

The

Messenger



**The Magazine of the
villages of Great &
Little Bromley**

November 2025



THE FIRST PAGE

Dear all,

October has seen a shift in the weather, with much cooler temperatures and a definite autumnal feel in the air. We've had our chimney swept and the fire is now on most evenings, a welcome comfort as the nights draw in. Good washing days are becoming fewer, and the daylight hours are quickly shortening, with the change from BST to GMT just around the corner.

Half term is approaching, and while some schools and colleges have extended their break to two weeks, ours remains a more traditional one-week pause, with just enough time to catch our breath before the run-up to winter and Christmas begins.

This month's cover is kindly supplied from the collection of Hugh Frostick and features the Great Bromley War Memorial, with the old oak tree before 1960. It's a poignant image as we approach Remembrance season, and a reminder of the layers of history woven into our village landscape.

Inside this issue, you'll find updates on a potential Neighbourhood Plan for Little Bromley (page 3), the latest news and events from St George's Church (page 9), and a joyful account of a

speedboat trip and bake-off at Seven Rivers (page 11). There's plenty more besides, from council updates to community notices so do read on and stay connected.

Awareness days in November include:

- 1st - World Vegan Day
- 5th - Guy Fawkes Night
- 11th - Armistice Day
- 13th - World Kindness Day
- 19th - International Men's Day

Wishing you warmth and cosiness.

**Take care,
Lizzie**

*A big thank you to all our authors and contributors, our Treasurer, delivery team, and advertisers. If anyone wants to have a go at writing an article or a short story, please send it in - don't be shy. Any interesting or unusual hobbies, recipes to share or short stories, it's all welcome. As long as it follows the guidelines below, you really can't go wrong. Our village is a tapestry of rich history, diverse talents, and unwavering warmth. Each contribution to this magazine is a thread that strengthens the fabric of our community.

MATERIAL for the **DECEMBER 2025** edition of 'The Messenger' should reach the Editor, Lizzie Ridout, by **14th NOVEMBER 2025** please.

Contributions from anonymous sources will not be printed. Whilst the editor welcomes contributions, photographs etc. this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.

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NEIGHBOURHOOD PLAN

Tendring District Council has formally approved an application from Little Bromley PC (Parish Council) to designate the entire parish of Little Bromley as a neighbourhood area for the purpose of preparing a "Neighbourhood Plan".

A Neighbourhood Plan is a legally-binding document that will help to shape the future development and growth of Little Bromley. The plan is an opportunity for the village – and that means anyone and everyone who lives in Little Bromley - to create a shared vision for the area, to identify where new development should be built as well as identifying and protecting local assets like green spaces. The plan must align with the broader strategic needs of the wider local authority, but it will give the village significant power to influence local development and growth.

The PC is extremely concerned that five different electricity substations have been proposed around the village (National Grid Norwich to Tilbury, North Falls, Five Estuaries, Tarchon Interconnector and the 50MW Battery Energy Storage System), added to which, all councils in England have been given new, mandatory housing targets to deliver 1.5 million more homes, which could mean more than 30 new houses in Little Bromley. The impact of such developments won't just be the physical buildings and loss of open countryside, but also more everyday consequences like increased traffic and heavy lorries on the roads. The PC wants to ensure that at the very least the village has a say in what is being planned for it, and in attempting to challenge these proposals it quickly became apparent that we had very few tools at our

disposal. The Neighbourhood Plan will not stop all the developments that we don't like, but it will help with any challenges we want to make. It will also give us the opportunity to establish in an official legal document a detailed account of this village and what makes us unique, for possibly the first time since the Domesday Book, nearly 1,000 years ago!

Over the coming weeks we will be gathering as much official data about the village as we can, as this should be an evidence-led process, and while we do that, we would welcome any comments, thoughts or suggestions from residents. Before the plan is finalised we will aim to consult fully with everyone in the village. Ultimately there will need to be a referendum for the village to vote on whether or not to adopt our proposed Neighbourhood Plan, so we need people to get involved.

It's your village, have your say!

Please email Little Bromley Parish Council at littlebromleypc@gmail.com



Nov 9th The Deanery Choir will be singing at St George's Church, Great Bromley CO7 7TS at the 11am Remembrance service. The choir will sing the anthem 'Russian Contakion of the departed' by Sir W Parratt. Sir Walter Parratt (born Feb 10 1841, Huddersfield, England - died March 27 1924, Windsor) was an organist who exerted great influence by his understanding of Bach. At age 11, he was organist at a local church, and later held positions as organist of Magdalen College, Oxford (1872) and St. George's Chapel, Windsor (1882); professor of music, Oxford (1908—18); and teacher of organ at the Royal College of Music, London (1883—1923). In 1893 he became organist to Queen Victoria. His few compositions include incidental music, and organ and choral works.

