November 2006

Vol 20 No 8

PLEASE REMEMBER



On Sunday 12th November the nation once again comes together to mourn its dead of past and present wars and conflicts. Always a poignant occasion there are so many families throughout the land who have, during one conflict or another, sadly lost a relative. The Cenotaph, in Whitehall, is the main focus for remembrance for the country but there are memorials in almost every village, town and city throughout the British Isles where wreaths and poppies are laid every year. It is also fitting that there is now a memorial, unveiled in July 2005, to the women of WW2 as they too should not be forgotten.

Those serving in the armed forces today are working for, and on behalf of, us and our country, in whatever role our democratically elected leaders call upon them to perform in our name whether we like it or not, just as our forefathers did before them. Their mode of battle and weapons may have changed but they see their duty still the same - to fight and, if necessary, sacrifice their lives for us and our country.

The dead are honoured, grieved for and remembered in prayers each year at Remembrance services in November. However, there are also those - and my father was one - who survive horrific injuries through battle and having recovered are expected return to 'normal' life. They are deemed lucky because they survived. There are also those who escape injury but have seen terrible things done to other human beings. All these service men and women return to their families different people from how they left them and

find it difficult to 'fit in'. Frequently they cannot speak of events they have witnessed, feel depression as well as anger towards life and those to whom they are closest. It affects family life. This is now being recognised under the name Post Traumatic Stress Disorder (PTSD) for which help can now be provided. The Disorder was once known, among others, as shell shock, battle fatigue and war neurosis. Such people, including those in the civilian services such as the fire service and the police, who have been affected in this way both in the past and the present should also be remembered, honoured and thanked for all their efforts as they, and their families also. suffer.

Leonie Henderson

CARPET BOWLS

Two league results this month: we lost heavily to Wix away 1-7 and a draw 4-4 at Alresford.

Great news on the competition

front. We entered one team (some clubs enter more) in the Carpet Bowls Triples Championship at Braintree on Sunday, 1st October, namely Jayne Bates, Linda Francis and Andrew Childs. There were 88 teams competing. Gt Bromley came top in their group, then went on to beat Langham 2, Gt Bardfield 9-7, Highwoods 8-6 in the quarter finals, some teams were already leaving, but our intrepid trio, although not quite believing that they were still there - battled on to beat Pleshy 9-7 in the semis. In the final against Roxwell, Gt Bromley were holding

shot with 2 more woods only left to be played when Andrew then bowled the blocker of his life, as if he had placed it there and the opposing skip failed to remove it, or bowl round it, so we had won the competition. Although we are only a small club by comparison, this was one day when things went "just right". Well done to all three. Nice to win, but next stop is Blackpool 2007 to represent the county. Don't know what they'll think of that!! A crystal bowl was presented to them and also personal crystal tumblers.

A little 'secret' to finish off - Andrew has accepted an invitation to trial as a County player. We wish him well.



Nancy Kempster

THANK YOU

The Bromleys Harvest Lunch

Very many thanks to everyone who came along to The Harvest Lunch, with special thanks to all who so generously provided the food, and to those who helped to make it such an enjoyable occasion.

Proceeds of £350 will be donated to The Red Cross. Ann Wild

East Anglia's Children's Hospices

A very big thank you to all those who so generously supported the Coffee Morning on Saturday 23rd September. In total £283 was raised, including £123 from E.A.C.H. merchandise.

MATERIAL for the DECEMBER 2006 edition of 'The Messenger'

should reach the Editor, Leonie Henderson, by Monday, 20th

November, 2006 please. <u>Contributions from anonymous sources will not be printed</u>. Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.

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PARISH COUNCIL NEWS

Great Bromley Parish Council

Report of the Great Bromley Parish Council meeting held on 12 October 2006

Planning

The Council considered the following planning applications:

Morants Hall, Colchester Road – felling of a horse chestnut tree (no objection). Old Court House Inn, Harwich Road – removal of condition of planning approval to allow the separation of residential accommodation from public house usage (objection).

Bay Trees, Parsons Hill – amendment to existing approval of extension etc with

alternative finishing materials, (no objection).

Tendring District Council has decided the following planning applications:

Replacement of former post office, Brook Street with a new detached dwelling, (refusal). Rosewood Cottage, Frating Road – double garage, (approval).

Public rights of way

Farmers are reminded that any public rights of way crossing their land should be restored after ploughing and planting etc.

The next meeting of the Council will be at 7.30 pm on Thursday 9 November 2006 at the Village Hall Great Bromley.

