

The Messenger

The Magazine of the
villages of Great &
Little Bromley

August 2024

Little Bromley Postcards

book launch

Saturday 10th August



See inside for details...

THE FIRST PAGE

Dear all,

Well, it didn't come home, but the team did a great job so well done to them.

School's out for summer again! It's the last one for us, as September will be the start of the final year of high school for my youngest. Thoughts have turned to colleges and the various courses on offer after Year 11. It will be quite a change to not have children of school age.

It's feeling much hotter today than of late, with a mini heatwave forecast just in time for the holidays. Our garden has burst forth with the wet weather over the last few weeks, and we have a fair job on our hands to get it back under control. The cats are happy that it's drier, and they spend their days stretched out across the patio, moving every now and then to avoid direct sun. If only life were that easy for us.

The deadline to respond to the National Grid proposals will have passed by the time you read this. I hope that last month's edition, with the data from Little Bromley, gave you the information to make an informed response.

We have some advertising space

available for local businesses. Consistent presence within an engaged local community helps to reinforce the recognition of your business. That repeated sighting makes your logo, business and brand more familiar and instantly recognisable so that when the time comes, you're leading the way in people's minds when it's decision time.

It's not just a magazine, it's a local community. Advertising within the magazine helps to create a sense of connection, building confidence in readers and a stronger rapport with your target audience by demonstrating that you're a local business too. Get in contact us if you're interested.

**Take care,
Lizzie**

*A big thank you to all our authors and contributors, our Treasurer, delivery team, and advertisers. If anyone wants to have a go at writing an article or a short story, please send it in - don't be shy. Any interesting or unusual hobbies, recipes to share or short stories, it's all welcome. As long as it follows the guidelines below, you really can't go wrong.

MATERIAL for the **SEPTEMBER 2024** edition of 'The Messenger' should reach the Editor, Lizzie Ridout, by **14th AUGUST 2024** please.

Contributions from anonymous sources will not be printed. Whilst the editor welcomes contributions, photographs etc. this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.

Copy can be delivered by hand, sent by post or e-mail (see inside back cover) or via the link on the websites www.greatbromley.org.uk or www.littlebromley.org.uk

For details of availability and costs for **ADVERTISING** in the
The Messenger please contact the Editor via the1986messenger@gmail.com
Please support the sponsors of our magazine.

PLEASE SUPPORT OUR SPONSORS & ADVERTISERS

Essex Stairlifts Ltd

Your local stairlift specialist covering Essex and south Suffolk

- Straight Stairlifts • Curved Stairlifts
- Rental Stairlifts • New & Used
- Servicing & Repairs

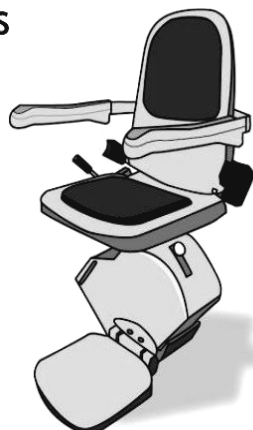
For friendly, personal service telephone:

01206 231568



Email: sales@essexstairlifts.co.uk

www.essexstairlifts.co.uk



We are a small family firm who pride ourselves on our level of service.

We aim to provide our customers with quality stairlifts at reasonable prices, and offer friendly and simple advice enabling you to choose the best solution for your stairs and your particular requirements.

Office: Brook House, Brook Street
Great Bromley, Colchester
Essex CO7 7HX

Essex Stairlifts Ltd

Your local stairlift specialist



GREAT BROMLEY PARISH COUNCIL

www.gbpc.org.uk

Clerk: Mrs Lizzie Ridout **Email:** clerk@gbpc.org.uk



Hello to you all, it seems like summer might be around the corner so let's all look forward to a great August.

With summer finally arriving, we should prepare for the influx of visitors that this part of Tendring attracts.

When I, rashly, issued my Chairman's Challenge in the June edition of the Messenger, I had high hopes that the residents of Great Bromley would grasp the nettle and bombard me with all manner of innovative and perhaps even outlandish ways to make our village better for our children, our elderly population and the rest of us who do not fall into one of the other two categories.

Alas, I was mistaken. The only contacts that I received were from residents worried about the impact of speeding motorists on our village.

Well, I believe that all of us who live on a main road that is subject to speeding can do something to raise awareness of the need to keep within the speed limit for that road.

I am sure that the majority of people who exceed the limit do so without intent. They leave the A120, which is subject to the national speed limit, and have to drop down to 30 or 40mph. Which feels like a snails pace.

