

The Messenger

The Magazine of the
villages of Great &
Little Bromley

May 2023



CELEBRATE THE CORONATION!

SUNDAY 7TH MAY 2023 - 3PM

at St George's Church & afterwards at the Village Hall



THE FIRST PAGE

Dear all,

I hope you all had a happy Easter, and managed to enjoy a longer weekend. The weather was sunny for a couple of days and we got out into the garden for some much needed weeding, using muscles I didn't know I had.

Speaking of muscles, I was advised not to run for 6-8 weeks following my calf injury. There's nothing like being told you can't do something to make you want to do it even more. When I've run to get out of the rain I've been reminded that it's not yet healed, but hopefully another couple of weeks and I'll be good to start back up again, but unfortunately not in time for the Bromley 10K - I hope all the runners had a successful race!

This month's cover is a reminder of the celebrations to mark the Coronation of HM King Charles III. Following a church service on Sunday 7th May at 3pm, tea and (hopefully lots of) cake will be served at the Village Hall from approximately 4pm. Donations of home baked cakes and other nibbles would be gratefully received - please let me know if you plan on baking and I will send you times to drop off etc. It would be lovely to have some volunteers who could help on the day, many hands etc. If you can spare a couple of hours please let me or

Carole Mander know. A big thank you to those of you who have already got in contact.

Just in case you didn't know - From 4 May 2023 onwards, all voters are required to show photographic identification (photo ID) at polling stations before they are given a ballot paper. There is a list of acceptable forms of ID on the TDC website Election pages. You will not be required to provide photo ID if you vote by post. The name on the photographic ID should match that on the Electoral Register. Further proof of identity may be needed if there is a discrepancy between your name shown on the form of identity and the name you claim to be. If your photographic identity has expired, it will still be accepted if the photograph is still a good likeness of you.

Awareness days in May include:

- 4th - Firefighters' Memorial Day
- 8th - World Donkey Day
- 12th - National Limerick Day
- 21st - Hats for Headway 2023
- 27th - National Fish & Chip Day

**Take care,
Lizzie**

MATERIAL for the **JUNE 2023** edition of 'The Messenger' should reach the Editor, Lizzie Ridout, by **14th MAY 2023** please.

Contributions from anonymous sources will not be printed. Whilst the editor welcomes contributions, photographs etc. this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.

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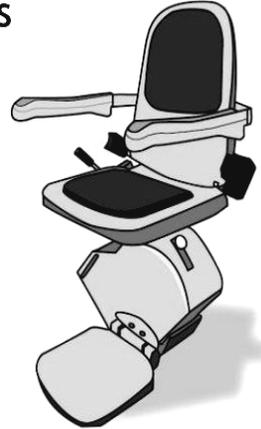
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LITTLE BROMLEY PARISH COUNCIL

Email: littlebromleypc@gmail.com

Tendring District Council and Parish Council Polling day is on the 4th May. To vote at a Polling Station you will need a form of photo id. A list of acceptable id's can be found on the Tendring District Council website. At Little Bromley Parish Council two of our Councillors - Councillor Sauka and Councillor Stock - have with regret decided not to stand for the May 2023 elections. We would like to thank them both for their contributions and service. Councillors Barrett, Smith and Buxton have stood for election, and as our Parish Council has had fewer candidates than seats available all have been elected without the need for a poll on the 4th May. We all look forward to continuing to work for the Parish residents going forward.

The Five Estuaries Offshore Windfarm Stage 2 Consultation has been underway and closes on 12th May 2023. We hope you found time to visit one of their drop in events in the area. Your Parish Council is working on its response to the Consultation and advertised and arranged an Extraordinary meeting on Thursday 20th April to discuss. We ask that you contact us with any views that you would like to be made known. We will publish our response when complete, and you can also review our previous responses for all projects in the Parish.

As the Five Estuaries Consultation

comes to a close we have been notified that the second Offshore Windfarm planning to work in our Parish, North Falls, are starting their statutory consultation under the Planning Act 2008. This will run from May 16th to July 14th 2023 and will include both online and face to face events.

At the March Parish Council meeting we were pleased to provide ongoing funding for the village planters. We would like to thank Roly Knott, Ken Hatch and all residents who assist. The planter displays enhance the village greatly

And at the same meeting we were advised that the road sign at the junction of Church Road and Spratts Lane has gone missing ! We have contacted Tendring District Council who will investigate and replace.

We have received two Planning Applications for the village. The first is for a barn at Stow Farm Kennels in Spratts Lane (23/00457/FUL). The second is for Outline Planning for the erection of two dwellings on land to the west of Hunyani on Ardleigh Road (23/00439/OUT).

Our next scheduled Parish Council meeting is on Thursday 18th May at the Haywain. This meeting starts a little earlier than normal - at 7pm - as there are three meetings taking place, the Parish Assembly, the Annual General Meeting and the normal Parish Council meeting.



