

# ***The Bromley Messenger***

**October 2009**

Volume 23



*Photograph by kind permission of Carol Cordwell*

## **LITTLE BROMLEY HARVEST WEEKEND**

*Article and more pictures inside*

## EDITORIAL



Our brave servicemen are still being sent to foreign soil to give their lives in the fight for democracy. Many also return injured in ways that probably affect them for the rest of their lives. On pages 4 and 5 Hugh Frostick writes personally on family members caught up in past conflicts and in some ways, although the method of warfare is somewhat different, things generally are little changed. The Cross Inn has been sending goodies out to the soldiers, this month widening their appeal to other items. They are donating their Fish 'n' Chip evening raffle to the Poppy Appeal with the Charity Quiz evening also being in aid of the Appeal. Wear your poppy with pride.

Being a post-war child born in the era when there were still ration books and brought up to waste nothing, I have always found it easy to hoard stuff which may, one day, come in useful on a rainy day or on a make, do and mend basis. I have therefore been recycling for almost as long as I can remember. However, it was with a sinking heart that I read recently of the new 'zero waste' strategy being thought up by the government whereby we would need to sort our rubbish into six different piles or face a possible fine of up to £500 if we 'misfile'. It is intended that we have bins for Food

Scraps (compostible), Dry Recyclables (cardboard, plastic and tin), Glass, Paper, Plastic packaging (yoghurt pots and other food packages), Garden Waste and The Rest (nappies etc) for incineration. Never mentioned are milk bottle tops and where they can be sent now that the Guide Dogs for the Blind no longer want them. The glass milk bottles delivered to the doorstep are still a very efficient way of recycling the glass and so much better than the plastic containers obtained from the supermarket. Re-cycling is now so complicated that I feel I shall be spending all my time deciding into which bin to put everything. Really there should be much less packaging produced by the manufacturers and any packaging there is should be biodegradable (and soil friendly) so that it could all share the same bin. Surely this would make it simpler for us and help the environment at the same time.

This month is also Guy Fawkes Night with all the fun of fireworks and Bonfire Night setting the night sky aglow with brightly coloured stars and resounding to the noise of the bangs. Enjoy yourself but do remember to follow the Firework Code that you may end the evening happy, healthy and safe.

*Leonie Henderson*



**MATERIAL** for the **DECEMBER 2009** edition of 'The Bromley Messenger' should reach the Editor, Leonie Henderson, by **14th November, 2009**

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# PARISH COUNCIL

Great Bromley Parish Council  
[www.essexinfo.net/gbpc](http://www.essexinfo.net/gbpc)

**Report of a parish council meeting held on 8 October 2009**

## **PLANNING**

***The Council considered the following planning applications and had no objections:***

**Hamilton Lodge, Rectory Road** – alteration and extension of existing residential home (Selbourne Court) and development of four bungalow units.

**Berriedale, Brook Street** - first floor extension, new roof, front and rear dormers, front porch and attached double garage.

**Oak House Farm, Harwich Road** – new vehicular access.

**12 Meadow Close** – front porch and rear conservatory.

***The Council considered the following planning applications and raised objections:***

**Land adjacent to the former Spread Eagle, Brook Street** - erection of detached dwelling (Plot B) and alterations to existing vehicular access (as previously approved).

**Land at Cold Hall:** Enforcement appeal relating to change of use to storage of cycles, used domestic appliances and other household scrap, without planning permission.

**Strutts Farm, Parsons Hill:** Enforcement appeal relating to the erection of a domestic building without planning permission.

## **AFFORDABLE HOUSING**

'Affordable houses' are dwellings built in rural areas, mainly for rent, for the benefit of those who would like to live in a village where they have a personal connection – but who cannot afford to buy locally or pay commercial rents. Such properties are

normally owned and managed by housing associations such as the Rural Housing Trust.

Great Bromley has one such scheme of six affordable houses at Lakewood, Hall Road. The parish council would like the village to have more and the need has certainly been identified in surveys undertaken by both the council and the Rural Housing Trust. However the parish council has so far been unable to locate a suitable site for the new scheme of 6 – 12 houses. It is the question negotiating the purchase of land at more than its agricultural value but significantly less than any speculative development price, Possibly you could help in some way to get this new project – literally – off the ground? Could we suggest that you first look at the detailed information available on the Rural Housing Trust's website (<http://www.ruralhousing.org.uk/>) and then get in touch with the parish council if you have some ideas for supporting or furthering this venture.

## **VILLAGE POND**

An expert report has been produced on the conservation of wild life at the village pond. But we now need a leader and volunteer helpers to take forward this project. Again if you think that you could assist please get in touch with the parish council.

**The next meeting** of the Council will be at 7.30 pm on Thursday 12 November 2009 at Great Bromley Village Hall.

## **LITTLE BROMLEY PARISH COUNCIL**

The next meeting of the Parish Council is to be held on 17th December at 7.30pm at The Haywain, Little Bromley.

# On Little Bromley War Memorial

I stopped by at Little Bromley War Memorial to show my son, James, the tribute to his namesake, J Frostick. Whilst I was aware of a Frostick being named there, I did not know the exact family connection until I met with cousin Derek Frostick this year. (Derek has always lived a couple of miles from where I was brought up, but we had never previously met, hard to believe.) He kindly provided the photo of his grandfather James and his grave in St. Nicolas Cemetery, Arras.



James Frostick was born 1880 in Little Bromley, the youngest son of William Bloomfield Frostick. One of his elder brothers was John Frostick, my grandfather, making James my great uncle. James married Bertha Cook and they lived at Bottle Hall on Carrington Rd, Great Bromley. They had five children, one being Tom Frostick who worked at Badley Hall Farm and later was head horseman at Park Farm, and was father of Derek who still lives nearby. James had been an agricultural worker, but volunteered for service, joining the Essex Regiment and becoming Lance Corporal; he was killed on 5th April 1918, aged 38, when Tom was just 9.



