ST. GEORGE THE MARTYR, GREAT BROMLEY

united with St. Mary the Virgin, Ardleigh



Services for September

lst	7.00pm	The Eucharist	St. Mary the Virgin
2nd	11.00am	The Eucharist	Seven Rivers
3rd	9.00am	The Eucharist & Rosary	St. Mary the Virgin
	2.00pm	Wedding of David Arthur & Abigail Ham	Din St. Mary the Virgin
Sunday 4th		Trinity 15	
-	7.30am	Morning Prayer	St. Mary the Virgin
	8.00am	The Eucharist	St. Mary the Virgin
	10.30am	The Parish Eucharist	St. George the Martyr
	6.30pm	Evening Prayer	St. Mary the Virgin
5th	9.00am	The Eucharist	St. Mary the Virgin
7th	7.00pm	The Eucharist	St George the Martyr
8th	•	Nativity of Our Lady	<i>,</i>
	7.00pm	The Eucharist	St. Mary the Virgin
9th	11.00am	The Eucharist	Seven Rivers
	2.00pm	Wedding of Katie Lodge & Rhys Taylor	St. Mary the Virgin
10th	9.00am	The Eucharist & Rosary	St. Mary the Virgin
	3.00pm	Wedding of Glen Wilden & Joanna Kerry	
Sunday 11th		Trinity 16	
	7.30am	Morning Prayer	St George the Martyr
	8.00am	The Eucharist	St. George the Martyr
	10.30am	The Parish Eucharist	St. Mary the Virgin
	6.30pm	Harvest Festival	Ardleigh Methodist Chapel
12th	9.00am	The Eucharist	St. Mary the Virgin
14th		Triumph of the Holy Cross	
	7.00pm	The Eucharist	St. George the Martyr
15th	7.00pm	The Eucharist	St. Mary the Virgin
16th	11.00am	The Eucharist	Seven Rivers
17th	9.00am	The Eucharist & Rosary	St. Mary the Virgin
Sunday 18th		Trinity 17	
	7.30am	Morning Prayer	St. Mary the Virgin
	8.00am	The Eucharist	St. Mary the Virgin
	10.30am	The Parish Eucharist	St. George the Martyr
	6.30pm	Evening Prayer	St. Mary the Virgin
19th	9.00am	The Eucharist	St. Mary the Virgin
	7.30pm	The Eucharist	St. Mary the Virgin
21st		St Matthew	
	6.00pm	The Eucharist	Hamilton Lodge
	7.00pm	The Eucharist	St. George the Martyr
22nd	7.30pm	The Eucharist	St. George the Martyr
23rd	11.00am	The Eucharist	Seven Rivers
24th	9.00am	The Eucharist & Rosary	St. Mary the Virgin
Sunday 25th		Trinity 18	
Sunday 25th	7.30am	Morning Prayer	St. George the Martyr
	8.00am	The Eucharist	St. George the Martyr
	10.30am	The Parish Eucharist	St. Mary the Virgin
	6.30pm	Evening Prayer	St. George the Martyr
26.1	•	•	. ,
26th	9.00am	The Eucharist	St. Mary the Virgin
28th	7.00pm	The Eucharist	St. George the Martyr
29th		S Michael & All Angels	
	7.00pm	The Eucharist	St. Mary the Virgin
30th	11.00am	The Eucharist	Seven Rivers



COMMUNITY

We recently celebrated that 60 years ago WW2 ended, and there were many occasions when communities got together to remember the sacrifices people had made. My granddaughter recently had to do a project on WW2 and I found several books to help her, one of which was the Empire Youth Annual of 1946, which I was given when I was 10 years old. I went from the local people giving it back to to put it back on the bookshelf and flicked through the pages.

I came across a painting of the oil tanker M.V. San Demetrio, an oil tanker that was attacked and fired in the Atlantic. At that

time I was writing to the "sparks" of the San Demetrio as part of a schools letter writing lesson and "have a pen pal with the armed forces". He was killed in the action; some of you may well remember the film of this event that was made a few years later.

In the Times recently a Tim Luckhurst wrote "I am feeling socially excluded. Whenever I switch on the radio or television I hear references to communities. Apparently they have been steadfast in their response to terrorism and remain determined to defeat crime." He goes on to say that government is encouraging us to believe in community as this negates the individuality of peoples. This curtails liberty and communism or George Orwell's 1984 are examples of a community that goes wrong, "Please let us hear no more bilge about communities, there is no such thing as community."

