

The Bromley Messenger

July 2008

Volume 22 No 4



Some of you may have seen or heard (THEY CAN'T WALK WITHOUT TALKING) these three women walking the streets and lanes of Little and Great Bromley, Arleigh, Lawford and anywhere else their legs would carry them. This was not a mass separation from their husbands or the early start of the menopause, they were in training for this year's Moon Walk. This event is held every year in London to raise money for Breast Cancer. They had to walk 26 miles in their bras. You may think what a horrific sight that would be but, don't be alarmed, it was at night. The three ladies all live in Great Bromley. They are Jacky Platt, Julie Hitchcock, and Debbie Wright. They completed the walk in 8 hours 30 minutes and raised an amazing £2000.00 between them.

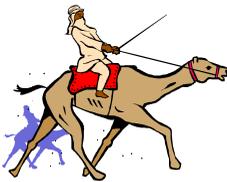
WELL DONE GIRLS !!!!!!!!!!!

PREPARATION FOR SUMMER

I recently did something I swore I would never do. I learnt to tow a caravan. My husband had booked me on to a caravan manoeuvring course as he felt I should be able to pull the thing should an emergency ever arise.

As the dreaded day approached I became more and more anxious. British butterflies in the stomach just wasn't in it—they were those huge South American butterflies one hears about!

Come the day I left hubby in bed and set off on deserted roads early on a Sunday morning heading for the Suffolk Showground. It did cross my mind to go



somewhere else for the day then I chided myself for being feeble and to regard the day as a driving challenge, to enjoy it and that whatever happened

I would know whether or not I ever wanted to tow anything ever again.

There were 12 on the course (run by the Camping and Caravan Club) - five women and seven men. None of us had ever towed anything before. Good start! The day began with slides and chat as to the best ways and why-fors to handle, stow

and also to drive the highways.

Did you know that statistically those driving caravans are safer drivers?

Having digested all the information regarding nose weights, tail weights, cross winds etc etc, we were divided into groups of four, each with our own instructor who was endlessly patient and helpful, and introduced to our caravans. We learnt hand signals to guide the towing vehicles back on to the hook up, to hitch up and to back. Then came the fixing of towing mirrors to our own respective vehicles before taking it in turns to hitch and unhitch throughout the day, to reverse and to reverse again. We backed round corners, round vehicles, into barns, between obstacles, into field 'gateways' and to park so that by the end of the day we were all quite proficient and confident to be let loose on the open road. We all gained a certificate of competency which was, in fact, well earned.

Much to my surprise I thoroughly enjoyed the day. We had breaks for elevenses, lunch and tea and more chat. It was also a very worthwhile one. Trouble is now I no longer have an excuse not to help with the towing!

Leonie Henderson

MATERIAL for the **AUGUST 2008** edition of 'The Messenger' should

reach the Editor, Leonie Henderson, by **Monday, 14th July, 2008** please.

Contributions from anonymous sources will not be printed. Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.

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Please support the sponsors of our magazine.

This month's edition of the Bromley Messenger is sponsored by Great Bromley Parish Council

At the end of a busy first year of office for the current parish council, it is nice to be able to report good progress with several projects resulting from the village appraisal. Improvements to church meadow and the closed churchyard, management of village footpaths, tree planting and community litter picking are among those projects which have received good support from parish councillors and residents alike. I have been heartened by the positive feedback from many people in the community, for whom these activities are seen to be making a difference to both the environment and our quality of life.

Several equally valuable working group initiatives have also commenced and, whilst some are still at the planning stage, others are looking for additional volunteers to get them fully underway. A list of the working groups is on the Great Bromley Parish Council website (www.essexinfo.net/gbpc) which was launched last year thanks to a large amount of work by Ken Bromfield, the parish clerk. This website is an up-to-date and comprehensive resource available to all internet users. It complements the village community website (www.greatbromley.org.uk) and enables residents to view the parish council annual report, minutes of council meetings and updates on topical village issues amongst other useful information.

At its meeting this month, the parish council will be discussing the proposal for a community event to be held next year. Feedback from village organisations and residents indicates that a village fete would be an appropriate theme. If you would like to be involved in the organising committee for this, then please pass your name to the parish clerk. I know that a significant number of residents believe that a substantial community event, with attractions for all, is long overdue and, if successful, it may become a regular feature of village life in the future.

The parish council looks forward to supporting the residents of Great Bromley in the coming months and further enhancing village life and our environment. We are here to represent you; if you have any suggestions, concerns or complaints then contact either the parish clerk or any councillor and the council will take appropriate action. Alternatively, please do come along to a parish council meeting where you will be made welcome and have the opportunity to address the council if you so wish.

*Martin Frostick
Chairman, Great Bromley Parish Council*

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PARISH COUNCIL NEWS

Great Bromley Parish Council

www.essexinfo.net/gbpc

Report of the parish council meeting held on 12 June 2008

Planning

The Council considered the following planning applications and had no objections:

3 Fairfield Close – two-storey rear extension replacing existing conservatory.

Talisman Coachlines, Harwich Road – retention of existing floodlighting.

Kia Ora, Brook Street – replacement front porch.

Tendring District Council has decided the following planning applications:

Marks Farm, Frating Road – single storey side extension (approval).

Morants Lodge, Colchester Road – two-storey side/rear extension and front entrance porch (approval).

Former post office, Brook Street – detailed plan of new dwelling (approval).

Westward House, Mary Lane North – retention of dwelling for residential occupation (approval).

Morants Hall, Colchester Road – replacement barn (refusal).

Church Meadow

The council approved a plan for improvements to parking arrangements at Church Meadow and details are given elsewhere in this magazine. The vehicular entrance has already been tarmacked and white-lined and the other proposed work will be undertaken later this year. The cost to the council of these improvements will be about £4000.