The names on the memorial from the Great War are: RF Barton, HM Chaplin, G Cole, ES Cooper, W Dove, A G Easdel, H Ellis, WJ Forsdyke, J Frostick, SG Gladwin, LH Garrod, A Howe, AB Lucas, C Lucas, EB Lucas, C Manning, A Payne, C Studd & GA Studd. At Great Bromley they are: JH Austin, AA Austin, W Bantick, J Biddis, A Bloyce, JE Bourne, H Collis, H French, F French, A Gosling, HG Harvey, G Manning, B Mulley, LA Nicholl, F Rogers, GH Spraggins, A Sharpe, L Tatham & W Thornton.

I wonder if anybody knows details of these other sad losses? I would be very glad to set up a page about the memorials on the village websites so please get in contact if you are interested or can help with any information.

*Hugh Frostick email: [web@greatbromley.org.uk](mailto:web@greatbromley.org.uk) Tel: 250 263*

# Wartime Memories



My grandfather John, brother of James on opposite page, fought in the Boer War and the Great War, and made it home safely. We have two embroidered cards sent from Europe to my father when he was a young boy. The back of one reads "To Charles with fondest love from Dad. Don't forget me."



My Uncle Harry was brought up in Shop Rd Little Bromley, and worked at Hiskeys with my father, breeding prize-winning pedigree poultry, before he moved to Chelmsford and became a postman. I asked him *What did you do in the war?* and here is some of his story.

"I was lucky. In all I set foot in 17 countries. The first place I went to was Iraq (Mesopotamia then). I went out on HMS Richmond. In Iraq we were out in the desert and strangely enough the nights there were perishing. We just had a big marquee, for a time we all slept with our clothes on sharing great coats to keep as warm as we could. I went through every major town in the Middle East really as far as Tripoli including all the biblical places - Jerusalem, Bethlehem and so on.

Mostly we were near the coast road and there was the chance to swim. Once, on that road, had the Germans known they could have cut us off, we were set up with our ack-ack guns – and a Brigadier or someone came along and said "What are you doing

here with those ruddy peas-shooters – get the hell out of it" so we went off as fast as we could with the guns jumping up in the air behind us! The only thing I caught there was dysentery - on the way I had to go out in the desert with my shovel, but all you could pass was a bit of stomach lining. By the time I got down to hospital in Alexandria I wasn't feeling too bad. I said to the sergeant in charge "It's alright, I can walk" but he said – 'Get the hell on that stretcher' - they weren't taking any risks.

I saw Monty once, we were going along in this three ton truck, he'd got eyes that pierce through you, it seemed he was looking at every man, as if he was looking us all in the eye. As we went through Palestine the kids would throw oranges at us, and one of them nearly hit me in the eye. *Were they friendly or unfriendly?* That we didn't know!

We had nearly four years abroad without any time at home. My father died before I got back, I think they did make attempts for me to go home but it didn't work out. We arrived back at Harwich and I went past Manningtree station right to the top of Scotland to get my papers, only to come all the way back!"

Harry is now 89 and still lives in Chelmsford with Joan who is 90.

*Hugh Frostick*

Last month a little mistake meant the photo of Charles Frostick's Riley was not credited correctly, the picture belongs to Edward Barratt

## FROM THE PAST

### Sheep in the Churchyard, 1939

On 14th May, 1939, Essex County Standard printed a protesting letter from E Austin of Peace Cottage stating that certain parishioners had decided to tidy up the churchyard during the year.

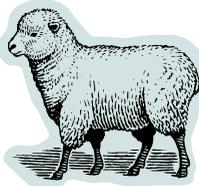
Mr Austin admitted that, in his opinion, the method proposed was outside the pale of common decency that is folding sheep, piece by piece, there.

He said dead bodies had been there for years, in some cases their owner's spirits. The resting place had been turned into a sheep fold.

There is a postcard available showing sheep were used in both the present and the closed yard.

Recently, the volunteers have done a great deal of work in the closed yard and are to be congratulated.

*John S Appleby*



## THANKS

### Harvest Festival September 27<sup>th</sup> 2009

Thanks to our flower arrangers who made the church look so beautiful this year.

Thanks to all of you who provided food and helped to prepare the Harvest Lunch at the Village Hall.

I am so grateful to you all.

## RECREATION AND PLAY FACILITIES

The parish council have been discussing recreation and play facilities in the village and have decided that there may be a demand for greater provision in the area around the north end of the village near to the church, we are seeking comments on this idea from members of the village and also whether anyone knows of any area which may be developed for such a purpose. In addition we are looking to improve the facilities at Hare Green recreation ground and are looking for ideas for new play equipment which could be installed. If anyone has any comments on either of these please contact the Parish Council via the website



*Cllr David Hardy*

## KITCHEN CORNER

At the recent Harvest Lunch for St George's Church, the people on my table were most appreciative of the salad dressing I had provided, and asked for the recipe. So here it is for all to share!

### HONEY SALAD DRESSING

Ingredients: 2 tbsp Sesame seeds.  
1 tbsp Honey  
4 tbsp fresh lemon juice  
6 tbsp Olive oil  
2 tbsp light soy sauce  
Salt and pepper to taste.

Put the seeds in a dry pan, and toss over moderate heat till lightly toasted. When cooled, mix with all the other ingredients in a bowl and whisk until thick and creamy. Pour into a suitable jar or bottle. If preferred, use other oil such as walnut or rapeseed. Shake well before using!

*Jill Frostick*



# THE DOCTORS' SURGERIES

## ARDLEIGH SURGERY NEWS

### **Book early for the seasonal flu' vaccination**

We will be holding 'Flu Clinics as normal for seasonal flu' vaccinations on Thursday afternoons starting 1 October. We wish to vaccinate as many of the at risk patients as early as possible for the normal seasonal flu virus before having to start the swine flu vaccination programme.

Patients over 65 and those with an 'at risk' medical condition are encouraged to book early.

Please telephone the surgery to book into one of the flu' clinics. We encourage patients to attend these clinics rather than use valuable normal appointment slots unless you are attending the doctor or nurse for some other reason. A flu' clinic is also being held at Dedham branch surgery.

