

# The Messenger

The Magazine of  
the villages of  
Great & Little  
Bromley

November 2017

Vol: 1 No: 11



## **The Great Bromley Cross Conker Tournament**

The World Conker Championship is held on the second Sunday in October and this year we held our first tournament at the pub. It was a fun day with a real community spirit. We had twelve entries and our first Great Bromley Cross champion was Graham Wilson. The tournament was umpired by Paul who dressed suitably for the occasion!!

# THE FIRST PAGE

Did you see the magnificent full Harvest Moon in October? It hung as a spectacular orb over Valetta in Malta whilst I was there recently and because I was there I missed all the harvest celebrations here.

The harvest, and especially that of grain, has been an important occasion throughout the world since Man became a farmer; it represents food in the form of bread for the coming year.

Bread, the basic food of peoples everywhere. It is fought over, it is eaten by man and beast, is stolen and guarded by whoever has possession of it. In this country we have huge barns and silos in which to store it. In Malta there is an enormous underground grain store built out of the limestone with, I believe, the chamber being about the size of two Olympic swimming pools. As a maritime arbitrator my husband was involved in many disputes over the storage and carriage of grain on ships covering, among other things, disputes on rat infestations in the holds, too much moisture causing deterioration, inferior grain/grain that was no longer fit for human consumption and only usable as animal feed, grain that was not the weight bought. Grain is worth money from the moment it is sown in the ground until it is finally milled into flour. A poor harvest can mean great hardship right along the line to the mouths it is intended to feed.

In both World Wars rationing was introduced as the farmers endeavoured to provide enough food for the population and in World

War I there were also all the horses on the battlefield to be fed.

In Malta we saw evidence in stone temples built around 3500BC of Man's existence and I wonder what he fed on then? Fish no doubt was important. The temples yielded up in excavations signs of fertility rites but also, like Stonehenge, the importance of the sun and moon with their rays being cast on certain stones on the longest day etc. I wonder what they would have made of the amazing spectacle of the sun and the sky turning red as it did last week thanks to the dust blown from the Sahara and Spain. What a stunning sight the sky was and how eerie and spooky the atmosphere felt. 16<sup>th</sup> October of 30 years ago also brought back memories of the Great Storm on which occasion it was No. 2 son's 12<sup>th</sup> birthday. George and I were concerned about the devastation of the fallen trees in the garden and relieved the roof on the house was still intact, worried that there was no electricity and therefore no water to be pumped from the well while his memories were that everyone seemed to have forgotten his birthday and of delight at not having to go to school!

Please remember that the next issue of The Messenger is the combined issue for December and January so please send in everything to cover those two months and into February which will be the next issue after that.

*Leonie*

**MATERIAL** for the **DECEMBER 2017/JANUARY 2018** edition of 'The Bromley Messenger' should reach the Editor, Leonie Henderson, by **14th NOVEMBER 2017** please. Contributions from anonymous sources will not be printed. Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.

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For details of availability and costs for **ADVERTISING** in the 'The Bromley Messenger' please contact the Treasurer on 01206 230537

## LOCAL BOY AT BARRICADE!



Those who may have seen Hyoie O'Grady in the choir stalls at Great and Little Bromley over the years, from 'The Holly and the Ivy' aged 9 through various more complex musical adventures, will be happy to hear that he is now to be found leading the defence of the student barricades in Les Miserables at Queens Theatre in the London West End. Congratulations Hyoie!

## FRIENDSHIP CLUB

During September members had an outing to Finchingfield, followed by a cream tea, both of which were thoroughly enjoyed.

An invitation has been received from Gt. Bromley Primary school to their Harvest songs on 20th October at 2pm. and names were taken for this.

It has been decided that a wreath from the Friendship Club will be placed at the Memorial in the village on Remembrance Sunday.

Our Speaker for the afternoon, Paula Short, was then introduced and we were given a fascinating talk on the life of Josephine Baker and her chorus line group of fellow Americans. She eventually left America to

join the Folies-Bergere in Paris. She became a secret agent for France during the war, and was presented with medals for her service to France by General de Gaulle.

In November we look forward to welcoming Brenda and Tom, and the competition is something for Halloween.

It has been suggested that as our Committee members are all getting older perhaps someone living locally might like to offer help with some of the general running of the Club. If anyone feels they could help in any way please do contact us.

*Sylvia Ward*



## VILLAGE HALL TRUSTEES

The village hall management committee was

delighted to welcome three new trustees at their meeting on 26<sup>th</sup> September. Richard Lawson has returned as the representative trustee for Great Bromley and District Cricket Club whilst Sue Clark has replaced the late Mary Hart as the WI representative. Kathryn Ealden has come forward to offer her support to the committee and was elected unanimously to be a co-opted trustee. This increase in membership means that the committee are only one trustee below their legal maximum and will help considerably as the committee continues to implement its policy of delegating specific responsibilities to individual trustees to spread the management work load more evenly and place the organisation on a more resilient footing.

Although the level of bookings during the summer tailed off as is usual at that time of year, trustees were delighted to note that the village hall is busy again this autumn, particularly at weekends, with two or three consecutive bookings on some days providing a challenge for our caretaker Marion Britton. The slacker period in the summer enabled Andy Terry to undertake more refurbishment work including exterior repainting, installing additional light switches in the main hall, overhauling the stage lighting system and installing new LED car park lighting around the hall. Additionally the main hall floor has been resealed, stage steps lighting installed and a full property and storage review undertaken following the receipt of the last items of equipment to replace those stolen in the burglary last December. Forthcoming work includes the installation of solar lighting in the car park fronting the cricket pitch, completion of the Millennium Lounge access path and patio area this month and landscaping of the front of the hall to remove the old pedestrian access path which is no longer required.

All of this work costs money and there are a several fundraising events taking place

before the end of the year which all readers of The Messenger are encouraged to support. Full details of the following events can be found elsewhere in this magazine, on village notice boards or on Facebook.

Saturday 4<sup>th</sup> November - Festive Fayre  
Saturday 9<sup>th</sup> December - Christmas Fayre  
Sunday 31<sup>st</sup> December - New Years Eve Ball

Events planned early in the New Year include another willow weaving course and a Quiz Night.

Following the one man show 'Three Men in a Boat' in July, which was greatly enjoyed by those who attended, the management committee is delighted to welcome back the Common Ground Theatre Company which is giving a performance of 'The Old Curiosity Shop' on Saturday 25<sup>th</sup> November. This is a new adaptation of the Charles Dickens novel and promises to be just as popular as 'The Unhappy Medium' which the Common Ground Theatre Company performed here last year. The performance at Great Bromley is the last one of their Autumn Tour in Essex and Suffolk and is likely to be well attended. Tickets for this performance and the New Years Eve Ball are on sale now, as publicised.

*Martin Frostick*  
[villagehallsecretary@greatbromley.org.uk](mailto:villagehallsecretary@greatbromley.org.uk) or  
01206 250263

## GT BROMLEY & DISTRICT CRICKET CLUB



### 100 Club Winners - September

- 1st. Elliot Mann
- 2nd. Mr. Henry Fairley
- 3rd. D. Lording.