Nov 30th The Deanery choir will be singing at St Mary's Church, Little Bentley CO11 2PP at the 11am communion service. All church congregations of the nine Tendring/Dedham parishes are invited to attend. As well as the 'Advent prose', the choir will sing the



Supporting Church music in the Tendring area

anthem 'This is the truth sent from above' by Ralph Vaughan Williams. Vaughan Williams was born to a well-to-do family with strong moral views and a progressive social outlook. Throughout his life he sought to be of service to his fellow citizens, and believed in making music as available as possible to everybody. He wrote many works for amateur and student performance. He was musically a late developer, not finding his true voice until his late thirties; his studies in 1907–1908 with the French composer Maurice Ravel helped him clarify the textures of his music and free it from Teutonic influences.

Graham Bell
Deanery Choir
grahambell493@gmail.com

STOUR CHORAL SOCIETY

The members of Stour Choral Society would like to invite you to a concert on Saturday 29th November 2025, at 2.30pm, Mistley Parish Church, New Rd Mistley CO11 1ER.

We will be performing 'Feel the Spirit' by John Rutter, 'Fantasia on Christmas Carols' by Ralph Vaughan Williams, and a selection of seasonal songs and carols, with audience participation.

The Musical Director will be Susanna Rose, accompanist, Stephen Smith

and soloist, Anna Maria Rose (soprano)

Tickets (£15 adults, under 18's free) will be available six weeks before the concert date from Howell's hardware store, Manningtree High Street, choir members, by email:

info@stourchoralsociety.co.uk, or by telephone- 07511908213.

Do join us for this soul-stirring, vibrant introduction to advent and the Christmas season.

ARDLEIGH SURGERY

Dear Parishioners,

Thank you for your continued support.

From 1st October 2025, Anima will now be open for requests Monday to Friday between 8:00am to 6:30pm

You can now submit non-urgent requests online such as:

- Routine appointment requests
- Medication queries (repeat medication requests)
- Admin tasks (fit notes, referrals, letters)
- Travel forms
- Update of personal details- (if change of name will need to bring original document to The Ardleigh Surgery)

Please submit urgent requests between 0800hrs to 1100hrs to increase the chance of a same day appointment. When all appointments are gone for the day you will see the following message:

<

Slot guaranteed for: 29:34
Close and save as draft

Please be advised that Ardleigh Surgery has reached its safe capacity for the day, and we are unable to accommodate any further same-day appointments at this time.

If your issue is urgent and cannot wait for a routine appointment, we recommend visiting your local pharmacist, Urgent Treatment Centre at Colchester or Clacton, or, for critical emergencies, the Accident & Emergency (A&E) department.

Are you happy to proceed?

Yes

No

If you do have a non-urgent issue then please go ahead and fill in the Anima. If you have an urgent problem, please call the surgery to speak to a receptionist.

You do not have to use Anima to book any of the following appointments:

- Nurse appointments - blood tests, wound dressings, cervical smears, vaccinations etc.
- Medication review
- Physio appointments
- Social prescriber
- Blood test results - Receptionists are able to give the results specified by the clinician however, if you would like to discuss in more detail please submit an Anima request.

Please contact reception via telephone to book. You can use Anima if it is more convenient for you.

Emergencies: If you have severe chest pain, heavy bleeding, difficulty breathing, or urgent mental health concerns, **call 999 or NHS 111 immediately.**

Accessibility Statement

We are committed to **digital inclusion**. If you cannot use the online form due to language, disability, or lack of internet access, please call or visit reception. Our team will assist you directly.

Practice shutdown

There is no shutdown in October.

Next shutdown will be Thursday 27th November.

Thank you once again for your ongoing support and for being such a vital part of our community. We look forward to continuing to serve you in the months ahead.

**Kind regards,
The Team at Ardleigh Surgery**



PLANNING APPLICATIONS

REF	PROPOSAL	LOCATION
<u>25/01396/</u> <u>FULHH</u>	Householder Planning Application - Part garage conversion and rear single storey extension to create one bedroom annex. Great Bromley Parish Council had no comment.	Bromley House, Harwich Road, Great Bromley

SUPER SEPTEMBER AT ST GEORGES CHURCH

September 2025 turned out to be a very busy month in our Church Calendar beginning with our Hospice Afternoon Tea which I told you about last month.

