

The Bromley Messenger

AUGUST 2012

Volume 27 No 5



The children at St George's have been growing fruit and vegetables in 1m² raised beds this term. The recent weather has certainly brought some advantages because Class 2 pupils were able to enjoy a bumper crop of radishes a few weeks ago. Class 1 pupils have been eating their own grown lettuce as part of their morning snack and Classes 3 and 4 have a full crop of fruit and vegetables to harvest. As part of our Global Curriculum Project, children had to consider pest and weed control and climate conditions. Class 1 are still

waiting for their cocoa seeds to germinate!

Our next garden project, a sensual, reflective garden is now underway and provisional plans have been drawn up. We are hoping to create three complimentary garden areas in place of the large mound at the bottom of the school field.

The garden will seek to explore the links with the natural environment of Christianity and the five human senses. Children will be involved in the design and construction of the spiritual garden and it is hoped that work will commence in the summer holiday. We would really love to have some volunteers from the local community who are willing to help with this project with digging, planting and general garden work. By just sparing a few hours it will help to reduce our construction costs considerably. Also, if you are able to donate any natural materials (e.g. wood or stone) which could be incorporated into our garden, we would be extremely grateful. If you can help with this project, please call the School Office - 01206 230305 or Martin Frostick (School Governor) – 01206 250263. Thank you for your support.



St. George's (C of E) School,
Gt. Bromley

Head teacher: Julie O'Mara

Telephone: 01206 230305

THE FIRST PAGE

On pages 25 and 27 Tendring District Council sets out its case that it feels that its new recycling service is doing well. However, I wonder whether recycling has become counter productive. More of my waste now goes to landfill than in the last 30 odd years. Why? Most of what I throw away is plastic - the wrong kind of plastic which no-one can do anything with. The bin men now stick plastic sticky labels (which are probably unrecyclable) on the plastic rubbish if they feel it is mixed and then leave it with their sticky note for the householder to deal with. The householder is in the wrong and the onus is on them. The householder is giving them the wrong kind of waste. Why are the manufacturers and supermarkets not penalised for wrapping, enclosing, imprisoning foodstuffs and other items in unrecyclable plastic rubbish? Since they insist upon surrounding everything made on this earth in a commodity made from oil - resources of which are dwindling - they should be made to ensure that it can be recycled.

I have endeavoured to recycle since the 1980s following a camping trip to Europe where there were bins for every type of rubbish. It made sense and I became converted. I threw as little as possible away for landfill. That has all changed with

more full black bin bags once again containing the wrong plastic. Have I been deluding myself in thinking that all I had been putting out for recycling was actually being recycled?

Paper and card is no problem and is easy to recycle although a great deal of paper thrown away by me is unwanted in the first place. Along with mail order catalogues, which seem to come with increasing regularity all in the hope that I will suddenly want to buy, advertising material comes with the post, in magazines and thrust into one's hands when in town. All those trees cut down to be thrown instantly away.

We have also been given little green bins for food waste (this country throws away a staggering amount of food each year - why don't people eat what they buy?). It is easy - admittedly not so easy in towns - to compost what little you have left over apart from bones which should not be left around as the small cooked bones become brittle and can kill pets and wildlife who get hold of them.

I give up. The planet will drown under unrecyclable tin foil and the wrong kind of plastic.

Leonie Henderson

MATERIAL for the **SEPTEMBER 2012** edition of 'The Bromley Messenger' should reach the Editor, Leonie Henderson, by **14th AUGUST, 2012** please.

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and on behalf of our readers our thanks go to
Steve and Debbie
for their cheerful, efficient and speedy printing of our magazine
each month

IN THE GARDEN IN AUGUST



The peach tree is still coming along well with a slight hiccup, the strong winds we are having has broken off one or two tender shoots: these are the small branches that will carry the fruit next year. I have now tied them to wires and problem solved. The fruit is now starting to colour up to a rosy red and the "Peregrin Peach" is ripe for picking usually in August.

Towards the end of the month sees the end of the sowing period for vegetables unless you have protection, i.e. a cold frame or green house border. Try a late sowing of "Autumn Giant" cauliflower. Sow seeds in a tray of fine compost and plant out as soon

as the plants have their true leaves.

The lettuce I would recommend for winter sowing is "Valdor" or "Winter Density", once again a tray of fine compost and transplant as soon as the plants are big enough to handle. Plant in a cold frame or greenhouse border and you will have lettuce ready for picking in April.

In the flower garden start de-heading roses and bi-annuals to keep the plants blooming, also August is a good month to collect seeds for next year.

Frank Griffiths

PRIMROSE FARM NEWS



On Saturday 4th August Primrose farm is hosting another popular Celebration of British Pork Cooking. Swiss chef Nicholas Rose completed his catering training in Colchester before working for Mohammed El-Fayed on his yacht and several famous Swiss restaurants.

From 11am to 3pm he will cook Primrose pork, demonstrating delicious recipes and give out plenty of tasters for visitors to enjoy in a comfortable, relaxed atmosphere.

Sevy's field at Primrose Farm will also be open for visitors to see the progress the team has achieved since the start of May. The first harvests have included new potatoes, lettuces, peas and runner beans. They, and a full range of other local fruit and vegetables are for sale at the stall at Primrose Farm shop. These are picked daily for the stall, you can't get fresher than that!!!!.

Sevy's field is growing a full range of sustainably produced vegetables and fruit, using organic principles. We would welcome the involvement of local organisations and individuals. If you would like to come and offer any horticulture expertise, help or advice please contact John on 07504714134. Also see the entertaining clip on Youtube... type in Sevy's Field.