THE PLANNING INQUIRY (OASIS)

What the planning inspector called "Frating Week" ended on Thursday, 28th September when the Council for the Protection of Rural Essex (CPRE) gave its oral evidence against Tendring District's proposal to industrialise 27 hectares of agricultural land in Great Bromley. Over the previous two days, Essex County Council, Colchester Borough council, CARD and our parish group (representing Little Bentley, Frating and Great Bromley) each in turn gave evidence to the inspector. Tendring District Council employed consultants and a team of barristers (including a QC) to prepare and submit its rebuttal of the arguments against its proposal. The inquiry, of course, continues as there are other issues to be considered including what are termed "housing omission sites", which are applications by developers to build houses on other Greenfield sites in

Great Bromley and Frating. Although Mrs Feeney (the local plan public inquiry officer) has published a timetable, it is highly likely that the programme will be amended. So, it is worth checking beforehand if you are going to attend the inquiry (tel. 01255 686192). Having read Tendring's rebuttal and attended all of the sessions during "Frating Week", I have not been persuaded that industrializing 27 hectares in our village can be justified. I am hoping that the inspector will conclude that only the developers, speculators, planning consultants and planning lawyers would be the only beneficiaries and, therefore, reject Tendring's plan.

The inquiry will not finish hearing evidence until mid-January 2007 as there were 11,000 objections to Tendring's plans of which 3,000 related to OASIS. As there is so much evidence for the inspector to consider we shall have to wait until next June, or thereabouts, for his ruling.

James Heaney

LOCAL PLAN INQUIRY

Tendring District Council have published a would not be permitted. The plan does plan which, if approved, will govern all development in our area until 2011. Controversially, amongst other things, it permits nearly 70 acres of farm land on both sides of Harwich Road near Hare Green to be developed for employment. but without any additional housing. The whole plan for the district has resulted in over 11.000 objections from people who want to build more houses, or business premises, or to resist such proposals. whether private or official. The local employment site is in Gt Bromley, and this plan has worried the parish council as well as the neighbouring councils of Frating and Little Bentley. A local protest group, the Campaign Against Rural Development (CARD) was formed, and at a meeting last year Bernard Jenkin M.P. and Sarah Candy, our county councillor, attended to support.

A public inquiry into the plan was opened on 12th September, and will continue until 17th January. Some time later next year the inquiry inspector will issue his conclusions, and they will be final. The very first objectors to appear at this lengthy inquiry were Cllr Candy and district councillor, Neil Stock. They were concerned that the former village envelopes enclosing the centre of Little Bromley, and the houses at Hare Green, had been removed on the basis that they did not contain a shop, a school or a village hall. As a result even infilling

Little Bromley Parish Council

The next meeting of Little Bromley Parish Council will be held on 16th November 2006.

For the time and venue please contact the Parish Clerk on 01206 391015.

allow affordable housing nearby, which is needed, but would not necessarily lead to it coming to Little Bromley. Tendring's case was put by a barrister. Cllr Candy pointed out that this made the exchanges. at what was intended to be an informal inquiry, somewhat unequal. The inspector said he would prevent aggressive questioning, or legal point scoring.

The second day was devoted to a round table discussion on employment sites. with nine interested parties, including Bernard Jenkin, taking part. The Essex County Council had declined to issue the usual certificate of conformity to the local plan because of the Gt Bromlev site, but was late with a statement of nonconformity. Everyone was agreed that the site was not "sustainable", that is, most people working there could not get from home on foot, by bicycle, bus or train, but Tendring argued that the economic case overrode this disadvantage.

Starting on 26th September three days were devoted to the Gt Bromley employment site. The objectors were able to put their cases individually, and at length, and indeed the County Council and Colchester Borough Council together took a whole day to do so. Next morning CARD was in action, represented by professional planning consultant, Mr Ricks. He started by saying that this was a plan for an isolated employment site in a rural area, that it had no support in either regional or strategic documents, nor national policy guidance. It was not sustainable and it conflicted with the advice of the council's own landscape consultants. The buildings would affect the skyline, would be intrusive over a wide area, and would be alien to the

Continued .../

/Continued

countryside. The council's barrister, Mr Altaras, pointed out that nine years ago Mr Ricks had been putting the case for a development at Bouge Hill, and quoted his arguments. A suggestion that Bouge Hill was not far from the present site caused the only minor outburst from the floor. Mr Ricks pointed out that Tendring was against that development then. During his conclusion he said that if the inspector found that the employment arguments were not robust he would have no option but to delete the site. Towards the end of the morning, the inspector said that the council's commitment to the site was clear. If he concluded that it should be deleted, would it reappear in the next plan, or would this depend on the reasons he gave?