Ride and Stride, Parish Lunch, a very special funeral and a magnificent wedding were followed by a memorable Harvest Festival weekend. So many thanks to all who helped in different ways to make our celebrations absolutely brilliant.

Our cleaners, flower arrangers, musicians and caterers made the weekend of September 28th super. I thank you all! St Georges looked very autumnal, bales of hay, ears of corn, pumpkins, fresh fruit and produce from the garden. Our charity which was very well supported enabled us to send nearly £500 to our local food bank in Manningtree. Thank you.

During the afternoon of 28th September, we were very pleased to welcome The Black Cactus Choir for a concert. Wine, soft drinks and tasty nibbles were served during the interval of this super concert. The Black Cactus Choir, who rehearse at St Georges every week, are a friendly, fun loving inclusive choir led by their conductor, Alex Stockley. The programme was varied, lively and enthusiastic.

Our Harvest Celebrations came to a close the following Friday when children from St Georges School visited for their annual Harvest Service. Well supported by their families and friends, the children spoke so well and the singing was superb. Thank you Mrs Keith and all the staff who escorted the children to the Church, not only for the service but for a rehearsal two days previously. The service was led by Rev. John, Thank

you John.

Just to remind you that our after-school club has restarted after all our building works this summer. It is great to see you all returning to St Georges on a Friday afternoon between 3.15pm and 4.15pm. Refreshments, activities for children and a time to chat in a warm and safe place – possibly while you wait for children to return from Manningtree. Pop in and see us for a coffee or cup of tea all are welcome – look forward to seeing you.

JOIN US AT JAM

Looking forward now to the end of 2025. There are many dates for your diaries.

- 2nd November – “Light a candle service” at 3.00pm. Write the name of loved ones on a list to be remembered in the church.
- 9th November – Remembrance Sunday – Meet at the War Memorial at 10.50am.
- 6th December - Festive Coffee Morning 10.00am – 12.00 noon. If you would like to help at our next fund-raising event, please let me know on 01206 230688
- Many stalls, delicious refreshments, raffle, bric a brac, bag a bola and much more. You are all welcome.
- 21st December - Carol Service at 6.30pm. Do you have a favourite carol? Let me know and we will see if we can include it.

Jenny Nicholls

Hello Great Bromley,

The speedboat trip that I mentioned in last month's issue was a resounding success, all those that went had a great time and are looking forward to booking another. I personally didn't get to go this time round, but I'll be booking myself in for the next one. Apparently, they also have sailing boats which sounds more my cup of tea. The trip down the river lasted approximately an hour, so it wasn't a quick up and down which made it all that more enjoyable. Based on the reaction we got from those that went on this trip, I'm anticipating many more requests for the next.

Here at Seven Rivers, we also like to help other charities if possible, so we participated in the MacMillan coffee morning to raise funds for Cancer Research. This is a topic that is close to the hearts of many here, I'm sure we all know someone, a family member, a friend of a friend or your neighbour, someone that's had to endure the physical, and emotional road to recovery. Lorraine, bless her little cotton socks, didn't think a coffee morning was good enough, so we opted for a full-blown bake-off, and if that wasn't enough, she set up a clothes sale for donations in our summer house. The rivalry between the bakers was quite tense and dare I say dangerous at times, our Chef Steve who has many years of experience as a baker, was the judge. Steve was pleasantly surprised at the high standard of baking, except for one or two, mentioning no names, that decided to purchase the cake and simply decorate it, this caused some

controversy, but thankfully cooler heads prevailed, and we were able to avoid a bloodbath

Lorraine thought with a little help from someone with some baking experience to advise her, that it would have been a walkover, no such luck. She said it took her hours and hours, and then some more hours, she was even baking in her dreams, I didn't mean to laugh, but it was inevitable. The end result was two wonderfully decorated cakes that she was extremely proud of, I too was surprised as to just how good they looked, Good job Lorraine!

The results were as follows, overall winner was Kay with her marble chocolate cake, Steve said he could see how much work had gone into it. Second and third place went to none other than our very own Lorraine, this was some consolation for all the time and effort spent on them and gave her a sense of pride. Best tasting went to Lisa's red velvet cake. The resident's choice however, was somewhat controversial, the winner was bought from Tesco and decorated, the baker admitted it went wrong, but everybody here loved it, well done! The amount raised was £501.83p and photos will be in next month's edition.

Finally, I'd like to invite you all to our fireworks night on 5th November. Gates will be open from 6pm and the display will be at 6:30pm. No entry fee, but donations are welcome, Hot dogs, French fries and refreshments will also be available for purchase.