What I feel we need to do is to reinforce the current speed signs in place.

With this in mind, I have acquired some "30mph Please drive carefully" stick-on signs, designed to be applied to our wheelie bins. These cost, via Amazon, between £1.55 and £2.00 each, depending on how many you order.

If you apply these to your bins and leave them in a place of prominence at the front of your property, drivers cannot fail to realise that in our village, the speed limit is just that, the maximum speed that you should be travelling.

These can be obtained in both 30mph and 40mph, dependant of the road where you live.



If you would like to participate (it is possible to have a sign on both sides of your bin for both directions of traffic), please email me on ianmurch@msn.com and I will be more than happy to coordinate the purchase of as many signs as possible.


Many thanks in advance, I look forward to a deluge of emails - let's keep our Village as safe as we can!

Ian Murch

TEA & BOOK LAUNCH

Hugh Frostick has compiled a book of Postcards and Photographs of Little Bromley, first published on 10th August 2024. There will be a book launch at the Friends of Little Bromley Tea & Music event on that day.

The author has made no charge for his work, and a kind donor has paid the printing costs, which means the entire proceeds from the book sales will go towards the St Mary's Church Bells Restoration Fund - we need £25,000! So all additional donations are gratefully received.



Friends of Little Bromley Church

Tea & Book Launch


Saturday 10th August 2024

3-5pm at Little Bromley Church 4pm

Celebration Tea & Music Book Launch

All welcome, admission free, donations for the bell fund.

***Little Bromley
in Old Photographs***
compiled by Hugh Frostick



book price: £8.00

PLANNING DETERMINATIONS

REF	PROPOSAL	LOCATION	DECISION
<u>24/00684/</u> <u>HHPNOT</u> Mr Mike Corduff	Prior Approval Application under Part 1, Class A of the <u>Town</u> and Country Planning (General Permitted Development) (England) Order 2015 (as amended) for single storey rear and partial side infill extension to a detached house (4.85m depth, 2.70m eaves height and 3.90m maximum height).	Bosco House Harwich Road Great Bromley CO7 7UL	HHPN - Prior Approval Is Refused 11.06.2024 Delegated Decision
<u>24/00574/</u> <u>FULHH</u> Mr Karl Barden	Householder Planning Application - side extension containing garage.	Heath Dene Ardleigh Road Great Bromley CO7 7TL	Approval - Full 17.06.2024 Delegated Decision

STOUR CHORAL SOCIETY NEWS

On July 6th we held a very successful Summer Singing Workshop at Acorn Village. This was led by Susie Rose, and accompanied by Stephen Smith on the piano. It was attended by sixty people who learned to sing Howard Goodall's TV theme tunes to 'The Vicar of Dibley' and 'Black Adder' and 'On my Own' from Les Misérables.

Our next concert will be on Saturday 30th November 2024 at Mistley Church 2.30pm. We will be performing the Fauré Requiem and other seasonal

music. Rehearsals for the concert commence Monday 16th September, 7.30pm at the Oak Room, Acorn Village.

We welcome new members- if you would like to sing with us please get in touch by emailing

info@stourchoralsociety.co.uk or

telephone 07511 908213. Why not check out our website

www.stourchoralsociety.co.uk, or our Facebook page.

LITTLE BROMLEY VILLAGE FUND

The fund has been asked by the Parish Council to provide up to £300 in payment for printing services regarding the proposed substations in Little Bromley.

If anyone has any objections to this please can you email

LBVillageFund@gmail.com with any comments etc. by the 17th August - middle of the month - so this can be actioned.