On the same day I read an article about a document from the Office of the Deputy

Prime Minister ODPM – Planning for Housing Provision. Councils will be forced to release land for housing where house prices are rising, regardless of environmental impact or sustainability schools, hospitals, roads, water, sewage etc. It removes all control from the hands of local and regional authorities, all power Whitehall. So people of the Bromleys beware we may get Bromley New Town whatever the community says.

Finally to show that there are diverse reasons for government to normally allow

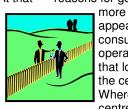


more say by communities as appeared to be the case with consultation and transparency of operations, the LEA is seeking that local schools should become the centre of the community. Whereas the Church was the centre but with an ever

diminishing congregation, and the village hall with a gradual lessening of village involvement, St Georges School with a pupil number of 107 could potentially become the new centre of the community. I am the Community Governor at St. George's and I will try to keep you informed of School matters in the Messenger, but community means all of us Church. Village Hall and its associated Clubs, and the School, so we are the community working together for a common good of all the parishioners

So let's deport Tim, whoever he may be, to some uninhabited island, with no community and good riddance.

Len Christodoulides



latthew

Vol 19 No 6

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The British Red Cross currently run a service which exists in the County to provide transport for those persons in the community who, for whatever reason, are unable to access public transport, or community transport schemes, especially for hospital and doctor's appointments.

Those clients able to sit and not requiring medical assistance whilst on the journey will normally be transported in a volunteer's private car.

Journeys are calculated from the volunteer's home address and car users will be paid 40p per mile. All out-of-pocket expenses (car parking, congestion charge etc) will be charged at cost to the client.

This is a very well subscribed service which provides a lifeline and means of independence to members of society who would otherwise find difficulty in making arrangements which to many of us are commonplace.

This area has been identified as one in which there is an urgent need for volunteers for this service.

For gueries and further information please contact 01245 291011 or Brian Smith on 01245 291012.

MATERIAL for the October 2005 edition of 'The Messenger' should reach the Editor, Leonie Henderson, by MONDAY, 12th September, **2005** please. Contributions from anonymous sources will not be printed. Copy can either be delivered by hand or sent by post, fax or e-mail. (see inside front cover for details)

Please support the sponsors of our magazine.



Dear Parishioner. As I write our local farmers are working hard in between the rain harvesting the crops, so that "all is safely gathered in" as one of the Harvest Hymns states. As I see the fields changing' I can't but be feeling grateful for the food we eat and want to do something for others. Many in our world are hungry, do have to walk hours for clean water, lack basic medical and education provision. Whilst some of this is related to natural disasters, most of it isn't and could all be solved by the nations of the world responding generously.

The Make Poverty History Campaign (that's the white wristbands you see people wearing) was not just a one off to persuade the world leaders meeting in Scotland in July to give more money. It continues because it is presenting to the world, rich and poor a like a new way of living. You can find out more on www.makepovertyhistory.org or by

contacting your union, workplace, church, school, or favourite charity. That's because an unprecedented amount of organisations and individuals have placed

their support around this new way of living in the world.

Here at home the Churchwardens and I are asking all of you for a financial donation to the life of your local church. On the 3rd at S Mary's and 24th at S George's we will be sitting at the Lytch gate when we will be most grateful to meet you and receive any financial gift you can make. The Churches here receive no State or Government support, and the cost of maintaining and running our beautiful buildings is beyond the congregation. The Churches are open for you to use as places of sanctuary and peace and we seek to make a difference here and in our society and world. May God bless you in your generosity. Thank you. Fr Nicolas.

Rector: Fr Nicolas Spicer -01206 230344 nspicer@lineone.net

Churchwardens

S Marv's Dr Ulrich Nehmzow 871727 Mrs Mandy Pratt 230003 S George's Mrs Barbara Hall 230673 Mr James Wild 203679



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FOUND

Item of jewellery found (end of June/beginning of July) on Ardleigh Road, Little Bromley (near Jubilee Cottage, close to Barn Lane).

Please call Claire Quilter on 01206 396559

FROM THE PAST ... Iron Age Site at **Great Bromley**

Mr J B Ward Perkins in an illustrated note in the Antiquaries Journal. April 1937. states that some sherds and bones were found in a pocket of black ash-like earth, about 2" x 2" in May 1936 at Park Farm. It was extremely coarse ware and in every respects was similar to that found at Twitty Fen, near Danbury, some years earlier. Park Farm has what is known as a "Late Hallstatt Iron Age A" site and is one of the scattered settlements of the people who came to England by way of the Essex estuaries.

Park Farm, like several other places in Great Bromley is noted on a map of 1777 by Chapman and Andre.