Membership for 2017/2018 is now due.  
Thank you for your continued support.

Lynda Allam

# Little Dragons Pre-School - Great Bromley & Frating

Church Meadow Bungalow, Hall Road, Great Bromley CO7 7TR  
Ofsted Inspected

Website: [www.littledragonspreschool.org](http://www.littledragonspreschool.org)  
Email: [littledragonspreschool@gmail.com](mailto:littledragonspreschool@gmail.com)



## OUTSTANDING OFSTED INSPECTED

### **BREAKFAST AND AFTER SCHOOL CLUBS- PLACES AVAILABLE**

**Tel: 01206 231823/ 07857 503103**

We are flexible and happy to take children for the occasional session and times to suit your situation.

If you require further information please call us on the numbers above or pop in to see us.

**30 Hours funding** for eligible parents comes into effect from September 2017 - give us a call for more details.

Over the last half term the children have been enjoying a 'fishy' theme at preschool, with lots of fish related stories and crafts. On 19<sup>th</sup> September some of the children visited the local aquarium to see the different types of fish. We bought a lovely goldfish of our own to look after, 'Barry' has settled well in his new home and the children love taking turns to feed him and also our African land snails.

The children continue to stock our bird table regularly and watch keenly for the birds to visit. They are also leaving food and water out to hopefully entice a hedgehog to overwinter in our specially built house. We have put sand outside the entrance to watch for footprints.

We have also been talking about harvest time, examining various vegetables and set up our own 'vegetable shop' in preschool. Dad's week starts on 13<sup>th</sup> November - we invite Dad's to join us in our sessions and have fun with their children.

### **FUNDRAISING - UPCOMING EVENTS CHRISTMAS MARKET**

Saturday 2nd December at Leonard  
Cheshire Disability  
11am - 2.30pm

Come along and get in the festive spirit.  
Tombole, prizes and more.....

### **Please help us to collect:**

Used Printer Ink Cartridges/ biscuit wrappers/ plastic bottle trigger heads and caps from washing up bottles.

### **OUR RECYCLING STATION now makes it easier to drop off items**

We have set up an area - just inside our main gates, on the right, with boxes for you to drop off collected items. Thank you.

We take children from the age of two years and offer a 'home visit' to families of children prior to them starting Pre-school. This gives the child the opportunity to meet their key-person in their own home, aiding the transition stage to pre-school. It also enables us to collect and share information in a confidential environment.

For further information or to arrange a visit to the setting please contact us on the above number.

### **Party Table and Chair Hire**

**Having a party for Pre-School children?**  
*We can offer 4 perfectly sized tables & 20 chairs.*

*Deposit only £10 Tables only £5.00 each*

*Chairs Only £1.00 each*

*Collection Only - Contact us: Tel: 07857 503103 Email:*

*[littledragonspreschool@gmail.com](mailto:littledragonspreschool@gmail.com)*

### **Dates for diary:**

Week Starting 13th November - Dads  
Week

Saturday 2nd December - Christmas  
Market at LCD

Wednesday 20th December - Christmas  
party/Concert - Last day (No After  
school club)



# Your Pre-school needs YOU!!!



## Situation

Little Dragons Pre-School of Great Bromley & Frating

was formed in 1977; for many years, it operated from the Village Hall before moving to purpose rented premises at the Church Meadow Bungalow in 2013.

It provides Pre-school education in line with early years' national framework/ syllabus; in addition, it also provides pre and post school care in support of working families (commonly referred to as wrap around care). Finally, it provides holiday clubs out of term time and provides educational support to children with special needs.

It does the above under the umbrella of state sponsored 15hrs/ 30hrs free provision as well as full fee paying arrangement for those not eligible. It currently has 30 children registered and employs 7 staff on mostly a part-time basis.

We are a registered charity and not for profit organisation. We provide an open and equal opportunity community based service.

We are assessed by OFSTED as **OUTSTANDING**.

<http://www.littledragonspreschool.org/>

## Problem

A combination of lower children numbers than we would like coupled with increased fixed costs makes for a testing situation which doesn't threaten this year but does threaten our longer term viability. Last year we made a £6000 loss and whilst our projections for this year are better than same time last year i.e. better than break-even, our long term operation (next year and beyond) is dependent on doing more, not just more of the same. If we take last years out-turn as a reference point, it equates to a financial gap of £500 a month or £25 a day. In Great Bromley Parish terms (only), that would equate to each household contributing just £1.25 per month to underpin ongoing operation and longer term success of Little Dragons for future generations.

The solution is a combination of multiple actions, all of which are in progress. They include sales, marketing, advertising, fund-raising, staffing and funding type activities but my appeal here is the lucky 7:

1. Contact the Pre-School directly to either make a one off donation or better still make a monthly pledge. This could be as much or as little as you can give but even £1.25 per month from the entire community would solve the issue for the foreseeable future. We can help you set this up; if you're online go to and search for Little Dragons to make a one off or regular donation: <https://mydonate.bt.com/charity/search.html>  
Note: 100% of your donation goes to Little Dragons and our application for Gift Aid is in progress too. Charity number is 1136038.
2. Support our fund-raising events and get behind the Pre-School
3. Act as a volunteer for the Pre-School; this could be playing with the children or reading them a story or in a business support or handy person type role
4. Establish how you could raise funds for Little Dragons; this could be a cake sale or perhaps a small donation from your own fund raising ventures or ask us to partner with you around the same
5. Consider us in your will; perhaps you went to the Pre-School or have children or grand-children that do. We will be creating a Legacy Fund for this purpose
6. Next summer (Sat 16<sup>th</sup> June 2018), we are going to celebrate our 40<sup>th</sup> birthday; get involved, take a stand and make it **huge!**
7. If you shop online; register with the easy fundraising portal. It takes minutes to do and by using that portal, it means a portion of every pound you spend online can go to Little Dragons (and it costs you nothing other than 5 minutes of your time to set). If you need a hand, we can help. Go to: <https://www.easypfundraising.org.uk/>



## Summary

Little Dragons has served this community in one form or another for 40 years. It has a real legacy; we don't want to lose that and we want it to continue. I have every confidence that with community support we can have many more decades of success.



# ST. GEORGE'S (C OF E) SCHOOL, GT. BROMLEY

## Ipswich Museum

On Wednesday 27th September, class 3 visited Ipswich Museum to explore Ancient Egypt. Everyone felt excited!

First, we created a timeline where different people dressed up and placed themselves on the 'Nile' to show how long ago the Egyptians existed.

Next we handled genuine Egyptian artefacts that had been donated to the museum by the archaeologist, William Petrie. We had to decide if they were everyday, religious, crafts or Pharaoh objects. We felt very special to be part of that artefact's history. Despite some of us being nervous, we then went to investigate the mummy of Lady Tahathor, who lived in Luxor 2500 years ago. Her sarcophagus was decorated with patterns and pictures of Gods. While we were in the tomb room, we also acted out the journey to the Afterlife.

After lunch, we received a letter from the Pharaoh asking us to make him some clay charms. This activity was followed by creating our own Gods with ideas from the creatures in the Natural History room.