Great Bromley Village Hall



The Village Hall Annual General Meeting this year will be held on Thursday 18th May commencing at 7pm in the Millennium Lounge. All parishioners are welcome to attend the AGM which reports on the past year and looks forward to the next. This is your opportunity to provide feedback in person on the facilities in our village hall and the way it is organised and managed.

If you are interested in helping to run the village hall then the AGM also offers you the chance to join the Management Committee either as a formal or as a co-opted member. There are currently vacancies on the Management Committee and my colleagues and I would relish the opportunity to have some more volunteers join us. No particular skills are required, however a desire to help our fine community facility to flourish and willingness to get stuck in and take on a non-onerous responsibility would make the role more meaningful and much more enjoyable. We have fun as committee members and are proud to be responsible for the village hall and its lovely grounds. If you are interested in joining us on the committee please contact me for further information before the AGM.

Lastly, a couple of diary dates:

Sat 17th June

Nick Pelas and his Stage Theatre Company are presenting the play 'Legends & Bridge' by C. Stephen Foster in the village hall. The matinee is at 2.30pm and the evening performance follows at 7.30pm. The play has been well reviewed following previous performances. Tickets from Eventbrite or the Box Office on 07754 398113.

Sat 1st July

The Management Committee is hosting the village hall 100th anniversary celebration 11am - 4pm. More details will be promulgated in due course.

Part Time Employment Opportunity!

Naina Shah, our village hall caretaker/cleaner, is looking for a local person to assist her during busy periods and to provide occasional holiday cover. The work would be rewarded by a good hourly rate of pay. If you are interested in undertaking this work then please contact Naina for more information on 07736248839.

Martin Frostick - Secretary
01206 250263

villagehallsecretary@greatbromley.org.uk



SEVEN RIVERS CHESHIRE HOME

This May is going to be amazing, for most of us we get to see our very first Coronation. Personally not much is going to move me from the TV screen on 6th May, and I know it's going to be a slimmed down version but it's going to be the only version that most of us has even seen and may be likely to see.

Here at Seven Rivers we have all our flags ready to put up inside and out. Again, I would like to invite you all to join us on Sunday 7th May at 11.00 in our Street Party type celebration, with music, food and games. Our first solo artist will start at 11.30 this will be followed by lunch, refreshments will be available at a small charge or if you wish you are welcome to bring your own picnic. We will also have a few games, some to win prizes and others just to have fun.

At 2.30 our female entertainer will keep us singing. We think the afternoon will end about 4pm.

Hoping you would like to join in to celebrate King Charles's Coronation with us. All you need to do is e-mail me at, elizabeth.barrenger@leonardcheshire.org Or phone 01206230345 and just leave your name and number of people who wish to attend with one of the admin team.

If you have a fold away chair maybe bring this or just something to sit on, inside out . But please let us know by Thursday 4th May.

If you can help in anyway either by adding to the fun of the day or by giving a helping hand use the details above. Well behaved pets are also welcome.

Hope to see you all soon
Liz xx

SEVEN RIVERS HALL ROAD GREAT BROMLEY WOULD LIKE TO INVITE THE VILLAGERS OF GREAT BROMLEY AND SURROUNDING AREAS TO JOIN US IN CELEBRATING KING CHARLES' CORONATION ON SUNDAY 7TH MAY AT 11.00AM FOR A DAY OF MUSIC AND GAMES REFRESHMENTS WILL BE AVAILABLE TO BOOK YOUR FREE SPOT PHONE 01206230345



ARDLEIGH & DISTRICT HORTICULTURAL SOCIETY

The Society is holding two events in May, both at Ardleigh Village Hall, Station Road, Ardleigh CO7 7RS.

At our May meeting "The Eden Project and the Lost Gardens of Heligan" will be the subject of the talk by Maggie Piper. The meeting is on Thursday 11th May starting at 7:45pm. Free

admission to members, non-members just £1.50. Everyone welcome.

The Society's Plant and Cake Sale is on Saturday 20th May from 9:30-11:30am. There will be lots of plants and homemade cakes for sale. Entry is free but please note that it will be Cash Sales only (no cards accepted).

ARDLEIGH SURGERY

Appointments We continue to offer as many appointments as we can, our consultation rooms are running at almost always full capacity. We are providing as much access as we are able and in various forms (telephone, urgent on the day, routine bookable, face to face etc) but unfortunately, as per trends across the country, demand significantly continues to outstrip supply.