Dog bin

The council will be installing a dog bin in Mary Lane North near the junction with the footpath to Badley Hall Road.

SLOUGH FARM RESERVOIR – UPDATE

Following the decision of Essex County Council (ECC) in February that an environmental impact assessment should be undertaken for this proposed development, the consultants for the applicant have

submitted a *Request for a Scoping Opinion* to ECC which seeks guidance on what should be included in the assessment. ECC have put this request document out for consultation and are minded to direct that the assessment should include: traffic/highways issues, dust, noise, rights of way (footpath), archaeology, ancient hedges, effects on the landscape, effects on hydrology, effects on ecology and the agricultural need for the development. Great Bromley Parish Council has responded to this consultation requesting that the following should be included: the effect on adjacent ancient woodland and other trees, the effect on local well water supplies (household and garden irrigation), the effect on wildlife in the area and the effect of increased water abstraction in the general area once the reservoir has been built. The council notes that the hydrogeologist's report in the supporting



documentation confirms that there is likely to be a considerable reduction in the local water table during reservoir construction, an issue of great concern to residents in the vicinity. A formal ECC directive on what must be included in the environmental impact assessment is expected early this month.

Local MP Bernard Jenkin visited the proposed reservoir site on 2nd May to hear the concerns of local residents at first hand. He intends to continue to monitor the situation and liaise with ECC regarding issues such as highways and the environmental impact.

Further details of the reservoir proposals can be found on the parish council website. It should be noted that a formal planning application has yet to be submitted and it is hoped that further mitigation measures, additional to those already published, will be announced at that stage.

The next meeting of the Council will be at 7.30 pm on Thursday 10 July 2008 at the Village Hall Great Bromley.

CHURCH MEADOW AND CAR PARKING

At the parish council meeting on 12th June it was agreed to proceed with the proposal for parking in Church Meadow as submitted by working group 9.

The working group was set up in mid 2007 to take forward enhancements to Church Meadow and the Closed Churchyard following analysis of the responses to the 2006 village appraisal.

Church Meadow was purchased by the parish council from the Pirie family in January 2000 to ensure that it continued as an important amenity to St. George's Church, St George's School, the Cheshire Home and the village in general. It had been used as an informal car park for several years previously but the area allocated to car parking has increased since parish council ownership and the surface overlaid in part with loose road planings. Following the purchase a small recycling centre was relocated from the village hall to Church Meadow. This facility is well used.

At the moment car parking is concentrated in the south eastern part of Church Meadow, covering about 60% of the total meadow area. About 50% of the car parking area is surfaced with road planings which, although uneven provide an acceptable all-weather surface. The remaining unsurfaced parking area is unsatisfactory and potentially hazardous in the wet, particularly given that Church meadow is situated on a slope.

The working group have considered all points of view from local residents, from the church and from the school. The general consensus is that car parking is required in Church Meadow but some area of the meadow should be retained should any village organisation require an open grass area close to the church. A considerable number of hours have been spent by the working group in site

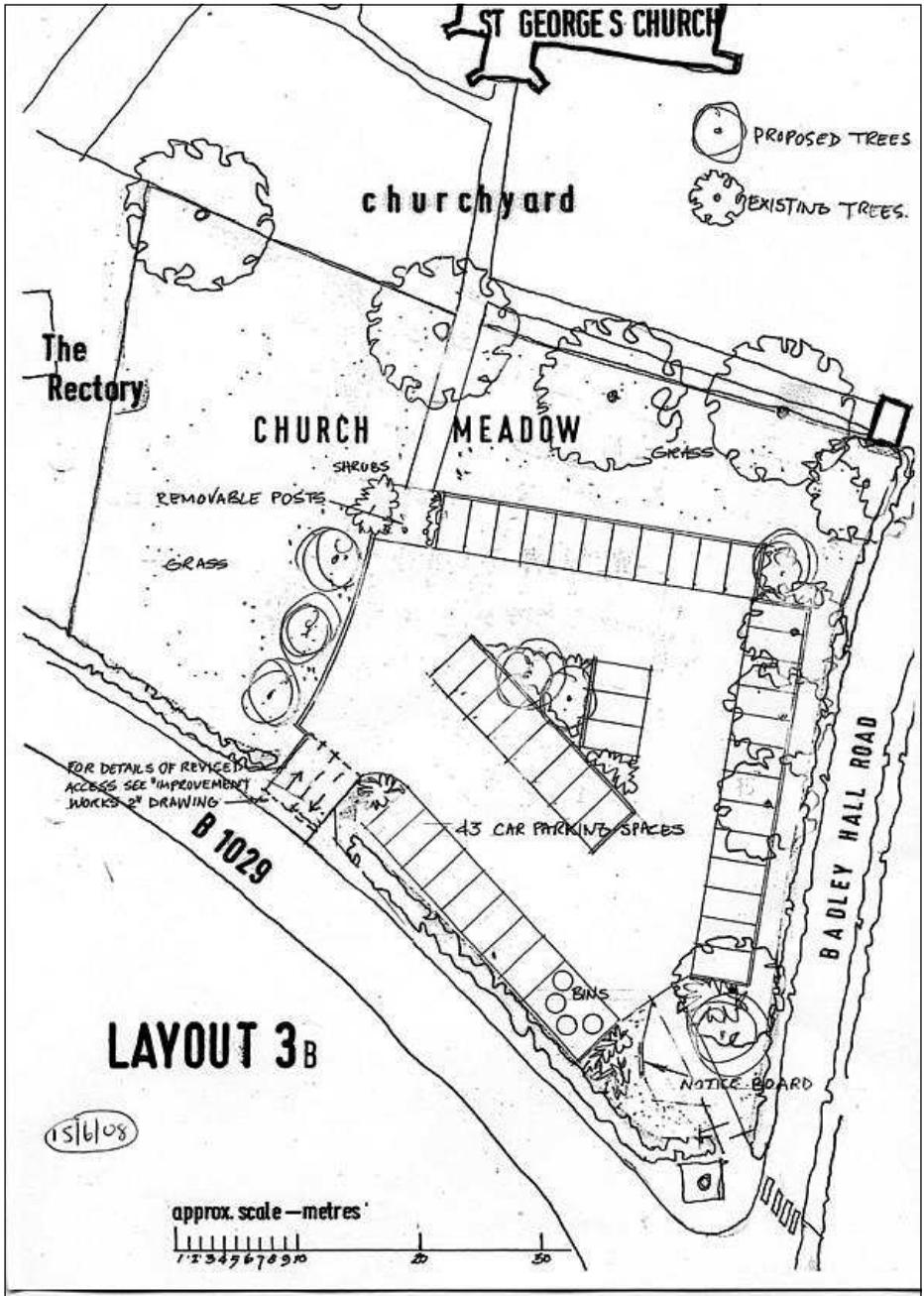
meetings, drawing up plans and consultation with residents and the groups mentioned above. In all five layouts were eventually discussed and it was agreed to proceed with the layout as shown on the plan. This has been agreed by the various organisations.