The council's officer said they would be influenced if the statements against the site were strong. However he could not guess where the politics might go.

In the afternoon parish groups put their case. The team at the table were Clirs Candy, Brown (Frating) Haggard (Little Bentley) Frostick (Gt Bromley) and Stock (Little Bromley) with Maj Heaney in support. Both Cllr Candy and Cllr Stock said that the council's officers had advised against this site's inclusion. They spoke of a democratic deficit in the discussions on the plan. Unemployment was very low here, compared with coastal areas. Cllr Brown pointed out that the present plan no longer provided homes for 4000 people that appeared on the first draft. Frating Council objected to that, and they object to this draft also. Rainwater could run off the site, and there had been problems in the past with flooding and sewage escaping. Cllr Haggard detailed the worry about wells being contaminated by run off from the site.

This was a protected groundwater zone with a high water table and there could be spillages from lorries, from containers being broken down, and from engineering on the site. Besides light pollution there would be noise, dust and CO_2 pollution, and the parish council had consistently opposed this part of the local plan. Cllr Frostick said a questionnaire showed only 3% of villagers supported the employment site. There was great concern that the county council would resurrect the proposals to prevent local traffic from crossing the A120, withdrawn after protests.

After the Council for the Preservation of Rural England had appeared on the third morning, Mr Altaras summed up the council's case for this site. They feel there is an overwhelming economic case for a strategic employment site in the A120 corridor to serve businesses associated with the new port to be built in Bathside Bay. They have enquiries now. There has been a sequential search which has failed to find a better site. It would be the economic gateway to the Tendring District, and might facilitate an all movements junction between the A133 and the A120.

I must apologise for this very brief summary of all the representations.

Dick Hayward

GREAT BROMLEY VILLAGE HALL CHARITY TRUSTEES

The Village Hall committee last met on 29th August with nine members present.

Following on from the redecoration of the Billiards Room, Small Hall and Kitchen, the Main Hall will be closed for one week from 30th October to enable the floor to be cleaned off, Badminton court re-marked and the whole area to be resealed, thus restoring it to a very presentable condition. For other areas within the building it is business as usual. We would like to thank the WI and Carpet Bowls Club for relocating their meetings to enable this work to be carried out.

For all your safety, I would like to remind all Hall users that the Exit lights should be lit whilst you are in the building and that all Emergency Exits should be fully accessible and free from obstruction at all times (i.e. do not place your decorated Christmas tree in front of the emergency exit door!). We hope you had an enjoyable time at the Supper (Dinner), Cabaret (Cavender Singers) and Guest Speaker (Bill Pirie) in the Village Hall on 7th October. Our thanks to Frederick Nicholls and Jenny for organising the event and, also, to you for supporting the evening.

The Christmas Fayre is on Saturday 18th November from 11.00am until 2.00pm in the Village Hall, organised by the Village Hall committee jointly with



the Women's Institute in aid of their funds. The usual array of stalls will be available for you to browse and buy from, also light lunches as well as tea and coffee. Come and see the bargains to be had.

The Village Hall committee next meet on Tuesday 7th November.

Bevan Willgress

IN REPLY

Answer to the question in last month's editorial

Washing Machine manufacturers have instigated research into the Great Sock Hole in the Sky. The research came to conclusion that there were several reasons for the phenomena

1. There were a lot of one legged people about.

2. People were prone to wear odd socks so that washing became out of synchronization.

3. The right foot was more prone to sweating which had an adverse effect on the material giving rise to premature rotting (of the sock and the foot).

4. Several sock outlets well known in the high street had made advances to the machine manufacturers to use high temperatures which tended to dissolve the socks, also to introduce coarse filters so that socks can pass through them and get into the drains, where they eventually cause blockages.

The sock manufacturers now recommend that you iron your socks. That way you can keep an eye on their condition and ensure that they are kept in the correct pairs, and make sure that they are kept in a drawer at 5° -/-1° C to give best conditions for storage.

NB there is a growing tendency to keep socks in the freezer; this practice is not considered wise for health and safety reasons, as you could get frostbite.

St. George's (C of E) School, Gt. Bromley

Head teacher: Pat Fitzgerald Telephone: 01206 230305

Vouchers

Thanks to all those of you who sent in vouchers to the School, and if you did not please collect them and either give them to a parent or just pop them into the School's letter box.

Tesco

21,090 giving: DVD combi television, digital camera, memory cards, battery



charger, multimedia speakers, and bee bots (whatever they are?). Tesco have started their vouchers again so keep saving.