But.... We can't do it without you. Your Pre-School needs you; please answer our call.

*Rob Lord, Volunteer Chairman*

We had a fabulous experience and learnt a lot.

## Cross Country Competitions

On the morning of Thursday 28th September a team of six Year 3/4 children took part in the Tendring Small Schools Cluster cross country. A total of eight schools took part. We all walked the course first to ensure everyone knew the route. The boys went first: Evan, Alex and Will shot off. We waited patiently for them to appear out of the woods. Evan was the first Bromley boy out, he was lying second, closely followed by Alex with Will not far behind. The boys had done tremendously well.

The girls were next with Pru, Masie and Alice Black. Again, like bullets they were off. Pru led the group from the start and that is where she stayed, closely followed by Maisie and Alice. Everyone did extremely well and showed great sportsmanship and encouragement to others. Our reward - Winners Team Trophy and Individual Girls Runner - Pru Fricker.

In the afternoon a team of eight Year 5/6 children took part in the Harwich Primary Sports Association cross country competition. Ten schools took part. The boys raced first with Tom setting the pace. The course was over a mile long, over different terrains and through the woods. We waited patiently for the boys to come out of the woods to complete the last part of the course. Tom came out, closely followed by Nick, not far behind Charlie and Branden appeared. We cheered them on to the end.



2nd Chase Lane and 1st St George's! Well done to Tom who was also one of the individual boys winner. A very exciting afternoon was had by all.

by Mrs Platt



The girls were up, off they went with Mia D leading the pack. Once again we waited. Mia came out in third place followed by Eleonore. Eve and Olivia came out together but with encouragement they sped off. The boys encouraged the girls, even running alongside them to get them to the finishing line. Anticipation was high for the team winners announcement. 3rd Ardeleigh,

## KITCHEN CORNER

### PORK CHOPS IN SWEET & SOUR SAUCE

Serves 4.

4 Pork chops  
 1 oz lard or vegetable fat  
 For the sauce.  
 1 x 12oz can pineapple chunks  
 4 tblsp vinegar  
 3 oz soft brown sugar  
 1 tblsp soy sauce  
 1/4 tsp salt  
 2 level tblsp cornflour

Trim the chops and put in a roasting tin with the fat, put in centre of a hot oven to brown for 15 minutes turning once. Meanwhile drain the pineapple chunks from the can reserving the syrup.

Make this up to 1/2 pint with water and combine with vinegar, sugar, soy sauce and salt. Measure cornflour in to a saucepan and mix to paste with some of the liquid, add the rest of the liquid and bring to the boil stirring all the time till thickened Draw

off the heat, take chops from the oven and pour off the fat. Pour the sauce over the chops coating each one thoroughly.

Cover the pan with foil and return to the oven Lower heat and cook 45 -50 minutes according to thickness, basting once or twice with the sauce.

Jill Frostick



**The Post Office  
 at  
 The Cross**

Wednesday mornings 10 - noon



We eat a lot of fish and chips in the UK - over 382 million portions per year are served to us from over ten and a half thousand fish and chip shops- that's five portions per year for each of us!

Fishermen are 130 times as likely to die carrying out their job than any other career. There are five accidents per week on average, including one serious or life-changing injury.



Another sad statistic is that a UK fishing boat sinks every 19 days and every six weeks a fisherman, average age 30 years old, is lost at sea. A heartbreaking fact for all of the families left behind. The mission visits families left behind, alleviating loneliness and offering comfort and support to widows and fishermen. Loneliness is a huge problem for people who have spent a lifetime in the only job they have ever known and the mission helps with visits and support.

This, and other fishy facts were served up to us by this month's WI speaker - Andy Malcolm. After 24 years as a British Telecom engineer, Andy is now the regional fundraiser for the Fishermen's Mission in East Anglia.

Our fishermen are supported by the charity which works tirelessly to keep in touch with fishermen and their families throughout their lives. It is a wonderful charity and one which is well worth your support. Next time you fancy a fish supper, but are reluctant to go out to collect it in the rain - spare a thought for the fisherman that has braved every type of weather to bring the fish back to shore.

Over 60 percent of us throughout the country like to eat our fish and chips from the paper instead of a plate - and there is a definite north-south divide in the plate - paper choice we make. But do we ever really stop to think how that fish gets onto our plate? The only creature that is hunted daily for food, we rely on the skills and knowledge of the fishermen around the UK to bring their catch home.

*Eileen Brown*

The Fishermen's mission charity was formed in 1881 and serves 17,000 fishermen around the UK. It is a Christian mission offering welfare, pastoral care, and support to retired fishermen and their families.



Fishing is a dangerous and difficult job.



## IN THE GARDEN WITH KATE

harvesting, and any carrots and parsnips not already dug up should be

dug and stored in a shed.

November already - this year is really flying past. A couple of incidents have reminded me that winter is coming. The first was when my husband called me to the garage where there was a young grass snake curled up on his work bench. Later on it had gone, but had obviously been looking for a dry sheltered spot to hibernate. The second incident was when I was emptying the compost bin in the vegetable garden and found, at the bottom, a cache of around 100 acorns, no doubt a winter larder for a mouse.

The greenhouse needs regular ventilation on sunny days, but watering should be reduced to a minimum, and any dead leaves should be promptly removed.

The garden is looking very beautiful at the moment with the leaves turning stunning reds and oranges, and many autumn flowers still flowering their socks off. It remains relatively mild as I write so, undoubtedly, some people are still harvesting chillies and tomatoes, but I have cleared the greenhouse as nothing was ripening. Tomatoes and chillies are now indoors in a bowl with some ripe fruit, and are turning slowly red.

Other jobs that can be started include fruit tree pruning (not plums or greengages), tool and lawnmower cleaning and sharpening, and any winter digging required in the vegetable garden. It also might be worth considering incorporating some horse manure in the empty vegetable beds, so it can rot down over the winter.

We have had a few blustery days already, so now is a good time to cut the roses back so they do not get wind rock, ensuring that all other plant supports are firm, that climbers are well tied in. Check fence posts, replacing if necessary, before the winter gales arrive.

The last job is sitting curled up with a seed catalogue planning next year's garden! Enjoy your garden

*Kate Strowbridge*

Leaves need to be collected up from lawns to make leaf mould, and as far as lawn cutting is concerned, the mower blades should be raised, but avoid this if the lawn is waterlogged or frosty. New turf can still be laid, but remember to keep it watered whilst it is establishing. Bare root trees and shrubs can be planted and it is a good time to move any shrubs that are in the wrong place.

Tulips and hyacinths can be planted now that the risk of tulip fire is over, and dahlia tubers dug up once the foliage has started to die after the first frost. Patio tubs should be raised on "feet" or bricks to prevent them becoming waterlogged.