KITCHEN CORNER

Cider Pork with Apples

Serves 4-6

Ingredients:

2 Fillets of British Pork cut into 1" medallions- Try with our leg steaks or medallions
2 medium onions, finely chopped
3 eating apples (crisp and crunchy) peeled, cored and thickly sliced
¼ pt (150ml) dry cider
¼ pt (150ml) chicken stock
2dsp (20ml) runny honey
2tsp (10ml) cider vinegar
Pepper
Oil for frying
Mixture of spring vegetables (asparagus or green beans) cut into short lengths.

Method:

Heat the oil in a frying pan. Fry the chopped onions and apple until golden

brown. Remove from the pan and brown the pork until they begin to cook. Add the fried onion and apple, cider, stock, honey and cider vinegar to the pork and keep boiling. This will reduce at the same time as cooking the pork. This should reduce to a lovely syrupy sauce. Boil the vegetables so they remain crunchy and just tender.

Taste the honey and cider sauce, season and serve.

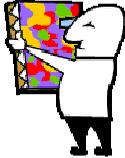
Karen Moss



WOMEN'S INSTITUTE

theWI

Chris Knopel Francis was our speaker this month, a very talented man, his subject "My Life in Visual Arts". Over 60 years ago Chris started making puppets. His father had started with photography, initially making his own camera, his mother was also involved. They moved to Dedham initially running the house they moved to as a guest house, and then moved on to become a home for gentle folk. He had a very well known lady in the area come to live there who was a descendent of John Constable. She left her home at Flatford Mill when the National Trust took over, did not want to live alone so moved in with Chris and his family. Sir Alfred and Lady Munnings were also frequent visitors as they came to see Miss Constable. She had painted many pictures of the house, which are in the care of Chris.



Chris felt in his early days that he wanted to act, but he started making puppets and giving shows (he said he was shy!!). His shows were mainly given to W.I's and then he began to entertain children and the handicapped. He then had the opportunity to move to London and study photography. He went to Regent Street Polytechnic for two years, and whilst he was there joined the drama group. He enjoyed acting and singing but started photographing debutantes, he then became ill and moved back to Dedham.

Some time later he worked for John Vides as his assistant and photographed many famous names. He moved back to Ipswich in 1970s and worked designing specialist cases for travelling salesmen and also the medical profession. The firm then closed, Chris suffered a heart attack and was told to take it easier when working. He decided to take a painting course and found that watercolour was his forte. He feels that

Miss Constable's influence has helped him with his painting. He also uses acrylics, and sometimes pastels. It does not take him long at all to paint a picture, obviously a very talented man, a fascinating life with many tales untold I am sure.

Joy Rolfe

Date for your diary:

20th October 10am to 12 noon in Great Bromley Village Hall - Coffee Morning for MacMillan Nurses featuring Fair Trade Stall with Christmas Cards and Gifts

BOYS AND THEIR TOYS

Six weeks of holidays - I love them and find they go too quickly. My son, George, and his friend, Alex, are a pleasure - polite and ever so crafty - here is a picture of them both, tools in hand, (many kindly borrowed from Mr and Mrs Fairley) showing off the Go-Kart they made and painted. Since this photo they have also made a swing and have bigger plans for this holiday - watch this space.

Jacqueline Hearn



Alex in front, George behind



VILLAGE HALL TRUSTEES

The Hall has replaced the items that were stolen or broken as a result of the break in. We now have a new safe, a new microphone, new padlocks to the oil tank and a new cigarette bin. The cupboards have been repaired and the broken window has been fixed. (Why any one would want a safe with

no keys I don't know, maybe they thought that something valuable was inside). We have decided not to change the locks on the internal kitchen cupboards but to get new keys cut as the master bunch of keys were in the old safe. Great Bromley Village Hall has now joined the oil buying group

The new cleaning regime is virtually in place, run by Marion and over watched by Martin and should there be any problems then Martin Frostick is the person to talk to. While Martin is away please contact me instead.

Surprisingly, nobody has owned up to stealing the heating oil and the same applies to the break in. No-one has been caught either. The Police have had nothing to report.

We are still looking to upgrade the security on the oil tank with Martin coming up with some new ideas. We will keep you posted.

No news about the Playgroup and the planning application so we are still in a bit of limbo as to where we need to jump to.

Future entertainment nights being talked about are A Bingo Night, A Quiz Night, Essex on Tour Cabaret Night, a Murder Mystery Night as well as the usual favourites. More details coming very soon.

Let's all make the most of Great Bromley Village Hall in 2012.

Next Committee meeting Tuesday 4th September at **7:30pm**. As always all welcome.

David Beech

THANKS

ST. GEORGE'S CHURCH
Jubilee Concert 30th June

We had been eagerly looking forward to this concert by the very talented Southend Festival Chorus for nearly a year and the audience were not disappointed. The mixed choir of over 60 members gave us an evening of pure entertainment. The concert was colourful, lively, well executed and conducted by our own Vanda Roberts! Music from the Coronation and Royal Weddings featured in the first part of the programme, "Zadok the Priest" and "I was Glad" to mention just two.

A patriotic second half contained many rousing choruses including "Rule Britannia", "Jerusalem" and "Land of Hope and Glory" sung with such gusto by the audience and choir. Union flags fluttered furiously in time with the magnificent music.

Many thanks to all who helped to make this evening so successful – Vanda for organising the programme, choir and for conducting – June & Peter for organising the scrumptious and plentiful refreshments made by so many people from our community.

Thank you all so very much. We raised over £900 for Church Funds.

Jenny Nicholls.

A huge thank you to everyone who helped and provided food for the magnificent buffet on Saturday, 30th June at St George's.