***Good health to you all,
until the next time,
Lee.***

OLIVER MCGOWAN TRAINING

Many of us know someone who works in care whether in supported living, or in health and social care services across the region. These roles are vital, and the people who do them often go above and beyond to support others.

That's why it's so important that everyone working with autistic people and people with a learning disability receives the right training. Training that is not only compassionate but also legally required.

The Oliver McGowan Training was introduced following the tragic death of Oliver McGowan, a young autistic man with a learning disability, whose life might have been saved if those caring for him had better understanding and made reasonable adjustments.

In response, the government introduced The Oliver McGowan Mandatory Training on Learning Disability and Autism, now a legal requirement under the Health and Care Act 2022.

It's the only government approved training of its kind, and it's been co-designed and delivered by people with lived experience. It helps staff understand how to provide safer, and more personalised care.

I've known and worked with Paula McGowan, Oliver's mum, for several years. Her strength and determination

to create change after such a devastating loss is nothing short of inspiring.

I've also experienced the fear and frustration of seeing one of my own sons go through something similar. It's a feeling no family should have to endure, wondering whether the people entrusted with your child's care truly understand their needs.

If you work in care, please take a moment to ask your employer:

- Have I received both Tier 1 and Tier 2 of The Oliver McGowan Mandatory Training?
- Is my workplace meeting its legal duty under the Health and Care Act 2022?
- Am I confident I understand how to support autistic people and people with a learning disability safely and respectfully?

This training isn't just a legal requirement; it's a chance to make a real difference in someone's life. It's about dignity, safety, and compassion.

If you are a parent, you can ask if care staff compliant with the Oliver McGowan training?

DAWN has a free resource when choosing care homes. If you would like one, please email me:

annie@dawnsupport.co.uk

GREAT BROMLEY BOOK CLUB

Are you a lover of books and live in Great Bromley or the surrounding area? Would you like to join our small, friendly book club?

We meet at The Great Bromley Cross Pub, Great Bromley on a Tuesday evening every six weeks. It's a casual meet up for a chat, to share books, make friends and have a drink or two. If you would like any more information please contact Sarah on 07742 105972.

LITTLE BROMLEY PARISH COUNCIL

Email: littlebromleypc@gmail.com

November is the month of “remembrance” and the daylight hours are getting shorter. This year Remembrance Sunday is on 9th November. There will be a short service at the War Memorial led by Gregory Frostick and laying of wreaths at the village, gathering at 10:45am. All are welcome.

In June the Secretary of State for Culture, Media and Sport decided to add Little Bromley War Memorial to the List of Buildings of Special Architectural or Historic Interest, which means the building is now listed as Grade II. We felt it fitting to have a bespoke hand crafted wreath for our heritage War Memorial which has been created by a resident in the village.

There has been a lot of activity in and around the village throughout October with archaeological trenching happening in many fields. There has been some interesting finds. A “grave style area” was found on the land by Grange Road and we understand a burial licence has got to be obtained in case there are human remains. On another field an unexploded grenade

was discovered and to top it all, it was thought that a bomb had been found in another field but it turned out to be an upturned saucepan!!! It all happens in Little Bromley.

The first draft of the Five Estuaries and North Falls Joint Substation Design Guide was released in August followed by a drop-in information event at the Venture Centre. Many villagers attended and submitted their feedback. You can view the draft Design Guide on their website <https://fiveestuaries.co.uk/design-guide/>

We have had a spate of fly tipping in the quiet lanes around the village. The last on was in Ardleigh Road which was clearly very quickly by TDC. You can report fly tips on their website <https://www.tendringdc.gov.uk/content/fly-tipping>.

Finally, our next Parish Council meeting will be held on Thursday 20th November commencing at 7:30pm at the Haywain. We hope you can join us.

Little Bromley Parish Council

ADVANCE WARNING OF THE BROMLEY 10K

Although 13th April seems a long time ago, this was when we held the Bromley 10K Run. Over 500 runners took part and filled the roads of Little Bromley for over an hour. Everything went well and medals were awarded to all the finishers.

The first man to finish was Adam Hickey and the first lady to finish was Holly Archer. We would like to thank

all those who helped and marshalled at the race.

We are pleased to announce that the next **Bromley 10K run** will take place on **Sunday 12th April 2026**. Please look out for more details of entry, etc.