Persil stars

1450 giving: soft dough modelling pack, giant crayons, paint brushes, glitter dazzle dots and glue packs.

Sainsbury's active kids

5333 giving: stilts, space hoppers, netballs, molecule and morph balls, footballs, push balls, stampabouts,

hopscotch, and tail balls.

Nestle Box Tops.

We are still collecting these taken from cereal packets.

Well done everybody. *LBC*

SCHOOL HALL SALE

Friday 3rd November 2-3pm ALL WELCOME Sale includes:

- tables computers,
- chairs
 TV
 filing drawers
- pigeon hole unit white board. No reasonable offer refused.

Also pre-owned school uniform sale

ESSEX WILDLIFE TRUST

- The Essex Wildlife Trust has a simple objective—to work for a better future for wildlife in Essex.
- The Trust, along with 46 other County Wildlife Trusts, is a partner in the largest voluntary organisation in the UK concerned with all aspects of wildlife protection—The Wildlife Trusts—with Professor David Bellamy as President.
- At present the Trust owns or leases about 93 nature reserves in the county of Essex and works to protect what remains of our natural heritage.
- The Trust is a registered charity.
- The Trust encourages children to participate through the junior branch of Wildlife Watch.
- Most people who work with the Trust do so on a voluntary basis.

For more information and how to join contact Joan Elliot Visitor Centre, Abbotts Hall Farm, Great Wigborough, Colchester, Essex CO5 7RZ Tel: 01621 862960



FROM THE DOCTORS' SURGERIES

Ardleigh Surgery

If you are at risk from influenza, don't forget to book in for your 'flu vaccination. Clinics are being held at Ardleigh Surgery on Thursday afternoon 5th October, the 2nd, 9th and 30th November.

We will be saying goodbye on the 23 November to our GP Registrar, Dr Claire Stebbing, who will be finishing her training period with us on that day. We are pleased that Claire will be taking up a position as a salaried GP with the Layer Road practice, Colchester.

On the 23 October, a fifth medical student from King's College London Medical School will start an eight week general practice placement with us. Hannah will be sitting in on consultations for the first few weeks before seeing patients under supervision. She will also be undertaking a range of activities during her placement such as meeting the District Nurses to learn about primary health services.

We are hoping to have work started on the surgery extension this autumn. This will cause some disruption in terms of access to the patient car park and noise during consultations.

The practice is now referring most patients to hospital using the new Choose and Book internet based referral system. It allows the patient make a choice of the hospital they wish to attend and to book their first outpatient appointment at the time they are referred. Referrals to orthopaedics and urology can be made using the Choose and Book system but have to made to a Clinical Assessment Service to be triaged which unfortunately adds a level of potential confusion for the patient in the referral process.

Great Bentley Surgery

Fred Merrin, Practice Manager For some reason, we've recently had a bit of a baby-boom locally – all say "Aahh!" – which has brought a few points to mind.

Firstly, it will make life a lot easier for us if parents would get their new babies "signed on" here at the surgery as early as possible. When all the discussion about names is over, registering the birth at the Register Office triggers, amongst other things, the issue of a pink NHS form (Form FP58 to the anoraks amongst us) which shows the new arrival's NHS number. Once you have this, we can get him or her into the NHS system, ensuring that all the proper health-checks are carried out and that those vitally important baby immunisations are given at the right time.

We can also begin to build up a permanent health record by collating the various forms and reports that arrive telling us things such as how the birth went, the result of initial hearing tests and numerous other small but important details. Additionally, any contacts that we have already had with your baby, perhaps dealing with some minor ailment that needed attention, can be properly included.

Secondly, whilst on the subject of immunisations, there is now a whole new programme of baby immunisations, including early protection against Meningitis C and pneumonia. A full list of what babies should now have and when it should be given is available at the surgery. Please help us to make sure that your baby has all the jabs, preferably at the right intervals. For anyone who is still worrying about combined immunisations – please don't. Research has proved beyond doubt that there is no connection whatsoever between the MMR jab and autism. In fact, the "research" that made the original connection has now been totally discredited.

The simple fact is that the MMR jab prevents outbreaks of some very nasty diseases, epidemics of which <u>will</u> reappear unless high percentages of our children have proper protection against them. The diseases concerned cause unnecessary suffering, disability and even death, as many people in third world countries where the MMR jab is not available will testify.

Finally, in this age when most of us are trying hard to be green and are recycling like mad, it's worth thinking about using "terry" nappies rather than disposables.

