

The Bromley Messenger

October 2010

Volume 24

**Great
Bromley to
Southwold
walk -
The
Presentation**



THE FIRST PAGE

Autumn is here and the days and nights are definitely getting cooler. We have even put the fire on a couple of times recently in the evening. The shops are preparing for Christmas which I think is deplorable as it takes the edge off the excitement of Christmas by extending the season to three months. They should wait until December before they start dressing everything up and also at least give a nod in the direction of why we celebrate Christmas each year.

To make some room for all those presents you will receive why not take advantage of the Big Rubbish Day on 9th October and take your large (and small) unwanted items to either the Cross Inn or Church Meadow at the times as stated on page 4.

Autumn is also the time of year when those of you eligible have 'flu vaccinations and both Ardleigh and Great Bentley doctors have 'flu clinics, so don't forget to make an appointment. With regard to minor injuries etc, I have published on page 15 a leaflet guiding you as to the best place to go in an emergency. It has not reproduced well but I hope that you can read it.

Seven Rivers are most grateful for the books you gave them following their appeal. On page 17 they are now appealing for particular IT equipment and I am sure you will come up trumps. Unfortunately by the time we change our computers they are so knackered no-one would say thank you for them!

The new kitchen in the Village Hall is complete and looking at the photographs on page 21 is now very smart indeed. What a difference it will make to the users of the hall.

Depressingly again this month I have received a number of alerts from PC Barnes bringing your attention to scams. I hope none of you ever fall prey to one but just be AWARE and think twice when someone suggests you might like to part with your money.

On a more cheerful note, I saw Rolf Harris perform at the Prince of Wales' 'Garden Party with a Difference' when we were able

to go round the gardens of Clarence House, Lancaster House and Marlborough House - we even got to see the Royal Vegetable Patch (not a weed in sight!) - but even more exciting for Jake Foley is that he actually got to meet the cricketer, Alistair

Cook, when he won Essex U15s Player of the Year Award. Very well done, Jake, for winning the Award.

The Second Fun Day this year was great fun and a huge success but you will see elsewhere in this magazine that Neil Skinner asks for more volunteers to help on the committee. Such events involve much work but, as anyone who has ever served on a committee knows, team work spreads the burden, is fun and you get to know your fellow villagers - so do volunteer.

Individuals and teams of people from both Great and Little Bromley have raised huge sums of money during the year for charity, Jayne and Sharon with Jeff being the latest, as you can read further on in this issue, with the cover page showing the presentation of the huge sum of money raised. It has been suggested that the Messenger, with the aid of a map of the villages, show how much has been collected, by whom and for whom. With this in mind I ask all of you who have collected for charity, or know someone who is too shy to let me know themselves, to let me know for whom, by whom and how much was raised for a named charity so that we can see in the January issue how much, and how well, Great and Little Bromley have raised for charities during 2010. Please give me this information by November so that I, and my trusty!! computer, can create a map for you all to see. Having said that, a huge thank you should be given to all those of you who have donated or sponsored charity events as without you none could be raised in the first place.



*Rolf Harris at
Clarence House*

- Leonie Henderson



LITTLE BROMLEY FIREWORK NITE

on

Friday 5th November 2010
6.30pm in Barlon Road, Little Bromley

Enjoy the fireworks and bonfire



- * Treat yourself to a burger from the mobile 'Chuck Wagon'
- * Buy some sparklers
- * **Enter our 'GUY' competition** and win one of our lovely prizes, with a special one for the 'Best Guy'.
- * Large parking area
A car load for only £2.50
Pedestrians £1

Bring any bonfire material to the site
at Barlon Road, Little Bromley
on Saturday 30th October between 8am and 12noon

If you would like to help, volunteers
are always appreciated.

For further details contact:
Carol on 01206 395103 or Major
Downes on 01206 391015.

*Sponsored by Little Bromley Parish
Council*



PLEASE SUPPORT OUR SPONSORS & ADVERTISERS

LITTLE BROMLEY PARISH NEWS

There were three members of the public present at the meeting on 26th August.

Mention was made once more about the danger of the hedgerow opposite the War Memorial which is due to be cut in October.



There are now eight volunteers in the Speed Watch Group which will enable them to form two teams. The gun

is currently being re-calculated. It has been suggested that with the delay in the availability of the "Electronic Warning Signs" we should have roundels painted on the road at strategic points. A letter has been sent to the Highways Department asking for this to be done.

The War Memorial survey has now been completed and there are no underground

obstructions that would cause any problems to the proposed enhancements. The Chairman will have more information at the next meeting.

The Amenities committee reported that "Sparklers and necklaces" will be available to purchase on the Fireworks Nite, and also that we have spent £770 on fireworks which has given us an excellent discount.

Planning applications listed below were approved by the council:

- a) Constructions of new farm building at **Stacey's Farm, Chequers Road.**
- b) Replacements bungalow on existing site **Braham Hall Road**, including garage.
- c) Balcony, **Dukas House.**

Date of the next meeting will be on 21st October, 2010.

Maj A Downes, Clerk

THE DOCTORS' SURGERY NEWS

Ardleigh Surgery

Influenza vaccinations

Update

The Department of Health recommends patients should have vaccination against influenza if they are aged over 65 or at particular risk if they have one of the following medical conditions; heart disease, diabetes, respiratory disease including asthma, renal disease or who are immunocompromised.

Flu clinics will be held on Thursday afternoons weekly starting on the 4 October and ending in November.

Please telephone the surgery to book into one of those clinics. We encourage patients to attend these clinics rather than use valuable normal appointment slots unless you are attending the doctor or nurse for some other reason.

At least we will not have the additional workload involving separate injections for swine flu this year apart from a small number of patients in specific at risk groups such as the immunocompromised and very young children

Fred Merrin, Practice Manager



STRIDES OF HOPE CHARITY WALK

CHARITY WALK SUCCESS IN AID OF CANCER RESEARCH

Towards the end of 2009, having failed to secure places on the Breast Cancer Moonwalk, Jayne Runnels Moss and Sharon Woodhouse, of Gt Bromley and Ardleigh respectively, planned an alternative charity event over a glass of wine in the local hostelry (The Cross Inn at Gt Bromley).