Carol Cordwell and the Harwich Runners

Dates for your diary



NOVEMBER

2	Light a Candle Service, St George's Church	3:00pm
5	Fireworks at Seven Rivers	gates open from 6:00pm
6	Festive Coffee Morning, St George's Church	10:00am-12:00pm
9	Remembrance Sunday:	
	Great Bromley War Memorial	10.50am
	Little Bromley War Memorial	10:50am
12	Great Bromley Parish Council, Village Hall	7:00pm
20	Little Bromley Parish Council, The Haywain	7:30pm
20	Great Bromley Friendship Club, The Cross Inn	2:00pm

DECEMBER

10	Great Bromley Parish Council, Village Hall	7:00pm
11	Ardleigh & Dis. Horticultural Society	7:45pm
19	Great Bromley Friendship Club, The Cross Inn	2:00pm
21	Community Carols, St George's Church	6:30pm
24	Christmas Crib Service, St George's Church	4:00pm

Clacton Choral Society

welcomes you to enjoy a special Christmas concert under the direction of Caryl Newham, with organist Duncan Archard. It will include excerpts from Bach's Christmas Oratorio, part 1, with professional soloists.

A selection of carols will be sung, some new to the ear, and some with audience participation of course.

St. James' Church, Tower Road,
Clacton on Sea CO15 1LE

4pm Saturday 6th December
Seasonal refreshments

Tickets in advance at £12.50 from:
www.ticketsource.co.uk/clacton-choral-society

email: penny4david@btinternet.com

Tel: 07772 682604, and on the door.

SAVE THE DATE QUIZ NIGHT

at Great Bromley Village Hall
Saturday 15th November
7.00 for 7.30pm start

Bring your own food and drink
Maximum of 6 people per team
£6.00 per person

Contact Tracey to reserve your
table on 01206 251434

**This is a fund raising event for
Great Bromley Cricket Club**

The Mobile Library visits every three weeks at Church Meadow on a Thursday - next dates are:

- 13 Nov
- 4 Dec

9.45am to 10.15am



Post Office & Community Library

The Great Bromley Cross Pub



Wednesdays
10.00am - 12 noon



Did you know? Our local area has three Automated External Defibrillators. You can access these at:

- The Courthouse, Harwich Road, CO7 7JG
- The Great Bromley Cross Pub, Ardleigh Road, CO7 7TL
- The Haywain, Bentley Road, CO11 2PL

Also at The Great Bromley Cross Pub is a Bleed Kit. The kit, provided by Great Bromley Parish Council, contains specialist equipment to help stem extreme blood loss before ambulance crews arrive.

Bleed control kits, also known as emergency trauma packs, are similar to first aid kits but include trauma dressings, gauze, chest seals and tourniquets to help stop serious bleeding. They can help victims of violent crime, those involved in road traffic accidents or workplace accidents, and could be particularly useful in rural areas where ambulance response times may be slower.

Don't ignore it - Report it at www.essexhighways.org



Essex Highways carry out regular inspections of roads and pavements, but issues may come up between these inspections. These could be potholes or other road surface issues, damaged street lights, street signs, overgrown trees, or issues with public rights of way.

Report maintenance issues online by using the highways reporting tool. If you think there's a risk to public safety please call 0345 603 7631 or if you have hearing problems you can use the text phone service on 0345 758 5592.

WW2 AIR RAID PRECAUTIONS AND THE CAMP

Sharon Gulliver (née Barrett) showed me an old bell and an ARP log book from Hiskeys Farm on Spratts Lane, which her father Edward kept after the farm was sold. My own father worked there for Mr Spencer, who was an ARP warden, whilst Edward was evacuated there from London, as a boy, and stayed on in the village and ended up managing the farm when my father retired. Sharon says, "The bell was used at Hiskeys if Dad was needed back at the house for a phone call or visitor... or a mealtime!" My grandfather, Major Gunter, had a similar bell for Balls Green ARP duties, as well as a whistle, and he too used the bell on his orchards post-war. The ARP log book shows the Little Bromley village wardens were: E W Spencer, Hiskeys; J A Girling, Holly Lodge; G.A. Kent, Crabtrees; B.J. Garrad, Wheatsheaf; and W. Wenden, Lillies Farm.



The Camp

After the war there were many people left homeless by bombing, or displaced by large air fields and military establishments, and the returning servicemen who had lost their family home and possibly their family. The accommodation at the military sites tended to be arrangements of Nissen huts, a simple and cheap structure with concrete or wooden walls at each end with a door, and rounded corrugated iron for the roof. A fancy design may even have a window! I have previously shared a picture of one of the Nissen huts that were beside St George's church. My grandfather purchased a surplus one to store his orchard equipment.

In many locations the huts were left in place after the war and occupied by homeless families. Some sites were organised and allocated by the local authority, others housed what we would now term squatters.