We are still waiting for more information about the swine flu' vaccination programme.

However, we have been informed that the swine flu' vaccination should only be given to those particularly at risk irrespective of age if they have one of the following medical conditions; heart disease, diabetes, stroke, respiratory disease, renal disease or who are immunocompromised or pregnant. Frontline health and social care workers will also be a priority. The over 65's will, therefore, not be offered the swine flu' vaccination in the first instance solely owing to their age.

The swine flu vaccination is still being tested. Originally it was believed that two vaccinations would be needed to be given with an interval of at least three weeks, however, the trials are now suggesting that one vaccination might give sufficient immunity. Patients will be informed through the national media.

*Fred Merrin*  
Practice Manager Ardleigh Surgery  
01206 230917  
[www.ardleighsurgery.nhs.uk](http://www.ardleighsurgery.nhs.uk)

## GREAT BENTLEY SURGERY NEWS

The first job this month - in fact, it's a pleasure rather than a job - is to say a big "thank you" to everyone who helped towards the purchase of the new defibrillator which now has pride of place on our resuscitation trolley. Many patients have chipped in towards it over the last eighteen months or so, and the British Heart Foundation eventually came up with a very generous grant and completed the purchase for us early in the summer. As a result, we have a fully automatic machine - guaranteed to be idiot proof - which might just one day save the life of someone suffering a cardiac arrest. Believe me, I am not being ungrateful when I say that I hope we never need to use it. Just knowing that it is there and ready for use gives us all an added confidence that we will be able to deal with such a crisis if it arises. Thank you again if you were one of those who so generously contributed.

Next, there's a special request from all the doctors and nurses here. They are finding it increasingly difficult again to keep to time during their surgery sessions because some patients are slipping back into the habit of bringing in a list of problems when they have only booked a single appointment. We hate it when people have to sit for ages in the waiting room and we know from our own experience how frustrating it can be, especially if you need to get off to work or to another appointment. This is one area where a bit of help from you will make a big difference to our efforts to improve our service to everyone.

If you have more than one problem to discuss, please remember to tell the receptionist when you book your appointment. She will then allocate you extra time with the doctor or nurse so that everything can be dealt with, without causing patients who follow you to be late. It really will make a dramatic difference to waiting times within the surgery, so please help us out with this one.

The autumn flu jab campaign is already in full swing again. It seems far too warm and pleasant to be thinking about it, but now is the time to invest a minute or two in getting protection from “real” flu, which is inevitably going to cause several thousand deaths in this country over the coming winter. The usual people are entitled to a free jab – those aged 65 and over, plus anyone suffering from:

- diabetes
- a stroke or transient ischaemic attack
- chronic heart, liver or kidney disease
- chronic, long-term respiratory disease, such as severe asthma, COPD or bronchitis
- chronic neurological disease such as Parkinson’s Disease or motor neurone disease
- a problem with, or removal of your spleen
- a weakened immune system due to disease or treatment

If you think you might qualify for a free jab, please ask at reception and book your appointment without delay.

I’m sure that some people will be wondering if the ordinary flu jab will protect against Swine Flu, and the answer is that it won’t. A Swine Flu vaccine will be available soon and details of who can be immunized and when, will be advertised at the surgery as soon as they are known.

Last word for now on immunizations - I promise! If you are in one of the categories above, you probably also qualify for a free jab to protect you against pneumonia. If you do and haven’t had it yet (most people only need one), please book for it now. It’s just another small job that could save you a really bad time this winter.

We have very recently been told that plans are now well advanced for parts of everyone’s computerized medical records to be accessible electronically from hospitals and surgeries throughout the country very soon - possibly before the end of the year. Everybody is supposed to receive a personal letter about this shortly.

A lot of people are uneasy about the security of their records when this happens, and some have already written in requesting that their own records should be blocked. **If you don’t want your records to be accessible, even if you have previously written to the practice saying so, please read the letter and follow the instructions.** To our astonishment, we have now been warned that opt-outs pre-dating the official notification will not count. Many practices are up in arms about this, but I can’t be sure that our protests will have any effect. The safest thing to do if you want to opt-out is to take no chances and follow the instructions in the official letter.

*Hugh Cronin, Practice Manager*

## WHY NO ANTIBIOTIC?

Antibiotics have in the past helped to cure a range of infections and diseases. Unfortunately their wide spread use has resulted in bacteria becoming resistant to the drugs which in turn leads to super bugs such as MRSA (methicillin-resistant Staphylococcus aureus) and C.diff (severe diarrhoea) becoming more common. To help prevent future resistance to antibiotics it is important everyone is aware of the right and effective times to take antibiotics and when they are ineffective and not needed.

Many common illnesses such as sore throats, colds, coughs, earaches and flu are mainly caused by viruses and antibiotics do not kill viruses. If you are normally well, your immune (defence) system is good at fighting off many types of viral illnesses and antibiotics will generally be ineffective.

### ***Did you know?***

A green discharge from the nose does not mean you have a bacterial infection

Viruses are more contagious than bacteria. If more than one person in a household has the same infection chances are it's a viral infection. A bacterial infection usually affects one specific site in the body, for example, a strep throat or pneumonia (a lung infection). A viral infection

is more general. Usually viruses cause many symptoms, for example, runny nose, cough, sore throat and body aches

There are a number of ways to help ease the symptoms you may experience: Paracetamol or Ibuprofen will help to reduce a high temperature (fever) and ease aches, pains and headaches.

Make sure you drink plenty of fluids. Mild dehydration may develop if you have a high temperature and can make headaches and tiredness much worse.

For other symptom relief such as a blocked nose ask your local pharmacist for advice. You may feel unwell for several days or more until a viral illness clears. Occasionally, a virus develops into a more serious illness, if the symptoms appear to change, a new symptom you are worried about develops, symptoms become worse or do not improve and start to go away consult your doctor. If a cold lasts more than three weeks, you become breathless, have chest pains or already have a chest complaint you should also consult your doctor.