With help and advice from the local Cancer Research team in Colchester it was decided to undertake a sponsored walk from The Cross Inn at Great Bromley to the Red Lion at Southwold, a walk of just under 70 miles. The money raised would be specifically for bowel and prostate cancer research. At this time Jeff Lubbock joined the team. Jeff, already an accomplished walker, would provide support and enthusiasm. As both pubs are part of the Adnams Brewery they were approached for sponsorship which was provided by way of T Shirts and prizes for a raffle.

It was agreed that the walk would run over the period 16-19 July 2010 and training began in earnest in late December 2009 under the team name of 'Strides of Hope'. Due to work commitments, Jayne and Sharon were only able to meet up every Sunday morning and slowly built up the distance which included walking in the snow, rain and occasionally sunshine. The logistical challenge of where to stop each day was easily solved as Jayne and Sharon used Motorhomes and a tent was sufficient for Jeff. Thanks go out to the husbands who provided the back up support and ensured campsites were set up for our arrival and food on the table.

Prior to the walk two car boot

sales and a raffle we held in The Cross Inn at Gt Bromley to raise additional funds.

The Cross Inn provided significant support and assistance both prior to the walk and during the walk and we would like to thank them for this. The Landlord even got out of his bed before 6.00am to see us off at the beginning of the walk on 16 July 2010!

The first day of the walk was psychologically and physically the hardest as we had to complete 27 miles to get to Melton for an overnight stay in Rendlesham Forest. We made it in just on nine hours of walking, not including rest stops. The second day once again saw an early start (6.00am) in order to reach Sizewell, over 21 miles away, where our next overnight stay was. After a well deserved rest we were able to have a slightly later start on Day 3 (8.00am) which saw our last leg to Southwold which was achieved by early afternoon to a warm welcome from friends and family who were waiting for us to arrive.

Overall the walk was a challenge which we are all proud of achieving and culminated in us raising the fantastic sum of £3,603.20 for prostate and bowel cancer research. Would we do it again? Maybe in another few years!

Sharon Woodhouse



GREAT BROMLEY PARISH COUNCIL

Great Bromley Parish Council

www.essexinfo.net/gbpc

Report of a parish council meeting held on 9 September 2010

Planning

The Council considered the following planning applications and had no objections:

Orchards, Frating Road – single storey front extension.

Badley Hall Farm, Badley Hall Road – removal of epicormic growth and crown reduction by 30% of two Willow Trees.

Oak House Farm, Harwich Road – alteration of vehicular access, incorporation of highway land, erection of boundary fencing and creation of culvert.

Tendring District Council has approved the following planning applications:

1 Boulton Cottages Frating Road – demolition of existing garage and erection of two-storey extension.

The Planning Inspectorate has allowed the following appeal:

Cold Hall, Harwich Road – appeal against Tendring District Council's refusal to allow the change of use of former farm buildings and farmyard to the storage of pedal cycles, used domestic appliances and other household utensils prior to export.

Big rubbish collection day

There will be a big rubbish collection day on Saturday the 9th of October with reception points at the Cross Inn and Church Meadow. The collection vehicles will also be able to collect items from the homes of residents who are elderly or infirm. Please see the main notice elsewhere in this month's magazine.

The next meeting of the Council will be at 7.30 pm on Thursday 14th October 2010 at Great Bromley Village Hall.

Ken Bromfield, Clerk

FROM THE PAST

The Jeffrey Family and daughter Ann (1)

James Jeffrey and Mary Ann Tidman married at Little Bromley church in October 1858 where their five children were baptised. Their daughter, Ann, was born in 1860 and went into service in Manningtree when eleven; the wages were a shilling per week and at 20 years old she earned £10 per year (good wages then). After that she went to London and elsewhere; lastly, she was at Langenhoe Rectory from which she married in 1891. Her father died working in the Rectory garden in 1918. His weekly wage was 9/- per week plus harvest money.

Ann remembered going to Little Bromley Rectory with three other girls for tealeaves which her mother brewed again.

Joe, the footman, answered the door and said

"Polly (Jeffery) put the kettle on Susan (Jennings) make it boil Eliza (Carey) cut the bread and butter And (Charlotte) Jennings nurse the child."

Polly replied "What do Joe do?"

John Appleby

Great Bromley Parish Council
Tendring District Council
Veolia

Big Rubbish Collection Day! Saturday 9th October 2010

Veolia vehicles will be making a special visit to Great Bromley on Saturday 9th October to receive *large* unwanted *domestic* items such as furniture, fridges, TVs, cookers etc etc



Bring any item – ***large or small*** – (except tyres, paint, asbestos and gas bottles) to the following locations on Saturday 9th October 2010 between the times indicated:

The Cross Inn: 8.00 am – 9.00 am
Church Meadow: 9.15 am – 10.15 am

From ***10.30 am to 11.15 am*** the vehicles will ***collect items from elderly or infirm residents*** who are unable to get to the above locations. (*This must be arranged in advance by telephoning Great Bromley Parish Council on 01206 230089*)

Please tell your family, friends and neighbours about this opportunity to dispose of large household items!

NB: where applicable white goods will be either recycled or disposed of safely



Little Dragons Pre-School

Great Bromley & Frating
Ofsted Inspected

Website: www.littledragonspreschool.org

Email: littledragonspreschool@gmail.com

Great Bromley Village Hall

Monday & Wednesday 9.15-11.45am & 12.15-2.45pm Tuesday & Thursday 9.15-11.45am

Children 2-5 years. £8 per session

(In addition to the above a contribution of £1 per session is required for 'setting up'.)

Lunch time session available Mondays & Wednesdays Cost £1.50

For more details/ visits please contact us on 0785 7503103

The autumn term got off to a good start with all the children settling back in after the summer holiday. Our older children are always ready to help the new ones starting this term. We would like to welcome the new children – Ava, Cerys, Charles, Henry, Max and Scout and hope you enjoy your time with us.

We have lots to look forward to this term including a 'Letters and Sounds Day', a day filled with fun activities based on promoting literacy and communication skills. Parents will be invited to join us for a short workshop and to see the activities in action.

We also have planned a 'French Week' – some of the children's relatives have

kindly volunteered their time to help us with some cooking and French based activities in this week with the emphasis on 'having fun learning'.

We take children from the age of two years. For further information or to arrange a visit to the setting please contact us on the above number. We also offer a 'home visit' to families of children prior to them starting pre-school.