The Chain Home radar station in and around Hilliards Road required many service men and women, some of whom were billeted with local people, others stayed in "The Camp" behind Great Bromley Lodge (latterly known as Hamiton Lodge) between Back Lane



and Mary Lane. These were not Nissen huts however, as can be seen by these photos when the camp was used as housing for perhaps 20 years post-war. The first is of Peter and Maureen Sparrow not long after the war, and the second of Steve Barber with his little sister, and Karen Rouse, about 1960. Steve's shows one of the huts with broken windows, and he says, "I do remember there being empty huts with broken glass lying around. Not the best place for children to play!"

I used to wander around there as a boy but had no camera - not even a smart phone! - and can no longer remember it. I would love to see any other pictures from The Camp.

Dr. Hugh Frostick
hugh@greatbromley.org.uk
07722 253962



GREAT BROMLEY & DISTRICT CRICKET CLUB

The outdoor season comes to an end just as the nights are drawing in rapidly. The pitch has been put to bed but with next season in mind we have spent a bit more money than usual by having the square levelled, scarification, reseeding, loam and feed. It was overdue for this kind of work and as this is the first year in quite a few where we did not have to invest in machinery or other large expenses so it was deemed the right time to get it done.

The final game of the season for the Saturday XI ended in a draw as the match was abandoned due to bad weather. The team finished 3rd, an amazing achievement for only the second year in the 3rd division. Sadly missing out on promotion due to results further up the league tables. It

will start again next year and hopefully with an even better pitch who knows?



Whilst things slow down now we can still look forward to the Senior awards night on 18th October being held at The Courthouse and the Indoor cricket league starts in October for those who still need a bit of cricket in their lives.

The club host its Annual Quiz Night on Saturday 15th November at 7 for 7.30 start at the village Hall (see advert) It's always a fun evening and the club very much appreciate all the support that we get from the village so look forward to seeing you there.

Tracey Wareing



ST. GEORGE'S (C OF E) SCHOOL, GT. BROMLEY

Telephone: 01206 230305

Could you make a difference in our school?

St George's School in Great Bromley is looking for passionate, dedicated people in our community to join us as school governors. This is your chance to shape the future of our young people, and bring your experience to a role that truly matters.

If you think you could spare approx. 6 hours a term to attend meetings with other like minded people to support the leadership team and ensure the schools strategic vision, then we would love to hear from you.

By joining our board, you'll develop new skills and have a direct impact on the success of our students.

Reach out to us on lsarp@st-georges-pri.essex.sch.uk if you're interested in applying or would like more information about the role.



GREAT BENTLEY DOCTORS' SURGERY

Surgery News

I am very pleased to let you know that we have two new female Salaried GPs working at the Practice. We would like to welcome both Dr Muir and Dr Asrim to our team.

Home Visits

After a recent incident where a member of staff was injured by a patient's dog, we would respectfully ask that if a clinician visits your home, you ensure that any dogs in the household are put into another room before you open the door to the clinician. We would appreciate your help and understanding with this, in order to keep our clinicians safe.

WINTER DEMAND – Help us to help you

As we head into winter, the demand for our services increases substantially. With this in mind, please remember that you can request help from pharmacies who offer the Pharmacy First Service. You are able to self-refer to pharmacies for the following conditions:-

Conditions	Age Range
Acute Otitis Media	1-17 years old
Impetigo	1 year and over
Infected Insect Bites	1 year and over
Shingles	18 years and over
Sinusitis	12 years and over
Sore Throat	5 years and over
Urinary Tract Infections (Uncomplicated)	Women 16-64 years old

If needed, the pharmacist is also able to prescribe appropriate medication for these conditions.

Surgery Training Afternoon

Along with all other surgeries in the area we will be shut from 12 noon on Thursday 27 November 2025 for staff training. If patients require urgent care on this afternoon, they can contact 111 for assistance.

Patient Participation Group

The next meeting of the Patient Participation Group will be held at 6.30 pm on Thursday 27 November in the Mitchell Room at Great Bentley Village Hall.

Sue Mitson
Operations Manager



Light a Candle

St George's Church
Great Bromley

Sunday 2nd November at 3pm

Come and light a candle for those you love who have died, either recently or longer ago. You can email us or add the names of those to be remembered on the list in church.

If you can't be there but would like us to read the name and light a candle for your loved one, please let us know.

E: church@greatbromley.org.uk
T: 01206 230688

STOUR VALLEY U3A

Make the most of life once you're no longer in full time work and come and explore new ideas, interests and skills with University of the Third Age.

Across the country U3A members are meeting new people, learning, staying active, and having fun later in life. It's local, social, friendly, low cost and open to all.