Appointments in numbers: In addition to our usual GP and nursing appointments we are offering on average per month:

- ◆ 52 face to face physiotherapy appointments - with very good uptake, please consider using as first port of call for routine musculoskeletal complaints
- ◆ Over 200 pharmacist telephone appointments - mainly supporting us with medication reviews, which frees up time for additional GP appointments
- ◆ Over 600 phlebotomy appointments (blood test), with very high demand, these do not include the appointments available via the SWIFT app which allows you to have blood tests at the walk in centre.
- ◆ 40 telephone and face to face appointments on Saturdays at our partner surgeries in North East Essex.

From reviewing and interpreting our (best available) data for our current list size of 7480: we can estimate:

- ◆ From data from November 2022-February 2023 the surgery is providing an average of ~4000 appointments per month (including our whole team) More than half of

the appointments are with a GP.

- ◆ Over these 4 months the average percentage of appointments which were face to face was ~67.6%
- ◆ In February ~44% appointments were booked on the same day.

Appointment numbers will vary due to days in the month, bank holidays, staff sickness and annual leave.

Surgery news We welcome a new advanced nurse practitioner to our team, starting at the beginning of May 2023. Dr Gladwin will be returning to work in end May or start of June.

Compulsory Surgery Training Days
The next compulsory Northeast Essex Surgery training afternoon will be on the 18th of May 2023. The Surgery will be closed from 12.30hrs and dispensary from 12.00hrs.

Dispensary Our dispensary team continue to work extremely hard, please be kind and patient with them.

With this May having 3 bank holidays each with a 3-day weekend please review your repeat prescriptions and order your medications in good time. Consequently, we suggest placing your orders 7 days in advance to give the dispensary some extra time to prepare your medications. Also remember that we will not be open for pick up on the bank holiday Mondays so you will have to pick up your prescriptions on the Fridays before.

Did you know that ...

During the NHS doctors and nursing strikes we continue to be open and running as usual during the current junior doctor strikes. As hospitals across the country are likely to be extremely stretched during this time,

we are also likely to be terribly busy due to patients who would have been seen in outpatients been diverted to their GPs. Our doctors in training are also Junior doctors and we may therefore have to cancel appointment if

they decide to strike. We will need to prioritise urgent care needs/access during this time so please be patient with us if there is a longer waiting time for routine appointment during this month.

STOUR VALLEY U3A

Make the most of life once you're no longer in full time work and come and explore new ideas, interests and skills. Across the country U3A members are learning, staying active, meeting new people and having fun later in life. It's local, social, friendly, low cost and open to all.

We have over 40 interest groups including walking – from strollers to 5+ milers – theatre trips, garden visits, art appreciation, curry club,

science group, languages, keep fit, pickleball there's something for everyone.

Monthly coffee mornings are held on the first Friday of the month 10am – 12pm at the Lambe School, East Bergholt. Our monthly lectures are held on the second Wednesday at 2pm in the Constable Hall, East Bergholt. Guests are welcome for a charge of £4. On 14th June there will be a talk on the Commonwealth War Graves and on 12th July we have Tania Harrington " Selfie Power – a History of Miniature Portraits ". There will not be a talk in August.

Please take a look at our website www.u3asites.org.uk/stourvalley for more information and contact details.

Need a Guest Speaker?



"We give talks on the work of the charity and how we change the lives of teenagers and young adults living with cancer"



Get in touch
lindsay@tombowdidgefoundation.org





The Tom Bowdidge Youth Cancer Foundation,
9 Firmins Court, West Bergholt, Colchester, Essex, CO6 3BQ - Registered charity in England & Wales 1156553

Little Bentley Coffee & Cake
1st Wednesday in month,
Church Hall, Little Bentley
10 - 12 Noon



Great and Little Bromley villagers are very welcome

GREAT BROMLEY PARISH COUNCIL

www.gbpc.org.uk

Clerk: Mrs Lizzie Ridout **Email:** clerk@gbpc.org.uk



Local elections take place this year on 4th May. The District Council election is your opportunity to vote for the person to represent our village on the Tendring District Council. There will not be a Parish Council election as there were insufficient nominations. The councillors who sit on the Parish Council on 4th May will now be able to co-opt parishioners to join the Parish Council.

At our meeting on 12th April a member of the public raised concerns regarding the Corbeau Car Rally, especially the changes of the published route. The Rally is permitted under current legislation, I am aware a number of residents are strongly against it, but equally a number are strongly in favour of it. As was explained at the meeting the Parish Council has very little input into the organisation of the rally, it was explained that all comments should be addressed to Tendring District Council. Our two district councillors were present at the meeting and were requested to take back to Tendring District Council the comments made at our meeting.

Various planning applications were discussed and comments made which will be forwarded to TDC planning department.

A Case of fly tipping in Chase Road had been reported to TDC. The Local Government Boundary Commission had invited comments of its proposal regarding division changes. The Parish Council agreed to wait until the new Garden Village Development was in place before making comments.

A Speedwatch session had been carried out in the village with six motorists reported to the Police for exceeding the speed limit.