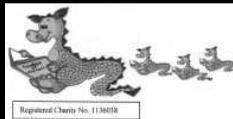
Dates for your diary:

Saturday 25th September – Quiz at the Old Courthouse
Half Term Week begins
Monday 25th October



ST. GEORGE'S (C OF E) SCHOOL, GT. BROMLEY

Head teacher: Pat Fitzgerald
Telephone: 01206 230305



Baby Dragons Parent and Child Group

Come and have fun with your child at Baby Dragons every Friday Morning between 9.30-11.30am
Fun and exciting activities for children aged from 0-5 years.

at Great Bromley Village Hall
Parsons Hill, Great Bromley, Essex CO7 7JA
07857 503103



CRICKET CLUB

COLTS AWARDS

The Annual Colts Awards presentations took place at the Cricket Pavilion on Friday, 3rd September. The President, Mr. Philip Allam, presented the awards to the following:-

U.11's

Batting Award	Nick Garnham
Bowling Award	Nick Garnham
Fielding Award	Charlie Allam
Most Improved Player	Tom Dodd

U.12's

Batting Award	Bradley Mann
Bowling Award	Charlie Allam
Fielding Award	James Ruffells
Most Improved Player	George Walton

U.13's

Batting Award	Lewis Short
Bowling Award	Adam Bird
Fielding Award	Sam Brazier
Most Improved Player	Tommy Smith

U.16's

Batting Award	Oliver Wright
Bowling Award	Matt Wareing
Fielding Award	Will Vine
Manager's Player	Matt Halsey



Congratulations to you all. Also, congratulations to **Jake Foley** who won the **Essex U.15's Player of the Year Award** presented by England and Essex cricketer, Alistair Cook, at the County Ground, Chelmsford, on 9th September.

100 Club Winners August

1st.	Mr. Mark Lamb (Jnr.)
2nd	Mr. Mark Lamb (Snr.)
3rd	Mrs. R. Herring



Photographs courtesy of Lynda Allam

CRICKET CLUB EVENTS

See page 18 for details of the **ANNUAL AUTUMN BALL** on 9th October and the **QUIZ NIGHT** on 30th October.

THE DOCTORS' SURGERY NEWS

Gt Bentley Surgery

The best bit of news this month is that we have a new Assistant Practice Manager. He is Richard Miller who has recently joined us after a spell working for the Department of Work and Pensions at Clacton Job centre.

I've mentioned before on these pages the Repeat Dispensing scheme, which was set up by the Department of Health a few years ago to make it more convenient for many people to request supplies of their regular medications. One of Richard's early projects will be identifying patients who are likely to be suitable for the scheme and who might find it helpful.

The idea is that, if your GP feels you are completely stable on your medication, you can have several months' worth of prescriptions sent to the pharmacy of your choice at once. This saves you having to contact us every month to ask for a new prescription. All you have to do is tell your pharmacy a couple of days before you want to pick up your medication and they will do the rest. They may even be able to give you more than one month's supply of your drugs at a time, but that would have to be negotiated with your pharmacist.

It's important to note that this is not a way of avoiding prescription charges. If you are liable to these, you will still have to pay the usual amount for each 28 days' supply of every item that you have.

Unfortunately, prescription charges are a

government tax which neither we nor the pharmacy can waive or vary. What it will do though, is take some of the pain and hassle out of regular ordering. We find that it helps with our workload here too, as if we only have to produce prescriptions each 3 or 6 months for at least some of you, it will cut down a bit on the ever increasing, 15,000+ items that we have to deal with each month these days.

Anyway, if Richard or anyone else here suggests Repeat Dispensing, please do give it some thought.

Finally, it's that time of year again! It seems that we are hardly at the end of summer (do you remember summer?) before we start planning flu jab clinics. I know that quite a few people have been asking about them, so we now have dates on the computer.

The eligibility list has changed slightly this year in that it is now recommended that all pregnant women have a jab, which would of course be free. Other than that, jabs are available to the usual suspects i.e. people suffering from:

- *Diabetes
- * Asthma
- COPD
- *Heart disease
- * Stroke
- * Serious kidney disease
- * A compromised immune system

Additionally, anyone aged 65 or over is eligible, as are people who act as main carers. If you think you might be due a free jab, please ask at reception. For extra protection, why not ask about pneumonia jabs at the same time?

Hugh Cronin, Practice Manager



CHOOSING THE RIGHT ROUTE

Choosing the right route

If you've injured yourself or have a minor cut, sting, burn or illness and need medical attention think about which service is best for you.

25% of people going to A&E have minor injuries or illnesses which could be dealt with more quickly at one of our Minor Injuries Units in Harwich and Clacton or our Walk In Centre situated only minutes from the A&E department in Colchester.

If you go to A&E with a life threatening injury or illness, for example after an accident or if you are having chest pains or shortness of breath, you will be treated very quickly.

However, if you go to A&E with a more minor injury or illness you may have to wait for longer, as the doctors at A&E have to prioritise patients with the most life threatening illnesses, seeing them first.

Minor Injuries Units and our Walk In Centre are designed to see minor injuries and illnesses fast. They will treat you as quickly as possible. They may also be closer to where you live than A&E and have onsite parking.

So choosing the right route really will save you time.

What's the right route for me?



Go to your nearest Minor Injuries Unit for:

- Cuts, grazes and scratches (including those which might need stitches)
- Sprains, strains and suspected broken bones (including those which might need an x-ray)
- Bites, stings and minor burns
- Minor infections (including eyes)
- Minor head injuries (if consciousness has not been lost)



Go to the Walk In Centre for:

- Cuts and grazes which do not need stitching
- Sprains and strains (which do not need x-ray)
- Bites, stings and minor burns
- Minor infections (including eyes)
- Minor head injuries (if consciousness has not been lost)
- Blood tests
- Minor illness
- Smoking cessation
- Contraceptive advice
- Stomach ache, vomiting and diarrhoea
- Urine tract infection



Go straight to A&E or call 999 for:

- Chest pains
- Shortness of breath
- Blood loss
- Blacking out with a loss of consciousness
- Major injury to a limb or any other part of your body
- A major accident
- Anything you think might be life threatening

If you are unsure which service is right for you contact NHS Direct on 0845 4647 or visit www.choosetherightroute.co.uk

Accident & Emergency

COLCHESTER
Colchester Hospital
University
NHS Foundation Trust
Turner Road
Colchester
Essex
CO4 5JL
24 hours every day

Walk In Centre

COLCHESTER
North Colchester
Healthcare Centre
Turner Road
Colchester
Essex
CO4 5JH
7am - 10pm every day

Your nearest Minor Injuries Unit

CLACTON
Clacton Hospital
Tower Road
Clacton on Sea
Essex
CO15 1LH
9am - 5pm every day

HARWICH
Fryatt Hospital
Plea Road
Harwich
Essex
CO12 4EX
9am - 5pm every day

NHS
North East Essex

Choosing the right route will save you time

NHS
North East Essex

25% of people using A&E have minor injuries which could be treated more quickly at a Minor Injuries Unit or Walk In Centre. Have a minor injury? Choose a faster route.