Thanks
Little Bromley Village Fund

PLANNING APPLICATIONS

REF	PROPOSAL	LOCATION
<u>24/00680/VOC</u> Mr Vijay Ponnusamy	<p>Application under Section 73 of the Town and Country Planning Act for Variation of Conditions 13 (Opening Hours) of application 21/01679/VOC to enable/allow the shop to be open to <u>general public</u> and local community from 6am-11pm, 7 days a week.</p> <p>Great Bromley Parish Council had no comment but recognised the concerns of close neighbours who had submitted objections to the change.</p>	Little Paddocks Frating Road Great Bromley CO7 7JL
<u>24/00757/FUL</u> Mr John Williamson	<p>Planning Application - installation of 2500 litre <u>bunded</u> oil tank on a <u>300mm</u> brick base to extend 300mm to each side of the tank, and erection of a 1.8 metre tall wooden fence and planting to screen the oil tank from the property's driveway.</p> <p>Great Bromley Parish Council had no comments.</p>	Landmark House, Frating Road, Great Bromley CO7 7JN
<u>24/00769/OUT</u> Mr Michael Nicholl	<p>Outline Planning Application (all matters reserved) - detached bungalow and garage on land adjacent to Blue Cedars.</p> <p>Great Bromley Parish Council had no comments.</p>	Blue Cedars, Back Lane West, Great Bromley CO7 7JE
<u>24/00787/FUL</u> Mr C Rouse	<p>Planning Application - Proposed construction of one three-bedroom dwelling with associated parking and external works.</p> <p>Great Bromley Parish Council had no comments.</p>	Land Adj. Police Mast Hilliards Road, Great Bromley CO7 7US
<u>24/00891/FULHH</u> Mr Mike Corduff	<p>Householder Planning Application - single storey side and rear extension following demolition of existing extensions.</p> <p>Great Bromley Parish Council had no comments.</p>	Bosco House, Harwich Road Great Bromley CO7 7UL
<u>24/00897/FULHH</u> Mr Craig Burden	<p>Householder Planning Application - The construction of a new boundary wall and alterations to existing boundary fencing.</p> <p>Great Bromley Parish Council had no comments.</p>	4 Little Paddocks, Great Bromley CO7 7GN

Hello all,

I hope everyone is well and looking forward to a summer which will show up at some point, it's the law of averages, it's our turn! Record highs everywhere except here, totally unacceptable. Going back a few weeks I'd like once again to thank everyone that popped in to say hi to us at the Bee Friendly flower festival at St Georges Church. It was great to see the support and enthusiasm of all that attended, and I must mention the outstanding displays on show, I will confess that I was awestruck when I first walked into setup our display, which suddenly felt a little under par as I looked around at the amazing displays, well done to all those that participated. Everyone was exceedingly kind and gave our display some lovely compliments which boosted our morale. Many also enjoyed the quiz which I put together for the occasion, so thanks again.

I can't draft this article without mentioning the Euros, what a rollercoaster of a ride! Our boys certainly know how to make us sweat, so many last minute wins. But it must be said they never give up and finally they're gelling as a team, so come on England and bring it home where it belongs!

Finally, I'd like to get back to our central courtyard project, which is still ongoing. Some progress has been made but it's taken longer than I had hoped, and the

weather hasn't helped either. I'm adding a couple of photos, so you have an idea what we're working with and what we're aiming for, it's much harder than I thought it would be to fill the area, which didn't seem that large at first. We're aiming for that calm and tranquil look as well as a sensory (smells, sounds) experience for all our residents to be able to enjoy.

We have bits and pieces which still need to be put together before we can start arranging them, but we need larger rustic looking pots or anything that would be interesting to look at to help fill out the area, so if anyone has plants, pots or anything that would look



good with plants in them and

you don't need it anymore please don't forget us, we're happy to pick them up if you're willing to let them go. Please feel free to contact me with any donations or suggestions for this project as I'm always open to ideas.

Good health to you all until the next time,
Lee



GT BENTLEY DOCTORS' SURGERY

NEW APPOINTMENT BOOKING SYSTEM

On the 16 July 2024 we implemented a digital platform at the Surgery called AskmyGP. All urgent and routine appointment requests will now have to be requested via the digital platform. All other requests that would normally have been made in person or via email such as prescription queries, medical certificates etc will also have to come through AskmyGP. Repeat prescriptions can still be ordered via the NHS App or submitted via the Platform.

Patients using the digital platform will need to register for this. It is a very easy process to sign up for AskmyGP and patients can access this by going to our website

www.greatbentleysurgery.nhs.uk. Our reception team will also have leaflets to give to patients visiting the Surgery about how to register on the platform.

For any patients who are unable to use or access digital services, then they can continue to contact a member of our reception team on 01206 250691 during our opening hours, who will submit the request for them via AskmyGP.

For any urgent requests patients will receive a response within 24 hours and for routine requests they will receive a response from the Practice within 1 to 3 working days.

We are aware of the frustrations patients had with our previous appointments system and hope that this helps to expedite their routine requests.

FAO of all Patients - Re: Abuse of staff

We are disappointed to report multiple instances of abusive behaviour towards both our clinical and administrative staff over the last few weeks. This has been both in person and on the phone.

This kind of behaviour is absolutely unacceptable and will not be tolerated at Great Bentley Surgery. Our staff have the right to a safe working environment and to not feel threatened.

We understand the frustration with the current circumstances regarding the transition to the new form of the appointment booking, however this does NOT excuse any kind of abusive behaviour towards our staff.

We remind everyone that all phone calls are recorded.