The layout as agreed will provide car parking for 43 vehicles, retain the glass recycling area and provide an area for the village information centre. The advantage of proceeding with the agreed layout is that it meets all routine parking requirements, will not increase routine traffic congestion or hazards on local roads, makes maximum use of the south eastern part of the meadow for car parking, whilst preserving some grassed area to the north, requires the minimum removal of road planings and requires less reinstatement of grassed areas than other layouts. The area for parking will be shown by railway sleepers sunk slightly into the ground. This will prevent any further damage to the grassed area. The recycling bins will be relocated to the south eastern part of Church Meadow. Some additional planting of trees/shrubs will enhance the area. It is not proposed to remove any existing trees.

Little Bromley Parish Council

The next meeting of Little Bromley Parish Council will be held on
7th August at 7.30pm.

For the venue please contact the Parish Clerk on 01206 391015.



COMMUNITY INITIATIVES FUND

12 noon on the 9th July 2008 is the deadline for the standard (non-youth) Community Initiatives Fund applications for Tendring. This scheme provides grants for community capital projects. The support of the relevant parish council is required so speak to your parish clerk about your application.

Application Forms as well as guidance for writing bids and details of all previous grants awarded are on the Community Initiatives Fund website:

www.communityinitiativesfund.co.uk.

Alternatively, for further advice contact: Beverly Davies, CIF Co-ordinator, on 07929 543523 or by email at info@communityinitiativesfund.co.uk.

COMMUNITY INITIATIVES FUND (YOUTH)

Youth groups across Essex are being urged to apply for their share of a £2million bonanza.

The Community Initiatives Fund (Youth) builds on Essex County Council's trailblazing Community Initiatives Fund which, in its first three rounds, granted £5million to 600 vital community projects across Essex worth more than £38million. That was so successful further funding has been made available this year.

That fund was so successful it has pledged a further £1 million for it to continue this year as well as inspiring this new funding venture.

The fund is split between the county's 12 districts and boroughs, with £155,000 available for each one for youth projects in the financial year 2008/09, with any grant needing to be spent by 2010.

The money will be given to capital schemes only with a minimum grant of

£15,000 set to help really worthwhile projects get off the ground. Young people will be involved in the decision-making process while applicants must provide strong evidence of consultation and involvement of young people in their application process.

There will be two funding rounds for this new grant - the ***first deadline for applications will be 12 September 2008***, with decisions being made from mid-October to the end November. The second deadline for applications will be 16 January 2009, with decisions being made in March 2009.

Application forms and guidance notes are available on the website www.communityinitiativesfund.co.uk

For further information, please contact co-ordinator Beverly Davies on 07929 543523 or email info@communityinitiativesfund.co.uk.

CRICKET CLUB

In spite of the inclement weather the 1st. X1 have only had to cancel one game and are currently second in Division 1 having lost only one game, that to Abberton. They have also won the two games in the Cup round. The 2nd. X1. are mid-table having won two games out of four. The Colts matches have suffered through the rain. The U.13's have managed to play three matches and won two of them. U.11's and U.16's have played one match each and lost both. Congratulations to Jake Foley who has been selected to play for Essex U.13's squad. We wish him all the best for the season.

The Essex U.13's squad will be playing Hertfordshire U.13's at our ground at Gt. Bromley on July 15th. We hope for a fine day! If anybody would like to come along and watch you would be most welcome.

Phil Allam.



CARPET BOWLS

Three away matches played since our last report. Engaines beat us 6-3, Elmstead 7-2 and Wix 7-2. Quite often the games are close in shots, but it just takes 2 shots to turn an almost lost game in to a win. However, win or lose matches are good experience.

ANNUAL DINNER

On 24th May, 22 members and guests attended the annual dinner, this year held at The Cherry Tree, Tendring. Lots of anecdotes, personal stories and opinions were aired over a well presented excellent meal. We thank Pat for making all the arrangements.

At the time of writing, our Triples team are off to Blackpool for the National Competition. We wish them well, but must wait until the August magazine to see how they fared.

Nancy Kempster



GARDENING TIPS FOR JULY

Bearded Irises

After flowering remove old flower stems, cut close to the rhizome. To increase the stock the best time is after flowering.

Now is the time to take the following cuttings which should be semi-hard: **Hydrangea, ceanothus, camellia, cystus, escallonia, pyracantha and skimmia.**

Potatoes

Now is the time to plant a few potatoes to be ready for the table by October. Get a 76ltr bag of compost, cut in half and stand them where they will not fall over. Plant three potatoes in each half bag. You can use potatoes from your store cupboard if they have started to sprout shoots.