FAST ROUTES

Minor Injuries Unit

Stop at your nearest minor injuries unit for:

- Stitches
- Sprains/ suspected broken bones
- Stings/bites and burns
- X-rays

Walk In Centre

Stop here for:

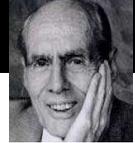
- Minor illness
- Blood tests
- Sprains
- Stings/bites and burns

Accident & Emergency

For all life threatening illnesses or injuries:

- Chest pain
- Shortness of breath
- Major injury
- Blood loss

www.choosetherightroute.co.uk



Our Residents Have Their Say

One of the founding principles upon which Leonard Cheshire (pictured) built his foundation in the post war years was that the residents of his homes should play as equal and active a role in organising their own lives and running their own home as possible. In other words, the carers and the cared-for are to be seen as equal partners in the shared venture of creating a caring community.

In those early years just after the war, it was all very much a hand-to-mouth affair based on local voluntary effort to both fund and operate each home – and what great work they did. Their efforts in those days were, quite literally at times, lifesavers for there was no other provision to which people with disabilities could turn in those days.

Today, of course, things are very different. Formal caring professionals provide the majority of day-to-day care and support to residents and local and national government funding provides most of the money that sustains the service. In spite of these changes, the distinctive Cheshire ethos, which helps to make each Home *our home*, remains strong. The idea of shared effort and mutual support remains at the centre of each Leonard Cheshire Disability Residential Home such as Seven Rivers. To this end, the Service Manager has regular meetings with residents to talk about anything and everything of interest to residents, and staff and residents often make suggestions as to how things could work more effectively. There remains, too, an important role for the enthusiastic amateur who volunteers his or her services purely out of personal commitment.

Money remains as hard to come by as ever and so constant fund-raising and appeals are needed to supplement the basic provision that formal funding provides. Without that, and the support of volunteers who offer a valuable extra resource to residents and staff, there would be fewer trips, fewer leisure facilities indoors and fewer opportunities for more personal 1-to-1 contacts – despite the best efforts of staff to meet these important needs. It is in these areas of life in the “big house” that residents most often have something to say.

Readers of the Bromley Messenger, as our local community, have an important role to play too. The response to our book appeal in the spring

was tremendous. Even our most avid readers will have no shortage of books to choose from for a very long time! (***We now need board games – over to you!***) Our recent Garden Party was a delightful social event for us all and a very successful fund raiser too – thanks to the many folk of Great Bromley and beyond who came along to support us and spend their money. To one and all a big “Thank you!” from us all.

Seven Rivers Computer Appeal

Our residents have limited access to several computers which are now really rather ancient and limited in what they can do. In addition, standard-sized screens are not sufficient for those with visual impairments whilst some residents find it difficult to use the normal keyboard and mouse.

We have some new funds to invest in new equipment (much of it coming from the Garden Party kitty) but nowhere near enough to enable our residents to get the best out of the internet, e-mails and all the rest.

What we need:

- One or two used computers, not too long in tooth, that can offer a good range of up to date facilities and software.
- Also, a good quality printer or two (a multi-functional would be brilliant!).

This would provide us with a basic kit which would allow us to spend our limited funds on the more specialised equipment that we also need.

CAN YOU HELP??

With Christmas on the horizon, perhaps you are thinking of upgrading your present kit? If so please think of us when disposing of your old machinery. Do you know of a possible source of good quality used machines at bargain prices? Might your company have a suitable machine that could be of use to us?

Of course, cash donations would also be most welcome too!

If you can help us in any of these ways, we would be very pleased to hear from you! Please contact our Service Manager, Deborah Rich, or me, Colin File on 01206 230345 or e-mail Colin File at rivertales@tiscali.co.uk.

Thank you.
Colin File, Volunteer Newsletter Editor

Forthcoming Events in 2010



OCTOBER

- 2 Flower Arranging workshop, Little Bromley church, 2.00pm
 3 Harvest Festival - 2.00pm, Songs of Praise - 5pm, Lt Bromley church
 Ardleigh Harvest service & Flower Festival
 5 Seven Rivers Autumn Sale, Village Hall, 10.30am
 6 WI meeting, 'Flower Arranging', Village Hall, 7.30pm
 9 Big Rubbish Collection Day. See page 4 for details
 Cricket Club Autumn Ball, Village Hall, 7.30pm
 13 Ardleigh Horticultural meeting, AGM + winter lawn care, Ardleigh village hall, 7.45pm
 14 Gt Bromley Parish Council meeting, Village Hall, 7.30pm
 Deadline for copy for 'The Messenger'
 16 Cabaret Evening, Village Hall
 20 Police Beat Surgery, Village Hall, 7.00pm
 21 Friendship Club meeting, Village Hall, 2.00pm
 Lt Bromley Parish Council meeting, The Haywain, 7.30pm
 30 Cricket Club Quiz Night, Village Hall, 7.30pm

NOVEMBER

- 2 Village Hall Charity Trustees meeting, Village Hall, 7.30pm
 5 Firework Display, Barlon Road, Little Bromley, 6.30pm
 7 Village Hall Charity Trustees meeting, Village Hall, 7.30pm
 10 Police Beat Surgery, Village Hall, 7.00pm
 Ardleigh Horticultural meeting, The Cycling Granny, Ardleigh village hall, 7.45pm
 14 Remembrance Sunday

Seven Rivers Cheshire Home AUTUMN SALE

Ladies clothing, shoes, toys, cookware, china, jewellery, greetings cards, stocking fillers & a wide range of gift ideas

at Great Bromley Village Hall
on Tuesday, 5th October

10.30am to 3.00pm

Entry £2

Refreshments including coffee, cakes & sandwiches will also be available

Motorneuron Disease Association

CHARITY BINGO NIGHT

All Welcome

SATURDAY 20th November

Great Bromley Village Hall

7 for 7.30

10 Games £6.00

Bring your own Drink and

Nibbles Raffle

(Any Prizes Welcome)

Tel Linda Pinhey (Sweet Success)

01206 230126

Table Booking Advisable



St. Mary's Church, Ardleigh
Flower Festival 1st/ 2nd /3rd October

On Friday 1st and Saturday 2nd October the Church will be open between 10.00am and 5.00pm and on Sunday 3rd October between 12 noon and 5.00pm

There will be raffle, refreshments and tombola all weekend with extra stalls on Saturday.