We have over 40 interest groups including walking (from strollers to 5+ milers), theatre trips, garden visits, art appreciation, curry club, international dining, science group, languages, keep fit, pickleball, overseas travel, bridge, Sunday Singles lunch there's something for everyone. If we don't have a group you are interested in, you are welcome to start one up. Membership costs only £15 a year.

Monthly coffee mornings are held on the first Friday of the month 10am – 12pm at the Lambe School, Gaston

Street, East Bergholt. Come along, meet some members, hear more about us and decide whether you'd like to join.

Monthly lectures are held on the second Wednesday at 2.15pm in the Constable Hall, Gandish Road, East Bergholt, CO7 6TP. Guests are welcome for a charge of £4. On 12th November, award winning photographer Roger Hance, will return to talk and show his "Landscapes through the British Isles". There is no lecture in December as we have our Christmas lunch at Hintlesham Hall Golf Club. Resuming on 14th January, Claire Driver will give a talk on "Smuggling in Essex".

Please take a look at our website <https://stourvalley.u3asite.uk/welcome/> for more information and contact details.

PLANNING DETERMINATIONS

REF	PROPOSAL	LOCATION	DECISION
<u>25/01018/</u> <u>FULHH</u> Mr Scott Mulcahy	Householder Planning Application - Side, rear and first floor extension to existing garage including one bedroom annex with balcony, rooflights and dormer windows.	Bay Trees Parsons Hill Great Bromley CO7 7JF	Approval - Full 12.09.2025 Delegated Decision
<u>25/01130/</u> <u>COUNOT</u> Mr S Brazier	Prior Approval Application under Part 3, Class Q of the town and Country Planning (General Permitted Development) (England) Order 2015 (as amended) for change of use of agricultural building into three dwellings with rear extension.	Bush Farm Hall Road Great Bromley CO7 7TR	Prior aprv req - deemed appl approved 08.09.2025 Delegated Decision

MANNINGTREE & DISTRICT PHOTOGRAPHIC SOCIETY



Last month members enjoyed a packed programme including a talk by Daniel Bridges on Abstract and Minimalist Photography, a field trip to Alresford Creek, a print competition (Open Mono), and a talk by Roy Essery about his experiences in Havana.

November sessions are as follows;

- 13th November– PDI competition Open Colour
- 27th November – Talk by Ian Parker – “My brief view of Kenya and Tanzania”

Our club website has information about membership and activities together with competition results, photo albums and further club information. Our 2025/2026 programme is also on the website. Our public Manningtree Photographic Club Facebook page also features various club news and activities.

This month's featured image by Pat Ainger was one of the winning images from the Summer, photo techniques competition – High Key.

We are a small group of photography enthusiasts with a wide range of photographic experience and knowledge. The club aims to provide a friendly environment for members to enjoy the development of their photographic skills through a variety of activities in the company of like-minded individuals.

If you have an interest in photography, at whatever level, you would be most welcome at M&DPS. We meet at Mistley Village Hall, on the 2nd, 4th and 5th Thursdays of the month between September and May at 7.30pm.

For further information please contact our Secretary Pat Ainger on 01206 231242 or email: madps@post.com

Website: <https://e-voice.org.uk/manningtreeanddistrictphotographicsociety/>



GREAT BROMLEY PARISH COUNCIL

www.gbpc.org.uk

Clerk: Mrs Lizzie Ridout CILCA Email: clerk@gbpc.org.uk



The Parish Council continues to address local matters and support our community.

We're pleased to welcome a newly co-opted member to the Parish Council. Their contribution will help strengthen our work on behalf of residents.

A resident has reported issues with parking and littering at Hare Green. We're grateful for this feedback and have addressed these concerns with the football club.

There is no update on the proposed Harwich Road development. We'll share any news as soon as it becomes available.

A recent Speedwatch session on Harwich Road recorded 12 motorists exceeding the speed limit. Thank you to the volunteers who made the session possible.

Essex County Council has completed a tree survey in Long Cover. Some trees will be felled due to safety or ecological concerns.

We welcome your thoughts and observations. Whether it's a local issue or a suggestion for improvement, your voice helps shape our parish for the better.

Cllr Ian Murch
Chairman

ARDLEIGH & DISTRICT HORTICULTURAL SOCIETY

The Society meets on the second Thursday of the even numbered months, with the exception of August when the Show is held, so October, December, February, April and June. All events are at Ardleigh Village Hall. Our evening meetings start at 7:45pm, there is a raffle, a plant stall (at most meetings) and the talk is followed by refreshments. Everyone is welcome.