Our hardworking team are doing their best to help you. We will not hesitate to remove offenders from the Practice list. Threats of violence will be escalated to the police.

Thank you for your understanding.

All our Surgery team work very hard to provide the best service we can for our 11,200 patients and I would ask that they are treated with respect.

PATIENT PARTICIPATION GROUP MEETING There will not be a meeting of the Patient Participation Group held in August.

Sue Mitson
Operations Manager

Dates for your diary



AUGUST

7	WI Garden Party	3:00pm
10	Tea & book launch - Little Bromley Church	3:00pm-5:00pm
14	Great Bromley Parish Council, Village Hall	7:00pm
15	Great Bromley Friendship Club, The Cross	2:00pm-4:00pm
27	WI Coffee & Crafting, Village Hall	10-12:30pm

SEPTEMBER

4	WI - Anthony Vickers - Medical discoveries, Village Hall	7:30pm
11	Great Bromley Parish Council, Village Hall	7:00pm
12	Little Bromley Parish Council, The Haywain	7:30pm
19	Great Bromley Friendship Club, The Cross	2:00pm-4:00pm
24	WI Coffee & Crafting, Village Hall	10-12:30pm

OCTOBER

2	WI Open Day, Village Hall	7:30pm
9	Great Bromley Parish Council, Village Hall	7:00pm
17	Great Bromley Friendship Club, The Cross	2:00pm-4:00pm
22	WI Coffee & Crafting, Village Hall	10-12:30pm

The Mobile Library visits every three weeks at Church Meadow on a Thursday - next dates are:

- 8 August
 - 29 August
 - 19 September
- 9.45am to 10.15am**



Post Office & Community Library The Cross



**Wednesdays
10.00am - 12 noon**



Did you know? Great Bromley has two Automated External Defibrillators. You can access these at:

- The Courthouse, Harwich Road, CO7 7JG or
- The Cross Inn, Ardleigh Road, CO7 7TL

Also at the Cross Inn is a Bleed Kit. The kit, provided by Great Bromley Parish Council, contains specialist equipment to help stem extreme blood loss before ambulance crews arrive.

Bleed control kits, also known as emergency trauma packs, are similar to first aid kits but include trauma dressings, gauze, chest seals and tourniquets to help stop serious bleeding. They can help victims of violent crime, those involved in road traffic accidents or workplace accidents, and could be particularly useful in rural areas where ambulance response times may be slower.

Don't ignore it - Report it at www.essexhighways.org



Essex Highways carry out regular inspections of roads and pavements, but issues may come up between these inspections. These could be potholes or other road surface issues, damaged street lights, street signs, overgrown trees, or issues with public rights of way.

Report maintenance issues online by using the highways reporting tool. If you think there's a risk to public safety please call 0345 603 7631 or if you have hearing problems you can use the text phone service on 0345 758 5592.

LITTLE BROMLEY PARISH COUNCIL

Email: littlebromleypc@gmail.com

A busy month for the village. This year's Tending Show has been and gone; the weather was half decent despite not being able to make up its mind if it's summer or not lately. If the queue through the village at 10am was any guide, there was a good turnout for it this year.

There is a new campaign group starting up in response to the whole National Grid situation, called POWER, People Opposing Widespread Electrical Ruin. We're sure you will have noticed lots of signs going up in and around the village regarding this. If you haven't, details can be found at <https://www.savelittlebromley.co.uk>, on Facebook or linked from the village website.

There is still time to register your thoughts with National Grid, their consultation closes on July 26th so don't delay.

Harvest season starts in a couple of weeks so keep an eye out for increased traffic in the lanes during this time and stay safe.

10th August marks the launch of Friends of Little Bromley Church Postcard Book at their meeting, to help raise funds for restoration of the bells.

September's Parish Council meeting will be a week earlier than normal on 12th September, hope to see you there.

Iain Smith

GREAT BROMLEY FRIENDSHIP CLUB

At our August meeting Hugh will be along to give a talk and the competition is a small sweet dish.

We look forward to seeing you all, plus any visitors who would like to give our

Club a try. You will be made very welcome.

Third Thursday of each month at The Cross Inn, 2pm-4pm.

THE DEDHAM EDUCATIONAL FOUNDATION

The Trustees invite applications from residents in the Parishes of Ardleigh, Bradfield, Dedham, Great Bromley and Stratford St. Mary for financial grants that are available in the following categories:

Secondary Schools & Sixth Form Colleges

Applicants must be at least 12 years old on the 1st August in the year of application.