Vegetables

With the price of vegetables increasing by the week it is a good idea to plant your own. It is not too late to plant carrots, beetroot, lettuces or radish. Also get the ground ready to plant spring cabbage.

Frank Griffiths



FRIENDSHIP CLUB



Everybody should have a bit of luck now and again and we had that on our outing to Southwold - lovely sunshine, a comfortable coach, a helpful driver which all went to give us an enjoyable day. With many thanks to Beryl for arranging it.

Now we come to our AUCTION on 21st August. This is not just for members - everyone is welcome to come into the Village Hall and take part. If you have anything you often say to yourself "I don't really want to keep this", but tuck it away AGAIN! do bring it along, please.

NEW MEMBERS

Over the last two years our numbers have gone down for lots of reasons so if you feel you would enjoy joining us on the Third Thursday of the month - the door is open, just walk in. There could be a speaker, a musical entertainment but whatever, there will always be a cup of tea with a 'choccy biccys' to follow.

A competition every month, with small prizes. This month (July) it is a postcard showing a village scene.

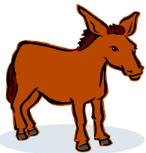
Doors open at 2.00pm with the meeting ending about 4.30pm. Be seeing YOU.

Vicky Griffiths



WOMEN'S INSTITUTE

Sue Field came along to our June 2008 meeting to tell us about her work with "The Elisabeth Svendsen Trust for Children and Donkeys" in Sidmouth, Devon. The Donkey Sanctuary in Sidmouth was created in 1969 by Dr Elisabeth Svendsen MBE who had been left a legacy of 208 donkeys! No donkey is ever turned away.



The aims are mainly to bring enjoyment into lives of children with special needs and disabilities, to help them to achieve riding skills.

There are now eleven centres in Great Britain and Northern Ireland.

The Trust workers also travel to countries where people rely on donkeys for their livelihood especially in the poorer villages in Egypt and India. Permission must be sought before they leave to do this. They advise the owners on health and welfare matters, particularly the donkey's feet together

with other problems. They are made welcome by the people. The children are also taught what is best for their donkeys.

Sue told a lovely story about one little donkey who lived in a centre in England. He wouldn't drink water without beer in it, as he had lived in a public house!

In July, which is our birthday month, we are visiting the Stour Valley Lavender Farm, instead of meeting in the Village Hall on Wednesday, 2nd July.

June Willgress

CHURCH CLEANING

I am looking for more willing helpers to join our cleaning rota. If anyone is interested please contact

Ann on 01206 230679





Great Bromley & Frating Playgroup

At Great Bromley Village Hall.

Monday & Thursday 9.30-12 noon Wednesday 9.15-11.45am
& 12.15-2.45pm

Session Tel No: 0785 7503103

(Lunch time session also available)

Children: 2 years to 5 years. £5.50 per session. Ofsted inspected.

For more details/visits, please contact Group Secretary-Debbie on 01206 250183

This half term our theme is the weather. We have lots of activities planned to provide opportunities to learn through play. We will also be busy with the paint and glue, preparing for our display of the children's work at the Tendring Hundred Show on 12th July.



We are looking forward to our summer outing at Easton Farm Park, weather permitting (date to be finalised), and we will be holding a coffee morning/fun day on 28th July - please keep an eye out for further details on these events.

We would like to wish Charles, James, Livvi and Ruby best wishes as they leave us to start school in September.

St. George's (C of E) School, Gt. Bromley

Head teacher: Pat Fitzgerald

Telephone: 01206 230305



Scallywags

At Great Bromley Village Hall

Friday Mornings 9.30-11.30am

0-5years.Parent and child group.

**Activities/themed sessions/play
equipment etc.**

**For more details or visits please
contact 01206 230625**

GREAT BROMLEY VILLAGE HALL CHARITY TRUSTEES

The Village Hall Committee met on 10th June with 12 members and the caretaker present under the chairmanship of Fred Nicholls.



We are very grateful to the Wheeler family for offering the village hall their piano, which by now should be in situ. We extend to them a large thank you for this fine gift and feel sure

that we will put it to good use whenever one is needed for entertainment.

Tending District Council has advised us that to comply with current (new) legislation when door supervisors are used, they must be trained and licensed by the Security Industry Authority or exempt under Section 4 of the Private Security Industry Act 2001.

There are changes to the way we are allowed to dispose of our rubbish at the hall. Two external bins are now in place, one clearly marked must only hold paper and cardboard which is recycled, the other will take general waste for landfill. In the hall, we need to separate glass bottles, plastics and metal cans into separate containers or, alternatively, take your rubbish away from the hall and use communal banks or your own collection facilities. We stand to get fined if a percentage of our waste is not recycled!

With much regret, but in order to deal with rising costs, we will be increasing our hire charges with effect from 1st September 2008, the start of the winter rates. It is necessary to raise all winter rates by an average of 15% and the following summer rates, starting on 1st May, 2009, by 10% rounded to the nearest 50 pence.

Our next fund raising event will be on Saturday 26th July when a coffee morning with stalls, light lunches and games from 10.30am until 2.00pm, hosted by the VH Committee and friends to be held mainly outside, weather permitting, at the village hall. If wet, inside the hall. Please come along and support the volunteers who run the hall and catch up with old or make new friends.

The next committee meeting will be on Tuesday, 22nd July at 7.30pm in the village hall.

To book the hall, contact Mrs Lynda Allam on 01206 230375 who will advise on availability and cost.

Bevan Willgress



Primrose

Pork has been nominated for UKTV Foods search for

Britain's Ultimate local food hero! A prestigious award which pays tribute to people who go that extra mile to bring fantastic local food to shopping bags, homes, pubs and restaurants. For our chance to win Local Food Hero 2008 we need some support. So if anyone has tasted our pork and has enjoyed its unique flavour and has internet access could they please vote for us on uktvfood.co.uk.

