

The Messenger

The Magazine of
the villages of
Great & Little
Bromley

March 2018

Vol: 2 No: 3



Essex Association of Change Ringers
Great Bromley
St George's Church

A Peal of
5040 changes in four Minor Methods
2880 Plain Bob, 720 Oxford Treble Bob,
720 Single Oxford Bob and 720 Kent Treble Bob
(Tenor 15 cut)

On Saturday 17th September 2016
in 2 hours 52 minutes

- | | |
|--------|-------------------|
| Treble | David N Wenden |
| 2 | Roger Carey-Smith |
| 3 | Philip G Erith |
| 4 | Stephen A Cheek |
| 5 | David L Sparling |
| Tenor | Simon A Rudd |

Conducted by Simon A Rudd

Rung in recognition of David Wenden giving over 50 years continuous service as a ringer at this tower, and to mark the 50th anniversary of his first peal, in which he rang the same bell and the same methods. Philip Erith also rang in the original peal.

Curate in charge - Revd Canon Simon Heron
Churchwardens - Jennifer Nicholls & Yvonne Cobbold

St George's Church Peal Board

David Wenden celebrating 50 years, of peeling bells at St George's.
The new peal board 28th January 2018

See inside for Full Report

THE FIRST PAGE

Some interesting reports from various occasions to catch up on this month with many more events taking place during the coming months for you to both enjoy and/or participate in.

Little Bromley parish council mentions better broadband is hopefully arriving in the village but I thought an article (on page 13) my son sent me on EE broadband may be of interest. I abridged the article but the full version can be found online using the link provided.

A route map of the car rally being held round both villages on 22nd April can be found on page 15. It is probably a bit small but it gives an indication of the route and can presumably be found in a larger format on one of the links both parish councils refer to. The District Councillor also mentions the rally in his report.

I have Katisha home! I was away, well above the Arctic Circle in Norway, when my mobile phone bleeped late one night. It was the CCTV picking up her return after more than a fortnight missing. I emailed a friend who came round and put some food down for her (Thank you very much. She was eating it when daughter arrived) and I also Whatsapped my daughter (in Sussex) who came up and let her into the house. Katisha apparently just sat and purred so delighted was she to be home. She continues to purr and has even become a bit of a lap cat. I am VERY pleased she has found her way back home. The wonders of modern technology!

On the subject of Norway I saw the Northern Lights in all their glory. We saw them five times in total (out of 11 nights) ranging from looking like a 'dirty' cloud to green through to the full works one night of a large section of the sky shimmering green with, briefly, a 'curtain' looking a bit like a moving prism of reds and yellows. It was an amazing, magical and very eerie experience. We did not see the Lights again after that particular night and we were very lucky to have seen them at all.

Norway is a really beautiful country with a spectacular coastline. We went dog sledding across the snow and ice, saw sea eagles which are huge and visited the Ice Hotel with the walls in each bedroom sporting a different ice sculpture and, of course, were told a number of troll stories. The sunrises and sunsets were fabulous both within 5 hours of each other as the days are still twilight/dark much of the time at this time of year. However we failed to see the whales which had decided to swim away just before we arrived. I would really like to go again in the summer to see the flowers and more of the wildlife.

Leonie



MATERIAL for the **APRIL 2018** edition of 'The Bromley Messenger' should reach the Editor, Leonie Henderson, by

14th MARCH 2018 please. Contributions from anonymous sources will not be printed.

Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.

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She oak smokes farm bacon, and gammon – and hand makes all sausages. She brought along a hand cranked sausage maker and, as she talked, made strings of pork sausages, explaining the process, and how to best twist the links. Pork sausages are encased in natural pork intestines; chipolatas from lamb intestines, and larger diameter salami from cow intestines. It was

It's an added bonus when one of our WI speakers does something in addition to speaking. Sometimes we have an opportunity to watch the speaker demonstrate an aspect of their craft, sometimes, we get to spend our cash and buy something from them. The speaker at our February meeting delighted us twice.

fascinating to watch her twist and fold the fat sausages, and very hypnotic to see how even-sized each sausage was.

Becky Robinson and her family have lived at Badley Hall Farm in Great Bromley since 1982. A mainly arable farm, growing wheat, barley, oilseed rape and beans for animal fodder, they decided to keep animals – Texel cross grass-fed sheep, then four pigs, and now also 60 Belgian blue grass-fed cows.

She explained how long each breed of animal was hung for to get the best flavour, and talked about how each joint was frozen as soon as it was cut to seal in the best flavour of the meat. She had even brought along a wide variety of meats (and freshly made sausages) for us to purchase.

Becky decided that she wanted to do something local, and after starting an apprenticeship at the Suffolk Food Hall aged 17, she qualified to become a butcher.

One of the nice things about buying locally is that we can get to talk directly to the supplier and order specific cuts of meat. Becky is quite happy to butcher meat to order – including American cuts, prized by barbecue fans. And as Badley Hall Farm is so local to us, once per month she will deliver your order to your door, so you do not have to carry those heavy joints home.