Entrance £2.00 Accompanied children FREE





*Gt. Bromley P.T.A. and
Gt. Bromley Cricket
Club*

are holding their
Annual Autumn Ball

in the Village Hall
7.30pm-midnight
on Saturday, 9th October
Tickets are £25 available from Pip Allam
(01206 250768) or Lisa Davis(01206
255292).

Gt. Bromley Cricket Club
are holding a
Quiz night

in the Village Hall
on Saturday, 30th October
from 7.30p.m.
Teams up to 8 players maximum, at £3
per person.

Please bring your own drinks and
nibbles. Please contact Phil Allam
(01206 230375) or Pip Allam (01206
250768) to enter your teams.



The Friends of Little
Bromley Church
2010

Church

open at weekends 10.00am-4.00pm

Sunday 3rd October

Harvest Festival

2.00pm Church open
4.00pm Free tea and cakes
5.00pm Songs of Praise

ALL WELCOME

Thursday 23rd December

Christmas Carol Service 7.00pm

Volunteers wanted to join flower rota for
weekends Interested? Contact Carol
Cordwell on 01206 395103



**CABARET
EVENING**



on
16th October in
Great Bromley Village Hall
With **Memphis Elvis**

Tickets £15 per head including meal
Bring your own drink
Tickets available from committee
members in September

FLOWER ARRANGING

at Little Bromley Church
on Saturday 2nd October, 2pm to 5pm

Have a go at making a Harvest
arrangement with other
flower enthusiasts.



All you need to bring
are some flowers and
greenery from your
own garden or local
area, a container
suitable to hold some

oasis, then have fun putting your own
display together. We will supply
anything else you might need. No
experience necessary!

Don't be shy, come and have a go.
So if you are free on this Saturday,
come along and meet, talk, pick up tips
and create whilst we supply you with tea
and cake.

For further details telephone Carol
Cordwell on 01206 395103.

GREAT BROMLEY VILLAGE HALL

CHARITY TRUSTEES

REGISTERED CHARITY NUMBER 301310

Writing this on September 14th I can tell you that the kitchen was finished at 6:30pm tonight. The Cricket Club event went ahead using the new kitchen virtually finished. The cooker had to be changed with the replacement one being a little larger which meant cupboard and worktop alteration. The new kitchen looks fantastic with its new floor and wall cupboards, its new fridge, hot box, cooker and new water heater. The stainless work tops should be easy to keep clean and with the new sinks and plumbing we now meet the latest regulation for food preparation. Well done to all who have worked so hard to get another major project finished. Thank you to the Parish Council and to Essex County Council for the grant monies which made it all possible

We are still awaiting the cast iron replacement guttering to finish the outside and this should be ready very soon. Ivan has been working on the new storage cupboard in the old committee room which is well under way. The old store



October 16th is the night for the Cabaret Evening with Memphis Mario - Elvis Tribute Act. Tickets £15.00 including meal. Tickets available from Committee Members at £15 per head, and you will need to bring your own drink. If you have not booked your tickets you will need to hurry as seventy tickets out of a possible ninety have already been sold.

The Christmas Fayre is booked for December 4th with the usual raffle, stalls and again this year Father Christmas will take time out from his busy season to pop in.

The Alternative Quiz night is booked for February 26th: an open day for user groups to show their wares is due to happen in the spring. Those who like Big Band music and dancing will be pleased to know that another night is being planned. More details as they are organised.

Access to the Hall is by Key Fob and for those hirers wishing to return their key fob there is now a special box just under the door release button.



room has been re-shelved and given over to the Playgroup for storage

The committee has spent money keeping our Village Hall up to date and safe thus ensuring its future for the Village for years to come. Therefore we will need to support our Hall by attending local events.

Watch out for the posters for the Elvis Event.



It's only summer at the moment but we will need some help to install loft insulation over the ceiling of the main hall before the chill sets in. More details to follow.

That's all for now. As always thank you for your support and

please put the forthcoming event dates in your diary. Let's all make the most of our Village Hall in 2010.

Next Committee meeting Tuesday November 2nd 7:30pm.



IN THE GARDEN IN OCTOBER

The '**Fig**' tree is doing well and the figs are as big as walnuts.

Remove all dead **annuals** and consign them to the compost heap.

Start to plant **daffodils** and **narcissi** bulbs, leave tulips till the end of the month. Dig up and divide overgrown clumps of **lilies**, then replant.

If you have a sheltered area in your garden try a row of **broad beans**; this will provide an early summer crop the following June. The long pod variety are

the best which are hardy although a little protection is necessary to protect seeds from birds and frost.

Hardy varieties of **lettuce** can be planted this month under glass, either under cloches or in a cold frame. The best varieties are KLOEK, KNAP and MAY KING.

The **parsnips** should be ready to harvest: dig a few roots as a standby if the ground becomes frozen, the rest will be quite happy to be left in the ground.

Frank Griffiths

NATURE'S DIARY

This year the autumn equinox occurred at 03:09 hours UTC on 23rd September which moves us officially into autumn. The nights are drawing in, the days are becoming chillier and the thoughts of squirrels, hedgehogs, badgers and the like turn to hibernation.

Nuts, berries and insects need to be found to fatten them up to get them through the long cold winter until the spring arrives. Squirrels and jays hoard hazel and oak nuts by burying them in the ground. Many seedlings of trees and plants rely upon birds and animals to distribute their seed at this time of year.

Very few birds can be heard singing, although they do call to one another as they move around in flocks. The exception can often be robins with their melancholy autumn song and a spell of warm weather will bring out the song and mistle thrushes to sing from a high branch - always worth standing and listening to.

Overwintering birds arrive at this time of the year - redwing and fieldfare arrive from their breeding grounds in Iceland and Scandinavia and these will seek out hawthorn berries and fruit for sustenance.