John Appleby



CARPET BOWLS

game. At Great Bentley in July in the Tendring Triples (a charity tournament) Great Bromley were represented by Derek, Brian and Andrew. They did very well to equal the runners-up by their points, but were just behind by two shots.

Our Club Singles Competition is still ongoing. Perhaps we will have a result by next month.

Nancy Kempster



100 Club Winners for August

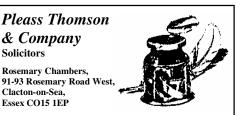
1st Mrs D Lording 2nd Mr M Raper 3rd Mr C Pirie

This draw is the last in the current year. Thank you to all those who have supported the 100 Club, we have made £538 for the Cricket Club. I look forward to your continued support.

The Cricket Club Quiz Night

is on Saturday 29th October at the Village Hall, at 7.30pm. Tickets are £3 per head, maximum 8 in a team. Please telephone 01206 230375 for further details and to book your table.

Phil Allam





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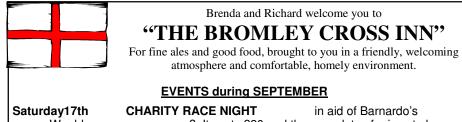
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Thursday 22nd 8.30pm PROMPT start CHARITY QUIZ In aid of the Parkinson Society. Teams of up to 4. £2.50 per head includes light supper

Wednesday 28th MUSIC NIGHT 8.15pm start

Sing, play or just come along and enjoy an evening of good music and entertaining recital.

NEXT MONTH

Friday, 21st October TRAFALGAR DAY CELEBRATION

To mark the 200th anniversary of Nelson's victory over the French and Spanish. Special menu, fireworks, music, Nelson's address, lighting the beacon.

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WOMEN'S INSTITUTE

Seven of our members went on the August Outing in lovely weather to Aldeburgh and Snape Maltings. With the use of the Manningtree Community Minibus, they went first to Aldeburgh for an interesting look around the town and a visit to the Shell Sculpture on the beach. Lunch was taken in the Wentworth Hotel.

On to the Snape Maltings for the afternoon to visit the shops and have tea before making the journey home. Everyone would like to point out the excellent service they experienced from the driver of the Manningtree Minibus.



This month, we have Rose Baldwin coming along to talk to us about "Reflexology and Reiki. Do come along and join us if you are interested on Wednesday, 7th September at 7.30pm in the Village Hall.

June Willaress

FRIENDSHIP CLUB

At our August meeting Mrs Cohen gave a talk on the hard work involved in opening a Farm Shop involving early morning journeys to Covent Garden to purchase produce. We were also able to see the special tokens which were used in days gone by to pay for everything.

The competition for September is a FAN - date 15th September - please make every effort to attend.



Vicky Griffiths

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September GARDENING TIPS

SHRUBS: Take semi-hard cuttings of evergreen conifers, holly, laurel and aucuba

ROSES: Dead head as necessary. Tie in new shoots on climbers

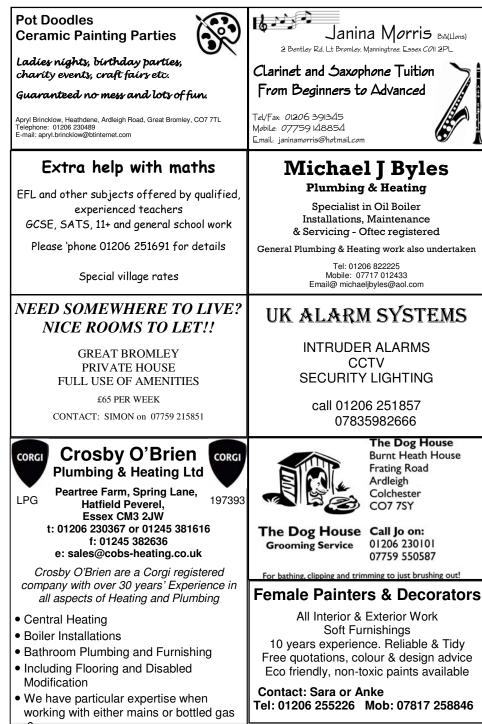
CARNATIONS & PINKS: Plant young border plants - pinch out growing tips

IRISES: Cut the leaves of bearded irises to about halfway. Plant Dutch, English and Spanish irises.

TIMELY TIP: With the price of flower seed at £1 plus per packet, why not save your own - now is the time. Choose a healthy plant and let one flower head mature. When dry cut off and place in a paper bag or envelope. On NO ACCOUNT use plastic bags, if there is the slightest moisture in the bag the seeds will rot. Seeds that can be gathered this month: French and African marigolds, antirrhinum, asters, clarkia, cornflower, stocks, Sweet William, to name a few.