If you would like any more information or would like someone from the Medicines Management team to visit and talk on this or other medicines related topics please feel free to contact us at the PCT on 01206 286872

# LITTLE BROMLEY HARVEST WEEKEND



On Saturday 3<sup>rd</sup> October we held a flower arranging afternoon at St. Mary's Church. We had a lovely afternoon decorating the Church ready for Sunday. We were pleased to see Roz, Lynda, Jenny, June, Sue and Sylvia who excelled themselves with arrangements from their gardens or from around the local area. Joyce sent along a lovely arrangement for us to show. We were also very pleased to have

On Sunday 4<sup>th</sup> October, we had a children's activity afternoon with lots of things available to make, find or look for. We only had a few children to enjoy the afternoon, but as the Church was open we were pleased to see lots of visitors who enjoyed our refreshments and beautifully decorated Church.

At 6.30pm we held our Harvest service by candlelight and we were pleased to see around 80 people filling the pews to enjoy the service organised by Gregory. Father Robert did a lovely job of bringing the whole service together and gave a really good sermon about different types of soil, which I can still remember. Once again the music and singers created a welcoming atmosphere. The evening ended with a selection of savouries, cake and wine which most were able to stay for. The collection will be split between the PCC and the Churches Conservation Trust.



We would like to thank all those who helped, baked or just came for making the weekend a success.

*Carol Cordwell  
On behalf of the Friends of Little  
Bromley Church.*

beginners Sarah and Wendy who made some lovely displays for all to enjoy, they will definitely be on the flower rota from now on! Tea and homemade cake were served throughout the afternoon for everyone to enjoy.



# ST. GEORGE'S (C OF E) SCHOOL, GT. BROMLEY

Head teacher: Pat Fitzgerald  
Telephone: 01206 230305



The harvest celebrations were again greatly enjoyed by all. The Friendship Club enjoyed their afternoon and we have received many cards and letters expressing their gratitude.

One member of the club wrote:  
*'I would like to thank all the staff and children for a wonderful afternoon. The harvest concert was really delightful, the children sang so well. All the members thoroughly enjoyed themselves, and the produce was most useful.'*

In support of their history topic Class 4 went to Cressing Temple for a Tudor day. They all dressed up for the occasion and had a very informative and enjoyable day.

We would also like to say a huge thank you to all those who support our school by saving various tokens for us. Last term through Sainsbury's and Tesco's we ordered the following items:

Parachute	Cone set
Throw down arrows	Throw down hands
Throw down feet	Footballs
Digital camera	Memory card
Logit explorers	Speed Peelers
Swinging loops	Hoppers

Twist and jump set	Katcha kups
Folding hurdles	Reel tape
Shoot case	CD players

Easi-speak microphones	
Dark den	Bee bot mats

Please continue to support us. This term we are collecting:

- Nestle Box Tops
- Morrisons Let's Grow
- Times Free Books for Schools



We are also beginning rehearsals for the Christmas play. Once again we are thrilled that it has been written by Amanda Rowe and the music by Melanie Bridle.

The PTA will be holding their Festive Fayre on Friday 27 November from 6-8 pm in the school hall. Do come and join us to buy an early Christmas present or two!



## Great Bromley & Frating Playgroup

At Great Bromley Village Hall.  
Monday & Wednesday 9.15-11.45am & 12.15-2.45pm  
Thursday 9.30-12 noon  
Session Tel No: 0785 7503103  
(Lunch time session also available)  
Children: 2 - 5 years. £7 per session.

Lunch time sessions also available Monday & Wednesday Cost: £1.50  
Ofsted inspected.

For more details/visits, please contact Group Secretary-Jean on 01206 250694

# GREAT BROMLEY VILLAGE HALL CHARITY TRUSTEES

REGISTERED CHARITY NUMBER 301310



It has started! The roof is happening and not only will the Hall look smart

with its new roof but the windows are being repaired, the gutter and down pipes are

going to be painted too. It will look very smart when it has been finished.



The way we

access the Hall is changing: from mid November you will only be able to get into the Hall with a Key Fob. Each organisation that uses the Hall will have its own Fob and anybody hiring the Hall will be given one on payment of a refundable deposit. Any lost Fobs will have to be paid for. This might sound a bit drastic but in order to keep the insurance eligible it needs to be done.

We will be having a working party to tidy the garden and paths around the Hall in the near future. Any help will be gratefully received. More details after the roof is finished.

Not long to wait now! One of the greatest nights of the year, the Cabaret & Supper evening, is due to happen on Saturday 21<sup>st</sup> November. Featuring Eve Bridger, from the Golden Girl Murder Mystery Evening and comedian, Olly Day, a very funny man from Norfolk., it promises to be a very good night out. Admission price to be £15 and there will be a bar. Sarah Nicholls-East has kindly agreed to do the catering. Tickets are now on sale from any committee member. So get in quick!

Saturday December 5th sees the Christmas Fayre with fantastic stalls. Cakes, stocking fillers, china and glass, Tombolla and many more. Light lunches, teas and coffee, Giant

Raffle. Should be great so don't miss it. Start time 10:30am finish by 2:00pm it's all happening at the Village Hall. Raffle tickets on sale from mid October.

A quiz night is being looked into for a night in February.

Another Fun-day is on its way in June 2010, (more to follow).

Do you wonder in these credit crunch times what you are able to do in the evenings that will not break the bank? Perhaps we can help. The Hall is going to hold an open day on Saturday, 13th February 2010.



Organisations that use the Hall can show their wares and other people who want to use the Hall can look around. Any organisation/company that wish to have a space please contact the secretary, David Beech, telephone 07825300516 to make a reservation.

Pender Richardson has kindly agreed to be the Village Hall Accounts Examiner. A very big thank you, Pender.

Next meeting Tuesday November 10th 7:30pm.

That's all for now. Thank you for your support and please put the forth coming event dates in your diary.