The colours of autumn are beginning to spread through the trees and hedgerow transforming the countryside. It is turning into a wet autumn and I have fungi popping up all over the place. If you know what you are

picking there are many edible fungi. As a child each autumn my mother gathered mushrooms from the wild until one day she accidentally picked a wrong'un which one of my sisters ate subsequently becoming rather ill.

Although there are none round here to be seen October is the start of the rutting season for red deer when the stags seek to gather a harem of between 10 and 20 hinds with whom they can mate. They battle with each other, using their antlers, for supremacy and to keep their harem for themselves.

The flowers are now fading. Resist the temptation to cut down the seed heads as they provide a home for insects, including ladybirds, and will also generate an abundance of seed. These in turn are food for the birds over the coming winter. Also fallen leaves and windfall fruit will attract birds and other animals. Piles of logs in longer grass can form the home for toads and newts from a local pond as well as hedgehogs. At Prince Charles' 'Garden Party with a Difference' I saw the pictured idea for cover over winter for insects.

LMH





BOOK CLUB

Future reads (September-October)

The next read is *The Slap* by Christos Tsiolkas, the reviewers are saying:

"Brilliant, beautiful, shockingly lucid and real, this is a novel as big as life built from small, secret, closely observed beats of the human heart. A cool, calm, irresistible masterpiece." Chris Cleave

"Nothing short of a tour de force. Tsiolkas outs a microscope to family life and presents us with a vision both of unflinching honesty and great tenderness. Here is a novel of immense power and scope, reminiscent of Jonathan Franzen's *The Corrections* and Don De Lillo's *Underworld*." Colm Toibin

"Once in a while a novel comes along that reminds me why I love to read: *The Slap* is such a book... Honestly, one of the three or four truly great novels of the new millennium." John Boyne

Currently reading (August-September)

Crimson Rooms by Katherine McMahon is our current read, the book's description is: "Evelyn is a young woman who has defied convention to become one of the country's pioneer female lawyers. Living at home with her mother, aunt, and grandmother, Evelyn is still haunted by the death of her younger brother James in the First World War. Therefore when the doorbell rings late one night and a woman appears, claiming to have mothered James' child, her world is turned upside down. Evelyn distrusts Meredith at first, but also finds that this new arrival challenges her work-obsessed lifestyle. So far her legal career has not set the world alight. But then two cases arise that make Evelyn realise perhaps she can make a difference. The first concerns a woman called Leah Marchant whose children have been taken away from her simply because she is poor. The second, Stephen Wheeler - a former acquaintance of Daniel Breen, her boss - has been charged with murdering his own wife. It is clear to Breen and Evelyn that Wheeler is innocent but he won't talk. After being humiliated in court, Evelyn is approached by a dashing lawyer called Nicholas Thorne. She is needed by his privileged background and old-fashioned attitudes, but despite being engaged, he cannot seem to resist sparring with this feisty young female. In the meantime, Meredith makes an earth-shattering accusation about James. With the Wheeler case coming to a head, and her heart in limbo, Evelyn takes matters into her own

hands."

Books we have just completed (July-August)

Over the summer we read two books, *Her Fearful Symmetry* Audrey Niffenegger and *Plain Simple* by Jodi Picoult.

There were varied and interesting reactions to both books, I think that the groups' favourite was probably *Her Fearful Symmetry*, but it was a hard one to call. The problem with the Jodi Picoult novel is that there exists, within the book group, some preconceived judgement about Picoult's writing that acted to taint the read before the first page. Picoult is such a regular publisher of books that worry can be held that the enjoyment is lost from her work and that she *churns them out*. I think this can act to distance the reader from the book. However the book was still extremely fascinating in terms of its insight into the Amish community, its ways and beliefs. The level of research that must have gone into this work is astounding and Picoult commits that high level of dedication to all her work in my experience. I found myself getting incredibly involved not only with the characters but also with the Amish community, I felt so convinced and included. The main protagonist, a young Amish girl accused of murdering her new born infant, I found to be intoxicating and the changes and challenges mixing with the *Englischer* presents to her are astounding. This book caused me to consider the nature of religion, justice and forgiveness, which to me means it was a very good read!

We found *Her Fearful Symmetry* very hard to put down; once we got started with these unusual characters we were all pretty much addicted. The eccentricities of the story line were made more palatable by the creation to truly unique and complex characters. We did find slight frustration in the extremities of the plot and naivety of the characters, but we were absorbed none the less. The young twins whose lives were so highly staked around each other and were so insular and somewhat perplexing, Niffenegger truly does create their own world for them and I felt we were helpless onlookers. We all agreed that we wouldn't choose a ghost story but it gives us an interesting mix. The book has also inspired us to take a trip to Highgate Cemetery and see the historical graves that are so integral to the story and lives of the characters.

For more information on the book group please visit www.c-creation.co.uk/book-club

Clarrie Beech



SUSPICIOUS CIRCUMSTANCES

- The Cross Inn - suspicious vehicle in car park
- Badley Hall Road - bogus phone call

INDECENT EXPOSURE - Chase Road

DRUG POSSESSION - Hilliards Road - male arrested

COMMON ASSAULT - Harwich Road

THEFT OF MOTOR VEHICLE

- Hall Road - fork lift stolen
- Brook Street - ride on lawn mower stolen

BURGLARY - Meadow Close - various items stolen

September Newsletter

HMRC WARNS OF ANOTHER SCAM

HM Revenue & Customs (HMRC) is

HYPERLINK

["http://nds.coi.gov.uk/clientmicrosite/Content/Detail.aspx?ClientId=257&NewsAreaId=2&ReleaseId=414963&SubjectId=36"](http://nds.coi.gov.uk/clientmicrosite/Content/Detail.aspx?ClientId=257&NewsAreaId=2&ReleaseId=414963&SubjectId=36)&&&warning taxpayers

to be vigilant following reports that thieves are making phone calls pretending to be the taxman.

The fraudsters inform taxpayers they are due a tax rebate, and ask for their bank card details over the phone. They then attempt to take money from the account using the details provided. Victims risk having their bank accounts emptied and their personal details sold on to other organised criminal gangs.

The warning comes amid a recent surge in the number of tax scam "phishing" emails reported to HMRC. In the last three months, HMRC has shut down over 180 websites that were responsible for sending out the fake tax rebate emails.