Karen and Robert

Forthcoming Events

JULY

- 2 WI meeting visit to Stour Valley Lavender Farm
- 5 Summer Fete/Plant Sale, Hamilton Lodge, 2.00pm
- 10 Gt Bromley Parish Council meeting, Village Hall, 7.30pm
- 15 Essex U13s v Herts U13s, Gt Bromley Cricket Ground
- 17 Friendship Club meeting, Village Hall, 2.00pm
- 19 Flower Arranging Tips, Lt Bromley church, 2.00pm
- 20 Flower Festival, Lt Bromley Church, from 2.00pm
- 22 Village Hall committee meeting, Village Hall, 7.30pm
- 26 Coffee Morning, Village Hall, 10.30am
- BBQ and Rounders, Ilex Farm, 5.00pm
- 60th Anniversary Celebrations, Seven Rivers
- Snail Racing, The Haywain, 7.30pm



St George's B.B.Q. AND ROUNDERS

at Ilex Farm, Waterhouse Lane
on Saturday, 26th July
at 5.00pm
Burger or Sausage plus
salad £2.00
Bring you own drinks



ESSEX POLICE CHOIR

13th September
St George's church
Great Bromley
7:30 pm

Tickets £8 including refreshments

Telephone: 01206 230089 or
01206 230673

THE GOLDEN GIRL IN THE GARDEN MEN
A musical murder mystery 'whodunnit' play / farce

Britain's best musical murder mystery 'whodunnit' play / farce

David Canova
As Ofc. Williams

Eve Bridger
As Grace Phillips

Matt Kinross
As Det. Sgt. Evans, Norfolk C.I.D.

Also introducing
Christyanna Williams
as Victoria

The Golden Girl

Supporting roles -
Megan Jones
The Doctor
Mike Richards
The Waitress - Played by
Tony Clarke

Scene 1 - 35 minutes before dinner
Scene 2 - 75 minutes after dinner (and comfort break)

GT BROMLEY VILLAGE HALL
Saturday, 18th October

BRIGHTLINGSEA & DISTRICT ROTARY CLUB

COLNE 25 CYCLE RIDE - 5, 25, 40 miles

3rd August at the COLNE SCHOOL
Start between 11.00 and 1230 hrs.
You can either raise money for your
chosen charity or for Rotary Charities,
which include Air Ambulance and local
Hospice.



Application forms on the
net (www.colne25.co.uk)
or ring John on 313135
Entrance fee to cover
expenses (£2-7)

TOUR DE TENDRING is not on this
year so come to ours instead.

SEVEN RIVERS CHESHIRE HOMES

Saturday 26th July
60th Anniversary Celebrations

**Leonard
Cheshire
Disability**

Leonard Cheshire Disability is 60 this year so we are planning a fun day with food, music and stalls.

COFFEE MORNING

with stalls, light lunches and games
Saturday, 26th July
10.30am till 2.00pm

at the Village Hall
hosted by the VH

Committee and friends
To be held mainly outside,
weather permitting.



HAMILTON LODGE

Parsons Hill, Great Bromley, Colchester

SUMMER FETE/PLANT SALE

Saturday 5th July
2 – 5pm

Grand Raffle
Tail Waggers Dog Show
Clacton Majorettes
Di-Vine Line Dancers
Large variety of stalls and
Entertainment Barbeque
Free Entrance and parking
Registered Charity No. 306080

FLOWER ARRANGING TIPS

at Little Bromley Church
on Saturday 19th July at
2.00pm

Come and spend a free,
relaxed afternoon with
some of our friendly,
local flower experts.

See how quickly a flower decoration
comes together, find out some quick
tips to get you started and ask all those
questions you always wanted to AND
AFTER THAT have a go at making your
own display.

All you need to bring are some flowers
and greenery from your own garden or
local area, a container suitable to hold
some oasis, then have fun putting your
own arrangement together. We will
supply anything else you might need.

Don't be shy, come and have a go!

For further details telephone
Carol Cordwell on 01206 395103



FLOWER FESTIVAL

Sunday 20th July
St Mary's Church
Little Bromley

Display of flowers 2-5.00pm
Tea from 4pm
Songs of Praise 5.00pm

St Mary's Church, Little Bromley is open
2.00-5.00pm on the first Sunday of the
month July - October.



St George's Church, Great Bromley

ALTAR AND PRIEST CUSHIONS

Bring & Buy/Coffee Morning

Saturday 2nd August
10.30am to 12.30pm



Please join us in the garden at
"Fryerning", Hall Road, Great Bromley

*To raise funds to refurbish the altar and priest
cushions in the church*

LETTERS



During the last month boys have been coming into my garden from Hare Green. They have smashed 54 panes of glass in my greenhouse. I have informed the police and will prosecute anyone found in my garden without my permission. The cost of repair is upwards of £800. The boys (15 to 16yr olds) have been seen by my neighbour who is helping the police with their inquiries. So I would ask you to please keep your children out of my garden.
Thank you.

D Bowden

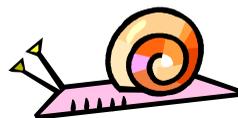
SNAIL RACING at THE HAYWAIN Saturday 26th July

You may remember from last month's Messenger, that I am undertaking a 250 mile women's cycle ride across Cuba, to raise money for Prof. Winston's charity WOMEN FOR WOMEN.

On Saturday the 26th July, in aid of the challenge, we are holding a RACE NIGHT with a twist at our newly revamped local pub – The Haywain. Expect Saucy Snails – expect Topical Local Snails – expect a customised SNAIL RACING EXTRAVAGANZA!

All Welcome - Free Entrance – Cash Prizes - Raffle and Haywain Hospitality.

Big screen action starts at 7.30pm – see you there.



ITV want to hear from the ladies of rural Britain for a makeover programme with a twist!

Are you an active member of your village community?