In the vegetable garden, garlic can be planted, but make sure the soil is free draining by incorporating grit, otherwise they will rot. Leeks and brussel sprouts will need



**The Bromley Cross**  
**Great Bromley**  
**CO7 7TL**

*Community-owned, community-managed and community-run village pub*

**Pub Open** Thursday 6:30 – 11:00  
Friday 6:30 – 11:00  
Saturday 6:30 – 11:00  
Sunday 12:00 – 3:00

**Cafe/Post Office** Wednesday 10 – noon

Sat 4 Nov Riverside Fish & Chip Van from 6.30pm to 9ish  
Thu 9 Nov Monthly Fundraising Quiz. 8pm - Booking essential  
Mon 13 Nov Monthly Monday Club. Pub open from 6:30pm-11.  
Sat 18 Nov Live Music with The Mild East from 8:30pm  
Sun 19 Nov Breakfast or Brunch?. Pre-booked breakfasts from 10:30. Baps at the bar too.  
Sat 25 Nov Grants Famous Pie Night Food from 7pm  
Thu 30 Nov Open Floor Music Night

**info@greatbromleycross.co.uk**  
**www.greatbromleycross.org.uk**  
**01206 621772**

# LITTLE BROMLEY PARISH COUNCIL

Email: [littlebromleypc@gmail.com](mailto:littlebromleypc@gmail.com)

At the recent Council meeting there were a few complaints regarding the recent road closure through the Village and lack of notice that was given to residents when the pot holes were repaired. The County Councillor, Carlo Guglielmi, was there and said that he had been aware of this problem and had written to the Councillor in charge. The Council are also going to write to explain the disruption this had caused residents and local businesses as it was felt that a traffic light system was all that was needed.

The various highway issues that are ongoing were discussed and Cllr Guglielmi assured us that these were all in hand and since the meeting we have been informed that the VAS sign has been taken out of the maintenance contract that had been proposed and we should see this installed in the near future.

Lt Bromley PC will be joining up with other local Councils in the area with regard to lorries using our roads for short cuts. Please contact Cllr Smith if you see this happening

with either photographic evidence or registration details and company name if displayed.

Cllr Stock announced that we should soon hear something more positive regarding the Broadband situation in the Village - we are waiting on TDC for this decision.

The Remembrance Sunday service will be held this year as usual at the Memorial in The Village on Sunday 12th November at 10.45 a.m. Gregory Frostick has very kindly agreed to hold the service for us again this year.

We still have the prescription glasses that were found on a footpath off Barn Lane earlier in the Summer. The glasses were in a designer cover. If you think these could be yours please contact the Clerk.

The next meeting of the PC will be held on Thursday 16th November, 7.30 pm, at The Haywain.

*Little Bromley Parish Council*

## DISTRICT COUNCILLOR NEWS

Mobile library I am informed is going to change. There will only be one stop per village and it will only be every second or third week. In some villages nobody visited the library. It is the old saying "use it or lose it"

The problem of parking around schools continues to be an ongoing situation. It has been suggested that Tendring District Council gives support to their North Essex Parking Partnership camera car. At the moment the council is reluctant to allow the camera car to be used for enforcement measures. However in my capacity as Corporate Enforcement Portfolio holder for TDC I have issued a plea for drivers to park more considerately around schools and colleges. This plea has been taken up by local newspapers and radio stations. I have already requested that enforcement officers visit one school which seems to have numerous problems and tickets have been

issued. I hope that parents respect other residents and their own and other children. I am also trying very hard to have "20 is plenty" speed limit around all schools in Tendring. This limit will only cover the morning and afternoon drop off pick up times. I will raise this again at the next Local Highways Panel who are very keen on road safety.

Dog fouling is another very unpleasant issue, TDC Dog Wardens are on regular patrols and if they find any irresponsible dog owner failing to clear up after their dog it is highly likely that person will finish up receiving a fixed penalty ticket or an appearance in court.

Dark early evenings and mornings will be upon us, Rosemary and I both ask that you look out for any vulnerable neighbours and if you have concerns please make contact with either of us.

*Fred Nicholls, Cabinet Member for Tendring District Council*

# GREAT BROMLEY PARISH COUNCIL

[www.gbpc.org.uk](http://www.gbpc.org.uk)

Clerk: Lizzie Ridout Email: [clerk@greatbromley.org.uk](mailto:clerk@greatbromley.org.uk)

An urgent plea has been made for people to park more considerately around schools and colleges in Tendring, including St George's School. It is hoped that parents, grandparents, guardians – and anyone else taking youngsters in cars – will take heed. Cllr Nicholls said that Tendring tries to be a car-friendly authority as much as possible but there are times when action needs to be taken.

"Enforcement Officers will be on daily patrols and they will give out Penalty Charge Notices where it is necessary to do so," he warned.

"Nobody wants a ticket and therefore I am asking drivers to think and be more considerate when they park close to schools and colleges – and it will benefit everyone."

## **Please can everyone parking near the school remember to be considerate and take extra care for the safety of all.**

There have been reports of increased dog fouling within the village. We have contacted TDC to request that the Dog Warden make extra checks. You can be issued with a fixed penalty notice, currently £50.00, if you are witnessed not clearing up after your dog or you can be taken to court and face a fine of up to £1,000. If you witness anyone not clearing up after their dog, you can report this to TDC and they will investigate.

We've been made aware of a number of intended road closures over the next 18 months as follows:-

### **The Essex County Council (Various Roads, Tendring) (Temporary Prohibition of Traffic & Clearway) (No.10) Order 2017**

**Notice is hereby given** that the Essex County Council intends, not less than seven days from the date of this notice to make

the above Order under section 14(1) of the Road Traffic Regulation Act 1984.

### **Effect of the order:**

To temporarily close the various lengths of road in the District of Tendring as specified in Schedule 1.

A temporary 'No Stopping' restriction will be introduced on both sides of carriageway on the above lengths of roads for the duration of the closure to facilitate the works. Signs will be installed indicating when the No Stopping restriction will be in force.

"The Essex County Council '(Tendring District) (Permitted Parking Area and Special Parking Area) (Consolidation) Order 2008' will be temporarily amended to include the temporary 'No Stopping at Any Time' restriction and suspend any existing parking and waiting restrictions on the above lengths of roads only. All other restrictions and exemptions contained in the aforementioned Order and Amendments to that Order shall remain in force.

The works being undertaken will take place within an 18-month period from 9<sup>th</sup> November 2017, exact dates will be specified on <http://roadworks.org/>. The roads will be closed to facilitate each phase and then re-opened to the public. Access will be maintained for emergency services. Diversion routes will be signed at each location and residents will be informed of the dates of each phase via letter / leaflet drop and advanced warning signs on the road.

For all enquiries please contact our Contact Centre on 0345 603 7631.

The Order will come into effect on 9<sup>th</sup> November 2017 and may continue in force for 18 months or until the works have been completed, whichever is the earlier.