Frank Griffiths



GREAT BENTLEY SURGERY THE HOLLIES, THE GREEN GREAT BENTLEY

We took over a corner of The Green for a highly competitive game of rounders one evening earlier this month and Dr Hunt found out the hard way that a world ranking means nothing when you switch sports.

He and Dr Steiner naturally adopted the captain's role for the two teams which were selected in the time-honoured way of lining everyone up and the captains shouting names alternately.

Having won the toss, Dr Hunt committed the fatal error of making someone who spoke authoritatively about the game his first choice. Dr Steiner gleefully pounced on the error and took Dr Carr as his first selection. The rest of us, a motley mixture of surgery and pharmacy staff, then willed our names to be called out, nobody wishing to be the last one chosen. No, I'm not going to tell you who was.

Dr Steiner's team batted first and with Dr Carr deciding at the last moment and apparently at random whether to hit the ball miles right handed or kilometres left handed, the game was over as a contest pretty quickly.

There were some Ashes-standard individual performances though. Dr Slawson took a string of excellent catches. Tony Virgo bamboozled many of us with his cunning left-handed lobs and Sonia Bennington proved herself a doughty all-rounder. Everyone else chipped in here and there, the two captains generally inspiring their teams with a mixture of personal example and giggling, Pimms-induced hysteria. Di Woodward organised everything brilliantly and all without a loud-speaker.

As for the score, well nobody really knows. The best estimate was 13-5 in Dr Steiner's favour. Anyway, it was a thrashing by anyone's standards but we all had a great time and there were no serious injuries despite a few heavy falls. I suspect that we'll

do it again.

The universities will be starting up again soon and I'm sure that it won't be long before there is new talk of a mumps epidemic amongst students. Mumps is usually a mild illness but it can be unpleasant, and serious complications occur in a small number of cases. Outbreaks are happening because some young adults are not protected against it, having been too old to routinely receive MMR in childhood. Because mumps is so much rarer amongst vounger children due to MMR, students are often exposed to the infection for the very first time when they get to university and they succumb to it all too easily.

Universities are offering special MMR sessions to their students in an attempt to stop the outbreaks but if you are going off to university soon and prefer to be immunised here before you go, our nurses will be very happy to do it for you. Give us a ring and fix an appointment we have plenty of stock of the vaccine available and it's not just for children.

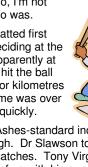
I can't believe that it's already time to write again about flu jabs and after the fiasco of failed manufacturing processes and missed delivery deadlines last year, I'm almost nervous to do so.

However, we have placed our order this year with the company which eventually rescued us in 2004 and they promise faithfully that we will get our first delivery no later than 10th October. This means that our flu jab clinics will start on 12th October and we are already taking bookings.

Just to recap, you are entitled to a free jab if you are aged 65 or over or if you suffer from any of a range of conditions, including asthma, COPD, diabetes and chronic heart, kidney or liver disease. Certain health and care workers also qualify. If you think that you might, please ask.

Even if you aren't entitled to a free jab, you can get a private prescription to buy the vaccine from a pharmacy. Our nurses will then administer it without charge. Again, please ask at reception.

Hugh Cronin, Practice Manager



FROM THE DOCTORS' SURGERIES

ARDLEIGH SURGERY THE SURGERY, DEDHAM ROAD ARDLEIGH

www.ardleighsurgery.nhs.uk

Influenza vaccinations delay this autumn



recommends patients should have vaccination against influenza if they are aged over 65 or at particular risk if they have one of the following medical conditions: heart

The Department of Health

disease, diabetes, respiratory disease including asthma, renal disease or are immunocompromised.

Unfortunately, owing to problems with vaccine production, the start of the 'flu vaccination campaign will be delayed by a month. Last year we started vaccinating from mid September and completed our campaign by the end of October. This year our first delivery of 'flu vaccinations will not be until the 10 October, with the bulk of the vaccinations not becoming available until 16 November.

This means we will have less time to vaccinate patients opportunistically or during normal surgery appointment times. We therefore request that more patients attend our 'flu clinic sessions on the Thursday afternoons 13, 20 October and 17, 24 November. Please telephone the surgery to book into one of those clinics.

This delay in the delivery of 'flu vaccines applies to all suppliers and surgeries.