David Beech - [sailspar@me.com](mailto:sailspar@me.com)

# *Forthcoming Events*

## **NOVEMBER**

- 4 WI meeting, Village Hall, 7.30pm
- 7 Village Autumn Litterpick, 10.00am  
Coffee Morning, Village Hall, 10.00am
- 10 Brass Band Concert, Lt Bentley church, 7.30pm
- 11 Beat Surgery, Village Hall, 7.30pm
- 12 Gt Bromley Parish Council meeting, Village Hall, 7.30pm
- 19 Friendship Club, Village Hall, 2.00pm
- 21 Church Autumn Clean, St George's church, 9.00am  
Cabaret evening, Village Hall, 7.00pm
- 24 Friendship Club Christmas Lunch, The Cross Inn
- 27 PTA Festive Fayre, St George's School, 6.00pm
- 27-29 Art & Craft Exhibition, United Church, Brightlingsea



## **DECEMBER**

- 5 Christmas Fayre, Village Hall, 10.30am
- 5-6 Christmas Tree Festival, Gt Bentley church
- 17 Lt Bromley Parish Council meeting, The Haywain, 7.30pm
- 23 Beat Surgery, Village Hall, 7.30pm

### **Brass Band Concert**

at St Mary's church, Little Bentley  
Saturday 10th November  
7.30pm

Start is 7.30pm, doors open from 7.00pm and all for the price of £7.50 including a glass of wine in the interval. (You could be paying £4 a glass for the wine alone, so what wonderful value)

The church will be full of flower arrangements for our Flower Festival which is on all weekend. Please try to come along. Tickets available on the door or by giving Nigel a call on 01206 250622 or 07802 282193

### **CHRISTMAS FAYRE**

Saturday, 5th December  
Village Hall  
10.30am-2.00pm

Giant Raffle, Cakes,  
stocking fillers, china &  
glass, Tombola and much  
more.

Light lunches, teas & coffee



### **St Mary's Church, Great Bentley**

#### **Christmas Tree Festival**

Saturday 5th December  
10.00am - 4.00pm

Sunday 6th December  
11.00am - 4.00pm

Extra attractions this year with Entertainment and Demonstrations as well as the usual stalls including Christmas Fayre, Raffle, Tombola, Gifts etc.

Light lunches and teas



### **ART AND CRAFT EXHIBITION**

Come to the  
United Church in Brightlingsea  
and enjoy the exhibits of our six local Arts  
& Crafts Groups

27th November 2.00-5.00pm  
28th November 10.00-5.00pm  
29th November 2.00-5.00pm

Admission £1.50 (children free)

Refreshments every day

*Proceeds for the education of Congolese children*

## PTA FESTIVE FAYRE

27th November  
6.00pm-8.00pm  
St George's School



Great Bromley Village Hall

### Coffee Morning

Saturday 7th November  
10 'til 12

Christmas Cards &  
Gifts

Raffle - many prizes  
Produce Stall  
£1 entry includes  
refreshments

Gt Bromley Village Hall  
invites you to drop in  
for coffee or tea. Enjoy

the break, maybe do a little shopping,  
catch up with your neighbours and  
raise funds for charity ...

All proceeds to go to East Anglia  
Children's Hospice & Seven Rivers  
Cheshire Home  
Everyone Welcome



## Village Autumn Litterpick

Saturday, 7th November  
10am-12 noon

See page 31 for details of where to  
meet



St George's Church  
The

## Autumn Church Clean



will be on Saturday 21<sup>st</sup> November  
from 9am. If you would like to help  
please contact Hilary Powell on  
252049

Great Bromley Village Hall

21ST NOVEMBER 2009

TIME: 7PM

An evening of music and  
comedy featuring the singing  
talents of Eve Bridger (from  
last year's Murder Mystery)  
and laughs from Norfolk's  
Olly Day

Tickets £15 each. Includes  
supper and entertainment.  
Bring your own drinks

TICKETS AVAILABLE FROM  
COMMITTEE MEMBERS OR  
CONTACT 01206 230688

Cabaret Evening



Registered Charity Numbers: 227023 & 00407840

Support Claire Quilter on next year's Dogs Trust  
Arctic Dog Sledding Challenge on  
5-11 March 2010

Help Claire raise £3,300 by sponsoring her  
for this fantastic challenge in  
the Arctic Circle

Help raise £s for Hounds!

[www.justgiving.com/Claire-Quilter](http://www.justgiving.com/Claire-Quilter)



Dog Sledding  
In The Arctic

See page 21 for further article and details

# DOG SLEDDING IN THE ARCTIC

It is possible that I am about to embark on the coldest mid-life crisis ever!

On 5<sup>th</sup> March 2010, I am heading off to the Arctic Circle to become part of a dog-sledding team to raise money for the wonderful Dogs Trust (formerly the National Canine Defence League). It is going to be VERY cold indeed (temperatures of -25 deg are being mentioned) and we are to travel up to 35km per day across the frozen wilderness. Lots of woolly layers are essential and it's certainly going to burn some calories, but the chance to work as part of such an expert team (and I'm talking about the dogs here!) in extreme conditions in this fabulous terrain will most definitely be the 'trip of a lifetime'.

The Dogs Trust never puts a healthy dog to sleep, and does tremendous work to re-home and rehabilitate dogs, and to give veterinary care to those who are mistreated. Sadly, in times of economic stress, the latter becomes more common, both through neglect and cruelty. The joy that is brought to the dogs and their new owners via the work of The Dogs Trust is worth every penny I can raise for them. Not only is this about a challenge for me and a great opportunity to raise money for such a brilliant charity, it's also partly for my Mum who passed away earlier this year and who loved animals, birds and the natural world in general. The Dogs Trust was one of the charities she supported.

The trip is definitely not for 'softies', and I have had to begin training already. For

someone whose idea of exercise is usually a brisk walk with an elderly Border Collie in tow, or some gardening, the fact that I've had to embrace running has been a real shock (mainly for anyone in Lt Bromley unfortunate to see my lumbering efforts in black Lycra). A thoughtful birthday present recently from a doctor friend was a heart rate monitor – was she trying to tell me something..? I am also doing some resistance exercises to build upper body strength as controlling one wilful Husky is hard work, let alone half a dozen of them. Horse-riding and swimming are also being included in my regime so I'm looking forward to being a fairly fit forty-something year old!