The Coronation will be celebrated in the village by a service in St Georges Church on Sunday 7th May at 3pm, everybody is welcome. Tea and cakes will follow in the Village Hall at 4pm and the Black Cactus Choir will provide the entertainment for the afternoon. If you would like to attend the tea and cakes please advise our clerk at clerk@gbpc.org.uk or myself at 01206 230688. Offers of cakes will be grateful accepted. The Parish Council is looking at purchasing a Coronation Rose to be planted to commemorate the Coronation.

Councillor Rosemary Heaney announced that she will not be standing as a councillor after 4th May. Rosemary has served as both a District Councillor and a parish Councillor for many years and we will be sorry to see her leave. This meeting being her last.

The Village Hall Committee have informed the Parish Council they will be celebrating their Centenary on Saturday 1st July at the Village Hall, the Parish Council agreed to support this event.

The next Parish Council meeting will be on Wednesday 17th May. Our Annual meeting which includes reports by councillors at 7pm, followed by the Parish Assembly at 7.20pm and the monthly Parish Council at 7.30pm.

Cllr Fred Nicholls
Chairman

PLANNING APPLICATIONS

REF	PROPOSAL	LOCATION
<u>23/00321/ FUL</u>	<p>Proposed revision of previously approved application 17/01706/FUL for a redesign of detached four bedroom dwelling and double garage.</p> <p>Great Bromley Parish Council had no objection to the application.</p>	Land adjacent to Grange Hall, Hall Road, Great Bromley CO7 7TS
<u>23/00351/ OUT</u>	<p>Outline Planning Application (Scale to be considered) for proposed erection of house within the grounds of host house, involving the demolition of existing garage and provision of 2 parking spaces onsite.</p> <p>Great Bromley Parish Council considered that the proposal could be overdevelopment of the site, and would like to point out that the scale is yet to be decided. Precise details of the proposed dwelling would be useful before an informed comment can be made.</p>	Eileen Cottage, Parsons Hill
<u>23/00408/ FULHH</u>	<p>Proposed single storey rear extension and first floor addition over existing garage with internal alterations and repairs.</p> <p>Great Bromley Parish Council had no comment on the application.</p>	Chatsworth, Frating Road
<u>23/00417/ COUNOT</u>	<p>Prior Approval Application under Part 3, Class Q of the Town and Country Planning (General Permitted Development) (England) Order 2015 (as amended) for the change of use of agricultural building to a dwelling house (reference barn 3) (Class C3) and associated operational development.</p> <p>Great Bromley Parish Council had no comment on the application.</p>	Blue Gates Farm Carringtons Road
<u>22/00429/ FUL</u>	<p>Retrospective planning application for the siting of a portacabin to be used as a recording studio (sui generis).</p> <p>Great Bromley Parish Council retained the same comments as previously submitted.</p>	Unit 6 Hazelwood Estate Parsons Hill
<u>23/00466/ FULHH</u>	<p>Proposed extension to existing garage to form an annexe for a purpose ancillary and incidental to the existing dwellinghouse.</p> <p>Great Bromley Parish Council had no comment on the application.</p>	1 - 2 St Marks Cottages Furze Lane

EASTER VIGIL AT ST. MARY'S CHURCH

On Saturday the 8th April we held our Easter Eve Vigil at St. Mary's. On a cold but dry evening a fire was lit outside, behind the church. Then at 8pm we began.

Canon Stephen Carter led the service, assisted by Reverend Nicky Young who is a deacon at Lawford. Lit from the fire, Nicky carried the Paschal Candle into the church, then all the candles were gradually lit throughout the dark interior as the Exultet (Easter song) was sung. The congregation held their own candles

as the service progressed by candlelight.

Twenty nine people were able to enjoy this event followed by a glass of wine. This is our second year of hosting this service and we hope it will become a yearly feature on our calendar.

We would like to thank those who helped with the service and provided the wine and lovely flower displays.

*Carol Cordwell
Friends of the Church.*

DEANERY CHOIR

May 14th The Deanery Choir will be singing at **St George's Church, Great Bromley. CO7 7HZ**, at the 10.30am communion service. The Choir will perform '**O come, ye servants of the Lord**' by Christopher Tye, an English Renaissance composer and organist. Trained at

the University of Cambridge he became the master of the choir at Ely Cathedral and noted as the music teacher of Edward V1. He ceased composing when he became a clergyman at Ely Cathedral and later became the Rector of Doddington, Cambridgeshire.

GREAT BROMLEY FRIENDSHIP CLUB

At our monthly meeting we were set a really interesting quiz organized by Coral which had us all thinking very hard to arrive at the correct answers. We look forward to more in the future!

The competition for next month is a home made item.

Please come along if you feel you would like to join in with our activities, and enjoy some delicious refreshments.

We look forward to seeing you.