Our first meeting of the season is on Thursday 9th October. It will start with our very short Annual General Meeting, which will be followed by a talk by Mark Richardson "Behind the scenes at the Chelsea Flower Show"

The programme for the forthcoming season of talks is:

- Thursday 9th October 2025 - A.G.M. followed by a talk by Mark Richardson; "Behind the scenes at the Chelsea Flower Show".
- Thursday 11th December 2025 - Talk by Pip Wright "Finding out about History through Old Local Newspapers".
- Thursday 12th February 2026 - Talk by Clive Boase from the Climate Change Gardening Charity "Climate change, Gardening and us".
- Thursday 9th April 2026- Talk by Jim Paine; "From mighty acorns: the story of the British Oak".
- Saturday 16th May 2026 – Plant & Cake Sale 9:30am-11:30am.
- Thursday 11th June 2026 - Talk by Stephanie Callister-Jarrold from the Owls & Birds of Prey Rescue charity "Owls".
- Saturday 15th August 2026 – Annual Flower & Produce Show.

RECTOR'S LETTER

Dear friends,

I hope this finds you well as we adjust to the cooler, wetter and shorter days in the run up to Advent and Christmas.

As I have written here before, November is a month of remembering in our nation – we remember the deliverance from the Gunpowder Plot on 5 November and we remember the deliverance from the darkness of two World Wars on 11 November. But on 13 November, the Church of England also remembers a minister whose faithful legacy of Christian ministry lives on in the Global Anglican Communion even today: Charles Simeon.

He grew up in a family of privilege and influence, one of his brothers was a lawyer and MP and another a director of the Bank of England. His studies took him to Cambridge and he never left there. He became a Fellow at King's College in 1782 and a year later was ordained a presbyter in Church of England. He received the living of Holy Trinity, Cambridge, where he ministered until his death in 1836.

His time in ministry in Cambridge began in controversy, as many objected to his appointment and made life very difficult for him. But in true

British fashion he 'kept calm and carried on', proclaiming the Gospel of God's forgiveness of our sins through Jesus' death and resurrection to many and in so doing inspired them to take that message to all, near and far. He helped found the Church Missionary Society, which sent missionaries all over the world to share this Gospel, especially in places where they had never heard of it.

Around that time another student in Cambridge, Charles Perry, was also called in to Christian ministry. He would eventually become the founding Bishop of the Diocese of Melbourne in Australia, which is the Diocese in which I grew up and came to a saving faith through that Gospel message.

It's a reminder that the Christian message, the Gospel, knows no borders, no boundaries and is for any who receive it by faith. You can hear something of that message at any number of the services across our parishes this month. Why not join us during this 'month of remembrance'? It might just change your life!

***Best wishes,
Phillip***

FRIENDSHIP CLUB

'The Fire Service will be coming to our November meeting to talk about fire safety in the home.

Our competition this month will be something relating to Remembrance Sunday.

New members are always welcome. Please just come along to the Cross Inn, between 2-4pm, every 3rd Thursday of the month.'



St George's Church, Great Bromley

TADP – Tendring and Dedham Parishes
www.tendringdedhamparishes.org.uk

For contact details, or to receive our email newsletter, please visit the website
above or email us at church@greatbromley.org.uk

Nov 2nd	All Saints	Parish Eucharist BCP with choir	11am
	All Souls	Light a Candle service	3pm
Nov 9th	Act of Remembrance	<u>Great Bromley</u> , with choir and short service in church	10.50am
	Act of Remembrance	<u>Little Bromley</u>	10.50am
Nov 16th		Evensong BCP with choir	6.30pm
Nov 23rd		Parish Eucharist	11am
Nov 30th	Advent	Joint Service with choir	<i>at Little Bentley 11am</i>
Dec 7th	Advent 2	Parish Eucharist BCP with choir	11am
Dec 14th	Advent 3	Parish Eucharist with choir	11am
Dec. 21st	Advent 4	Community Carols with choir	6.30pm
Dec 23rd		<i>Friends Carols</i>	<i>at Little Bromley 3pm</i>
Dec 24th		Christmas Crib Service	4pm
Dec 25th		Christmas Day Eucharist	11am
Dec 28th		<i>Group Service at Tendring</i>	11am

St Mary's, Little Bentley

Nov 2nd	Morning Prayer 11am
Nov 16th	Holy Communion 11am
Nov 30th	Joint Service Holy Communion 11am
Dec 7th	Morning Prayer 11am
Dec 21st	Holy Communion 11am
Dec 23rd	Service of Light 6pm