I have a total of £3,300 to raise so if you would like to contribute to my quest, you can visit my donation website at <http://www.justgiving.com/Claire-Quilter> or send cheques, made payable to The Dogs Trust, to me at Wheatsheaf Cottage, Shop Road, Little Bromley, CO11 2PY.

Thank you for your support!!  
Claire Quilter



## Scallywags



At Great Bromley Village Hall  
Friday Mornings 9.30-11.30am  
0-5years.Parent and child group.  
Activities/themed sessions/play equipment etc.  
For more details or visits please contact 01206 230625

# ST GEORGE'S CHURCH NEWS

## **Harvest Festival and Lunch**

Thanks to everybody who helped decorate the church with lovely arrangements of flowers and fruits to celebrate the beauty of God's Creation. I liked the pears arranged along the chancel; just a long line of pears you think at first sight, but then you see they are all different with a wonderful variety of shades of green and yellow. The Village Hall lunch for 60 people was a friendly and tasty affair with pumpkin soup – thank you Fred - then quiche and salad followed by apple pie - thank you to our cooks and those who donated food. The raffle and auction came to £160 which together with the ticket profits meant that over £300 was given to WaterAid. This charity works to provide safe domestic water, sanitation and hygiene education to the world's poorest people. Finally thanks to those who organised it, and helped to prepare the hall, and wash and clear up afterwards – vital ingredients of a good Village Hall bash !

## **Parochial Church Council**

The PCC met on 9<sup>th</sup> October. Leonie Henderson was co-opted to the PCC as Secretary. Annie Coley from the Diocese gave a presentation about a stewardship scheme to help church members increase their financial giving. This was well received and the feeling was to go ahead with this in the new year. There will be an autumn clean of the church on 21<sup>st</sup> November. The Treasurer's report showed a good September helped by tax recovery received and the income from the Gift Day. A correction of last month's report – thanks were due to Ann Sands for arranging the cleaning rota.

## **Gift Day**

The Rector and Churchwardens would like to thank the people who came on 26<sup>th</sup> September to make a gift to support the

work of the Church. This generosity has contributed over £1300 to church funds.

## **Repair Fund**

We await English Heritage's decision on a grant to allow us to start repairs to the south side of the clerestory. Meanwhile we are planning to make some small temporary repairs this autumn. The maintenance group are continuing their busy year. The oil tank and rainwater goods have been painted. The leaking water tank for the heating system has been replaced. The condition of the lych gate has been assessed, the gates removed for repair, and options for repairing the structure and roof are being considered.

## NOVEMBER GARDENING TIPS

I was very put out by my blackbird population when they started to dig in my tubs and scatter compost all over the place, they even pulled out my hydrangea cuttings that I had just taken, but on closer inspection I found the trouble. Vine Weevils. Plants affected by vine weevils are tuberous begonias, primulas, rhododendrons and geraniums. The weevils attack the roots and the plant collapses. Sometimes to look at a plant it appears to need water, look at the roots and if you find a small grub about ½" long you have the "evil Weevil". Do not mix the compost from the pots with fresh compost, it is better to dispose of it safely.



There is an insecticide on the market that is available in garden centres called "BAVARDO VINE WEEVIL KILLER". You mix the powder with water and water in your pots and tubs.

### Lawns

Make the final cut and apply fertiliser,

national 'Growmore' is a good one to apply.

### Bulbs

Plant tulips this month. Bulbs in pots that you are bringing along for blooming indoors should be brought in to the greenhouse or cold frame.

### Vegetables

If you have grown parsnips they can be left in the ground and lifted as required. If the weather turns very cold cover with a cloche or straw.

### Flower Seeds

It is not too late to collect seed for next year. The following are the easiest to save: antirrhinums, stocks, pansy and geranium. Leave the seeds of geraniums on the plant until they break open and show a little tail on the husk.

Lastly, do not leave your plastic watering cans full of water. If we have a prolonged cold spell and the water freezes the cans will split.

*Frank Griffiths*

## NATURE'S DIARY

The nights are getting noticeably colder now and there will soon, no doubt, be frosts. Frosts turn the countryside into a beautiful glistening, jewel-like scene. Spider webs glisten on the lawn or hang from plants and trees. Take a moment to look for the spider when their webs can be seen so clearly and find the spiders - some create tunnels to lure their prey into while others wait patiently at the edge of a web.

Hedgehogs are looking for safe places to hibernate and the bottom of a bonfire is a good place for a hedgehog so think before lighting the guy on top of the bonfire on Guy Fawkes night.

The leaves are falling in large numbers. Frank Griffiths, in his Gardening Notes, mentions the blackbirds in his garden hunting out his vine weevils. I don't know what they have been finding on the lawns here but large numbers of blackbirds have been attacking (I am pleased to say!) the mossy areas which they have been

pulling up and scattering by the beakful.

The sea and shore birds are arriving on these shores for the winter. A walk along the banks of the River Stour at Manningtree will reveal the spectacle of a number of migrating birds as they grub around in the mud for food. Low tide and early morning is the best time to watch them.

Early morning is also the time to watch the garden birds as they need to feed soon after dawn. After lunch is another good time as they require sustenance to get themselves warmly through the night.

Doing some gardening the other day a large frog suddenly hopped out of the undergrowth. No doubt it was feeding on the insects that were hiding amongst the vegetation I was weeding out. As I have said before do not overtidy your gardens as amphibians, birds and insects need the cover for food and warmth throughout the colder days and nights.

- LMH



## WOMEN'S INSTITUTE

For the October meeting, our speaker was John Nicholls, who came along with his clinical manager colleague, Shani, to tell us about their careers as Paramedics. The area they cover is from Clacton to Halstead from their base at Weeley; their average time to arrive at the scene of an accident is eight minutes after receiving the call.