Perhaps you are a bell ringer, farmer or a farmer's wife, supporter of women's societies, a parish councillor, the village eccentric, the proprietor of the village tea rooms or even the producer of the local prize-winning preserves?

Does your role in village society define or restrict the way you dress?

Perhaps you take pride in your appearance but stick to your comfort zone for fear of getting it wrong?

Whether you prefer pearls and cashmere or tweed and wellies, we want to hear from you.

And for those who wouldn't naturally put themselves forward, but are intrigued to hear more, please do get in touch.

shona.baldwin@itv.com 0207 157 4862

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please visit our website <http://www.itv.com/termsandconditions/>

FROM THE DOCTORS' SURGERIES

There is good news and bad news on the nursing front this month. On the bad side, as expected, we said a fond "farewell" to Jan Williamson at the end of May. The good news is that we have already welcomed Sister Susan Webb to the practice in Jan's place. She joined us on 16th June and was pitched straight in at the deep end, immediately taking on the role of diabetes lead nurse, as well as seeing people with the sort of minor ailments which don't necessarily need the attention of a doctor.

Susan came to us from the Great Clacton practice where she worked for two spells, 1990 - 1996, then from 2002 until leaving to come here. For most of the bit in the middle, she was with Essex Rivers Healthcare Trust as a Diabetes Specialist Nurse, so she will certainly carry on our tradition of having very knowledgeable and experienced nurses to look after our diabetic patients. Incidentally, whilst she was with Essex Rivers, she worked closely with Dr Steiner who used to do one session a week there as Clinical Assistant in Diabetes, so her name and reputation were already well known to us before she applied to be Jan's successor.

Susan lives in Frinton (outside the gates, she tells me) with her 15 year old son, and her partner Steve. She has two older children; a daughter who is in the police force and another son of whom she is especially proud as he has just graduated with a Masters degree in aerospace engineering. When asked about her hobbies, Susan lists gardening, film, theatre and restaurants – "Nothing too strenuous" she asserts, which might surprise one or two gardeners I know. I am sure that everyone will make Susan feel very welcome.

There seems to be a bit of chickenpox around at the moment, so it and shingles, which is caused by the same virus, have been jointly elected "Disease of the

month". Perhaps a bit of extra information might help parents decide what they need to do and know if their children suddenly start to develop suspicious spots.

As I'm sure most people know, chickenpox is very common, can normally only be caught once and is generally nothing to worry about. It is spread like colds and flu, by a virus (called varicella-zoster for the technically minded) present in the tiny droplets produced when an infectious person coughs or sneezes.

The distinctive spots appear about 10 - 21 days after infection. On the first day a rash appears as small red patches about 3-4 mm across. Within a few hours small blisters appear in the centre of these patches. Over the next few days, more of these patches will probably appear, though some children have very few. Gradually they will all go scabby or crusty and the scabs eventually fall off. According to the Health Protection Agency, children may return to school five days after the onset of the rash.



It isn't necessary to bring a child with chickenpox to the surgery unless he or she seems to be getting increasingly poorly. The doctor would normally do very little other than confirm the diagnosis. If a child is uncomfortable, oily calamine lotion will help soothe irritating spots and paracetamol liquid will ease a fever. Both can be obtained from a pharmacy without a prescription. A cool bath should also have a soothing effect.

Adults who catch chickenpox should be seen by a doctor as they can occasionally suffer nasty complications. Similarly, anyone who has a suppressed immune system needs to be seen.

Continued on page 16 .../

/... Continued from page 15

The chickenpox virus can also cause serious problems during pregnancy, so it is best to avoid contact. (All the more reason not to bring an infected child to the surgery unless really necessary.) If you are worried that contact might have occurred, please ring the surgery and ask to speak to a doctor about it.

Conversely, shingles should not affect an unborn baby in any way, so if you are pregnant it is nothing to worry about.

Shingles develops when the virus left dormant in the body by chickenpox is somehow reactivated. The first sign is pain in the area of an affected nerve, followed a week later by a rash, then blisters. Only one side of your body will be affected.

There are treatments available for shingles, so it is best to make an appointment to be seen by a doctor unless it seems to be a mild case.

Just out of interest, if you have shingles, you **can** pass the virus on to someone who has not had chickenpox. However, it is **not** possible to catch shingles from someone suffering from chickenpox.

Finally, as with any illness, if you are concerned please ring and ask to speak to a doctor about it. It may just be a question of putting your mind at rest, but it is better to be safe than sorry.

Hugh Cronin
Practice Manager (With thanks to Dr Hunt for technical input.)

FROM THE PAST

The Mill, Great Bromley Part 2
The 1871 Census says that at Balls Green lived the Chopping family.
Henry Chopping 47
Miller out of Business
Born Lt Canfield
Elizabeth Chopping 40
Born Sprittlefields, London
George Chopping 25
Born Matching
Henry Chopping was the miller at Thorrington in 1860 and moved in 1870 when the mill was destroyed in a gale which was reported in The Essex County Standard
At his father's house at Balls Green was Thomas Amos 17
Corn Miller's Man
Born Great Bromley
In the 1881 Census appears George Martin 30

Corn Miller Wind Mill
Born in Middlesex, Parish not known
Annie Martin 26
Born Middleton, Suffolk
Katie Martin 10 months
Born Great Bromley

Isaac Chopping was probably the miller at Middle Mill, Colchester.

John Appleby



FROM THE JUNE POLICE E-ZINE OF UPBEAT

Knife crime education

Essex Police fully endorses the new hard-hitting advertising campaign which has been launched by the Home Office.

National radio, website and mobile phone adverts warning young people about the harsh physical and emotional consequences of knife crime were launched recently by Home Office Minister Vernon Coaker.

Robert Chambers set to remain as chairman

Members of the Essex Police Authority have unanimously voted to keep Robert Chambers as chairman of the Essex Police Authority meaning that he will continue his role for another year.