I've read somewhere, though I can't for the life of me remember where, that every disposable nappy that was ever put in a dustbin still exists in a land-fill site somewhere. This is because the plastics that make up the nappy don't biodegrade and hang around for hundreds of years. So, many of you new mums and dads out there can sleep happily at night in the knowledge that the disposable nappies which you filled as a baby are still festering away somewhere particularly unpleasant.

At least with terry nappies, you wash away the mucky bit and then reuse them. Whilst I'm sure they must be more expensive to buy initially, even with washing costs they will probably be cheaper over the nappy-life of your new baby. They might take a little more effort, but almost all of us have washing machines these days and they will certainly keep the planet a lot nicer for future generations.

Okay, perhaps it isn't always convenient

to use terry nappies. You could compromise, using disposables when you are out and about, when baby goes off to nursery or whatever, then switch to terry nappies in the



evenings and at weekends. Come on! Let's save our children and theirs from having to deal with a nasty, smelly legacy which is preventable and which is being caused at least partly by our laziness.

Incidentally, if anyone wants more information about the terry versus disposable debate, there's a website <u>www.realterrynappies.co.uk</u> which, if you ignore the commercial bit is full of fascinating facts. I'm sure your Health Visitor will have useful information too.

Hugh Cronin, Practice Manager

WEST AFRICA BY MOTORBIKE (PART 4)

So finally we headed south again, and into the vibrant Burkina Faso and on to Ghana – the first English speaking country on the trip, and equatorial rainforest rather than desert (red mud instead of red sand!). After an interesting break at the Mole game park where we walked with elephants, it was down to the coast for a couple of days R&R before coming home. The coast is steeped in our dark and shameful history - visiting Elmina Castle where 7 million black Africans were "processed" for onward travel as slaves - sold by Europeans to the Americas - was an evocative experience.

So – highs and lows? Lessons learnt? Well two months off work riding a motorbike is always going to be a bit of a high, but there is something satisfying about achieving something that's physically and emotionally challenging. Having some time and space to myself was a treat, too. But seeing how people live and cope in different places and environments was far and away the most inspiring and humbling experience. Meeting 12 year old children who were so excited that their village was paying for them to be the first child in that village to be educated – determined that they would make the most of every opportunity that arose, and not put out by the fact they only got home for one week per year. Seeing people with very little sharing whatever they had with people who had even less – because without that kindness there was no social security to keep people alive. These are the lessons that will particularly stay with me.

Finally, I'd like to thank everyone who donated some money to MAG (the Mines Advisory Group), who work hard throughout Africa training people to clear minefields and helping re-habilitate children who have been the unfortunate victims of mines. The sooner the West wakes up to the misery these indiscriminate weapons cause, and stops producing and selling them, the better.

Mathew Hunt





NOVEMBER

- 1 WI AGM, Village Hall, 7.30pm
- 3 Little Bromley Firework Display, Barlon Road, Lt Bromley, 7.00pm
- 5 Firework Display, Cross Inn, 6.30pm
- 7 Village Hall committee meeting
- 9 Seven Rivers Cheshire Home Coffee Morning, 10.00am, Seven Rivers Gt Bromley parish council meeting, Village Hall, 7.30pm
- 11 Friends of Lt Bromley church meeting, 10.30am
- 12 Remembrance Sunday
- 16 Lt Bromley Parish council meeting, 7.30pm
- 18 Christmas Fayre, Gt Bromley Village Hall, 11.00am PTA Live Band evening, Gt Bromley Village Hall
- 25-26 Christmas Tree Festival, Elmstead Parish Church
- 28 Friendship Club Christmas Lunch

DECEMBER

31 New Year's Eve Masked Ball, Forge Cottage, Gt Bromley, 8.00pm

<u>2007</u>

JANUARY

21-28 Cookies for a Cure Week

JUNE

- 1-3 Little Bentley Hall Waterways & Garden Show
- 15-17 West Woodhay House Garden Show
- 23 Essex Police Band, St George's Church



CHRISTMAS TREE FESTIVAL ELMSTEAD PARISH CHURCH

25 and 26 November Saturday 10.00am - 5.00pm Sunday Noon - 5.00pm

"Children" of all Ages will enjoy the beautiful trees, seasonal refreshments and Christmas gifts.

DON'T MISS IT!

To raise funds for the redecoration of the church





Tickets £20 per head from

01206 230126



ST GEORGE'S SCHOOL P.T.A.

Saturday 18th November We are organising a **live band** at Gt Bromley village hall.

ST. GEORGE'S

Friday 3rd November 2-3pm ALL WELCOME Sale includes:

- tables computers,
- chairs
 TV
 filing drawers

pigeon hole unit
 white board.
 No reasonable offer refused.
 Also pre-owned school uniform sale.