Universities & Colleges of Further Education

Applicants must have lived in one, or more, of the five Parishes for at least 2 years prior to the application date.

For an application form, or further details, please contact the Clerk to the Foundation, Mrs. Claire Arculus, at dedhamefclerk@gmail.com or 07752201441.

Closing date for applications:- **31st October 2024**

MARION BARRETT (NÉE JARRAD) AND STEPHEN BARRETT

Marion (23 July 1933 - 12 May 2024) was born in Ardleigh to Walter and Esther Jarrad. She was trained as a nursery nurse but when she contracted TB her work with children had to end. She met Edward Barrett at a village dance when he was home on leave from the RAF; the couple married on 25th June 1955 in Great Bromley. It was at Hiskeys Farm, Little Bromley that Stephen, Sharon and Lynne were born. Like their parents, the children enjoyed a wonderful rural childhood with freedom and space. In 1970 the family were intending to emigrate to Canada. Edward travelled abroad to set things up while Marion, now pregnant with Sarah, stayed behind with the intent of following on when things were sorted. However, things didn't go to plan so Edward and the family, now with four children, relocated to Sussex. Edward and Marion often revisited their friends in The Bromleys until travel became too difficult.



Marion never lost her delight and interest in children, first in those she worked with, later in her own offspring, then in subsequent years the seven grandchildren and her 11 great grandchildren. Like many she endured sacrifice and pain in her life yet her faith was lifelong and strong. She always looked for the best in people. She was gentle, patient, kind, endlessly forgiving and unselfish to the end.



Marion and Edward's son Stephen (28 January 1957 - 25 December 2022) had attended Great Bromley primary school where he was remembered as a sincere and thoughtful friend who was adventurous, good humoured and fun to be with.

HGF, from the funeral tributes

ST. GEORGE'S FLOWER FESTIVAL (14TH - 16TH JUNE 2024)

For the previous several months before the Flower Festival, a group of us had started to get things ready. Jenny had set the theme of 'Bee Friendly' and we all set to work.

Letters and emails were sent out and we received many replies offering to sponsor the flowers or provide a raffle prize (or both!). We would like to thank those generous businesses, organisations and individuals who responded.

Thanks to them we were able to decorate the church with lots of wonderful flower arrangements. Lots of ideas had buzzed around and the displays looked fantastic.

We were also able to provide a raffle with over 30 prizes including a first prize of £100, won by Julie Titley. A cake raffle was also popular and this was won by Lyn.

Costcutter of Great Bromley had kindly stepped forward to sponsor our raffle tickets as soon as they heard about the Flower Festival.

Mrs R. Keitch (St. George's School Headteacher) and the pupils provided us with the lovely posters and Flower Programmes given to everyone on arrival at the church. The children also drew some beautiful bees which could be seen hanging all over the walls.

Inside the church we have had a list of all the wonderful Sponsors. This has been on display since the Flower Festival. There are too many people to mention personally but we would like to thank everyone for making the

Flower Festival so successful.

The mixture of stall, music, BBQs and the Bee Café added to the event and we all had a lovely time. There were a lot of things to like over the three days but for me, the best thing is to see familiar and new faces and watch the church come alive with chatter, music and friendship.

We need to say a special thank you to Jenny Nicholls because without her enthusiasm, this event may never have happened.

We are pleased to say that we raised over £4000 towards the Church.

Carol Cordwell (Just one of the many busy bees!)

**ARDLEIGH AND DISTRICT
HORTICULTURAL SOCIETY**

**ANNUAL FLOWER
& PRODUCE SHOW**

SATURDAY 17th AUGUST 2024
Village Hall, Station Road, Ardleigh, CO7 7RS
From 2.00pm - 4:00pm

Admission - Adults £1
Children Free

Refreshments
Raffle



Show schedules & entry forms available from:
Ardleigh Convenience Store or Craft Nurseries or
online: <https://e-voice.org.uk/ardleigh-horticultural-society/>

***** Sponsored by Craft Nurseries *****

GREAT BROMLEY & DISTRICT CRICKET CLUB

The rain (thankfully) and the sun (sadly) did not show for our Kwik Cricket tournament, which saw 17 teams take part on a cool Friday Night in June. Such is the enthusiasm for cricket at Great Bromley in the 5-11 age group we were able to field four teams. The night was a great success, all the players had a good time and it also raised much appreciated funds for the club. A big thank you to everyone involved as it takes a lot of personnel to run such a large event.

The next big event is our Cricket week which takes place from 5-10th August. There will be something on every day. Monday to Wednesday starting at 6.00pm.