Mr Chambers became a member of the authority in 1997 and has been chairman for six years. He is a councillor member and has been a Conservative councillor on Uttlesford District Council for more than 25 years.

Essex Police Museum

Come along to the Museum at Essex Police Headquarters in Chelmsford on Wednesday August 6, 2008 from 11am until 4pm.

The title of the event is Make Your Own Marine Boat, you will get the chance to make your own Essex Police Marine Boat that really floats! The activity is suitable for ages 5+, free admission, children to be accompanied by an adult. No booking required.

KITCHEN CORNER

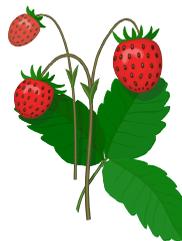
Strawberry Shortcake

Cake: about 1lb strawberries, prepared
 5oz butter
 5 oz sugar
 1 egg
 8 oz SR flour
 milk to mix

Cream butter and sugar, beat in egg and flour and enough milk to make a soft rolling consistency. Divide into two, shape each to fit greased 7" tins. Bake 15 minutes at 180°C.

When cold, sandwich together with halved strawberries dusted with caster sugar. Pile more strawberries on top and decorate with cream.

Jill Frostick



POLICE



The following are the Incidents in Great Bromley in the month of May:

Criminal Damage	- Chase Road
	- St Mary's Lane
Nuisance Youth	- Chase Road
Theft of Motor Vehicle	- Ardleigh Road (Cross Inn Motel)
Theft Other	- Hall Road (The Rectory)
	- Parsons Hill
Suspicious Persons	- Ardleigh Road
Road Traffic Collision (Minor Injuries)	- Harwich Road

NEWS LETTER FOR THE MONTH OF JUNE

This is a new slant on an old con trick. A local resident received an unsolicited email from a 'Mrs Chant, Managing Director of a Canadian Company' who asked the local resident if he could cash a Canadian Cheque for her, then send her the cash and she would give him a few thousand pounds for his efforts. Our local resident immediately smelled a rat, but thought that he would go along with her to see what developed. He was asked for his Bank details, which he refused, but was still sent a cheque from a genuine Canadian Company. Our local resident contacted the Company who confirmed that the cheque was indeed fraudulent. Please don't be lured into these supposed 'get rich quick' schemes.

I have just heard that EEC (European Environmental Control) - what a great name for an alarm 'company' - have this morning telephoned a person in Clacton requesting that they visit to conduct a 'security survey', this was declined.

I have been putting out warnings regarding this particular Company since 1990, when I started as Crime Prevention Officer and I crossed swords with them on many occasions as a Bobby. They charge extortionate sums for poor equipment, poorly installed and then claim that the alarms are monitored - but who will

respond to the alarm no one knows, as the Police certainly will not.

Please have nothing to do with them and if you should hear of them contacting one of your residents please let us and Trading Standards know as soon as possible. We have been able to forestall them in the past and even on rare occasions have got people's money back.

PCSO LES BARNES 71909
TEL 01255862843 – 07967 466876



FURTHER TO MY E-MAIL ...

Further to my e-mail concerning Bromley Workhouse and the Priors, thanks to readers of the Bromley Messenger I have a little more information.

The Elizabethan Guildhall became disused in the late 16th century and was taken over as the village Workhouse.

Following the Poor Law Amendment Act of 1834 a Union Workhouse was built in nearby Tendring to house inmates from the local Parishes.

Bromley Guildhall/Workhouse became a trust and was made into seven tenements for the poor of the parish managed by, I think, the Parochial Church Council. It would seem that subsequent references in the Census records to The Guildhall, Bromley Workhouse, Old Bromley Workhouse and Cowey Green Guildhall are all referencing this building.

The seven tenements were in the form of a U and each consisted of a living room and scullery with two bedrooms which, I assume, reached from a staircase in the living room. Of course there were no toilet facilities in the tenements and water was obtained from an outside pump in the centre of the U. The layout of the tenements and the position of the pump is easily visible on early maps. The tenements stayed in this form until after the 1939/45 war when the building was demolished and two cottages were subsequently built. One of the cottages, Guildhall Orchard, incorporates part of the chimney stack from the original building

In addition to charging rent, which increased from £3-8s-0d per annum in 1874 to £5-8s-4d per annum in 1945, the trust also gave allowances to the needy, mostly at Christmas. Sometimes the Priors qualified

for a share out.

The trust must also have been very forgiving as at one time one of the priors was £16 in arrears with their rent, about 3 years.

As I stated in my original request John Prior and his family lived there from 1841 as did his son James and his family from 1871. I have now been informed by one of your readers that James's wife, Sarah, was living there and paying rent up until 1901 when she lived there with her sons, Henry and Edward.

Edward continued to live at the Guildhall with his wife, Emily, until the Guildhall was demolished. The records show that he was paying rent until 1946.

From October 1930, and probably before, until October 1939 Edward Prior was employed as a general farm labourer at Badley Hall farm.

We now have a record of this particular branch of the Priors and their descendants living at this address for more than 100 years.

One final comment on the tenants of the Guildhall: In 1881 according to the Census returns Jonathan Bowtell living in one of these small tenements with his wife and six children aged between 4 and 24 still had room to take in a boarding lodger.

John Prior

THANKS

Friends of Little Bromley Church

June Festival 14/15th June

The weekend festival started with tea and a beautifully illustrated talk from Chloe Cockerill of the Churches Conservation Trust. The subject was the Unicorn and we enjoyed a fascinating exploration of how this strange beast has stirred the imagination over many centuries. On Sunday two concerts of songs from Purcell to Rogers and Hammerstein were much enjoyed. The children had a great time with their activities including a wildlife exploration and a treasure chest full of goodies to take home. Many thanks to all those who came and all those who contributed to the cleaning, flowers, refreshments, music, activity organisers, and all the others !