LITTLE BROMLEY CHURCH

Friends

We are starting an informal Friends group this autumn and hope to organise more community and arts events. If you are interested in this or can give occasional help with events please come to the meeting at the church at 10:30 am Saturday, 11 November or contact Gregory Frostick on 01473 424469.

GREAT BENTLEY FARMERS' MARKET



Wednesday 8th November 2pm - 4pm

FRESH LOCAL PRODUCE

GREAT BENTLEY VILLAGE HALL

For more details Tel: 07879 846330



FROM THE PAST ...

Household Goods in the 1560s

Robert Hall of Little Bromley, possibly a widower, was no doubt looked after by his daughter Thomasine. His will left her an array of goods, namely a flockbed, a pewter platter, a saucer, a saltcellar, a candlestick, a kettle, a



ladle, a trammel, a gridiron, a pair of hooks, and a silver pin given to her by Joan Buntynge of Dovercourt, her godmother.

Daughter Mary, a minor, was to be put to some honest man to be brought up until of age and then given 4 marks.

Daughter Ellen was to be brought up in the same way and her carers were given 46s 8d.

Daughter Agnes was bequeathed a pewter dish and her carers 40s.

The bequests were not to be delivered until the girls were twenty one.

Robert Sounde of Little Bromley, the executor, was left 6s 8d "for his pains", and distributed the rest of the household goods, etc to the girls.

John Appleby

FRIENDSHIP CLUB

Brenda & Friends entertained us at our September meeting when we had a good sing-along. There is nothing to beat it to banish the "blues" and we look forward to a return visit.

The competition for November is - a small cream jug.



The date to remember is 28th November for the Christmas Lunch.

Vicky Griffiths



Women's Institute

The "Wow" factor was experienced at our October meeting when Mrs Penny Buchan delighted us with her slideshow "Walking the Inca Trail". This included the

magnificent scenery of the Andes mountains, the incredible structures constructed by the Inca people at Machu Picchu, the steep steps, slopes and ridges tackled by



the walkers and the very colourful traditional dress worn by the Peruvian people. Three years ago, 27 people raised £60,000 for the three Essex Hospices by walking 40 kilomtres of the Inca Trail. Our flat county is probably not the best place to practice for altitude sickness but fortunately, no-one suffered badly at heights ranging from 9,000-14,000 feet!

This month sees our Annual General Meeting and we will be welcoming a W.I.A., Mrs Linda Allam (not our local Linda!). Do come along to the Village Hall on Wednesday 1st November at 7.30pm and hear how the W.I. is evolving in the 21st Century.

GARDENER'S TIPS FOR NOVEMBER

LAWNS: Weather permitting, make the last cut this month - the growth will slow down until the spring.

BULBS: Finish planting tulips. Towards the end of the month examine bulbs potted during September - move those that are ready to a cold frame,

greenhouse or cool room. Keep compost just moist.

HOUSE PLANTS: Remove from window ledges at night, cease feeding and water sparingly.

As this is my last GARDEN TIPS for this year - I'll be back in February - may I wish



all who follow the Messenger's Garden Tips, a VERY HAPPY CHRISTMAS and a GOOD GROWING YEAR in 2007.

Frank Griffiths

KITCHEN CORNER

<u>Rabbit</u> with Cider

Cut the rabbit into neat joints and roll them in seasoned flour.



Heat some oil in a pan and fry the joints briefly to brown on all sides. Place in a casserole dish, add a few slices of onion, carrot, celery etc. and a bunch of fresh herbs. Cover with cider (or apple juice) and add a few prunes if liked. Cook in a moderate oven 1-2 hours depending on age of the rabbit. Add more liquid if needed during cooking.

Jill Frostick

EDITOR'S ERRATA

I understand from some professional chefs that, in order to protect their recipes, they build in an intentional mistake which only they know. Jill does not do this. The recipe in Kitchen Corner last month required you to use 11/abs flour. This should have read 11/2 tablespoons of flour. This dish should also have been buttered and not battered!! Sorry about this but please do not either butter or batter the Editor!



Cookies for a Cure

World Leprosy Week 21st-28th January 2007 Can you cook up a cure? Join in the Greatest Cookie Party Ever - and help cure people of leprosy

Can you help LEPRA by holding a Cookies for a Cure Party during World Leprosy Week - 21-28 January 2007.

All the money raised will go towards supporting **LEPRA**'s vital medical development programmes in Asia, South America and Africa.