June Wenden



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Little Dragons Pre-School

Great Bromley & Frating

Ofsted Inspected

Website: www.littledragonspreschool.org

Email: littledragonspreschool@gmail.com

Great Bromley Village Hall

Monday & Wednesday 9.15-11.45am & 12.15-2.45pm Tuesday & Thursday 9.15-11.45am

Children 2-5 years

Lunch club available every day

For more details/visits please contact us on 0785 7503103

On 13th June we took part in the 'Barnardo's Toddle'. The weather was lovely and children and staff looked great dressed in their 'superhero' costumes (this year's theme). We had a lovely time 'toddling' around the field in time to the music. A big thank you to all who took part and for the money you raised.

While on the subject of fund raising a whopping £790.75 was raised at our 'Vegas Night' on 29th June. We would like to thank everyone involved in making the event a memorable one and the fantastic support from the villagers.

On 20th June we held our own 'Olympic and Paralympic Event'. We were blessed with a beautiful day and the children all participated in the races. Family and friends were invited and a good time was had by all!

We also hosted a 'Dad's Week' – week beginning 25th June, inviting Dad's to come along and join us in our sessions. A very busy term.

As the Summer term comes to an end we have to say goodbye to some children leaving for school. A small presentation will be held for the children who are leaving us. We would like to say goodbye to Ellie, Eve, Layla, George, Harry, Haydn, Joshua and Rafe. We shall all miss them very much and wish them many happy days in their new school.

May we also wish everyone a very happy holiday and we look forward to seeing you next term.

We take children from the age of two years and now offer a 'home visit' to families of children prior to them starting Pre-school. This gives the child the opportunity to meet their key-person in their own home, aiding the transition stage to pre-school. It also enables us to collect and share information in a confidential environment.

For further information or to arrange a visit to the setting please contact us on the above number.

Dates for your diary:

Monday 3rd September New Term begins

THANKS

THE FRIENDS OF LITTLE BROMLEY CHURCH

On Sunday 17th June, the East Anglian Single Reed Choir gave an enervating performance of light music and popular classics to an audience of 50. The programme commenced with a Folk Song Suite by Vaughan Williams and concluded with Rimsky-Korsakov's 'Flight of the Bumblebee'. In between were eight pieces of music from Purcell through to Irving Berlin.

Thanks to a generous sponsor of the Choir, a cheque for £329 has been sent to the Churches Conservation Trust.

After enjoying light refreshments, everyone left in a happy frame of mind ...

Susan Scott

GREAT BROMLEY PARISH COUNCIL

At the July council meeting we adopted the Tendring District Council's Code of Conduct and their method of reporting pecuniary interests, we are required to have a code of conduct and a register of interests under the Localism Act and it was thought best to follow the TDC guidelines on this. The declarations of interest will be published on both the parish and TDC websites in due course.

We are drawing up a register of local people who may be interested in taking a tenancy in our affordable houses should a vacancy occur. It has proved important to have this list because without it we cannot reply to the Housing Association quickly enough with candidates if a vacancy occurs and so local people risk missing the opportunity. With our list we will be in a position to respond very quickly and bring our local residents to the forefront.

If you would like to be on this list, although no vacancy is currently anticipated, then please contact Cllr Fawcett or email clerk@gbpc.org.uk, setting out your contact details and explaining your local connections with Great Bromley village.

Our village flower tubs are out and looking very bright and cheerful in this grim summer weather, thanks to Cllr Williams. We are still very keen to have these sponsored so that we will be able to continue with this in future years, so, if you would like to sponsor a tub, a donation of any value would be appreciated, if you want to sponsor a whole tub then a donation of £120 would be very appreciated. Please let the chairman know if you would like to make a donation chairman@gbpc.org.uk



Our audited accounts have been published on the website for all to review.

I am very pleased to say that we now have a footpath warden and Brenda Perry has very kindly accepted the role of overseeing the village footpaths. It is not her job to

actually keep them clear, but to ensure that ECC and the landowners carry out their responsibilities for ensuring the footpaths are kept clear. If you are aware of any issues on our village footpaths please contact Brenda on footpaths@gbpc.org.uk

Footpaths alongside roads are usually the direct responsibility of Essex County Council Highways so if you are concerned about overgrowing hedges obstructing the footpath alongside a road to the extent that it is causing an obstruction then please contact Highways 0845 603 7631 highwayenquirieseast@essex.gov.uk. The owner of the hedge has a responsibility for keeping it cut back and so a polite word to them may also help. If all else fails then please contact Brenda.

The Parish Council meetings are open to all residents of the parish although generally very few people turn up. Why not come along and see what we do, the next meeting is on Tuesday 14th August at 19:30 in the village hall – everyone is welcome, the agendas are published on the website and the noticeboards at least four days before the meeting.

Finally we are still, at the time of writing, seeking a Parish Clerk. We are really looking for someone locally who knows the village, if you are interested then please let me know.

Alan Thomas, Chairman of Gt Bromley Parish Council

LT BROMLEY PARISH COUNCIL

Request for help

I am trying to gather together any old documents or minutes of meetings relating to Little Bromley Parish Council. If you hold any historical records could you please contact me. Thank you.

*Sandra Shute
Clerk to Little Bromley Parish Council*

MESSY CHURCH

MESSY CHURCH AND GOD'S WORLD

How God made our beautiful world and what he would like us to do to look after it was the theme of Messy church on 8th June.

27 children and their parents met in Ardleigh village hall for fun and food and craft activities. Gill told us how God created the world and showed us how to think of others in the world through sponsorship and fair trade. Amanda made a board about the two children in Africa we are sponsoring and the children coloured pictures to send to them. Both are growing up fast and have ambitions to be doctors when they leave school.



Everyone moved into the hall for craft activities that included junk modeling from recycled rubbish, making rocky road cakes from fair trade goods, animal mobiles and tracing their footprints to make a collage out of old newspapers to represent their "carbon footprint" in the world.