# 2017-18 EVENTS

## NOVEMBER

- 1 WI meeting, Village Hall, 7.30pm
- 2 Christmas Market, Seven Rivers Cheshire Home, 11.00am
- 3 Bonfire Night, Seven Rivers Cheshire Home
- 4 Festive Fayre, Village Hall, 10.00am
- 11 Autumn Litter Pick, Great Bromley, 11.00am
- 12 Remembrance Sunday  
SVAM concert, East Bergholt church, 4.00pm
- 16 Friendship Club Meeting, Village Hall, 2.00pm
- 17 Old Curiosity Shop, Village Hall, 7.30pm
- 18 Quiz Night, Village Hall, 7.30pm

## DECEMBER

- 2 Christmas Market, Seven Rivers Cheshire Home
- 6 WI meeting, Village Hall, 7.30pm
- 9 Christmas Fayre, Village Hall
- 21 Friendship Club Meeting, Village Hall, 2.00pm
- 31 New Year's Eve Ball, Village Hall

## JANUARY 2018

- 3 WI meeting, Village Hall, 7.30pm
- 13 Egg Basket Course, Village Hall, 10.00am
- 18 Friendship Club Meeting, Village Hall, 2.00pm  
WEA Course starts, Village Hall, 2.30pm



Learning Life

Ardleigh Branch  
(now meeting at Great  
Bromley Village Hall)

### Spring Term 1918

Course Title:

### Men, Money and Power - A History of Britain's Railways

The course content will be to promote a better understanding of the interaction of the political, financial, engineering and social changes that the railways brought to this country.

Tutor: Roger Mannion

We meet on Thursday afternoons commencing at 2.30 p.m - 4.00 p.m. There is a tea break

The course will commence on 18th January 2018 and will be for 10 weeks, There might be a half term break

The course fee is £54.

Do come along to the first week and see if it is the course for you. Payment to be made on the second week of attendance.

For further details contact Jill Frostick on 01206 502698 or John Terry by email [john@terryst.org.uk](mailto:john@terryst.org.uk)

### Stour Valley Arts & Music TRIO CON BRIO COPENHAGEN

Sunday 12 November at  
4.00pm

St Mary the Virgin Church, East Bergholt  
Haydn's Piano Trio in G major Hob XV:25 Gypsy  
Smetana's Piano Trio in G minor  
Schubert's Piano Trio in B flat major D898

Tickets obtainable from:

Tel.01206 298426 or

Email. [svamtickets@btinternet.com](mailto:svamtickets@btinternet.com) or



### VILLAGE HALL TRUSTEES

Saturday 4<sup>th</sup> November  
Festive Fayre 10.00am-1.00pm  
*see opposite*

**Watch this space for more details for**

Saturday 9th December  
Christmas Fayre

Sunday 31<sup>st</sup> December  
New Years Eve Ball

## QUIZ NIGHT

at Great Bromley Village Hall  
Saturday 18<sup>th</sup> November  
7.30 for 8.00 pm start  
Bring your own food and drink  
Teams - Maximum of 8  
£3.00 per person  
Contact Tracey on 01206 251434  
*This is a fund raising event for  
Great Bromley Cricket Club*

## The Great Bromley Autumn Litterpick

will take place on  
Saturday 11<sup>th</sup> November  
meeting at 10am in the Car  
Park of The Cross Inn



Volunteers (the more the merrier) should bring appropriate clothing, footwear and gloves. Hi-visibility bibs, litter grabbers and sacks will be provided. We will observe a minute's silence at 11am for Remembrance of those who sacrificed themselves in two world wars and in other conflicts. Tea, coffee and cakes will be available for helpers in The Cross Inn from 11.01 am.

Seven Rivers Cheshire Home  
will be holding their

## ANNUAL BONFIRE NIGHT

on Friday 3<sup>rd</sup> November  
Gates open at 6.00pm  
Bonfire will be lit at 6.30pm  
Fancy dress judging at 6.45pm.  
Fireworks at 7.00pm  
On sale from 6.00pm Hot  
Dogs, Chips, Soup and Hot  
chocolate.



*For more details of ticket  
prices etc see page 27.*

Seven Rivers Cheshire Home  
And Little Dragons Pre-School

## CHRISTMAS MARKET

Saturday 2<sup>nd</sup> December  
at Seven Rivers  
11am - 2.30pm  
Come along and get in the festive spirit.  
Tombola, prizes and more.....

## Egg Basket Course

Great Bromley Village  
Hall  
Saturday 13<sup>th</sup> January  
2018  
10-4pm  
Cost £60 includes all  
materials and sandwich  
lunch.  
£10 deposit secures  
place. Please contact  
Kate 07592735600



**FESTIVE FAYRE**

Great Bromley  
Village Hall  
PARSONS HILL, GREAT BROMLEY, CO7 7JA

**Saturday 4 November 2017**  
10am - 1pm

HAND CRAFTED UNIQUE FESTIVE GIFTS,  
FOOD, CAKES, DECORATIONS, CARDS,  
HANDBAGS, CANDLES, BEAUTY PRODUCTS  
AND REFRESHMENTS

CHARITABLE EVENT: ALL PROFITS RAISED ARE FOR THE  
VILLAGE HALL REFURBISHMENT PROJECT

CONTACT FOR STALLS OR INFORMATION:  
GBROMLEYVILLAGEHALL@GMAIL.COM



## Old Curiosity Shop

Friday, 17 November 2017 at 7:30pm  
Great Bromley Village Hall  
**Adapted by Pat Whymark & Julian  
Harries from the book by Charles  
Dickens.**

The production will feature original folk music by  
Pat Whymark, played and sung by our talented  
troupe of actor-musicians.  
You can book tickets now  
[https://experiencetickets.co.uk/project/the-old-  
curiosity-shop/](https://experiencetickets.co.uk/project/the-old-curiosity-shop/)



Dated: 02/11/2017

**The Essex County Council (Various Roads, Tendring) (Temporary Prohibition of Traffic & Clearway) (No.10) Order 2017**

**Schedule 1**

Location Description	Extents	Diversion
Harwich Rd/Frating Road/Parson Hill, Gt Bromley	Harwich Road - A120 to A133 Clacton Road, a distance of approximately 4557m. Frating Road - Harwich Road to Brundells Road, a distance of approximately 277m. Parson's Hill - Harwich Road to Mary Lane North - a distance of approximately 139m	<i>Harwich Road - A120, A1232 Ipswich Road, A133 St Andrews Avenue/Clingoe Hill/Clacton Road/Colchester Road/Clacton Road/Frating Hill/Main Road/Colchester Road, Church Road, Manningtree Road, Little Bromley Road. Frating Road - Harwich Road/Bromley Road, A133 Clacton Road/Frating Hill/Main Road, B1029 Bromley Road/Frating Road. Parsons Hill - B1029 Brook Street/Hall Road, Colchester Road/Bromley Road, Avon Way, A133 St Andrews Avenue/Clingoe Hill/Clacton Road/Colchester Road/Clacton Road, Bromley Road/Harwich Road</i>
The Path, Gt Bromley	Thorrington Road to end - a distance of approximately 182m	No Diversion available
St Mary's Rectory, Gt Bentley	Thorrington Road to Heckfords Road- a distance of approximately 181m	Thorrington Road, Heckfords Road
Forge Lane, Gt Bentley	St Mary's Rectory to Heckfords Road - a distance of approximately 188m	St Mary's Rectory, Heckfords Road
New Cut, Gt Bentley	Station Road to Plough Road - a distance of approximately 67m	Station Road, Plough Road
Station Road/The Green. Gt Bentley	Plough Road to Plough Road - a distance of approximately 306m	Plough Road