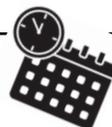


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For further information and to register online go to www.essexoil.club/or call Lesley on 01206 231703.

Dates for your diary



MAY 2023

- 01 Early May Bank Holiday
- 03 WI AGM and flower arranging demonstration, Village Hall 7:30pm
- 04 District, Town and Parish Council Elections - 7am-10pm
- 07 The Coronation Celebrations at St George's Church - 3pm
- 08 Bank Holiday Monday
- 17 Great Bromley Parish Council meetings Village Hall - from 7pm
- 18 Village Hall AGM, Village Hall - 7pm
- 20 Ardleigh & Dist. Horticultural Society Plant & Cake Sale - 9.30-11.30am
- 23 WI Crafting Social. All welcome, Village Hall 10-1pm

JUNE 2023

- 07 WI 'Hi-de-Hi - My life in Entertainment' David Webb, Village Hall 7:30pm
- 14 Great Bromley Parish Council meeting, Village Hall - 7.30pm
- 27 WI Crafting Social. All welcome, Village Hall 10-1pm

A decorative banner featuring a row of five balloons. The balloons alternate in color between light blue and dark grey. The text "A Date for your Diaries!" is written across the balloons in a white, bold, sans-serif font.

A Date for your Diaries!

GREAT BROMLEY VILLAGE HALL CENTENARY CELEBRATION

Saturday 1st July 2023 11am - 4pm at the Village Hall

Admission and all activities are free

Activities will include a Village History Exhibition,

Information Stands from Organisations which hire the Village Hall, Musical Entertainment, Bouncy Castle, Magician Show, Face Painting and Refreshments.

Everybody Welcome!



**The
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The Cross**

Wednesdays
10.00am-12 noon



**Community
Library**

**at
The Cross**

Wednesdays
10.00am-12 noon

**The Mobile Library visits every three weeks at
Church Meadow on a Thursday - next dates are:**

- 04 May
- 25 May
- 15 June
- 06 July

9.45am to 10.15am



If anyone is in urgent need of the flood barrier or water snakes, these can be found in outside storage at The Courthouse, Harwich Road, Great Bromley.



Did you know? Great Bromley has two Automated External Defibrillators. You can access these at:

- The Cross Inn, Ardleigh Road, CO7 7TL or
- The Courthouse, Harwich Road, CO7 7JG

Don't ignore it - Report it at www.essexhighways.org



Essex Highways carry out regular inspections of roads and pavements, but issues may come up between these inspections. These could be potholes or other road surface issues, damaged street lights, street signs, overgrown trees, or issues with public rights of way.

Report maintenance issues online by using the highways reporting tool. If you think there's a risk to public safety please call 0345 603 7631 or if you have hearing problems you can use the text phone service on 0345 758 5592.

IN THE GARDEN WITH ANDY & JUDY

May is a very busy month. From the middle of the month you can direct sow the majority of seeds avoiding the need to sow with protection followed by pricking out and subsequent transplanting. In some cases, this will allow you to follow on from the earlier plants you raised with protection.

As well as new sowings you may have the earlier plants that were sowed with protection to deal with whether this be by planting out or potting on.

Whichever it is, remember the temperature can still drop quite low at night. Make sure you can and do protect tender plants until the threat of frost has passed which can depend on many factors and can be different in adjacent gardens. One example is that frost tends to move downhill and if you have a sloping garden with a solid barrier at the bottom the frost can be trapped against it and plants close to the wall may be damaged whereas plants a few feet up the slope will not be. One of the notable walled gardens at Gravetye Manor in West Sussex has a frost outlet on the lower side through the surrounding wall to allow the frost to continue rolling down the slope, thus, protecting plants in the walled garden.

Tender plants raised under cover will need to be hardened off before planting so they are not adversely affected by the change in conditions. If you do not have a cold frame this can be achieved by standing them out in a sheltered position that is neither too sunny nor windy. It can take up to 2 weeks depending on the weather conditions and you may need to take them back under cover at night if low temperatures are forecast or if heavy rain occurs. Whilst it is useful to have

them watered by rain care must be taken to ensure they do not become water logged either by too much rain or by having the pots in a container that does not have drainage holes. Be particularly careful with tomato plants as if subjected to low temperatures they develop a blueish tint and do not make good plants.

Greenhouse and cold frame management can be particularly difficult if you are out during the day. It can be quite chilly when you leave but in strong sunshine the greenhouse can quickly overheat. You will need vents open early on and the door as well by the middle of the day, which can lead to problems with animal or bird entry. A cold air fan can assist to prevent the build-up, whereas shading will help but may reduce the light level in the greenhouse during dull cloudy days. Damping down the floor will help to reduce the temperature as well as help to raise humidity levels.

Peas and beetroot can be subject to damage from mice and should be protected in their early stages. Growing crops may need support as well as net protection if you get damage by pigeons. If you have not done so already, make your sowing of French and runner beans or buy in some plants if you want an earlier crop.