Pneumonococcal immunisation available for the over 65's

Immunisation against pneumonococcal infection is now available for all patients aged over 65 and in certain at risk groups to help protect them against pneumococcal infection which can cause diseases such as pneumonia, septicaemia (blood poisoning) and meningitis. This immunisation is in addition to your annual 'flu immunisation but only normally needs to be done once. It is easier for the practice if this vaccination is provided at a different time to the 'flu vaccination. Please make an appointment with a practice nurse at the surgery.

Correction

Please note that the Ardleigh Surgery direct prescription telephone number was incorrectly stated in my article in the last edition. The correct number is **01206 230732**.

Surgery extension

The practice will be applying for planning permission in the autumn to build a small extension on the rear of the existing surgery. The extension will provide an additional consulting room, medical record storage and office space. This will take pressure off the existing accommodation which was last extended in 1991. Since then the list size of the practice has grown by over 1000 patients, it has become a GP and nurse training practice and the range of services provided has also increased. The surgery is now a base for the provision of chiropody, physiotherapy, counselling, midwifery and care advice,

Physiotherapy service withdrawn

The Essex Rivers NHS Trust has decided to withdraw the physiotherapist that has been attending the Ardleigh Surgery for many years at the end of August as they will also be doing so from most of the surgeries in the Colchester area. This will allow them to staff the 'Physio Direct' service based in the Gainsborough Wing at Colchester General Hospital. 'Physio Direct' is a telephone service, whereby, patients will be advised to carry out certain exercises to see if they resolve their problems. If treatment is required then patients will be given an appointment to attend the Gainsborough Wing or at one of a few satellite surgeries in the area.

Fred Merrin, Practice Manager

LITTLE BROMLEY NEWS

Back in June as previously reported in the Messenger, Little Bromley finally got its long awaited Village sign. It catches the eye whenever you go through the village.

Following this event, on Saturday 16th July, a Fête was held at The Old Rectory in Little Bromley. We had lovely weather and a very good

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attendance at this local affair. Entry was by ticket which allowed a glass of wine and a barbecue meal. Raffle, tombola, cake and plant stalls were set out amongst an assortment of traditional games like

bowling, hoopla and marbles etc. This small, friendly fête was a lovely way to spend a sunny afternoon.

We are pleased to announce that after costs we made £828.70. These proceeds will be put towards a new notice board for all those important Village updates. We are also going to buy some bulbs and shrubs to plant around the War Memorial and around the Village. We hope to have a planting afternoon towards the end of October. Please look out for information on the village notice boards if you are interested in helping.

We would like to thank all those people who helped, donated items and who came to our fête, making it such a success.

I would also like to draw your attention to

the Little Bromley Flowers and Music Weekend to be held over 10th and 11th September at St.

Mary's Church. We will have flower displays by local residents, refreshments will be served all day and there will be lovely music to enjoy.

If you are interested in helping please contact me.

Carol Cordwell Little Bromley Amenities Committee. Tel: 01206 395103



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PARISH COUNCIL NEWS

GREAT BROMLEY PARISH COUNCIL

Report of the Great Bromley Parish Council meeting held on 11 August 2005

Planning

The Council considered and agreed no objections to the following planning application:

Wilma Cottage, Frating Rd – first floor extension.

The Council has received the following planning application, which it will consider at its next meeting on 8 September: Meat cutting plant, Primrose Farm, Hall Road (05/01371/FUL).

The application can be examined at Tendring District Council's Weeley offices. Any comments should be sent to both the district council and parish council clerk.

Tendring District Local Plan

As reported in last month's magazine Tendring District Council will be considering and finalising the new local plan on 19 September 2005. The meeting will take place at the Town Hall Clacton starting at 7.30 pm. It will be held in closed session and members of the public will not be admitted. However CARD is arranging to lobby district councillors immediately prior to the meeting.

Licence applications

Applications to vary premises licences were considered and the council agreed

LITTLE BROMLEY PARISH COUNCIL

The next meeting of Little Bromley Parish Council will be held on **Thursday**, **13th October**, **2005** at **7.30pm**. For details of venue please ring Parish Clerk.

that:

It had no objections to the Great Bromley Cricket Club's proposal to extend its opening hours for alcohol sales. On the grounds of potential public nuisance, it would make representations against the Snooty Fox's application to extend its times for live and recorded music and the sale of alcohol. The council also objected to the playing of recorded music outside and any music that was amplified.

The district council's attention would be drawn to the inadequate on-site public notice at the Snooty Fox.

Future meetings

The next meeting of the Council will be at 7.30 pm on Thursday 8 September 2005 at the Village Hall Great Bromley.