Monday sees the ladies Softball team play host to other teams from the area in a round robin competition. Tuesday see the Colts take their turn and Wednesday is a men's T20. Thursday the event kicks off at 2.00pm for the Phil Allam Memorial Trophy, this sees Great Bromley old guard take on the current players and rounded off with karaoke and cocktails in the evening. Friday is Chairman's day which starts at 11.00am and we play host to Springfield Cricket Club. We have a silent auction running throughout the week so come and take a look, there may be something of interest for you. We also have local guest ales throughout the week to try. We would love to see spectators throughout the week to watch the games, make use of the bar and on Thursday and Friday the BBQ will also be going in the

evening.

The T20 competition on a Wednesday evening finally got underway with a spell of dry weather and currently the boys have won all 7 games and look to be heading for their second final in two years hoping to retain the title won last season.

The ladies softball team have been training hard and with guest coaches it has improved the team greatly. The hard works paid off on 26th June when they won all 3 games. With one more round to go, its fingers crossed that they could be heading to a grand final on 11th August at the County Ground.

The Saturday XI are holding their own in the newly promoted league and currently are sitting 5th.

There is a positive vibe within the Club, we are always open to new players and members especially wanting to get the younger generation involved. The first session on a Friday night for 5-11 year olds is free so should your son, daughter or grandchild want to experience a new sport please give our club a try.

The next home games are

3rd 17th 18th 31st August starting at 1.00pm

8th 14th 15th September starting at 12.30 pm

We look forward to welcoming you.

Tracey Wareing



ARDLEIGH DOCTORS' SURGERY

We would like inform our patients that Dr Robert Lenart has given notice of his planned retirement to the partnership. He will not be leaving imminently but we wished to give the population advanced notice.

In anticipation of this, Dr Kelechi Anunum who has been working with us as a long-term locum for over 3 years has joined us as a salaried GP with view to partnership. We are delighted to have him join our team permanently.

From July we welcome two new trainee GPs, Dr Al Jaf will be with us until February 2025 and Dr Edmonds will join us from July 2024.

Information for all our patients

Long referral lists:

Requests for assessment for Autistic spectrum disorders, attention deficit hyperactivity disorder and neurodiverse conditions has rapidly increased beyond what the NHS can cope with. Thirty years ago, a GP may do one referral a year. Today we will do 3 a day. These referrals are for adults as well as children. Please be aware as a result, there is a significant waiting list of many months. If you are thinking of making an appointment to discuss your child's behaviour, please start keeping a record of the troubling behaviours, get the school to do a letter stating their observations.

If you are an adult seeking assessment, do ask your family members to write notes of your behaviours, your employer or work colleagues if appropriate. Do ask yourself what you hope to gain from the diagnosis. Is it to get reasonable adjustment at work? Or is it to help you apply for benefits? Or you may just want to know. Lastly, do book a double appointment if discussing one of these

issues as ten minutes will not be enough for these types of issues.

If the hospital specialist prescribes a medication, the GP may not be able to continue to prescribe the medication until you are stabilised. This is because these medications are potent brain stimulants that are prescribed by specialists. They need monitoring with bloods, examinations, heart tracing at regular intervals for as long as you are on them. Sometimes it is safer for the patients to continue to have them prescribed by the specialist.

Appointment demand:

Demand for appointments continue to outstrip available resources. Ardleigh is not immune to the pressures being felt by primary care across England. We aim to offer a mixture of routine, pre-bookable and on the day face to face and telephone appointments. Invariably due exponentially increasing demand, often only emergency appointments are available for on the day booking. Callers are required to say if the problem they are calling about is an urgent issue that cannot wait for a routine appointment, this helps us triage and gives the clinicians some capacity for very urgent appointments or visits later in the day. The surgery stretches its capacity every day, please be aware there is a limitation to how many appointments a doctor or nurse can safely complete in a day, so be respectful if the receptionists inform you we have no appointments left. There are other services including 111 and the urgent treatment centre which can be utilized.

A prescription of one item will now cost £9.90 from £9.65. You can save money by getting a prepayment prescription certificate. This costs £32.05 for 3 months and £114.50 for 12 months.

The WI and our guests enjoyed an entertaining evening with our speaker Lindsey Barrell. Lindsey, with her wonderful Northern raconteur style, spun the story of her experiences of adjusting to moving to Chelmsford, raising a family, her exploration of salsa and other dance forms and how she wove together burlesque dancing with starting a new WI and has travelled all over telling people about it. Her enthusiasm and humour guaranteed an engaging evening and resulted in a few enquiries regarding where to purchase a corset...

