreschool@gmail.com](mailto:littledragonspreschool@gmail.com)*

### **Dates for diary:**

Week beginning Mon 16th October  
Preschool closed (breakfast and after school clubs open as usual)

Week beginning Mon 23<sup>rd</sup> October  
Preschool closed for half term

Monday 30<sup>th</sup> October  
Preschool re-opens

### **Complimentary Therapist**

**Reflexology  
Chinese Facial Massage  
Rahanni Practitioner**

**To make an appointment  
please call  
Mandy on 07887 684208**



# A FARM AND MORE

With Harvest now over and all stubbles being ploughed and cultivated, the start of a new season has come round again. With our very unpredictable weather playing havoc on our lives over the Spring, we were very surprised how good the yields were. The drought in April was our main worry for crops not growing, but was recovered by the late rain in June. There is a lot of time and effort put in by every farmer when it comes to planting a new crop. Many farms will have a special crop rotation plan for



their land often guided by an agronomist, they are professionals who look for ways to increase soil productivity which in turn allows the farmer to grow a better crop.

Even though harvest for cereals has stopped, potatoes, sugar beet and onions are still being lifted. These crops are often sold in shops right on our door steps. It's great to know that the produce we produce stays local and is enjoyed by our community.



All our livestock are still living outside at the moment. With the warm weather and sunshine, the lush grass is still growing, keeping our animals well fed. Coming up in the winter months the shooting season will commence offering game onto many people plates. The butchery has invested in a plucking machine so we will be offering game birds plus a tasty game sausage too...

Until next time, Thank you  
*Becky*  
[www.beckysbutchers.co.uk](http://www.beckysbutchers.co.uk)



**The Bromley Cross**  
**Great Bromley**  
**CO7 7TL**

*Community-owned, community-managed and community-run village pub*

**Opening Times** Thursday 6:30 – 11:00  
Friday 6:30 – 11:00  
Saturday 6:30 – 11:00  
Sunday 12:00 – 3:00

**Café/Post Office** Wednesday 10 - noon

## Events Diary

Sat 7 Oct Riverside Fish & Chip Van from 6.30pm to 9ish  
Thu 12 Oct Acorn Village Charity Quiz. 8pm - Booking essential  
Sat 14 Oct Curry Night with Mango & Lime from Wivenhoe 7-9.30pm booking essential  
Thu 19 Oct Pop Up Shops. Stella & Dot Jewellery & Mimi's Boutique  
Sat 21 Oct Live Music with Tea Ladies. Cajun-ish covers from 8:30  
Thu 26 Oct Open Floor Music Night  
Sat 28 Oct Bingo Night. 7:30 for 8 start

[info@greatbromleycross.co.uk](mailto:info@greatbromleycross.co.uk)  
[www.greatbromleycross.org.uk](http://www.greatbromleycross.org.uk)  
01206 621772



# STOUR VALLEY MEN'S PROBUS CLUB

## Recent Meetings

Returning after our Summer break on Wednesday 6 September Tom Williams presented "Everyone has a book in them" and two weeks later on Wednesday 20 September Philip Roberts talked to us about "The Mary Rose". Both presentations were enjoyed by our Members.

## Future Meetings Diary Dates

Our first October meeting is on Wednesday 4<sup>th</sup> when Andrew Morton will talk of "The work undertaken by the Colchester Food Bank" followed on Wednesday 18 October by David Ablewhite, who returns again, this time to present "The Royal Family". Our two November meetings take place on 1<sup>st</sup> & 15<sup>th</sup> when Ted Wheatley & Dennis & Ann Kell will present "Overland to India" & "Wildlife in the Falkland" respectively. On 6 December Paul Oliver presents his

popular Christmas Quiz and at the final meeting of the year Barbara Faulkner will tell us about "The Man in Red"

## Meeting Venue

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB

## New members

Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30am. Please contact Speaker Secretary Dave Carman on 01255 880202 for further details.



# STOUR VALLEY U3A

## Membership

Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the ThirdAge Trust, have over 300 members and 27 groups. For further information please visit [www.stourvalleyu3a.org.uk](http://www.stourvalleyu3a.org.uk) where membership secretary Gillian Gibbs may be contacted.

## Recent Meetings

Our speaker on 13 September David Whittle, Vice Chairman of the Harwich Society, presentation was entitled "I Do Like To Be Beside The Seaside". The presentation informed us how the Victorians were suddenly able to travel due to the harnessing of steam in the form of paddle steamers & railways, leading to the development of seaside resorts on the Essex & Suffolk coasts, including Harwich & Dovercourt.

## Future Meetings & Diary Dates

"Being a Woman Racing Driver & Racing at Le Mans" is the subject of our talk by Celia Stevens on 11 October. She will talk of her experience of racing historic cars three times at Le Mans Classic, once at Nuremburg & all over the UK. And she is still racing! On Wednesday 8<sup>th</sup> November Event Organiser Eve Regelous, who worked closely with Harrods, will give a glimpse of behind the scenes of day to day life in this world famous company including its history. We do not have a speaker meeting in December but have our popular Christmas lunch at the Constable Hall on Wednesday 6 December. This is always a popular event and so early booking is advised.