Continued over .../

REFERENCE	PROPOSAL	LOCATION	DECISION
17/01245/FUL Mr Matthew Dutton	Two storey rear extension and addition to dormer.	Cold Hall, Harwich Road, Great Bromley, CO7 7JH	Approval - Full <b>11.09.2017</b> Delegated Decision
17/01289/LUPROP Mr M Volf	Formation of living accommodation within roof space of existing barn.	Morants Hall, Colchester Road, Great Bromley, CO7 7TN	Lawful Use Certificate Granted <b>21.09.2017</b> Delegated Decision
17/00545/OUT Mr M Volf - Stour Valley Construction and Groundworks	Community facility led development of shops, offices, restaurant and houses including parking, new footpath and open space.	Pond Farm, Hall Road Great Bromley, CO7 7TP	Refusal - Outline <b>28.09.2017</b> Delegated Decision
17/01253/COUNOT Mr & Mrs Shaikly	Prior approval of change of use of 2no. barns to residential.	Lilleys Farm, Carringtons Road, Great Bromley, CO7 7XA	Determination prior approval not required <b>28.09.2017</b> Delegated Decision
17/01297/FUL Mr M Lamb	Additional parking area for car sales.	Selecta Cars, Harwich Road, Great Bromley, CO7 7JG	Approval - Full <b>26.09.2017</b> Delegated Decision
REFERENCE	PROPOSAL	LOCATION	
17/01445/FUL Toad Hall Free Range Eggs	Alterations and improvements to existing access point, closure of existing access to the south.  Great Bromley Parish Council had no objection to this application.	Bush Farm, Hall Road, Great Bromley, CO7 7TR	

*Lizzie Ridout, Parish Clerk*

## THANKS

**The W.I. Coffee Morning** on Saturday 14<sup>th</sup> October was held in aid of 'Family Activities Break' (FAB). This is a small charity that supports bereaved families of the military. They organise an annual holiday, which is 'action-packed', giving all the family members the opportunity to share good times together and meet with other families who understand their situation, thus enabling them to gain and give support. Lifelong friendships are made.

The magnificent sum of £467.00 was raised in two hours. We're still stunned by this, and want to thank everyone who came along to support us. Your generosity is very much appreciated. Thank you.

# COFFEE BREAK NUTRITION with Suzanne Abbott

## THE IMMUNE SYSTEM

The cold weather will soon be upon us and before we know it, it will be Christmas! Therefore it's time to take a closer look at what to do to protect our health either from the imminent inclement weather or the indulgences that await us during the festive season.

Our immune system plays a very important part in our health. It is our personal bodyguard that defends us against invaders from the outside. Any that may slip through are dealt with without delay. The immune system also acts as a rubbish collection service, disposing of dead cells that have fought bacterial or viral infection, or gets rid of accumulated toxins from the environment. So it's like having a daily rubbish collection!

But what happens if you haven't looked after your immune system? Eating too much processed food, too much sugar, smoking, binge drinking, not exercising - what happens to the body then?

After some time, depending on how strong your immune system is, the body cannot cope and it will make you aware that there is something that needs addressing. The body will show you signs – symptoms. You could develop allergy problems or autoimmune diseases like arthritis. You could get frequent colds; have sleep problems, headaches, or even something much more serious. So what can we do to help the immune system?

People often mention that, surely, our bodies must have adapted to this 'new way of life' of processed foods, polluted air, lotions and potions we now pour all over our bodies. Unfortunately that is not the case. The human race has taken thousands of years to very slowly adapt to something new. The changes to food and the environment that have taken place over the past 70 years or so have happened so fast that the human body cannot cope with them. We've changed the food, water, the air, the way we move (*we have slowed*

*down*). We have introduced new pesticides, food additives, chemicals, detergents into all this and the body can't learn fast enough how to break down most of these new substances in the environment.

The vitamins and nutrients we get from our food are now not sufficient to deal with this onslaught, because the body needs more vitamins and nutrients to detoxify all the unknown substances that we are ingesting, inhaling or rubbing onto the skin.

But, enough of this doom and gloom! What can you do to improve your immune system? A key word here is keeping everything in balance. Do some exercise; even a short walk is good. It's better than nothing in this day and age of being glued to mobile phones, computers and games. Get a good night's sleep – this is absolutely vital. Even as we get older, we should be sleeping at least 7 hours, including getting up for a toilet trip. During sleep the body is repairing, renewing and detoxifying. Stress - in today's life there are many challenges, especially for the younger generation of parents. Try to find time to relax and have a break. Mind, body and spirit all need to be in balance.

But most of all, our best defence is eating food that will nourish the body. Look to nature for the answer – eat seasonal fruit and vegetables, there is a good reason why there are 4 seasons in the year. We shouldn't be eating the same old food day-in-day-out. This could cause food intolerances. Eat with the seasons. In the autumn, fruit and vegetables are packed with immune boosting vitamins and nutrients. We need these before the winter sets in and the cold and flu bugs make their appearance. The least we can do is to prepare ourselves.

*Suzanne*

Natural Health Consultant  
Specialising in Naturopathic Nutrition



## Have you been following the latest on Local Plans?

The three district/borough councils working on the **North Essex Garden Communities** project (Braintree / Colchester / Tendring) have now concluded the final stages of their Local Plan consultation, with the plans due to be examined by the Planning Inspectorate in the New Year.

These aligned plans are split into two with 'Section One' setting out the ambition for three new communities built to Garden Community Principles as a way of managing long-term growth, whilst 'Section Two' have been individually written for each council and setting out other planned development. It is the view of the councils that the three garden communities, led through their newly formed company NEGC Ltd rather than through a traditional developer, are a better way of managing housing needs, allowing them to deliver infrastructure ahead of or

alongside development, and helping restrict predatory developers.

The Local Plans are about setting out the nature of future development and where it will be. At this stage each Garden Community is simply identified by a red circle, and these sites will become more defined as we progress. It is important to stress the red lines are not the edge of development, but simply the broad areas in which the Garden Communities will sit. The next step of this process is to create a more detailed plan for each site, and work will start on this in the coming weeks with a **first stage of public consultation commencing on the 13 November 2017**, looking at some of the issues and options around each site. For more information on this, visit [www.ne-gc.co.uk](http://www.ne-gc.co.uk) or individual council websites to have your say.

Leonard  
Cheshire  
Disability

## SEVEN RIVERS CHESHIRE HOME

As we say good bye to a summer filled with celebrations for our founder's 100<sup>th</sup> birthday, we took a break during October so now we are ready to start again.

We are look forward to our big bonfire and fireworks party. This will mark the official end to the birthday celebrations for us here at Seven Rivers. As last year we have spent big on our firework display and hope many of you will be able to join us on the night.

We have not changed the price from last year too, so it does work out at good value for money.

Family Tickets £10.00 ( 2 adults & 2 children)  
single Adult £3.50 Single child £2.50.