Continue to be vigilant for slugs and snails. Going out after dark with a torch, picking them up and disposing of them is a very effective way of reducing their numbers, especially if you do not want to use slug pellets. Removing any unnecessary timber debris from the garden will reduce their hiding places.

What a warm and beautiful evening we had on April 5th, meeting four local hosts and their Ukrainian guests. We heard about the process



of connecting and welcoming them and how it's gone over the last year. The sense of joy and gratitude on both sides was touching and beautiful, seeing how much the Ukrainian families value and appreciate their hosts, and how the hosts' lives have been enhanced and enriched by opening their homes so generously. We experienced the warm hospitality of the Ukrainians in the wide array of fabulous and delicious foods they brought for us to share, and recipes were eagerly requested, so that we can try making them ourselves.

Thanks to all who came to speak to us, and to those very welcome visitors who shared the evening with us.

Great Bromley WI includes members who live in Ardleigh, Lawford, Elmstead and other local villages. We are an active, friendly group enjoying building community and encouraging women. We welcome local women who would like to join us at our meetings.

Email gtbromleywi@gmail.com or call Dorothy on 07791 974053 for a chat and more information.

Forthcoming WI events:

Wed 3 rd May	7:30pm Village Hall. WI AGM, Flower arranging demo
Wed 10 th May	2-4pm Cheshire Home Knit and Knatter
Wed 17 th May	12pm Ladies Lunch
Tues 23 rd May	10-1pm VH Crafting Social. Open to all
Wed 7 th June	7:30pm 'Hi-de-Hi My life in Entertainment' David Webb
Wed 14 th June	2-4pm Cheshire Home Knit and Knatter
Wed 21 st June	12pm Ladies Lunch
Tues 27 th June	10-1pm Crafting Social

This summer we are planning to walk the footpaths of Great and Little Bromley - Let us know if you'd like to join us, and we will keep you updated.

POCKETS UNDER THE SKIRTS

My friend Mrs Gwen Tickle (née Jaggard) recently sent me her booklet “My Life in Stitches” in which she remembers some of her needlecraft creations over her long life. This was how she started:

“At Great Bromley School we had very dull sewing lessons making big shirts in flannel with run and fell stitches that seemed to go on for ever. In those days we left school at 14. My mother saw an advert for an apprentice dress maker - four years training with last two years as an “improved”. My mother thought it would be good for me so I could make all the family dresses, and I certainly did! It was 8 miles to cycle (2 miles the other side of Colchester). On my first day as an apprentice, Vera, who later married my Uncle Jim, was waiting outside for me when I finished work to ride home with me. Then Uncle Jim himself met us with the builder’s lorry to put the bikes in, and later down the road my father had come out to meet me and his bike was also loaded onto the lorry!

“After two years, I moved to a new job in town and enjoyed working with more girls; I became friends with Lena, Evelyn and Doris who were later my bridesmaids. It was then I realised what good training I had been given, as I was always chosen to hem wedding gowns and evening dresses because of my small, neat stitches. Even though it was wartime, we made many evening dresses for the wives of officers who were garrisoned in Colchester using beautiful material which had been brought back from postings abroad. It was difficult to get material for wedding dresses as coupons were needed which were often donated by elderly relatives. When we did the hems we would put a hair from our head inside for luck. My friends each put one of their hairs in the hem of my own wedding dress for luck, and this certainly worked as I had a very happy marriage.”



Gwen recently recalled something which she had not mentioned in her book. This was stimulated by an old book on quilts in which she spotted a photo of a patchwork “pocket” dating from around the end of the 18th century. These pockets were often made from old clothes and leftover pieces of fabric. Most fashionable gowns had pockets sewn into the seams of the skirt, and separate pockets were worn on a string around the waist under their skirts by young girls, older women and working-class women.

Gwen remembered that her grandmother used to ask her every so often to make her a new pocket to keep her money in. She clearly remembers when Granny Biddis was paying the fish man by her gate, she used to lift up her skirt to get at the money in her pocket!

Sadly, Gwen’s fingers are no longer so nimble and quick, and her needlecraft days are over.

© Hugh Frostick & Gwen Tickle - *with thanks and warm regards to Gwen, who reads our magazine every month.*



GT BENTLEY DOCTORS' SURGERY

May Opening Hours

We are closed on the following dates due to there now being three Bank Holidays in May: Monday, 1 May 2022, Monday, 8 May and Monday, 29 May 2023.

Surgery News

After nearly 18 years at the Surgery our Reception Manager, Debbie Wright has taken early retirement. We want to thank her for all her hard work and wish her all the very best for the future. Lin Lawrence our Senior Receptionist has taken over as Reception Manager and we wish her all the best in her new role.