Prayers were written on paper fish which were placed in a "river" before being taken to Ardleigh church. After songs and prayers the children sat down to a shared lunch which was enthusiastically eaten by all.

Yvonne Cobbold

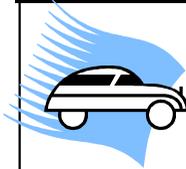
VILLAGE HALL 100 CLUB

It has been suggested that running 100 Club would be a way of providing regular funds for the upkeep of the village hall. For an annual payment of £12 (£1 per month) participants would be entered into a monthly draw with prizes of £25, £10 and £5.

In addition, there may be a Christmas bonus draw.

In order to gauge interest; if you would like to join the 100 Club, please phone Kate Strowbridge on 01206230211 or email her at katestrow@aol.com.

SPEEDING TRAFFIC IN GREAT BROMLEY



Many residents have complained to the parish council that the problem of speeding in the village is becoming critical, and have asked what action is being taken to resolve the problem.

About four years ago, with the assistance and co-operation of our local police representative, a Speedwatch group was established and trained in the use of a speed gun. We understood that a police speed gun would be available for our use when necessary, but, unfortunately, this did not prove to be the case. In view of the cost of buying one for the sole use in the village, Gt Bromley Parish Council approached other local councils with a view to leasing or sharing one. This proved unsuccessful for various reasons, and your council recently applied to the Tendring Big Society Fund for a grant. The application was rejected. We have applied to several other sources for grants but, as yet, to no avail. Last year another group of people received training from the police but, again, no speed gun was available for our use.

Please be assured that Great Bromley parish councillors are very aware of, and share your concerns about, this issue and continually raise the matter with our local police. We will continue to make representations, in the strongest terms, to the appropriate authorities and will continue to explore ways of raising enough revenue to buy our own speed gun.

VISITING LITTLE BROMLEY IN THE 50s

I recently came across a fascinating 1951 Tending guide book by E Auston (formerly of School Lane, Elmstead). I am particularly short of time this month so I will be lazy and simply reproduce the section on Little Bromley!

* * *

Little Bromley has the advantage, or disadvantage, of absence of main roads. Motor coaches occasionally pass the Wheatsheaf Inn and post-office, but Church, Hall and Rectory on the narrow twisting road to Great Bromley are remote from modern traffic. Ruins of the Hall, destroyed by fire about 20 years ago, show signs of Tudor times. The Church, far older, has kept watch over the village since the Norman period. In its small, strong, silent interior two narrow Norman windows tell of the turbulence of a rougher age; visible links with the years of the great Interdict of King John's lawless reign when, with altars dismantled, the villagers were perforce buried in unconsecrated ground far from the restful shadow of their church. In the chancel of this ancient building are two small but excellent modern windows with fine artistic portraits of Archbishop Laud and Charles I.

The bells have sounded over the quiet countryside for many generations; one 1392 has an inscription "SANCTA KATHERINA ORA PRO NOBIS", another 1418 "NOMEN DOMINE BENEDICTUM". The belfry receives constant attention from jackdaws, determined at all costs to nest therein. In spite of yearly confiscations of their eggs, 31 were destroyed this year. Owing to a modern craze for destroying trees and hedges, roads in the district are difficult for car journeys in snowy periods. Snow, swept off the flat fields by wintry winds, gathers in deep drifts on the roads. Careful motorists at these seasons carry a shovel in their cars and not once or twice have dug themselves through 50 to 200 yard long drifts, finding the Wheatsheaf Inn

or Cross Inn welcome hospices after such strenuous exercise. As we follow the narrow road to Great Bromley we carry away with us a lasting impression of Little Bromley with its flat well-tilled fields and the ruined Hall by the solitary tower of the ancient church.

An ancient inhabitant keeping vigil in his lonely cottage, has kept a daily record of the troubled period of the Second World War. His diary, of much interest now, should be of value in the course of time. Look for a moment at one or two of its pages - nearly 1,000 entries.

"1941. December 4th. Misty morning. Many enemy planes passed over between 8 and 11 p.m. Sounds of explosions in the distance. Firing at Harwich."

"December 9th. 12.20 a.m. Terrible bomb explosion on a meadow at Windy Farm, Great Bromley, resulting in biggest crater in the district."

"December 12th. Continual procession of bombers passed over, 6.30 p.m. to 4 a.m. Bombs at Alresford. Firing at Harwich." And so the long story continues, every variation of enemy action being recorded.

"1944, November 14th. Midnight to 1 a.m. Many glider bombs shot down on coast; one at Little Bromley."

* * *

I wonder if anyone knows who the aforementioned inhabitant was, in which lonely cottage – and what happened to his diary?

Hugh Frostick

I am unable to contact E Auston, who I assume is no longer with us, and sincerely hope he would not mind me reproducing this section of his fine old booklet.

2012 EVENTS

AUGUST

- 1 WI meeting, Grove House, 3.00pm
- 10 Cricket Club Annual Chairman's Day. 11.00am onwards
- 14 Gt Bromley Parish Council meeting, Village Hall, 7.30pm
- 21 Friendship Club Auction, Village Hall, 2.00pm
- 31 Ghost Stories, The Haywain, 7.00pm

SEPTEMBER

- 4 Village Hall Trustees meeting, Village Hall, 7.30pm
- 5 WI meeting, Village Hall, 7.30pm
- 6 Lt Bromley Parish Council meeting, The Haywain, 7.30pm
- 11 Gt Bromley Parish Council meeting, Village Hall, 7.30pm
- 30 Harvest Festival - Tea and cake and see the harvest flowers and fruits 5pm,
Harvest Festival service at 6pm

OCTOBER

- 3 WI meeting, Village Hall, 7.30pm
- 9 Gt Bromley Parish Council meeting, Village Hall, 7.30pm
- 13 Cantare concert, St George's church
- 18 Friendship Club meeting, Village Hall, 2.00pm
- 25 Lt Bromley Parish Council meeting, The Haywain, 7.30pm

NOVEMBER

- 7 WI meeting, Village Hall, 7.30pm
- 16 Friendship Club meeting, Village Hall, 2.00pm

VENTURE CENTRE, LAWFORD

Circuit for all & Aerobics

Monday afternoons 1.30 – 2.30 pm and enjoy your own circuit training. Work station to station at your own level. Enjoy other company, tone and strengthen. Lose weight (with healthy eating) and exercise.