Every child will receive a free glow stix, plus free child fancy dress, prizes for best boy and best girl. Adults are welcome to join in the fancy dress but sorry to say no prizes.

All happening on Friday 3 November gates open at 6.00pm. bonfire will be lit at 6.30pm. fancy dress judging at 6.45pm. fireworks at 7.00pm. On sale from 6.00pm Hot Dogs, Chips, Soup and Hot chocolate.

We are joining with Little Dragons Pre-school for our Christmas Market to be held on

Saturday 2 December. This is a first for us all, so please support us and our stall holders. Santa will be giving away sweets to anyone who's on the nice list, and you will be able to leave you letters for him in his post box. If you would like a reply please use one of our forms that will be provided free.

The Residents continue to go out and about going ten pin bowling, bike shows, visiting garden centres, going to the cinema and shopping trips. With Christmas coming we will be going to the Mercury Theatre for the pantomime. In house we still have film afternoon on our big screen, crafts and quizzes. Our last open quiz night will be on Friday 22 December and **everyone** is welcome to join us.

Please don't drive past we always advertise our events that are open to the public, you don't have to have family or know anyone who lives / works here, you will be welcomed.

It would be nice to meet you, as they say;- there are no strangers here just friends we haven't met.

Liz x

# ARMISTICETIDE

In between the wars, Armisticetide was the name (that hardly tripped off one's tongue) for what we now call Remembrance Sunday or Poppy Day. The selling of poppies made of red silk started in 1921, This idea was a huge success, a poppy factory was set up the following year, and this became an annual fund raiser. It was hard to meet demand, and as very few were reaching Scotland, Lady Haig set up a poppy factory in Edinburgh. The Scottish poppy is different, being four petals (and no leaf) instead of the five we have in England & Wales. There was a very active British Legion and associated fundraising at other times in the year. We had an annual fete at Great Bromley – then, like now, our marvellous Village Hall and facilities were the pride of the area.

The Chelmsford Chronicle in 1933 reported: "A fete was held on the cricket ground by the Frating and District branch of the British Legion on Saturday. Numerous attractions included a baby show and children's sports. Miss Mary Crossman (who was introduced by the Chairman of the branch, Mr L Thole) performed the opening. and was presented with a bouquet by Miss Dorothy Springett. Sideshows were in charge of Messrs. W. Parker, A. Miller, R. Smith, M. O. Cobbold. W. Whitehead, Mrs. Sparrow, Mrs. Cook, Mrs. Locke, Mrs. Pryke, Mrs. Dredge, Mrs. Thole, Mrs. Sherwood, Mrs. Cobbold, Mrs. Rycroft, Mrs. Locke, Mrs. Cousins, Mr. I. J. Fellingham, Mr. W. Austin, Mr. C. McCann, Mr. W. Jones, Mesdames Blowers, Fellingham, Garrod, Poll, Collis, Smith, Sage, Jeano, Copping, Froslick, and Miss Gower. The secretarial arrangements were carried out by Mr. T. Gardiner, and the sports were supervised by Mr. A. Marshall."

And for the fete in 1936:  
"MR. STANLEY HOLMES, M.P., on Saturday opened the British Legion fete at Great Bromley The President of the branch, Mr. E. Hanslip thanked Mr. Holmes.  
"The stalls and side-shows were in charge of Mrs. J. Rycroft (secretary of the women's branch), Mr. E. Gardner (secretary the men's section),

Mrs. Cole, Mrs. Keeble, Mrs. Pryke, Mrs. Gardiner, Mrs Collins, Mrs. Sparrow, Mrs. Cook. Mrs. Roulson, Mrs. Springett, Mrs. Locke, Mrs. Garrard, and Mrs. Sharp; Messrs. A. Miller, B. Austin, R. Bloyce, C. McCann, P. Rycraft, V. Adams, R. Sage and S Pryke. Sports were held, and Burnt Heath Silver Band played. In the evening a dance was held in the Village Hall."

In November 1935 the report was as follows:

## "ARMISTICETIDE – SERVICES OF REMEMBRANCE

Sunday was generally observed in remembrance of the Armistice, and in town and village special services were largely attended. Monday was fine all day in the greater part of Essex until evening, when there was rain. On the London side there was morning fog. The sale of Flanders poppies, however, proceeded in much more favourable conditions than last year, and it is believed that last year's record was exceeded.

"In Great Bromley, members of the Frating British Legion paraded under the President, Mr E. Hanslip, and lead by the Burnt Heath Silver Band marched to Great Bromley Church, where service was conducted by the Rector. The lesson was read by Mr W Arnitt Roberts. The Last Post and the Reveille were sounded by Messrs. Jaggard and C Keeble."

*Hugh Frostick.*

*For any history enquiries or information to share, please contact me on 01206 617324 or [hugh@greatbromley.org.uk](mailto:hugh@greatbromley.org.uk)  
Ref: [www.britishlegion.co.uk](http://www.britishlegion.co.uk)*



## Great Bentley Surgery

**Self-Check in screen** – As we get busier at reception, it can at busy times create queues of patients waiting to speak to a member of staff. There is something everyone can do to help reduce queues and improve overall service. We had a new check in machine installed earlier this year which is much easier to use than the old one and is also much more reliable. If you've not tried it yet, please do! It's very straight forward and our receptionists are always happy to help you learn how to use it. All you have to do is press the screen on the big start button and then answer simple questions like are you male or female? What month were you born in? and what date in that month were you born on? Just these three questions will tell the screen who you are and it will display your name asking you to confirm it's correct. Clicking yes will then display a message telling you that you've been 'arrived' for your appointment. *Why not give it a go?*

**With winter fast approaching we would like to give you some hints and tips to help yourself (and the surgery) during this winter season. It's likely to be our busiest winter yet, so it's essential that where appropriate our patients self-care. Remember there's no cure for the common cold which is something that we don't seem to hear as much as we used to!**

**Colds:** You can prevent colds by washing your hands regularly. This destroys the bugs you may have picked up from touching surfaces used by other people. **TIP:** use disposable tissues instead of cloth handkerchiefs to avoid constantly re-infecting your own hands

**Sore throats:** Sore throats are common in winter and are almost always caused by viral infections. **TIP:** Gargle with warm, salty water. It won't heal the infection, but its anti-inflammatory properties will have a soothing effect. Dissolve one teaspoon of salt in a glass of part-cooled boiled water.

**Asthma:** Cold air is a major trigger of asthma symptoms, such as wheezing and shortness of breath. **TIP:** Stay indoors on very cold, windy days. If you do go out, wear a scarf over your mouth and nose.

**Norovirus:** Also known as winter vomiting bug. It's unpleasant but normally over within a couple of days. **TIP:** Drink plenty of fluids to prevent dehydration

**Painful joints:** Many people with arthritis say their joints become more painful in winter. **TIP:** Some people get a little depressed during winter and this can make everything feel worse. Daily exercise can boost your mental and physical state, and swimming is ideal as it's easy on the joints.