Simply bake (or even buy!) some cookies, and invite your friends, neighbours and colleagues to join in the fun at coffee break, lunchtime, afternoon or evening. We'll send you, free of charge, all you need to make your Cookie Party a success!

By collecting 'cookie contributions' at your party you will soon raise the **£21** needed to help cure one person of leprosy, restoring their health, hope and dignity. If you wanted to be really ambitious you could make it a real community Cookie Party by inviting everyone in your neighbourhood!

Last year our party holders raised over £3000 - that meant we were able to help

a further 142 people. Please help us to beat this figure in 2007.

Leprosy is one of the oldest recorded diseases in the world, with references to it in the New Testament. Yet around 800,000 cases are still diagnosed annually, many of whom are children and an estimated 4 million people have disabilities as a result of this dreadful disease.

Yet leprosy is easily curable and the complete eradication of the disease is the stated aim of **LEPRA** and the reason that the charity exists.

For more information and to obtain the Cookies for a Cure party pack contact Anastasia Evangelides, 36 Braithwaite Gardens, Stanmore, Middlesex HA7 2QH, Tel: 020 8537 2742, E-mail:

cookies@lepra.org.uk

Follow the Fireworks Code

When buying fireworks, make sure they comply with BS 7114 and are clearly marked for their intended use "Indoor, Garden or Display"

- Keep fireworks in a sealed box or tin
- Use them one at a time, replacing the lid immediately
- **NEVER** put fireworks in your pocket
- Read the instructions carefully, using a torch or hand lamp **NEVER** use a naked flame
- Light fireworks at arms length using a taper or a firework lighter

 Stand well back and NEVER return to a firework after it has been lit, it could explode in your face



- Ensure that all children with fireworks are well supervised
- NEVER throw fireworks
- Keep all pets and animals indoors
- Take care of sparklers, wear gloves to hold them and dispose of sparklers in a bucket of water as soon as they are finished

BOSTON AND CAPE COD

The study of genealogy is one of the more rewarding interests to have developed in the past few years. I imagine it emerged more readily in the American peoples due to their diverse origins Stained glass windows were created to tell us stories and the Stone window in St George's always intrigued me, the more so when I noticed the number of Stones who signed the visitors book.

The collation of those names over the years has formed the basis of the remarkable association we all have with

that family from all over the United States, from Alaska to New Mexico, from Massachusetts to Oregon.

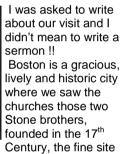
I went along with Father Nicolas and Robin and Barbara Hill once more to meet up with the family, some of whom have now

become firm friends. Those who have been over here have wonderful memories of friendship and fun, as well as awe at the beautiful church, their heritage and connection with it, and the charm of our countryside which we sometimes take for granted. At least one couple said they would really like to live here, and asked me quite seriously about house prices. We in our turn have had the privilege of meeting with real people from many walks of life which perhaps may have changed the image many of us had of "Americans". Strangely too, their Bromleyan contacts have widened their own family links resulting in them knowing more cousins, however far removed ,and their background, for which they are so grateful.

Many of the 32(?) whom we joined for a light hearted get together at the beautiful

shoreside Lighthouse Inn at Cape Cod long to come/return, perhaps even in a group as they did for the long remembered Millennium Mediaeval celebration.

They widened our vision, and we have widened theirs, and in the doing of it have contributed greatly not only to our experience but by substantial financial support over the years to St George's. We can all be grateful to Father Nicolas in driving the connection forward and furthering the bonds.



on which they built their family home, (now a very beautiful cemetery) where lie the graves of several of the family and included the inscriptions noting their origins in Great Bromley. Essex.

At CAPE Cod some of us swam from the beach beside which all our cottages were sited. There were 5 weddings celebrated outside by the ocean while we were there. We ate lobsters and clams, maple syrup and muffins and were challenged by shrod and Boston beans and other new flavours. This lovely place is by the way, owned and run by a family of Stones !! We visited a Cranberry Fair (a miniature Tendring Hundred Show), and struggled in and out of T shirts designed by Susanne. All in all a wonderful and memorable time.

Jean Harding

THE UNITED PARISHES OF ARDLEIGH AND THE BROMLEYS



The Rectory, Hall Road, Great Bromley, CO7 7TS

Dear Parishioner

One of the most moving experiences of my recent stay in Rome was a visit to the catacombs, the place where 2nd century Christians buried their dead. Not quite a busman's holiday because there are no longer any actual graves there, simply the inscriptions and beautiful wall paintings that adorned them. Like modern graveyards the passages would once have been busy with people visiting to pay their respects, light candles and say prayers to comfort themselves in their grief. Even today, centuries on, the place has an air of stillness and peace, a oneness of life and death.