TENDRING DISTRICT COUNCIL in conjunction with LITTLE BROMLEY PARISH COUNCIL ENVIRONMENTAL ACTION DAY

Saturday 17th September 2005 Static refuse vehicles will be parked at Car Park Shop Road (opposite Old Post Office) from 8.00am - 11.00am The elderly or infirm who are unable to take rubbish to these locations should contact Council Clerk 01206 391015 Rav Coote 01255 686770 who will arrange for the rubbish to be collected from their property. RESIDENTS ARE ENCOURAGED TO MAKE USE OF THIS EXCELLENT OPPORTUNITY TO CLEAR THEIR RUBBISH AND UNWANTED ITEMS Please note the following CANNOT be collected or taken to the vehicle: gas bottles, fridges, car batteries, lorry batteries, tyres or asbestos.

Tendring



RESTRICTION OF THE RESALE OF FORMER COUNCIL PROPERTIES

The Council is proposing to introduce a new policy that will restrict the resale of former Council dwellings in a number of parishes to ensure that they are resold to people who either live or work in the Tendring District area.

Under the previous rules, a rural property which had been purchased from the Council under Right to Buy could be resold to anyone, with the only restriction being a requirement to repay a proportion of the discount if they resell within 5 years. However, the Government has recognised that in many cases this may mean a loss of such dwellings for occupation by local people, particularly where rural properties are sold on as second homes. As a result, the Government have relaxed the rule on restricting the Right to Buy for dwellings in rural parishes and from August 2005 the Council will have the power to restrict the resale of such properties so that they may only be sold on to someone who is living or has been working in the Tendring District for 3 years or more. However, it is not allowed to limit the eligibility restriction to a specific part of the Tendring area.

The restriction will be implemented by way of a restrictive covenant and can only be applied to future Right to Buy sales in small rural parishes which meet the Government's criteria in respect of population and density. The parishes to which the policy may be applied are: Ardleigh, Beaumont, Bradfield, Elmstead Market, Frating, Great Bentley, **Great Bromley**, Great Oakley, Little Bentley, **Little Bromley**, Little Oakley, Ramsey & Parkeston, Tendring, Thorpe-le-Soken, Thorrington, Weeley, Wix & Wrabness.

We believe that the new policy will make a small but important contribution to ensuring that former local authority rural housing remains affordable for local people and is not inflated to meet the demands of purchasers who are not resident or working in the Tendring District.

Essex County Counci

ARDLEIGH LEVEL CROSSING

Temporary Road closure Tamping of the Track B1029 Station Road,

22:00 hrs Saturday, 17th September-08:00hrs Sunday 18th September

1. The road will be closed from its junction with the level crossing for a distance of 20 metres either side of the crossing gates.

2. The alternative route will be via B1029 Station Road, A137 Colchester Road, A133, B1029 Station Road and return. Before this policy will come into effect it will need to be approved by the Housing Portfolio Holder and we expect this decision to be made during October 2005 to give adequate time for those parish councils who are affected to give their views.

If you wish to comment on the proposal as set out above, please write to: Dennis Whitehead, Head of Housing Services, Tendring District Council, Station Road, Clacton-on-Sea, Essex CO15 1SE. Any comments should be received by 30 September, 2005.

Signed *Dennis Whitehead*, Head of Housing Services.

ST. GEORGE'S (C OF E) SCHOOL, GT. BROMLEY Head teacher: Pat Fitzgerald Telephone: 01206 230305

A tea party for all the helpers over the past year at the School was well-attended and included the widow of a former headmaster. The lemon drizzle cake was a particular success! The guests were entertained with excerpts from a Roald Dahl play which was very funny, and had the audience in stitches.

Sports day was blessed with fine weather with ice-creams donated by the PTA. The lady parents had to have two races as there were so many entering to race. The House winners Cup was presented

by Chair of Governors to the captains of Drake, who were the successful team this year, and he took this opportunity to thank all the children, parents and teachers for their support of



all the sporting events over the past year.

Len Christodoulides





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KITCHEN CORNER

Stuffed Apricot Lamb

Serves 6-10 portions

3¹/₂-4 lb shoulder of lamb, boned 2 tblsp fresh chopped rosemary (or 1 tblsp dried) 6 tblsp oil 3 tblsp lemon juice salt and pepper

Place meat in a dish, sprinkle with the rosemary, mix other ingredients and pour over. Leave to marinate several hours, turning occasionally

Stuffing:

- 1 large onion, chopped
- 4 rashers streaky bacon, de-rinded and
- chopped 1 oz butter
- 4 oz dried apricots soaked and chopped
- 6 oz cooked rice
- 2 teasp fresh rosemary (or 1 dried)
- 1 small egg beaten

2 tblsp fresh chopped rosemary (or 1 tblsp dried) 6 tblsp oil Fry bacon and onion in the butter till lightly browned. Add other ingredients and bind with the beaten egg.