Forthcoming events:

August:

Wed 7th 3pm Garden Party

Tues 27th Village Hall 10-12:30pm
Coffee and Crafting. All welcome.

September:

Wed 4th 7:30pm Village Hall . Anthony Vickers: Medical Discovery to Medical Design. How new drugs are developed

Tues 24th 10-12:30 Village Hall Coffee and Crafting

October:

Wed 2nd 7:30pm OPEN DAY Women welcome to join us for a taster session, crafts, activities, social time.

Tues 22nd 10-12:30pm Village Hall
Coffee and Crafting

For more information:

gtbromleywi@gmail.com

Carole 01206 251364

ARDLEIGH AND DISTRICT HORTICULTURAL SOCIETY

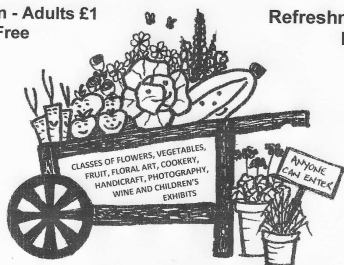
ANNUAL FLOWER & PRODUCE SHOW

SATURDAY 17th AUGUST 2024

Village Hall, Station Road, Ardleigh, CO7 7RS
From 2.00pm - 4:00pm

Admission - Adults £1
Children Free

Refreshments
Raffle



Show schedules & entry forms available from:
Ardleigh Convenience Store or Craft Nurseries or
online: <https://e-voice.org.uk/ardleigh-horticultural-society/>

***** Sponsored by Craft Nurseries *****



LAMMAS SERVICE

Sunday 4 August 3-4pm

St Mary's Church

Bradfield Rd, Wix, CO11 2SH

Guest preacher Revd Canon Janet Nicholls
Agricultural Chaplain and Rural Advisor

A service of Holy Communion, giving thanks for the beginning of the harvest and using the first sheaths to make our communion loaf. Refreshment served afterwards

Contact Revd John Saxon for more details
01255 781859 harwichrmjohn@gmail.com

TONY RAMPLING 3RD JUNE 1924 - 25TH APRIL 2024

Anthony Walter Rampling had a lifelong passion for horses and as a lad would make bridles from rope and hop on any available horse, not necessarily with the owner's permission. When WW2 broke out, Tony signed up despite being underage. He joined the 61st Reconnaissance Regiment as a Bren Gunner and arrived at Gold Beach on Day 7 of the D-Day landings. He was later transferred to the 44th Royal Tank Regiment which was one of the first to cross the Rhine into Germany. With the enemy defeated, the Regiment took over a Baron's castle, where Tony spent two months looking after and riding the horses. In August 1945 Tony became acutely unwell with pleurisy, pneumonia, and a collapsed lung. He was hospitalised for 18 months and eventually discharged with a loss of hearing. The memories and horrors of the war would stay with him all his life, and it was only much later that he was able to talk about them. The things he saw and was forced to eat during the war made him a vegetarian, which was most unusual in the 1940s.



Back home in Tendring after the war, Tony started a fruit and vegetable business with brother Ray and his old school friend Geoff Burgoyne. Tony concentrated on the potato side and eventually went on his own as a potato merchant, supplying local growers with seed potatoes and marketing their results locally and in Spitalfields market.

He had a contract to supply schools in the East End of London, an area not as affluent as it is today, and the potatoes supplied there were not always top grade. Tony got away with a few close calls, with several instances when they didn't hang around after delivery! They were about to unload at one school when confronted by two large East End ladies who said, "These ones'd better be better than last week, those were total ****!" They traded as Burgoyne and Rampling but apparently acquired the nickname "Buggers and Rogues".

Tony became a single parent in 1960 and brought up 2-year-old Sallyann alone for several years until they were joined by Susan and her daughter Belinda in 1965. Tony and Sue had got to know each other at the Hunt and were married in Colchester in 1968; the arrival of Claire in 1969 completed their family, made up of "one of his, one of hers and one of theirs." They bought Hillyards Farm in Great Bromley in the early 1970s. This allowed Tony to acquire more horses for his point-to-point racing, hunting, cross-country and show jumping, beating many a younger rider to win cups and ribbons well into his 70s.

Tony had a quick humour and loved a joke. Belinda remembers Susan's dismay on finding her first grey hair and declaring she had pulled it out. Tony, quick as a whip, said "Ooh - I started doing that and look what happened to me!" Mind you, when Tony's hair was thinning, Yogi used to get behind him and rub his bald patch and say "What ho, Kojak!" - he would turn on him with fists up before hurriedly replacing his comb-over!