Friday mornings 10.30 – 11.30

Enjoy a morning of combo aerobics, weights and core work out. Burn fat, strengthen and tone your body. Lose weight (with healthy eating) and exercise.

Bring a towel and water. Wear comfortable cloths and trainers and bring your sense of fun.....

For further information call Wendy 07944555228

Baby Ballet classes

starting on Friday 14th September 2012.

This is an award winning movement to music, dance & singing programme for boys and girls from 6 months upwards run within a fun, safe and caring environment.

Classes are 1.15pm - 1.50pm Tiny tones (18 months - 3yrs) and 2.00pm - 2.35pm Mini Movers (3 -5yrs). For further information call Miss Fiona 01255 821325



Friday 31st August

Ghost Stories

At The Haywain
A light hearted spooky event

All ages welcome

Gt Bromley WI

Coffee Morning

20th October

10am to 12 noon

in Great Bromley Village Hall

for MacMillan Nurses
featuring Fair Trade Stall
with Christmas Cards and Gifts





Great Bromley and District CC
Chairman's Day
 Friday 10th August

The day features an all day cricket match against Springfield CC. starting at 11am

The bar will be open to everyone all day from 11am onwards.

There will be a lunch for club vice-presidents (by invitation).

During the evening there will be a barbecue and musical entertainment to which everyone is invited.

Please come along and support your local club for what is always a very enjoyable day.

David Hardy, Club Secretary

St. George's Church, Great Bromley.

We are delighted to welcome

"Cantare"

Saturday 13th October

"Cantare" is a Southend based female choir formed in 2010. A range of musical styles is covered from classics to songs from the shows. "Cantare" sings in a variety of venues and takes part in local and national



competitions. They gained first prize at both Chelmsford and Southend Music Festivals in November 2011.

Put this date in your diary now, this promises to be a very exciting and entertaining evening.

WEA



Ardleigh Branch

Discovering Timber Framed Houses of East Anglia

Tutor: John Walker

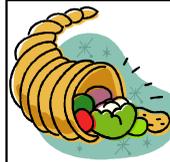
Course length 10 weeks, commencing 27th September 2012 at 14.30 hours (each session 1½ hours)

Venue: Ardleigh Village Hall, Station Road,

The course will show the different types of timber framed houses and the different forms of timber-framing? The course will show how to do this for East Anglian houses. It will demonstrate how to recognize buildings from their layout, the different forms of timber framing, the types of carpentry joints used, and the different roof constructions. Time will be spent to show how these developed and changed over time from the 12th to 17th Centuries. Comparisons will also be made with other regions to identify the special regional features of our historic East Anglian buildings.

The ten sessions will cover:

Historic timber-framing techniques in East Anglia up to the 17th century; the identification of the medieval house; the types of post medieval houses; how timber framed houses were erected; East Anglian aisled halls and early forms of timber



Harvest Lunch

Sunday 30th September
 Great Bromley Village Hall,
 12.30 for 1pm
 All welcome.

framing; the development of roof construction in East Anglia from passing braces to side purlins and how this compares with other regions; the development of carpentry joints in East Anglia from the 12th to 17th Centuries; the grammar of carpentry and the wealdon house; Cruck framed houses and the use of base crucks in East Anglia.

The cost of the course will be around £46 (still to be confirmed). This course is just to learn about this interesting subject, there are no exams etc to do.

Books will be available to loan on the subject, tea and biscuits are included in the cost with around a fifteen minutes break half way through the session.

Please contact John Terry on 01206 230490 or Jill Frostick on 01206 250263 if you have any queries or need further information.

LOCAL RAINY DAYS OUT!

The Olympic Torch, Ipswich Road, 6th July



We got up at 6.00am to get into Colchester to see the flame arrive at 7.20am from its overnight stop of Ipswich. It was raining but fortunately not hard - just jolly wet.



We waited before finally something happened. It was getting wetter and we were starting to

get cold but the police came and



gave high fives and cheered us up with the prospect that it would not be long and then

suddenly the Olympic torch with flame was here but you couldn't always see it and then it was gone!



The Show went ahead and exhibitors and public alike arrived. The public had been told via Radio Essex to arrive about 12 noon unless they had a 4x4.

But it continued to rain. And there was mud.

There was a sports area which



was much enjoyed by our small next door neighbour



and watery fun

There was a cookery demo and the vintage cars were told not to come but those who had set off early had the only green patch ...



Then everyone went home thanks to the local farmers. A good day was had by all who braved the weather.



By this time it was raining stair rods but we returned home to breakfast feeling happy!

Tending Show - 14th July

The day dawned wet. 64mm of rain had fallen during the week before the Show.





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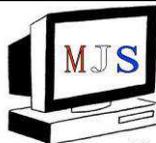
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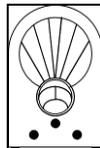
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THE DOCTORS' SURGERY NEWS

Gt Bentley Surgery

With the school holidays upon us, and children playing outside (assuming it ever gets dry enough to do so) history suggests that there will be an increase in the number of "rough and tumble" injuries, which whilst not particularly serious, sometimes need checking for underlying damage. This isn't just kids either – plenty of parents who, after months of inactivity, suddenly get the urge to romp with their toddlers, take their teenagers on at football or to try out a skateboard whilst nobody is watching, find themselves flat on their faces or clutching damaged limbs following a bit of over-enthusiasm.