Chris Hopson, Director of Customer Contact at HMRC says that HMRC only ever contact customers who are due a tax refund in writing by post. HMRC never use telephone calls, emails or external companies in these circumstances and advises anyone receiving such a phone call not to give out any information. Should an email claiming to be from HMRC be received it is recommended that it be sent to HMRC for investigation before deleting it permanently.

Lloyds TSB Fraud Alerts - Let us help you

We're aware of a number of fraudulent emails that are currently in circulation claiming to be from us. These emails use our Lloyds TSB images and can look very realistic. They try to encourage you to input your Internet banking log on details in order to 'reactivate' Internet banking

access that has been 'temporarily limited' following an upgrade to our servers. Several other fraudulent emails ask you to "authenticate your default IP address.

These emails are not genuine.

To help protect yourself from these fraudulent emails, you should:

- check for your name at the top of the email – we know your name, but fraudsters are unlikely to address you personally,
- **never** respond to these emails,
- **never** provide any Internet banking or telephone banking log on details, or any credit card details,
- install and keep up-to-date, anti-virus software,
- install personal firewall software.

If you receive an email that appears to be from us and suspect it may be fraudulent, **do not click on any link contained within the email or provide any Internet banking or telephone banking log on details.** Please forward a copy to emailscams@lloydstsb.co.uk

This information will be used to help reduce online fraud.

If you think that a fraudster already has your Internet banking details, or that someone other than you has accessed your account online, call us immediately on **0845 3000 116 (+44 20 7649 9437 from overseas).**

Mon-Fri 7am-10pm and Sat/Sun 8am-6pm.

We are receiving reports of unsolicited phone calls purporting to be from "your Bank" stating that the recipient is going out of credit. This is obviously a phishing expedition by criminals. Please do not respond to any such call with any personal details and inform the caller that you are calling your bank to report this.

STANDARD CRIME PREVENTION ADVICE

- **THEFT OF VEHICLE:** Motorists are advised to lock their vehicles and, if possible, park them in secure garages.
- **THEFT FROM VEHICLE:** Motorists are advised to clear all seats and centre consoles of items, regardless of value, to avoid tempting opportunist criminals who may be passing by.

- **HOUSE BURGLARY:** Residents are advised to lock their doors and windows at all times, regardless of whether they are inside or not. In hot weather, a common-sense approach should be taken to ensure adequate air ventilation and circulation.
- **RESIDENTIAL PETROL THEFT / CATALYTIC CONVERTER THEFT:** Motorists should park their vehicle in a secure garage if possible. Otherwise, they should reverse-park them into spaces and against walls or hedges, thereby making it difficult for thieves to siphon fuel from the tank or cut off the catalytic converter.

CABLE THEFT

Underground BT cable can be stolen using the following method:

Two points are found in a road which can access the cable (manhole covers) usually a short distance apart, the covers are pulled up, the thieves go underground and cut the BT cable at either end. A vehicle is then used to pull the cable out of the ground by attaching it with a chain. In a recent instance the suspects had a white ford transit van and a black 4x4 vehicle.

Could the public be vigilant and if anyone is

seen tampering with manhole covers (especially at night) please call the police. Usually these persons will be quite crude and will not use any cones on the road and will not look like a legitimate road working company.

Les Barnes PCSO 71909
 Thorpe Le Soken NPT Eastern
 Internal Ext : 487603
 External 01255 862843
 Email : leslie.barnes@essex.pnn.police
 website : www.essex.police.uk

Police Constable 2176 Dan HEARD,
 Neighbourhood Constable for Elmstead Market/Frating/Great Bromley/Thorrington and Great Bentley reports that garden items, such as lawn tractors, lawn mowers/strimmers etc and a couple of ride on lawn mowers have been stolen from the Tendring area. He suggests that everyone should lock their sheds, chain up their lawn mowers etc, especially now that the summer is almost over and items will soon be put away for months in their sheds.

? GREAT BROMLEY FUN DAY 2011 ?



A decision as to whether to hold a Great Bromley Fun Day in 2011 will be taken in October. For the Fun Day to go ahead there have to be enough volunteers to be on the organising committee, to help behind the scenes and to help on the day.

If you would be interested in being involved in some capacity please contact Neil Skinner on 01206 231661 or at nrs@brooktye.co.uk



The September meeting was the first meeting after the summer break, although members and guests had visited Bury St. Edmunds during August.

Our President, Jenny, was on holiday so the meeting was taken by Ann, one of our vice presidents, who gave out that next year's programme would include a "Dabble Day" in August and please could the things we liked be communicated to the committee for possible inclusion in the programme.

Ann Introduced our speaker for the evening, Terry Tabor, whose talk was "My Life in Ladies Underwear".



This gave us a great insight into the Wholesale and Retail Haberdashery trade. Terry started talking about his father who worked in a gentleman's outfitter in Canning Town. He was then promoted to be a manager in a branch in Beacontree where a stall was set up in front of the

shop, to which Terry was called to help when the shop was busy. He gave us a great account upon how, when he left school, he applied to work in a shop importing ladies clothes (in the City). After about a year his father went back to Leigh on Sea upon promotion although Terry still travelled to the city. He met his wife in a local shop. They were married and moved to West Ham where his wife started an Avon round which was very successful. She then changed to party plan clothes selling at which Terry also worked. They would have liked to have had a shop back in Southend, but could not afford to do this, so instead went north to Ilkeston where they bought a property for less money than a deposit would have cost them for a property in the South East.

He obtained a job as a rep! in ladies underwear and although the shop was doing well his wife was getting homesick. They had the chance to move back to Southend, and to buy a wholesale business so they moved back to Leigh during the week of the Queen's Silver Jubilee celebrations. Terry regaled us with the chaos this caused as the street was roped off for "Jubilee Party" and decked out with bunting, so that by the time the previous owners moved out and he had moved in they were not too popular!

Over the course of several years the business became successful. They then made the decision to close the warehouse and business after which he began to start speaking in public about his "Life in Ladies Underwear". Mary Clarke gave the vote of thanks.

The next meeting will be held on 6 October in the Village Hall at 7.30pm with Brenda Kettle speaking on 'Arranging Flowers'.

Joy Rolfe

FRIENDSHIP CLUB

AUCTION

The donations by the Club Members were quickly sold and the amount taken was £69.20. Many thanks to everyone.

CHRISTMAS LUNCH

23rd November. Be sure your name is on the list - see Vicky at the meeting. If you know an absent member get them to ring me on 230191. 10.00am is the best time.