Around retirement, Tony made many trips back to France and Belgium, with Susan, brother-in-law Colin, and Yogi. He got so much from revisiting the battle and landing sites and paying his respects to old comrades in the vast cemeteries. He enjoyed researching and connecting with people all over the world through WW2 associations and was interviewed several times for TV and newspapers. He was awarded The Legion of Honour in 2015 at Colchester Town Hall; the highest

honour from the French nation in gratitude for his contribution to their liberation.

One of Tony's many skills was his ability to talk to just about anyone in any situation. In later years Tony acquired a computer which totally changed his life - it was amazing how quickly he learned how to use it. He was always on Facebook chatting with people, commenting on other people's posts - sometimes not too complimentary - sharing pictures and jokes.

Although his body got tired, his sharp mind and wicked sense of humour lasted to the end. It's not easy to almost achieve your 100th Birthday and this is in no small way thanks to Sue, who rode happily alongside Tony for many years and then cared for him at home for so long.

Tony Rampling - a kind, fun, cheeky, loyal and upbeat man with a large

personality for someone who was only 5 foot 2 - will be greatly missed by all who knew him.

HGF, from the Eulogy by the family and tribute by his friend "Yogi" (David Claydon).

Stop Press - I know the family and attended Tony's funeral, but just this week found out that his grandmother was a Frostick, making us cousins.



RECTOR'S LETTER

Dear Friends

I am writing this on the day after the General Election of 4 July. It is the day when the country learned of the choices we made as individual voters at the ballot box. They are individual choices that in themselves may seem rather insignificant in the numbers of votes cast (although the smallest majority I heard of was a margin of just 18 votes after 3 re-counts) yet collectively they have changed markedly the political landscape and direction for the governance of our country for perhaps many years to come.

I am not here to cast judgement on that democratic choice, but to reflect on the choices we are called to make every day in our lives. Some seem rather frivolous – what shall we wear, what shall we eat? Yet we are indeed privileged to have such choice when many around the world have little more than they can carry in one bag.

Other choices, although still small, can have significant consequences. There is much that faces us every day to make a choice with far reaching outcomes, perhaps not for us but for others and in particular for future generations. The Climate Change Catastrophe is the most obvious and pressing example of this. It may be just one more plastic water bottle we use when we don't invest in the purchase and use of a reusable drinking bottle, but just like the votes we cast, the individual choices can collectively make significant changes. In this case it can be for the better or for the worse.

I wonder if we ponder the choices made by the generations that have gone before and the impact they have made on our lives. The Suffragettes is one example as are those of the many men

and women who serve in our armed forces. Are we prepared to sacrifice a little comfort in our own lives to make better choices for our future lives together?

The Christian faith calls for choices to be made. In the first instance, we recognise the choice made by Jesus as God's Son to bring mercy and forgiveness to bear for all the bad choices (sins) we make by his death on the cross. ***'Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners'*** (1 Timothy 1:15) Then there is the choice we make daily to follow in his example, being generous with our own mercy and forgiveness and gracious in making good choices for the benefit of others.

The new Parliament we have elected is now in recess – their summer holiday. As we prepare to have a break, perhaps even decide what to do if we haven't booked a holiday yet, let us decide now to make benevolent choices in all aspects of our lives, for the benefit of others and indeed all humankind. Whatever you do or wherever you go, have a refreshing break and may we make good choices every day.

***Best wishes
John***

Little Bentley Coffee & Cake

1st Wednesday in month,
Church Hall, Little Bentley
10 - 12 Noon



Great and Little Bromley villagers
are very welcome



St George's Church Great Bromley



www.greatbromley.org.uk

Parish of The Bromleys

To receive our email newsletter, please sign up via the website or email us at church@greatbromley.org.uk

July 7 th	Trinity 6	Parish Eucharist BCP	11am
July 14 th	Trinity 7	Parish Eucharist	11am
July 21 st	Trinity 8	Evensong BCP	6.30pm
July 28 th	Trinity 9	Parish Eucharist	11am
August 4 th	Trinity 10	Parish Eucharist BCP	11am
August 11 th	Trinity 11	Parish Eucharist	11am
August 18 th	Trinity 12	Evensong BCP	6.30pm
August 25 th	Trinity 13	Parish Eucharist	11am

St Mary's, Little Bentley

July 7th Morning Prayer 11am

July 21st Holy Communion 11am

August 4th Morning Prayer 11am

August 18th Holy Communion 11am

Services details for Dedham/Ardleigh, Moze benefice,
and Manningtree CrossReach parishes
can be found on their websites.