The last thing you will want to do on a hot summer afternoon or evening is drive into Colchester just to spend three or four hours queuing in a sweaty Accident and Emergency department to get an injury checked over. This is a reminder that this should only be necessary with really serious injuries. There are other places much better suited to sorting out junior's damaged fingers, Mum's cut knee or Dad's squashed elbow.

The minor injuries units at Clacton and Harwich Hospitals are there for exactly what the name suggests – minor injuries. Clacton is open from 9.00am – 9.00pm, and Harwich from 9.00am – 5.00pm every day. Both are well equipped to check out and deal with things like cuts, burns and possible fractures. They have x-ray and treatment facilities on site – and their waiting times are generally a fraction of those in A&E. The experience will be much less harrowing as kids in pain get sorted out quickly, and parking problems are normally much less severe.

Not only will this be a better experience for you and your loved ones, but if you are dealt with by a minor injuries unit, staff in the A&E department will be less overwhelmed and freed up to deal rapidly with genuine, life-threatening emergencies such as heart attacks, strokes and really serious traffic accidents. Those are what the A&E department is really there for – not childhood bumps and scrapes.

Equally, A&E is not there to deal with things like sunburn, infections and general illnesses. During opening hours, your surgery is the first place to try. At any time, you can get medical advice from NHS Direct by ringing 0845 46 47. If you feel you need to see a doctor when your surgery is

closed, please contact the Harmoni out of hours service. They have doctors and nurses on duty and, if someone is genuinely too ill to go to one of their centres, they will do home visits.

Alternatively, you could go to the Colchester Walk-in Centre just down from the hospital on Turner Road. It is open from 7.00am – 10.00pm daily.

If you do use one of these services, all of which can be checked out on <http://www.northeastsexpct.nhs.uk>, rather than A&E, not only will you probably be seen quicker and definitely free up emergency staff to do their proper work, you will also save the local health economy a significant amount of money. Of course cost isn't the first consideration when someone needs medical attention, but if we all help by using the most appropriate service, there will be more money available for life-changing treatment of things like cataracts and arthritic hips – problems which make the day to day quality of life for many people miserable, lonely or uncomfortable. A little thought and everybody wins.

We are now coming to terms to life without Dr Letton, who left us at the end of June and now has more time to enjoy what is laughably called "summer" this year. As you know, Dr Bhatti has gone full-time to make up the appointments we have lost. This doesn't mean that you now have to see her if Dr Letton looked after you in the past. You can see whichever GP you prefer, though this might sometimes mean waiting a bit longer if they are already busy, or happen to be on holiday. To help out over the summer, we have several excellent locum GPs lined up to do regular sessions, and this should ensure that everyone can be accommodated, even for routine matters, without too much delay. I'm sure that you will find them very approachable and keen.

Additionally, we hope to welcome a new Registrar early in August. Dr Vine is still on maternity leave and we have missed her input over the last few months. We understand that our new Registrar will be Dr Ashok Thiruvengadam. As ever, he is an experienced hospital doctor who has decided to try general practice and will be under Dr O'Reilly's wing for his training year.

Hugh Cronin, Practice Manager, Great Bentley Surgery

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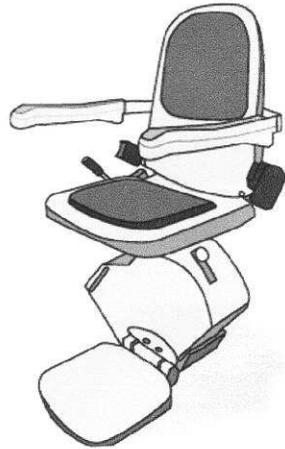
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Les Barnes PCSO 71909

June incidents in Great Bromley

Theft from Motor Vehicle - Ardleigh Road - (Tools taken from van)
Disturbance - Parsons Hill
RTC - Hall Road

PCSO LES BARNES 71909

Great Bentley Past Volume Three compiled by Mary Maskell

This superbly produced booklet covers the last fifty or sixty years of life in Great Bentley, using the same successful format of the first two volumes.

It is packed with photographs and comments of a vast number of events, from the building of the new Village Hall to the retirement of Dr. George.

There are images of many inhabitants, past and present, the shops, the Green, village societies, lunches and dinners, the school and pupils old and new, farm news and sports news, trophies won individually and communally, and much, much more.

The price is £6, plus £1 postage, from Mary Maskell, Caldew Cottage, The Green, Great Bentley, CO7 8LX., with all profits going to the Churchyard Fund.

It is also available *in the village shops, and at Brian House, Newsagents, Brightlingsea, and Red Lion Books, Colchester.*

ST HELENA



St Helena Hospice
your time...your hospice

St Helena Hospice Retail Update

St Helena Hospice would like to announce that their Magdalen Street shop, warehouse and offices have now closed for relocation during July.

Goods' donations can be taken to the new site at Angora Business Park, Peartree Road, Stanway (opposite the Co-op). For more information on donations and the Hospice's free furniture collection service, please call 01206 793937.

The new shop on Angora Business Park will be opening at the beginning of August, along with the Warehouse and Fundraising and Marketing Offices.

The Fundraising Office and Your Hospice Lottery are still in operation and can be contacted on the following numbers:
Fundraising and Marketing: 01206 791740.
Your Hospice Lottery: 0800 285 1390

We thank you for your continued support.
www.sthelenahospice.org.uk

TENDRING DISTRICT COUNCIL NEWS

FIGURES PROVE TENDRING'S NEW RECYCLING SERVICE IS A SUCCESS

Residents in Tendring are playing a major role in helping to ensure the District's new recycling service is a success.