Nowadays, the Paramedic response cars are marked A-C, which means they are attending a Serious (A) - Not At Risk (C) case. After checking symptoms, if the casualty is unconscious and they suspect a heart attack or stroke, their first priority is to make sure the casualty's airway is clear and to put him or her in to the recovery position. If conscious, they are placed in a half-sitting position and clothing around the chest and neck loosened.

Heart attack casualties are taken to Basildon Hospital to the Special Heart Unit, keeping a close check on the patient. Stroke victims are taken straight to the nearest Stroke Unit.

They carry lots of equipment: stretchers, blankets, various tubes (to make sure the casualty's throat and airway is kept clear), drugs (for diabetes, asthma, pain relief etc.), fluids for drips, spray for angina, oxygen. They also need to deal with high temperatures, especially in children.

John told us much more about his important and interesting job. He did say that there were no motor bikes used any more in the Essex Service, although there were some in other areas. At the end, Shani and John gave us time to ask questions.

Our November meeting is our Annual General Meeting when we vote for our officers and committee members for the next year. However, I will also be retiring as the W.I. correspondent for the Great Bromley Messenger, after nine years.

*June Willgress*

## FRIENDSHIP CLUB



Our visit to the Police Museum was a success although I was a bit dubious as to what we would see. The exhibits were in large glass fronted cases - some a little gruesome. We were handed remote control handsets with numbers on the front so all we had to do was press the numbers shown on the front of the exhibits and listen to a running commentary on what we were looking at. It was a very interesting hour and a half. On to Roxwell W.I. where we were served a plate of ham salad - bread and butter (brown or white) with delicious cake and iced buns and lots of tea. A lovely ending to a happy day.

### ***Dates for your diary:***

19th November Club meeting - competition: A small Christmas decoration  
24th November Our Christmas Lunch at the Cross Inn - is your name of the list??

*Vicky Griffiths*

## CRICKET CLUB

### 100 CLUB NEWS

I am running the 100 Club and just to let all our current members know that the first draw for October 2009 - September 2010 will take place at the end of October. It is a monthly draw and all results will be published in the Bromley Messenger. To join the Club all it costs is £12 for the year or £6 for a half year. If our current members could let me have their subscription before the end of October I would be most grateful. Any new members would be very welcome, just give me a call on 01206 230375 for any further information. Good luck.



*Lynda Allam*

# CARPET BOWLS

We started the winter season off with an away drawn match against Little Clacton. Next match is 14th October at home, when our new carpets and equipment will be used for the first time in competition. As a club we benefited from the 'Grassroots Grant' to the tune of £1,770 from Essex Community Foundation. Thanks go to Andrew for all his work with the administration this necessitated.

The Headteacher and Staff of Great Bromley School accepted our offer of one of our spare carpets and equipment for the benefit of the older children and we hope they will get pleasure and a certain amount of team play from the game. There might even be a future County Champion amongst them, who knows? Our own competition players have been busy over a few weekends. On 13th September, Ron C, Derek, Pam and Andrew played at Wix beating Hadleigh 12-1, Langham 8-4 but losing to Great Bentley 13-2. Walton's tournament held at Great Bentley on 27th September when the same team played, winning 2 games, losing 2 and 1 draw.

4th October saw Jayne, Linda and Andrew at Braintree in the Essex Triples

Competition. They won their first game against Chelmer Village 9-6, then against Great Yeldham - 7-0 down after 4 ends - dug deep and managed to win the 7 end game 9 shots to 7. Terrific comeback! Must have surprised themselves, as they lost their third match versus High Woods 10-2. They missed going in to the next round on shots. Well done! To them anyway.



## Annual General Meeting

The A.G.M. was held on 8th October. Apart from the Club minutes and financial report (which is quite stable at the moment), there was not much to discuss. The officers of the Club remain the same with the exception of Nan Percival who wished to step down from "In charge of catering". Linda Francis took on this role. Chairman, Pat Petchey, thanked Nan for her help and support over the past three years. Captain Andrew Childs congratulated, in his absence, Ron Field who has played exceptionally well this last year and had some very good results from his matches. This was endorsed by all the members. Keep up the good work Ron.

*Nancy Kempster*

## NICE WEATHER WE'RE HAVING, A BIT WINDY!

**Tendring**  
District Council



As a nation supposedly obsessed with

the weather it's surprising that although many of us watch, listen to or read weather forecasts, we don't actually think a lot about how the weather is going to affect us.

During the winter months is when we are highly likely to experience some form of severe weather, from reduced visibility in mists and fog, to gales, heavy rain, and extreme cold with ice and snow.

- If driving, give some thought about how these conditions might affect your stopping distances.
- If the forecast is high winds, how many of us think about putting away loose items in the garden, like patio furniture?
- During misty or foggy weather wear something reflective or carry a torch – **BE SAFE! BE SEEN!**
- Ice and snow brings with it a whole host of potential problems, if possible avoid unnecessary travel, wear several layers of clothing and keep dry.

- Are you at risk from flooding? Check with Environment Agency for free 0845 988 1188.
- When driving through surface water following a rain shower, slow down to reduce the waves created by your car. This can cause flooding for homes and businesses located along the road.
- Be a good neighbour and keep an eye on those near you who might need some assistance during these conditions.

To help raise awareness on how we can minimise the negative impact of severe weather conditions on our daily lives, Tendring District Council Emergency Planning Unit has produced a series of leaflets providing advice on what to do in the event of severe weather, from how to prepare for it, to driving in extreme conditions.

The leaflets can be found at [www.tendringdc.gov.uk](http://www.tendringdc.gov.uk) and follow the link or to request a copy write to Emergency Planning, Town Hall, Station Road, Clacton, Essex CO15 1SE and mark the envelope, Weather Leaflets.

# ESSEX POLICE



These are the incidents for Gt Bromley in September

- Fly Tipping - Hillards Road
- Suspicious Circumstances
  - Hillards Road
  - Carrington Road
- Arson - Back Lane East
- Theft Other - Parsons Hill
- Road Traffic Collision - Harwich Road x 2

Calls are being received by members of the public from a company calling themselves International Credit. The call is a recorded announcement stating that they can offer better deals on credit cards. The voice you will hear has an American accent and asks you to press 6 on your key pad. Should you receive this recording please do not press 6 just hang up.