HANNINGFIELD AWARDS 2008

Since 2002, Essex County Council have offered grants of up to £2,000 for various projects young people have undertaken, from World Challenge events in remote parts of the world where environmental work is undertaken, to 'gap year' students working with underprivileged young people helping them to improve their communities.

It has enabled individuals/groups to understand the cultures and diversities of other countries through exchange visits, international camps, and team challenges.

Projects sponsored have also given opportunities to build on the skills acquired through school/college, sport, mentoring / volunteer groups, and the Duke of Edinburgh's Award programmes.

Sponsors of the Award

Lord Hanningfield — Leader of the County Council

Clr Simon Walsh — Cabinet Member for Schools Children & Families

The Criteria

The awards are to support successful applicants aged 16—25 who would be expected to demonstrate some or all of the following criteria:

- innovation in outdoor and environmental education both here and abroad;
- achievement in the face of difficult or adverse circumstances;

- promotion of opportunities for those with a disability or having special educational needs;
- gifted and talented young people wishing to undertake challenges during their 'gap' year;
- inspirational activities that promote social cohesion and community activity;
- volunteer activities from motivated and committed young people:

We will only accept one application per individual/group for each activity.

We will not normally fund the whole of the project.

Closing date for application 11 July 2008
Short listing will take place 14 July 2008
Successful applicants will be invited to attend a presentation to be held at County Hall in **October 2008** (however we will be releasing funding shortly after short listing).

A condition of the award is that young people must play an important role in the planning and evaluation of the venture.

For an Application Form for the Hanningfield Awards 2008 please contact:

The Hanningfield Awards,
PO Box 47, 2nd Floor E Block
County Hall, Chelmsford CM2 6WN
Tel: 01245 436632
Minicom: 01245 430091
Email: Adolescent@essex.gov.uk

19 July - 31 August 2008

got into the **ZONE**



FREE SWIMMING FOR UNDER 16S

Tendring District
Summer Holiday Activity Programme

Complete information on
Dates of activities, courses and pool timetables

Tendring
District Council



SMOKE ALARMS

Essex Fire and Rescue Service are taking an active part in a Government financed scheme to cut fire deaths;

A trained Fire Fighter will make an appointment call and carry out a Fire Safety visit in your own home;

Even if you have smoke detectors they may be old or poorly sited;
During this visit they will give Home Fire safety advice, answering questions:
Plus if required will:

**SUPPLY and FIT BRAND NEW SMOKE ALARMS
WITH A TEN YEAR BATTERY**

COMPLETELY FREE OF CHARGE
There is no catch you have already paid
for this service in your taxes

To take advantage of this FREE scheme please phone Les Nicoll on
01206 574255

And leave your details so an appointment can be made:



ADVICE CENTRES IN TENDRING

OPENING HOURS

Clacton - 18 Carnarvon Road, Clacton
Monday By appointment
Tuesday 10.00 - 12.30 Drop in
Wednesday 10.00 - 12.30 Drop in
Thursday By appointment
Friday Specialist appointments only

Harwich - 298 Main Road, Dovercourt
Monday 09.30 - 14.30 Drop in
Tuesday By appointment
Thursday 09.30 - 14.30 Drop in

Frinton - Council Offices, The Triangle, Frinton
Wednesday By appointment (Call 01255 428643)
Thursday By appointment (Call 01255 428643)

Walton - Community Project, 61 High Street, Walton
Wednesday By appointment (Call 01255 428643)
Thursday By appointment (Call 01255 428643)

Manningtree - 13 High Street, Manningtree
Wednesday 10.00 - 14.00 Drop in

Jaywick - at Signpost, Enterprise Centre, Lotus Way, Jaywick
Wednesday By appointment (Call 01255 428643)

Telephone Advice - 0844 477 0808

Monday to Friday 10am to 4pm

Plus recorded information on more than 60 topics available
24 hours every day

Web Site - www.adviceguide.org.uk. Advice and information

Are you a carer?



Who is a carer?

A carer is someone of any age whose life is affected by the need to help another person who is ill or impaired. It may be a friend or relative and the help given can range from small key tasks to full time care.

Do you need help and advice?

Whether your needs relate to Social or Health Care, Benefits or another problem that affects your life you can get answers and support.

Why not give us a call?

North East Essex Carers Support
(01255) 474410

(Supporting carers in Braintree District,
Colchester Borough and Tendring District)

We can help and advise on all aspects of caring. From respite to benefits or advocacy to general information. Phone us to discuss your caring problems or to arrange a home visit.

Imperial House, Rosemary Rd, Clacton-on-Sea, Essex, CO15 1NZ

North East Essex Carers Support is a registered charity. No. 1077639

Printed by Compton Press 01255 428677

ST. GEORGE THE MARTYR, GREAT BROMLEY

united with St. Mary the Virgin, Ardleigh



Services for July

Sunday 6th

8.00am
10.30am
6.30pm

Trinity 7
Eucharist
Parish Eucharist
Evening Prayer

St. Mary the Virgin
St. George the Martyr
St. Mary the Virgin

Sunday 13th

8.00am
10.30am

Trinity 8
Eucharist
Parish Eucharist

St. George the Martyr
St. Mary the Virgin

Sunday 20th

8.00am
10.30am
5.00pm
6.30pm

Trinity 9
Eucharist
Parish Eucharist
Songs of Praise
Evening Prayer

St. Mary the Virgin
St. George the Martyr
St Mary's, Little Bromley
St. Mary the Virgin

Sunday 27th

8.00am
10.30am

Trinity 10
Eucharist
Parish Eucharist

St. George the Martyr
St. Mary the Virgin

Holy Communion every Friday at 11.00am at Seven Rivers, Hall Road, Great Bromley.