Figures reveal that the equivalent weight of 76 African bull elephants less in waste went to landfill since the start of April compared to the same six week period last year.

During those six weeks the Council sent 3,012 tonnes to landfill - 458 tonnes less than last year which is a reduction of 13 per cent.

Nick Turner, TDC's Cabinet Member for the Environment, thanked those people who have taken the changes on board and made a huge contribution to the early success of the scheme.

"As I predicted there have been teething problems and there have been a number of residents who do not like the new service – as will always be the case whenever you introduce something different. However, the vast majority – around 80 per cent - are engaging with the collections and this is borne out by the fact that we are sending considerably less waste to landfill than before. The new service is still being rolled out in some parts of the District but we are extremely pleased with the results so far and I thank everyone who is taking part."

He added that the Council is listening to complaints and dealing with the enquiries it receives and will take views on board and also said that proof of that is that the Council has submitted a bid for funding which includes money to pay for lids for the red recycling boxes – something that residents have asked for. Subject to the necessary approvals – Cabinet has agreed for the lids to be bought before the end of the summer.

The Council has also secured a further 2,500 compost bins to be given out to residents free of charge and is setting up a hit squad to deal with issues arising from fly-tipping and other waste matters.

"The number of calls we are receiving from the public on a daily basis is going down as people get used to the changes," he said. "We have spent a great deal of time and effort to publicise the new service and we will continue to do so and help people get used to it. I think it is worth pointing out once again that this service is not compulsory – we are asking and offering, not dictating."

The latest figures show that for the week May 8-12 there was a kerbside recycling rate of 32.94 per cent which was 9.03 per cent up on the same week last year.

TDC is collecting on average around 10 tonnes of food waste per round per week from the eight rounds, with food being collected for the first time.

Cllr Turner said that if this continues the Council will far exceed its estimate of 2,600 tonnes per year and it will be more than 3,500 tonnes.

The projected annual target for paper and cardboard is 5,000 tonnes and if current collection rates are maintained it is expected to be more than 8,000 tonnes. Cllr Turner said that at the same as increasing recycling the Council is saving £450,000 of tax payers' money each year. "We will review the service as it goes on and may make changes where necessary but in terms of the recycling figures we have got off to a very promising start," he added.



GT BROMLEY & DISTRICT CRICKET CLUB

100 Club Winners for June

- | | |
|------|------------------|
| 1st. | Mr. Brian Smith |
| 2nd. | Mrs. Ruth Lawson |
| 3rd. | Shannan Wright |

ROLL OUT – BRIEFING SHEET W/C14th May 2012



We have now received the figures for up to and including the 19th of May 2012. Below I have compared the current week's tonnages to the corresponding week last year.

the past three weeks we will easily exceed 8,000 tonnes.

The projected annual target for plastic and cans is 2,300 tonnes. If we collect as much

throughout the year we will be very close to the target.

Number of Live Rounds	6
Food Waste	52.32 Tonnes
Paper & Cardboard	49.34 Tonnes
Plastic Bottles & Cans	29.88 Tonnes
Mixed recycling	17.65 Tonnes
Residual Waste	457.44 Tonnes
Overall Tonnage	606.63 Tonnes
Total Recycling	149.19 Tonnes
Percentage recycled	24.59 %
Figures for Same period last year	
Recycling	147.39 Tonnes
Residual	590.96 Tonnes
Overall Tonnage	738.35 Tonnes
Percentage Recycled	19.96 %

Accumulative

We are now in a better position to work out if less is actually going to land fill compared to the same period last year.

We now have statistics for a six week period and can

The figures represent 6 'live' rounds, 4 of which were plastic/cans and 2 Card/paper. Compared to the same week last year we have recycled an additional 1.8 tonnes and sent 133 tonnes less to landfill. This gives us a kerbside recycling rate of 24.59% which is 4.63% more than the same week last year.

Based on the food waste figures collected so far we are collecting on average around ten Tonnes of food waste per round per week. Which if we continue will mean that we will far exceed our estimate of 2,600 tonnes. In fact we will exceed 3,500 tonnes. The figures are encouraging but it is still early days and we will get a better idea once we have a month or two's data along with the full roll out under our belts.

The projected annual target for paper and cardboard is 5,000 tonnes. If we collect as much throughout the year as we have over

confirm that during that six week period we have sent **458.24 Tonnes less to land fill** from Kerbside collections and the recycling rate as gone from 19.42% up to 25.59%, an increase of 6.17%.

This is equivalent to the weight of 76 adult male elephants less to landfill

FRIENDSHIP CLUB

The next meeting of the Friendship Club will be on 21st August at 2.00pm

In the Village Hall when there will be the **AUCTION** so please bring something to sell with all proceeds going towards club funds.



There will be no competition this month.

FATHER ROBERT'S SILVER JUBILEE CELEBRATION

Preparations began in April and reached their culmination on June 29th, a period covering the wettest in Britain but one in which we experienced showers of blessing as more and more of us were involved and everything fitted into place.

First the invitations were sent out and then plans made to find the right people to make the celebration cake and the presentation stole. The next stage was planning the menu and deciding on all the practical logistics of the event in church and in the Rectory garden. The day before as I watched Henry drive up with 68 stacked chairs and the tables I thought of all the other unseen hands writing cards, buying ingredients, picking soft fruit, making salads and puddings, preparing their journey or pressing their clothes. Every detail and every contribution was important.