The **next meeting** will be held on 21st October and the **Competition** is an item connected with wildlife.



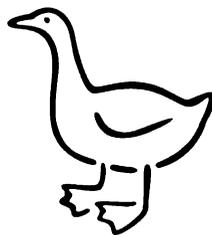
THE RECTORY, GREAT BROMLEY

Dear Friends,

We have now reached the time of year when the long warm summer days seem to be far behind us and the season has begun to change. It is the time of the autumnal equinox and marks the time when the nights are getting longer. It is Harvest time and also on September 29th it is the Feast of St. Michael and all angels or Michaelmas. St Michael came to be seen as the protector against the forces of dark, a very appropriate sign at this time of year as we head towards winter. This is the first of the autumn festivals dating back to the sixth century. Michaelmas was originally the anniversary of the dedication of the Church of St. Michael and all the angels on the Salarian Way in Rome.

Michaelmas is one of the four “quarter days” at the beginning of each season of the year, which were communally celebrated during the Age of Faith as great religious feasts. Michaelmas was no exception: it was a holy day of obligation and the celebration that day was marked by hospitality, costumes, music and dancing. Many popular traditions grew up around the day, which coincided with the end of harvest.

In England and Ireland, Michaelmas was the “goose harvest” when geese which had hatched in spring were ready to be sold in the market. It was customary to eat a goose on this day; according to popular belief, this supposedly insured financial security for the next year. The left over goose carcass was then used to make “Michaelmas both”. Geese were fed the last remnants of the grain harvest to fatten them for Michaelmas. The down plucked from them were used to stuff pillows and mattresses, so the practice became associated with Michaelmas as well.



The Irish baked a Michaelmas pie, hiding a ring in it; it was said that the one who found the ring would soon get married. In some areas, a cake called St. Michael's bannock was also baked on this day. In Italy, small potato dumplings called Gnocchi are eaten on this day.

Michaelmas also fell around the time for apple picking in the orchards, so cider was traditionally brewed at this time of year. It was also the beginning of the hunting season.

MATERIAL for the **NOVEMBER 2010** edition of 'The Bromley Messenger' should reach the Editor, Leonie Henderson, by **14th October, 2010** please.

Contributions from anonymous sources will not be printed. Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.

Copy can either be delivered by hand, sent by post or e-mail. (see inside back cover for details) or via the link on the websites www.greatbromley.org.uk or www.littlebromley.org.uk

For details of availability and costs for **ADVERTISING** in the 'The Bromley Messenger' please contact the Treasurer on 01206 251264

Many people have difficulty in believing in angels and yet at every Eucharist we say “Therefore with angels and archangels and with all the company of heaven we proclaim your great and glorious name”.

In the Scriptures the books of Daniel and Revelation grew out of the experience of conflict and persecution, and it was felt that what was taking place on earth was a reflection of a heavenly conflict. We are told in Revelation 12 verse 7, “now war arose in heaven”. Michael and his angels was the complete victor, the ‘great dragon’ being expelled from heaven. The forces of evil – ‘that ancient serpent, which is called the Devil and Satan’ were – proven false and ‘thrown down’. This is a pictorial statement of the victory of the cross.

In the Middle Ages Michael was regarded as the Defender of the Faithful, especially at the hour of death. And death was never far away – the Litany reminds us of this- ‘from plague pestilence and famine... from battle, murder and sudden death... good Lord deliver us’. What more effective defender could there be than Michael who had defeated the dragon.

And so at this time we do well to remember that the angels remind us of God’s presence within and around us at all times and especially in time of darkness and danger in our lives. In the Bible the

angel is essentially one who is in the presence of God and serves him. As such angels enhance our awareness of the presence of God with us at all times, in strength and in joy, in weakness and temptation in order to help and defend us on earth. They also represent, because of their service to God in heaven a prototype of the service to God in heaven expected of us as we pray “hallowed be thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven”.

This belief that as Christians we are surrounded by a great company of heavenly helpers in our pilgrim journey on thus earth, whether mythological or not, is undoubtedly a great comfort and strength to us as believers.

I close with that wonderful evening hymn.
God that madest earth and heaven,
Darkness and light;
Who the day for toil has given,
For rest the night;
May thine angel-guards defend us,
Slumber sweet the mercy send us,
Holy dreams and hopes attend us,
This livelong night.
May God bless you all,

With love from
Fr. Robert

GENERAL INFORMATION

The Dedham Education Foundation

The Governors invite applications from residents in the Parishes of Ardleigh, Bradfield, Dedham, Great Bromley and Stratford St Mary for financial grants that are available in the following categories:

Secondary Schools & Sixth Form Colleges

Applicants must be at least 12 years old on 1st August in the year of application.

Universities & Colleges of Further Education

Applicants must have lived in one, or more, of the five Parishes for at least 2 years prior to the application date.

For an application form, or further details, contact the Clerk to the Governors, Mrs Jean Flewin, Coppins, Crown Street, Dedham, Colchester, Essex CO7 6AT.

Closing date for application: 29.10.10

ST. GEORGE THE MARTYR, GREAT BROMLEY

united with St. Mary the Virgin, Ardleigh



Church of England Services for October

Sunday 3rd October

8.00am
10.30am
5.00pm

18th Sunday after Trinity

Harvest Thanksgiving & Flower Festival, St Mary's Ardleigh

Eucharist
Harvest & Flower Festival Eucharist
Harvest Songs of Praise

*St. George the Martyr
St. Mary the Virgin
St Mary's, Little Bromley*

Sunday 10th

8.00am
10.30am
6.30pm

19th Sunday after Trinity

Eucharist
Parish Eucharist
Evensong

*St. Mary the Virgin
St. George the Martyr
St. Mary the Virgin*

Sunday 17th

8.00am
10.30am

20th Sunday after Trinity

Eucharist
Parish Eucharist

*St. George the Martyr
St. Mary the Virgin*

Sunday 24th

8.00am
10.30am
6.30pm

Last Sunday after Trinity

Eucharist
Parish Eucharist
Evensong

*St. Mary the Virgin
St. George the Martyr
St. Mary the Virgin*

Sunday 31st

8.00am
10.30am
6.30pm

All Saints *(transferred from 1 November)*

Eucharist
Parish Eucharist
Evensong

*St. George the Martyr
St. Mary the Virgin
St. George the Martyr*

Holy Communion every Friday at 11.00am at Seven Rivers, Hall Road, Great Bromley.