Modern day Christians keep November in a way that reflects the same faith, that death may separate people physically, but in Jesus Christ we are still one. All Saints Day falls on the 1st and is one of great celebration as we celebrate the example of those who have lived the Christian life and are recognised as having lived lives of near perfection, or of

courage or simplicity due to their faith.

The 2nd sees Churches commemorating those other Christian souls who have died, especially the ones we have known and loved. Anyone is welcome to come and light candles, or have the names of their loved ones included in the prayers, that they might have peace with God in Jesus Christ and that we might be comforted.

November 12th is Remembrance Sunday and the country will fall still and peaceful at 11am as the nation remembers those who made the ultimate sacrifice for peace. Though a day for the departed, it is also for the living who still mourn or suffer as a result of war, and a day to pray that men and women will find ways to be one with themselves here on earth.

May your rememberings bring you blessings of stillness and peace.

Fr Nicolas.

THE CHILDREN'S SOCIETY

At the Children's Society they are striving for a world where all children and young people are valued and respected. Through over 100 projects, they operate throughout England helping to find practical and useful solutions to some of the serious issues that face young people today.

Nearly all current projects rely on voluntary income for funding. As an example, for just £5 the society can buy an Urban Survival Kit for a young person on the streets.

I have recently become the local representative for the Children's Society Collecting Boxes. So if you would like to help this worthy cause by filling a box at home with your spare change or you would like to replace a full box, (or if you would just like to know more) please contact me for delivery/collection;

Carol Cordwell on 01206 395103 after 7pm.

ST. GEORGE THE MARTYR, GREAT BROMLEY

united with St. Mary the Virgin, Ardleigh



Services for November

1st		All Saints	
150	7.00pm	The Parish Eucharist	St. Mary the Virgin
2nd	7.00pm	All Souls Day	St. Mary the Might
2110	9.00am	Little Footsteps	St. Mary the Virgin
	5.00pm	The Magi (Yr 6+)	Old Coal House
	7.00pm	The Parish Eucharist	St. George the Martyr
3rd	11.00am	Holy Communion	Seven Rivers
4th	9.30am	The Rosary	St. Mary the Virgin
	5.50um	The Rosary	St. Mary the Might
Sunday 5th		4th Sunday Before Advent	
	8.00am	The Eucharist	St. George the Martyr
	10.30am	The Parish Eucharist	St. Mary the Virgin
	6.30pm	Evening Prayer with Choir	St. George the Martyr
9th	9.00am	Little Footsteps	St. Mary the Virgin
	5.00pm	The Magi (Yr 6+)	Old Coal House
10th	11.00am	Holy Communion	Seven Rivers
11th	9.30am	The Rosary	St. Mary the Virgin
Sunday 12th		Remembrance Sunday	
Sunday 12th	8.00am	The Eucharist	St. Many the Virgin
	10.45am	The Parish Eucharist	St. Mary the Virgin St. George the Martyr
	6.30pm	Evening Prayer	St. Mary the Virgin
	0.50pm	Evening Flayer	St. Mary the Virgin
16th	9.00am	Little Footsteps	St. Mary the Virgin
	5.00pm	The Magi (Yr 6+)	Old Coal House
	7.00pm	The Eucharist	St. Mary the Virgin
17th	11.00am	Holy Communion	Seven Rivers
18th	9.30am	The Rosary	St. Mary the Virgin
<u>Sunday 19th</u>		2nd Before Advent	
	8.00am	The Eucharist	St. George the Martyr
	10.30am	The Parish Eucharist	St. Mary the Virgin
23rd	9.00am	Little Footsteps	St. Mary the Virgin
	5.00pm	The Magi (Yr 6+)	Old Coal House
24th	11.00am	Holy Communion	Seven Rivers
25th	9.30am	The Rosary	St. Mary the Virgin
Sunday 26th		Christ the King	
	8.00am	The Eucharist	St. Mary the Virgin
	10.30am	The Parish Eucharist	St. George the Martyr
		Discipleship celebrations	Coggeshall
29th	6.00pm	The Eucharist	Hamilton Lodaa
29th 30th	6.00pm	S Andrew	Hamilton Lodge
JULI	9.00am	Little Footsteps	St. Mary the Virgin
	5.00pm	The Magi (Yr 6+)	Old Coal House
	7.00pm	The Eucharist	St. George the Martyr
	7.00pm	THE LUCHARIST	St. George the multipl