Then there was the thrill of each arrival at the church. The benefice and the Deanery were well represented and it was a privilege to welcome visitors from Prestwich, Moulsham and Thorpe Bay, the three other parishes where Father Robert was priest. As the bell-ringers completed a quarter peel everyone was in position for the opening by the choir who sang the 150th psalm to set the tone of the service and the procession began.

Bishop Christopher Morgan in his sermon began by pointing out what life was like in June 1987 and reminding us of all the changes both in the country and in the church Father Robert had experienced in his ministry. He went on to refer to all the difficulties St Peter and St Paul experienced as they preached the gospel and explained that it is when we face problems that we have opportunity to grow in faithfulness, courage and grace. He ended by referring to Father Robert's time working in shipping and liken that to the ship of faith sailing through both calm and

choppy waters but always going on to finally reach the harbour.

It was a joy to share our form of worship with others. For some it brought back memories of their time with Father Robert as priest for others it was unfamiliar but for all there was a sense of the love and peace of God's presence. The quiet still centre of all our planning and effort came when Father Robert knelt at the altar for a prayer and for a blessing from the bishop for the years ahead. Then the Benefice showed our appreciation when Barbara Hall presented the stole on behalf of all parishioners.

The event could not be complete without time for fellowship around a meal and as we came to the Rectory garden a banquet was prepared. Everyone took it leisurely enjoying conversations and learning new things about one another. After a barbeque Father Robert cut the beautifully decorated cake and made a speech before we all finished off with some of the best puddings I have ever tasted.

As people reluctantly left and the clearing up began I reflected how important each contribution had been from the bishop's sermon to the simplest act of kindness. It reminded me that what someone can't do, others can and that when we talk and share out thoughts, we come up with the best. We had been a perfect illustration of the church and over it all was the umbrella of God's love and protection and his final blessing on the event – no rain.

Christine Mingay

THE RECTORY, GREAT BROMLEY

Dear Friends,

By the time you receive this letter, some of you will have been away on holiday, some might be on holiday, and others will still be looking forward to a much needed break. We live at a time where there is so much stress in our daily living and I suppose some of us wonder how we would ever cope unless we can “get away from it all” for at least some time during the year.

It is no mere coincidence that the Scriptures encourage us to take rest in order that we might stay healthy both physically and spiritually. In the Ten Commandments we are told to rest on the seventh day. To understand the true meaning of the Sabbath rest we must turn our minds to Christ. Jesus himself said “The Sabbath is made for people and not people for the Sabbath”. This is a liberating text which is meant to free us from a legalistic and constricting religion into the freedom of the children of God.

Christians do not keep the Saturday Sabbath of the old covenant, but observe the resurrection Sunday of the new, with its emphasis upon new life, joy and freedom. This is part of the creative and restorative process which God intends for all people. In this way God’s recuperative healing power will flow through us to other lives.

In the story of the healing of the crippled woman, Jesus was not idle but creatively active on the Sabbath, though criticised by the legalistic, hypocritical church members around him. He observed the principle of the Sabbath by a dynamic healing ministry, liberating the woman from the bondage of Satan and debilitating sickness into the Sabbath freedom of praise and health. The result of the Sabbath healing was that “all his adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by him”.

Jesus observed his Sabbath not only by

synagogue worship and compassionate works of healing but by spending time alone in the wilderness, on the mountain or through the night. Then he offered rest to others: “Come to me, all who labour and are heavy laden, and I will give you rest”.

It is important for us to be reminded that these things are basic to our faith. Christians should rest, they should wait upon the Lord, and they should learn simple methods of relaxation and meditation. Such practices are essential to good discipleship, and such contemplative waiting should be the soil within which our lives are rooted.

The Christian faith is not a moralistic system of ethics and charity. Rather it is to do with forgiveness, healing, salvation, reconciliation, justice, equality and a deepening awareness of the dynamic life of God flowing through his people.

All this of course is a foretaste of heaven. When people are in love they are taken out of themselves (that is what the word ‘ecstasy’ means) into a new sphere of personal and shared relationship, a kind of heaven on earth. When a person enters into the reality of prayer, either communally in the Eucharist or in personal prayer, there is a longing satisfied, and a yearning stimulated for its fullness in heaven.

I do hope that we will all be able to make use of our holiday time to recharge our spiritual batteries and return refreshed to continue with our daily lives.

Fr. Robert

RAINFALL FACTS

We have had 93mm of rain during the first 16 days of July with 64mm falling during the week leading up to the Tendring Show.

ST. GEORGE THE MARTYR, GREAT BROMLEY

united with St. Mary the Virgin, Ardleigh



Church of England Services August

Sunday 5th	8.00am 10.30am	9th Sunday after Trinity Eucharist Parish Eucharist	<i>St. George the Martyr</i> <i>St. Mary the Virgin</i>
Sunday 12th	8.00am 10.30am 6.30pm	10th Sunday after Trinity Eucharist Parish Eucharist Evensong	<i>St. Mary the Virgin</i> <i>St. George the Martyr</i> <i>St. Mary the Virgin</i>
Wednesday, 15th	6.00pm	The Assumption of the Blessed Virgin Mary - St Mary's Patronal Festival Sung Eucharist with Procession to Lady Chapel Preacher: Revd Canon Gillian Greenslade <i>Incense will be used at this service</i>	<i>St. Mary the Virgin</i>
Sunday 19th	8.00am 10.30am	11th Sunday after Trinity Eucharist Parish Eucharist	<i>St. George the Martyr</i> <i>St. Mary the Virgin</i>
Sunday 26th	8.00am 10.30am 6.30pm	12th Sunday after Trinity Eucharist Parish Eucharist Evensong	<i>St. Mary the Virgin</i> <i>St. George the Martyr</i> <i>St. Mary the Virgin</i>

Holy Communion every Friday at 11.00am at Seven Rivers, Hall Road, Great Bromley.