May is Sun Awareness Month - Four ways to cut your skin cancer risk.

- 1. Know your skin.** You know you are the best person to know how your skin reacts to sun. The more easily you get sunburnt, the more careful you need to be. Remember, sunburn is not just peeling skin, if your skin is red or pink, in the sun that's sunburn. For people with darker skin, it just might feel irritated, tender or itchy.
- 2. Check UV index before leaving the house.** This tells you how strong the sun rays are. The higher the number the less time it will take to damage your skin. If it is 3 or higher take care and protect your skin especially if you get sunburnt easily.
- 3. Use shade, clothing and sunscreen.** Take a break under umbrellas, trees, canopies or just head indoors. UV rays can go through some fabrics and shade structures. Ensure you cover your skin with clothing and sunscreen on areas that you cannot cover. Remember Clothes, Hat and sunglasses. On

parts you can't cover use SPF15 and a rating of four or five stars.

- 4. Try the shadow rule.** When your shadow is shorter than you. The sun's UV rays are at their strongest. This is when you are more likely to burn and need to protect your skin.

You can find out more about protecting your skin from the sun at cruk.org/sun

Vitamin D- Strike a balance

Vitamin D helps build and maintain strong bones – and we all need some sunshine to make it. So, there is no need to avoid the sun altogether. People with darker skin might need longer in the sun to get vitamin D, but they also have a lower risk of sunburn.

Short breaks in the sun should be enough for most people, minutes not hours.

Recommendations

The NHS recommends everyone to think about taking vitamin D supplements from October until end or early April.

For more information on how to improve your health and reduce your cancer risk visit cruk.org/health

Surgery Training Afternoon

Along with all other surgeries in the area we will be shut from 12 noon on Thursday, 18 May 2023 for staff training.

Patient Participation Group Meetings

The Annual General Meeting of the PPG will be held on Wednesday, 17 May 2023 at 2.00 pm in the Michael Wright Room at Great Bentley Village Hall. There will be a speaker named David Robinson from Diabetes UK.

Sue Mitson
Operations Manager



A Date for your Diaries!

GREAT BROMLEY VILLAGE HALL CENTENARY CELEBRATION

Saturday 1st July 2023 11am - 4pm at the Village Hall

Admission and all activities are free

Activities will include a Village History Exhibition,

Information Stands from Organisations which hire the Village Hall, Musical Entertainment,
Bouncy Castle, Magician Show, Face Painting and Refreshments.

Everybody Welcome!

PLANNING DETERMINATIONS

REFERENCE	PROPOSAL	LOCATION	DECISION
22/01597/ FUL Mr Brian Day	Proposed conversion of detached building to create ancillary annexe.	Bluegates Barn Carringtons Road	Approval - Full 03.03.2023 Delegated Decision
23/00061/ FUL Mr Russell and Mrs Lorna Sharp	Change of Use from Highways to Private Use.	1 Hill Cottages Parsons Hill	Approval - Full 30.03.2023 Delegated Decision
23/00177/ FULHH Mr Bryn Jones - Project Planning and	Proposed erection of domestic garage/workshop following demolition of existing lean-to.	3 Newhouse Farm Cottages Hall Road	Approval - Full 30.03.2023 Delegated Decision

SPRINGTIME AND EASTER AT ST GEORGE'S

I read recently 'The Great Gift of Easter is Hope'.

There is 'Hope' in abundance at St G's as we begin another year in the life of our Village Church here in Great Bromley.

In March with a break from tradition our Mothering Sunday service was held during our regular third Sunday Evensong led by Revered Phillip. All went home with a beautiful posy of flowers, a warm and friendly congregation and lovely music.

The following Sunday The Bromleys held their A.P.C.M. (Annual Parochial Church Council Meeting) after the morning service. We are so fortunate that two Church Wardens, a Treasurer, Secretary and two members of the P.C.C were duly appointed to support our new priest Phillip, who is still managing the 'Harwich Nine' single handedly. We thank him for all his hard work and support.

Grateful thanks were expressed by all to Henry Fairley who continues to be a very faithful, supportive and generous member of our church family. Sadly Henry has decided to retire from the P.C.C . We thank Henry for all his help, support and expertise over many, many years, but we know he will always be there to give practical and helpful advice when necessary.

On Wednesday March 29th we were delighted to welcome some friends from Market Field School in Elmstead. Angela and her staff regularly visit St G's with the children. Very generously Angela and her class arrived with tea

and cake for all, a very nice treat for me, thank you so much. We looked at the Easter Story, sang All Things Bright and Beautiful and shared food and drink together. Thankyou for the beautiful Easter Wreath and card.