## Meeting Venue

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except August and December.

## Remember

It's never too late to learn! Join over 400,000 members across over 1,000 U3As throughout the UK today!

# FROM THE RECTORY

As well as being an expert on the history and culture of Italian Cuisine, Mario Batali is an accomplished chef, restaurateur and media personality in his native America. Like most chefs he is passionate about the quality of produce that he cooks with, and he's especially keen to see that the fruit and vegetables that are often discarded are put to good use. And it's not just because of the waste. As Batali says

"We need to figure out a 'harvest system' to collect the produce that stores don't put out for customers to buy because it's not perfect looking. Frankly, the stuff left to rot in the storeroom is more beautiful to me than the perfect carrot. I'm a gnarly carrot kind of guy."

The ordering demands of many of our UK supermarkets mean that the fruit and vegetables supplied have to be a certain shape or size. And they won't accept deviations. Anyone who eats foodstuffs grown in their own allotment or garden will tell you that if they only consumed what looked 'perfect', they'd soon go hungry.

Where have we got this idea that only the unblemished is acceptable?

The 500 year old Japanese art of Kintsugi turns this idea upside down by taking smashed pottery and repairing it by using beautiful seams of gold. Rather than seeing the end when there is imperfection there is an opportunity to celebrate it, love it, treasure it, value it.

There is beauty in brokenness.

When we first meet David in the bible, he is described as 'glowing with health and had a fine appearance and handsome features.' David is a greatly celebrated King, but he is also deeply flawed. After a particularly shameful set of events which saw David plot the death of a man who was married to a woman he desired, a repentant


sorrowful David prays to God in words recorded in Psalm 51

'You do not delight in sacrifice, or I would bring it; you do not take pleasure in burnt offerings. My sacrifice, O God, is a broken spirit; a broken and contrite heart you, God, will not despise'

Those things we might rather keep hidden or thrown away, that's what God wants. Our brokenness. The ugly, twisted and gnarly parts of our lives. Given over to our King.

*Simon*

Rev Canon Simon Heron  
Lawford, The Bromleys & Little Bentley  
Area Dean of Harwich  
01206 392659  
[www.lawfordchurch.co.uk](http://www.lawfordchurch.co.uk)  
'Loving God. Living Life.'



**The Post Office  
at  
The Cross**

Wednesday mornings 10 - noon

# ST. GEORGE THE MARTYR, GREAT BROMLEY



## Services for October *Welcome to our services*

<b>October 1<sup>st</sup></b>	<b><i>Trinity 16</i></b> 9.15am Holy Communion (BCP) with hymns
<b>October 8<sup>th</sup></b>	<b><i>Trinity 17</i></b> 10.30am Harvest Festival Parish Eucharist (CW1)
<b>October 17<sup>th</sup></b>	<b><i>Trinity 18</i></b> 9.15am Family Service
<b>October 22<sup>nd</sup></b>	<b><i>Trinity 19</i></b> 10.30am Parish Eucharist (CW1) 6.30pm Sung Evensong (BCP)
<b>October 29<sup>th</sup></b>	<b><i>Trinity 20</i></b> 10.30am Benefice Service at St Mary's, Lawford

Curate-in-Charge:	Revd Canon Simon Heron	T. 01206 392659
Churchwardens:	Mrs Jenny Nicholls	T. 01206 230688
	Mrs Yvonne Cobbold	T. 01206 230360

*The church is open daily and you are welcome to visit.  
More details and information at [www.greatbromley.org.uk](http://www.greatbromley.org.uk)  
Facebook or Twitter @StGeorgesGtBrom*

<b>St Mary's church, Lawford</b>		<b>St Mary's church, Little Bentley</b>	
Every Sunday	8.00am Holy Communion	1st Sunday	10.30am Morning Prayer
1st Sunday	10.30am Holy Communion	3rd Sunday	10.30am Holy Communion
2nd Sunday	10.30am Family Service		
	6.30pm Evensong		
3rd Sunday	10.30am Holy Communion	<b>St Mary's church, Ardeleigh</b>	
	6.30pm Caf� Church	1st Sunday	10.3am Parish Eucharist
4th Sunday	10.30am Morning Worship	2nd Sunday	8.00am Holy Communion
Wednesdays	9.30am Holy Communion	3rd Sunday	10.30am Parish Eucharist
		4th Sunday	8.00am Holy Communion

### Church Lunch

Friday 6th October  
12 midday

Please come and Join us for friendship  
and fun.

### J.A.M. DROP-IN

Every Friday in St George's church  
Term time only  
Parents and children welcome  
All are welcome  
3.00pm to 3.45pm  
Refreshments, activities