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There are bogus callers claiming to work for Essex Police stating that they can fit alarms. Essex Police do not recommend or endorse any specific alarm or security company.

When purchasing alarm systems or security devices always obtain written quotations from at least three bona-fide alarm companies. If you have any doubts about any alarm company then you should not sign any agreement.

If you should receive a phone call from cold callers please do not take up their offers.

If you are unhappy with any company that you have dealt with please contact Essex Trading Standards on 08454 040506.

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Please be aware that phone calls are being received from a recorded announcement stating that you have won a cruise. The voice is a female with an American accent. The recorded announcement is asking you to press 9 on your phone in order for you to receive the prize. Please do not press 9 just replace the receiver.

Please remember if you have not entered any prize draws or lottery you can't win

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Be aware that a male is making telephone call to residents claiming to be a police

officer. This male calls himself DC Ron Harper and is giving collar number 4191074. The male is asking for information about how much money people have in their properties and to confirm the security number on the back of their credit/debit cards.

Please do not give out any personal information over the telephone and do not call back the number that is given to you by these people.

Should you receive any telephone call or a knock on the door please contact 0300 333 4444 to report the incident with as much information as possible

Les Barnes PCSO 71909  
Thorpe Le Soken NPT Eastern  
Internal Ext : 487603  
External 01255 862843  
Email : [leslie.barnes@essex.pnn.police](mailto:leslie.barnes@essex.pnn.police)  
website : [www.essex.police.uk](http://www.essex.police.uk)

## WORKING GROUP 11 - LITTER PICKING

Saturday 7th November  
10.00am-12 noon.  
Village Autumn Litterpick

Can you spare some time to help clean the village before the winter sets in? Remember - THIS IS YOUR VILLAGE and how it looks depends on you. It may not be the most glamorous village event, but those who have participated in the past have had great fun 'on the job' and, as has been said before, the results of your labours are instantaneous. However much or little time you can spare. Please assemble at about 9.50am in the car parks of The Cross Inn, The Old Courthouse or The Snooty Fox where you can liaise with the team leaders. Any queries should be directed to Richard at The Cross Inn (01206 230282).

# THE RECTORY, GREAT BROMLEY

Dear Friends,

*'There's so much good in the worst of us  
And so much bad in the best of us,  
That it hardly becomes any of us,  
To talk about the rest of us!!*

A sense of our own frailty, imperfection and sinfulness ought to make us easier people to live with, because it ought to make us far less ready to judge and condemn others; it ought to make us more humble, more understanding, more forgiving, when we realise how much we ourselves need to be forgiven.

It is interesting that the great heroes of the Christian life, the SAINTS were, and are, people intensely aware of their need of God and His love, His grace, His forgiveness and healing.

Someone once said 'Our views of what a saint is like are totally unrealistic. We think in terms of all-round perfection. But saintliness doesn't mean that. It means one thing only – some quality or aspect of Christ built up in a person through the creative work of the Holy Spirit' (FR. Harry Williams, C.R. in "The True Wilderness")

There are many qualities or aspects of Christ that we may see in someone: it may be moral courage, compassion,

humility, an ability to speak of God, or sensitivity to the needs of others, or a trust in God or a deep inward peace.

The saint may display many of these qualities or perhaps only one of them. Saintliness does not mean all-round perfection. Saints are human, frail and sinful.

*"They wrestled hard as we do now  
With sins and doubts and fears.'* (Isaac Watts)

This is why the saints are such an encouragement to us. November starts with All Saints' Day – but it is also all Sinners' Day, because saints were, and are, people only too well aware of their own sins and failures, but also even more aware of their need of God and His transforming power.

So as the winter gloom sets in and we come to the end of the Church's year, we are given a heart-warming splash of colour and encouragement. The lives of the saints confront us with the reality of the power and grace of God triumphing in ordinary human lives and showing us that the life of Christ is within the realm of practical possibility for each one of us.

With love and best wishes, *Fr. Robert*

# ST. GEORGE THE MARTYR, GREAT BROMLEY

*united with St. Mary the Virgin, Ardleigh*



## Church of England Services for November

<b>Sunday 1st</b>	8.00am 10.30am	<b>All Saints' Day</b> Eucharist Parish Eucharist	<i>St. George the Martyr</i> <i>St. Mary the Virgin</i>
<b>Monday 2nd</b>	7.30pm	<b>Commemoration of All Souls</b> Requiem Eucharist	<i>St. George the Martyr</i>
<b>Sunday 8th</b>	8.00am 10.30am 10.45am 10.45am 10.30am 10.45am 6.30pm	<b>Remembrance Sunday</b> Eucharist Parish Eucharist Act of Remembrance Act of Remembrance Holy Eucharist Act of Remembrance Ecumenical Evensong	<i>St. Mary the Virgin</i> <i>St. George the Martyr</i> <i>War Memorial, Gt Bromley</i> <i>War Memorial, Lt Bromley</i> <i>St. Mary the Virgin</i> <i>War Memorial, Ardleigh</i> <i>St. Mary the Virgin</i>
<b>Sunday 15th</b>	8.00am 10.30am 6.30pm	<b>2nd Sunday before Advent</b> Eucharist Parish Eucharist Choral Evensong	<i>St. George the Martyr</i> <i>St. Mary the Virgin</i> <i>St. George the Martyr</i>
<b>Sunday 22nd</b>	8.00am 10.30am 6.30pm	<b>Christ the King</b> Eucharist Parish Eucharist Evensong	<i>St. Mary the Virgin</i> <i>St. George the Martyr</i> <i>St. Mary the Virgin</i>
<b>Sunday 29th</b>	8.00am 10.30am	<b>Advent Sunday</b> Eucharist Parish Eucharist with Baptism	<i>St. George the Martyr</i> <i>St. Mary the Virgin</i>

**Holy Communion** every Friday at 11.00am at Seven Rivers, Hall Road, Great Bromley.