On Friday March 31st we welcomed St George's School for their Easter service. All parents and families were invited to join the children for this last event in their calendar before the Easter Holidays. Thankyou to the Mums who served delicious tea, coffee and hot cross buns before the service where there was also time to read all the messages on the Easter Egg decorations prepared by every child in the school. The service by class 5/6 was well organised and exciting and I especially enjoyed the singing and every child taking part. Thankyou to the staff and children of St Georges' School.

On Saturday 1st April we were delighted to welcome the Pilgrim Cross (previously known as the Student Cross) to St George's for tea, cake and refreshments. Twenty-six Pilgrims arrived at 10.45 singing and carrying a wooden cross. St George's is the first stop and refreshment break on their long journey to Walsingham in Norfolk. It was our absolute pleasure to welcome these dedicated Pilgrims, a happy, warm and generous group at the beginning of their long walk of Witness, through Little Bentley. Great Oakley, Harwich and then by ferry to Shotley and onwards during Holy Week.



Sunday 2nd of April, Palm Sunday, the sun shone as Dolly the Donkey led our congregation waving their palms in a walk from the Lych Gate into Church to the strains of 'All Glory Laud and Honour' Thankyou to Jane who

came with Dolly to lead our service. Dolly was very well behaved and was a star!



This year there were no services in Holy Week at St George's enabling our expert, talented flower arranging team to beautify the church with the most amazing displays.

The church always looks beautiful, but this year the arrangements were stunning and much admired. Our congregation exceeded Fifty on Easter Sunday. The service began with Charlie and Connor rolling away the stone of the tomb in the Easter

Garden. Thankyou to all of you who gave your time to clean, tidy the church yard, clean the brass, decorate and fill the church with fantastic music and flowers. Thankyou to those who donated money to buy the lilies in memory of loved ones.

The floral displays were also enjoyed by two American 'Stone Family' descendants who visited us on Tuesday April 11th. The story of the Stone Family departing from Ipswich in the ship called The Increase is iconic and depicted in one of our very special stained-glass windows. Fred and I met Pam and Hugh McGee at Manningtree Station, we were joined for lunch at 'The Marlborough' in Dedham by William Shearer who helped entertain Pam and Hugh in their whistlestop tour of St George's Church that afternoon.



So, there is 'Hope' for our village church, it is a living vibrant and busy place. Always open, always there for all the community.

Thankyou so much to all of you who help and are part of our church family. Please come and join us.

Love Jenny

RECTOR'S LETTER

Dear friends,

I hope many of you have been able to enjoy the sun (if not yet the warmth) this last month. It always feels to me like a huge relief to enjoy the post-winter transition from darker, shorter, wetter days to brighter, longer and drier days (although I know our farmers need all the seasons to grow the crops we eat!). Because it's not just the light or dry climes that are great, but the social events that fill our diaries in those Spring and Summer months as we come out of winter hibernation in our homes to enjoy the delights of sunshine, fresh air and even a great swim at the beach!

Well, the Church makes a similar transition as it moves from the more reflective season of Lent and the rather sobering events of Good Friday to those of that first Resurrection Sunday

and in May, the Ascension of Jesus in to heaven and Pentecost, when the Holy Spirit first came down (in a rather bright and fiery way!). Although the first Ascension left the apostles without the One who meant so much to them, the truth of Pentecost is that He would now be with each and every Christian *a/ways* by His Holy Spirit. It was further good news that helped the early church to continue to bless and share something of His life with the communities of which they were a part.

However you are using this month of May, we pray that you might enjoy the brighter, longer and drier days (when they come!) and that the truth of Pentecost and the coming of God's Spirit in to the Christian's life might be your experience, as well.

*Best wishes,
Phillip*



St George's Church Great Bromley



www.greatbromley.org.uk

Parish of The Bromleys

To receive our email newsletter, please sign up via the website or
email us at church@greatbromley.org.uk

May 7 th	Easter 5 (4 th after)	Said Eucharist (BCP)	10.30am
May 7 th		Coronation Celebration	3pm
May 13 th Sat.	Prayer Book Soc.	Evensong (BCP)	3pm
May 14 th	Easter 6	Parish Eucharist	10.30am
May 18 th	Ascension Day	Group services see websites	
May 21 st	Easter 7	Evensong (BCP)	6.30pm
May 28 th	Day of Pentecost	Parish Eucharist	10.30am

St Mary's, Little Bentley

May 7th Holy Communion 11am

May 21st Morning Prayer 11am

Services details for Dedham/Ardleigh, Moze, Lawford/Mistley
can be found on their websites.

A Service for the King



The King's Coronation will be marked by a special service in St George's on Sunday 7th May at 3.00pm. The King's Coronation is an historic occasion in the life of our nation, and for most of us, the only Coronation that has taken place in our life time. Our hope is that the service will be an opportunity for the whole village community to come together, and to pray for our nation and for the King. It will be followed by afternoon tea in the village hall which is bring organised by the Parish Council.

Canon Stephen Carter