Remove meat from marinade, spread with stuffing and roll up neatly and secure with string or skewers. Weight the joint, place in roasting tin and pour marinade over. Roast at 400°F, Gas Mk 6, 230°C allowing 25 mins per lb (500g) plus 30 mins over. Baste occasionally with the juices. pour off excess fat from pan and serve the juices with the joint.

Jill Frostick



DELIA'S WAY-CONTINUED

Delia: If you accidentally over-salt a dish while it's still cooking, drop in a potato slice. **Real woman**: If you over-salt a dish while you are cooking, that's tough. Your family will eat it and be grateful for it, no matter how bad it tastes.

Delia: Wrap celery in aluminium foil when putting it in the refrigerator and it will keep for weeks.

Real woman: Celery could keep forever for all I care. Who eats it anyway?

Delia: Brush some beaten egg white over pie-crusts before baking to give a beautiful glossy finish.

Real woman: Sainsbury's frozen pie directions do not include time-wasting instructions to brush anything over anything

Delia: Cure for headaches - Take a lime, cut it in half and rub it on your forehead. The throbbing will go away.

Real woman: Cure for headaches -Take a lime, cut it in half and drop it in eight ounces of vodka. Drink the vodka. The throbbing won't matter any more.





COLNE 25

Organised by Brightlingsea & District Rotary Club

Sponsored Cycle Ride Brightlingsea About 25 miles with break down back up (2.5 hrs)

> 25th September 2005 10.00 hrs Start : Promenade Way Finish: Sailing Club

Entry Fee £2, you can either name your charity or give it to Rotary Charities.

Ring: John 01206 303135 for Entry Form ASAP

A NEW ZEALAND **SPECTACULAR**

Join the crowd at Gt. Bentley Village Hall on Saturday 1st October 2005 at 7 for 7-30pm to view an exciting digital display presented by Dudley Chignall who together with Paul Peak from Frating undertook an eight week adventure of NZ and the Cook Islands in 2004.

Climb a volcano - Swim with Dolphins -Jump from 12,000ft - Cruise the Fiords -Ascend the Mountains in the lands of The Lord of the Ring - Enjoy the Flora and Fauna of NZ.

Proceeds will go to Macmillan Nurses and the Jefferson Ward Trust at Essex County Hospital in memory of Paul's niece Jayne Peak. Tickets which cost £3-50 are available from Paul on 01206 250796 or Mob 07950 026755. There will be a raffle and Light Refreshments.

WEA **ARDLEIGH BRANCH**

The tutor for the autumn term will be Professor Chris Green OBE, and his course is entitled "An Introduction to Psychology". There will be ten lectures with the students involved in some

discussions. The course



covers the study of human behaviour, including "nature versus nurture", changes throughout life, group behaviour and other

Professor Green has taught in schools and universities: he holds a doctorate in philosophy and has also studied the psychology of music. He is returning to WEA tutoring with "enthusiasm and some trepidation"!

Classes are in the Village Hall, Station Road, Ardleigh on Thursday afternoons. The course begins on Thursday 29th September at 2.30pm, with a tea break at 3:15pm, and finishing at 4:15pm. The fee for the course is £40, with concessions £28, free to unwaged. The first lecture will be a "freebie" so come and give it a trv!

For more information or to book a place, contact Jill Frostick on 01206 250263



GREAT BROMLEY VILLAGE HALL CHARITY TRUSTEES

The Village Hall Management Committee last met on Tuesday, 12th July at 7.30pm at the Hall.

With the August (summer) holidays almost over, we look towards the autumn activities at the Village Hall. 1st September is the time when we start heating the Hall, although with good weather it may not be entirely

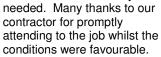
necessary and can be turned down or off completely. Conversely, on 1st May when it is switched off for the summer, it may be necessary to promptly turn it back on due to inclement conditions outside. Our heating season

is scheduled from September through to April (8 months), the non-heating months being May until August (4 months). The Hire Charges are based on this principal and we are pleased to be able to hold these for the ensuing year starting this September, at the same level as for the past 12 months.