**Cold hands:** Fingers can go white, then blue, then red and throb and tingle. It's a sign of poor circulation in the small blood vessels in the hands and feet. **TIP:** Don't smoke or drink caffeine as they can both worsen the symptoms. Always wrap up well in the cold.

**Dry skin:** Is a common condition and often worse during the winter, when environmental humidity is low. **TIP:** have warm, rather than hot, showers. Water that is too hot make skin feel more dry and itchy.

**Flu:** Is a major killer of the elderly and people with long term health problems, such as diabetes and kidney disease. **TIP:** Find out if you're in a high risk group by asking your GP and have a vaccination if you are. Chronic Obstructive Pulmonary Disease (COPD) is one of the most common reasons for people being admitted to hospital during the winter.

**The Patient Participation Group will be holding its monthly meeting at 6.30pm on Thursday 17<sup>th</sup> November at the Great Bentley Village Hall.**

*Richard P Miller - Practice Manager*





## STOUR VALLEY MEN'S PROBUS CLUB

### Recent Meetings

Our first October meeting was on Wednesday 4<sup>th</sup> when Andrew Morton talked of "The work undertaken by the Colchester Food Bank" followed on Wednesday 18 October by David Ablewhite, who returned again, this time to present "The Royal Family".

### Future Meetings Diary Dates

Our two November meetings take place on 1<sup>st</sup> & 15<sup>th</sup> when Ted Wheatley & Dennis & Ann Kell will present "Overland to India" & "Wildlife in the Falklands" respectively. On 6 December Paul Oliver presents his popular Christmas Quiz and at the final meeting of the year Barbara Faulkner will tell us about "The Man in Red" on 20 December.

### Meeting Venue

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB

### New members

Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30am. Please contact Speaker Secretary Dave Carman on 01255 880202 for further details.

THE THIRD AGE TRUST



## STOUR VALLEY U3A

### Recent Meetings

We held our AGM followed by a most interesting talk "Being a Woman Racing Driver & Racing at Le Mans" by Celia Stevens on 11 October. She talked of her experience of racing historic cars three times at Le Mans Classic, once at Nuremburg & all over the UK. And she is still racing!

### Future Meetings & Diary Dates

On Wednesday 8<sup>th</sup> November Event Organiser Eve Regelous, who worked closely with Harrods, will give a glimpse of behind the scenes of day to day life in this world famous company including its history. We do not have a speaker meeting in December but have our popular Christmas lunch at the Constable Hall on Wednesday 6 December. This is always a popular event and so early booking is advised.

### Membership

Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of

groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the ThirdAge Trust, have over 300 members and 30 groups. For further information please visit [www.stourvalleyu3a.org.uk](http://www.stourvalleyu3a.org.uk) where membership secretary Gillian Gibbs may be contacted.

### Meeting Venue

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except August and December.

### Remember

*It's never too late to learn! Join over 400,000 members across over 1,000 U3As throughout the UK today!*

## FROM THE RECTORY

In 1760, the engraver and cartographer John Spilsbury mounted a map onto a sheet of hardboard, and using a marquetry saw, produced the first jigsaw puzzle. Originally known as dissections, these 'dissected maps' were used to teach geography, as the pieces were cut along national borders.

It wasn't until around 1880 that the name 'jigsaw' became associated with the puzzles, when fretsaws began to be used to cut them up into pieces. Why they were not called 'fretsaw puzzles' seems to have been an accident of history. In the following years, subject matter became more varied. From cityscapes to pastoral scenes, steam trains to film posters, there is now no theme off limits.

Although many modern jigsaws are made from paperboard for economic reasons, premium products are still popular. The Wentworth Wooden Jigsaw Company produces unique and intricately crafted wooden puzzles using computer-controlled laser cutters to cut the pieces. Their unique selling point is the bespoke pieces, known as 'whimsies', that feature in their puzzles. An elephant, a car, a watering can or a butterfly can all be found in various products that the company sells.

Having fallen out of favour with the advent of, at first, the television and then other screen based entertainment from gaming systems to mobile phones, jigsaws have in recent years seen something of a resurgence in popularity. More than six million were sold in 2013. Limited editions have attracted the attention of collectors, and some have even begun to see increases in value.

In every puzzle, however large, whatever picture it features, regardless of how long it takes to finish, every piece is needed to complete it. Just one missing piece leaves a gap that can't be filled by anything else.

The quest for meaning in life has been described as the search to find something to fill a God shaped hole. The fifth century saint, Augustine of Hippo, famously said

'our hearts are restless until they find their rest in God'. We can try to force all sorts of other things into the hole in our hearts. From the pursuit of fame and fortune, to horoscopes or crystals, sex, drugs and rock 'n' roll. Ultimately it is only Jesus who is the right shape to complete the jigsaw of our lives.

*Simon*

Rev Canon Simon Heron  
Lawford, The Bromleys & Little Bentley  
Area Dean of Harwich  
01206 392659  
[www.lawfordchurch.co.uk](http://www.lawfordchurch.co.uk)  
'Loving God. Living Life.'



# ST. GEORGE THE MARTYR, GREAT BROMLEY



## Services for November *Welcome to our services*

- November 2<sup>nd</sup>**      **All Souls Day**  
9.30am 'Light a candle' service
- November 5<sup>th</sup>**      **4th Sunday before Advent**  
9.15am Holy Communion (BCP) with hymns
- November 12<sup>th</sup>**      **Remembrance Sunday**  
10.45am at Gt Bromley War Memorial  
then Remembrance service in church  
10.45am at Lt Bromley War Memorial
- November 19<sup>th</sup>**      **2nd Sunday before Advent**  
9.15am Family Service
- November 26<sup>th</sup>**      **Christ the King**  
10.30am Parish Eucharist (CW1)  
6.30pm Sung Evensong (BCP)

Curate-in-Charge:                      Revd Canon Simon Heron      T. 01206 392659  
Churchwardens:                        Mrs Jenny Nicholls              T. 01206 230688  
    Mrs Yvonne Cobbold            T. 01206 230360

*The church is open daily and you are welcome to visit.  
More details and information at [www.greatbromley.org.uk](http://www.greatbromley.org.uk)  
Facebook or Twitter @StGeorgesGtBrom*

St Mary's church, Lawford		St Mary's church, Little Bentley	
Every Sunday	8.00am Holy Communion	1st Sunday	10.30am Morning Prayer
1st Sunday	10.30am Holy Communion	3rd Sunday	10.30am Holy Communion
2nd Sunday	10.30am Family Service		
	6.30pm Evensong		
3rd Sunday	10.30am Holy Communion	1st Sunday	10.3am Parish Eucharist
	6.30pm Café Church	2nd Sunday	8.00am Holy Communion
4th Sunday	10.30am Morning Worship	3rd Sunday	10.30am Parish Eucharist
Wednesdays	9.30am Holy Communion	4th Sunday	8.00am Holy Communion

**Church Lunch**  
3rd November  
12 midday  
Please come and Join us for friendship  
and fun.

**J.A.M. DROP-IN**  
Every Friday in St George's church  
Term time only  
Parents and children welcome  
All are welcome  
3.00pm to 3.45pm  
Refreshments, activities