We have put on hold the proposed redecoration by volunteers of the main hall interior due to the enormity of the task together with keeping the Hall in use over the same period. We will seek quotes from trades people to see if it can be accomplished quickly at a reasonable cost and meet all the critics' suggestions at

ways of improving the décor to the satisfaction of most people. At long last we have completed the

pointing up of the exterior brickwork to the Hall, a task that has been outstanding for some time. The worst areas, the gable ends, are much improved as are the many other parts where attention was badly



We managed to file our application before the scheduled cut off date of 6th August to convert our Public

Entertainment Licence into a Premises Licence using Grandfather Rights under the Licensing Act 2003. Although the completion of the application form was fairly straightforward, the drawing of a 1:100 scale plan of the Village Hall was more of a challenge (it does not fit on A4 paper)! There must have been much toil, sweat and midnight oil spent on this task throughout the country recently, considering all the halls, pubs, clubs, restaurants, etc.

The Committee will next meet on Tuesday, 6th September at 7.30pm in the Village Hall.

Bevan Willgress



Forthcomin	g Event/	Macmill		
 SEPTEMBER S Mary's Church Gift Day, 10.00am- Village Hall Management Committee me WI meeting, Village Hall, 7.30pm Village Hall Management Trustees r Gt Bromley parish council meeting, Sponsored Cycle Ride Quiz Night, Village Hall, 7.30pm 10-11 Lt Bromley Flowers & Music, St Mary Friendship Club, Gt Bromley Village 17/18 Closure of Ardleigh Level Crossing Ardleigh Parochial Church Council r Tendring District Council Local Plan The Bromley Parochial Church Cour Harvest Barn Dance & Supper, Ardle S George's Gift Day, 10.00am-4.00p Colne 25 Sponsored Cycle Ride, Brig Dedham Fun Run 2005 WEA - Introduction to Psychology - A OCTOBER World's Biggest Coffee Morning, Gt New Zealand Spectacular, Gt Bentlei Harvest Lunch, Gt Bromley Village F Organ Recital, S Mary's church, Ard Lt Bromley parish council meeting, 20 'Flu Clinic, Ardleigh Surgery Environmental Action Day, Lt Broml 7, 24 'Flu Clinic, Ardleigh Surgery Battle of Trafalgar celebrations follo Cricket Club Quiz Night, Gt Bromley NOVEMBER Remembrance Sunday Christmas Fayre, Village Hall, 11.00 	eeting, Gt Bromley Village Hall, 7.30pm neeting, Village Hall, 7.30pm Gt Bromley Village Hall, 7.30pm Gt Bromley Village Hall, 7.30pm ('s Church, Lt Bromley Hall, 2.00pm neeting, S Mary's, 7.30pm neeting, Town Hall, Clacton, 7.30pm indi meeting, S George's, 7.30pm Bromley Village Hall, 7.00pm iall, 12.30pm leigh, 7.30pm Ring Clerk for venue, 7.30pm ey, 8-11am wed by fireworks, The Cross Inn / Village Hall, 7.30pm	CO MAC G Pro Comp Entrand DO C AN For fur (251	WORLD'S BIGGE for MACMILLAN CANCER REFL on Saturday, 1st October in Great Bromley Village Hal 10.30am - 12 noon Produce Stall Competitions Raffle Entrance £1 (including coffee) DO COME ALONG AND JOIN US For further details contact Sue of (251949) or Ann Jones (2305) For further details contact Sue of (251949) or Ann Jones (2305) CRICKET CL uis on Saturday 29th October at the Village Hall, at 7.30pm. Tickets are £3 per head, maximum 8 in a team.	
HARVEST BARN DANCE & SUPPER 23 rd September 7.30pm in Ardleigh Village Hall Tickets £6/ £4 Mrs Cooper 230314	HARVEST LUNCH October 2 nd 12.30pm for 1pm in Great Bromley Village Hall Tickets £4 /£2 Mrs Hall 230673	Please further and to your t	book	

Campaign against Rural Destruction QUIZ NIGHT BIGGEST Saturday 10th September at **10RNING** 7.30pm Gt Bromley Village Hall Teams up to 8 persons NCER REFLIEF £3 per person Please bring own refreshments 20 16 tables can be Village Hall accommodated To book phone 01206 252000 This is being held as part of an ongoing campaign to raise funds for the legal battle against over-development in the West Tendring area. Any donations and raffle prizes will be gratefully accepted. Please help us to help you. contact Sue Orriss Jones (230563) KET CLUB iz Night OMLEY **FLOWERS AND MUSIC** 10-11th September at St Mary's Church, Little Bromley. 1206 230375 for Weekend of wild and garden flowers, music, and refreshments Little Bromley Flowers etc 11-6 Saturday, 12-5 Sunday See leaflet in this Messenger for full details or www.littlebromlev.org.uk If you would like to help

please contact Carol Cordwell 01206 395103

C.A.R.D.

12