In 2016, she persuaded her father to repurpose one of the buildings on the farm. Aided by brother Matt, and fiancé Tim to help, she converted their old tool shed into a butchery and shop, Becky's Butchers, which is open to the public every Wednesday, Friday, and Saturday.

It is nice to know we have a butcher, who will cut meat to order for us. A female butcher committed to lowering food miles, and with a true connection to the animals on the farm – is an extra bonus for all of us who care about where our food comes from. Thank you, Becky, – you've gained another customer with your engaging style and commitment to your job. Well done.

There she butchers meat from animals that have been reared on the farm, minimising food miles, and runs the business with a strong focus on ecological processes and packaging.

Eileen Brown

IN THE GARDEN WITH KATE



It seems to have been a very dreary winter so far, strong winds, rain and snow, and the garden seems to have had quite a battering. We were very sad to lose a couple of trees, one of which, a Juniper, was probably quite old, possibly well over 100 years. However, trees, like humans, do have a finite life, and it probably was at the end of it. The good news is that it has increased the woodpile!

Despite the horrible weather, the garden is showing signs of life. Snowdrops are bravely peeking out, the iris reticulata are flowering, and the daffodils are in bud, not to mention a rather foolhardy Camellia which is in flower. The weeds seem to be growing too, and need to be removed promptly.

I have recently sown my chilli and aubergine seeds in a heated propagator. This seems rather early, but they need a long growing season if they are to fruit. It does seem very positive to start sowing though.

I had a lovely time a month or so ago ordering seeds for this year and planning the garden for the summer. It may sound rather pernickety, but it is a good idea to sort the packets into piles for the month they need to be sown, otherwise, come the spring and early summer, it is only too easy to find a packet of seeds that should have been sown two months earlier.

March is also a good time to divide overcrowded perennials. If you have no space for the divided plants, remember the plant sale at the Village Hall in May. I am happy to collect any donations. Scrubbing mossy paths is a good idea now to ensure

they are not slippery when the garden really gets going.

Fruit trees not pruned previously should be pruned, as should bush roses, climbing roses, buddleia, coloured stem dogwood and willows and ornamental elders. It is probably the last month when bare rooted deciduous trees and shrubs can be planted. Snowdrops can be divided and planted "in the green". Greenhouses should be tidied and cleaned, especially the glass, and any empty pots and trays scrubbed.

In the vegetable garden, after the soil is prepared, lettuce, rocket, radishes, spring onions, leeks, onions, broad beans, parsnips, spinach, turnips and early carrots and peas can be sown. Ground for potatoes can be warmed by application of black plastic, and broccoli, Swiss chard and brussel sprouts harvested.


If any new turf needs laying, March is a good time, and lawns look better if the edges are neatened. Any worm casts and mole hills should be dealt with, and if dry enough, the lawn can be cut on a high setting.

Water butts need to be cleaned out (I nearly always find a dead mouse or two) and the downpipes cleared of leaves.

Any plug bedding plants required should be ordered by now as many nurseries start delivery by the end of March - when they arrive they will need potting on promptly.

A busy time, but enjoy your garden!

Kate Stowbridge



The Post Office
at
The Cross

Wednesday mornings 10 - noon

COFFEE BREAK NUTRITION with Suzanne Abbott

WHAT'S GOOD FOR MY TEETH, IS GOOD FOR MY HEALTH

The health of the mouth is an excellent indicator of our overall health. Bleeding gums or teeth that develop a cavity are just 2 markers that point to the fact that our diet isn't as good as it should be.

For strong teeth and gums, the first step is to look at our diet. Are we eating enough vegetables or perhaps we are eating too many sugary foods or drinks which are damaging our teeth and gums. We need to closely look at our diet, to see what's missing or change food that may not be benefiting our wellbeing. We need to remove some foods and replace them with nourishing, good quality foods that will feed our body with vitamins and nutrients the body will flourish on.

How do we go about it in a few easy steps?:

1. **ELIMINATE** all packaged and processed foods. Easier said than done, but if you are serious about improving your overall health, then this is the starting point.

- ◆ Use coconut oil, butter, lard avocado oil and olive oil – this means the spreadable 'butters' have got to go! - as well as processed/refined vegetable oils.
- ◆ White flour needs to be replaced by whole-grain alternatives – brown rice, barley, oats, spelt or quinoa.
- ◆ Remove sugar, which is hidden in many packaged/processed foods, flavoured drinks, fruit juices, cereals, salad dressings, sauces or canned food. The body will crave sugar, but you need to resist! When you get a craving eat a handful of spiced nuts or coconut chips. Have a cup of green or peppermint tea and, of course, avoid artificial sweeteners.

2. **BUILD** - Having eliminated all the processed/refined foods, your body will start to use the vitamins and nutrients from the new, improved, healthy diet.

- ◆ Foods to include in your diet – good quality meat (chicken, beef, lamb or duck), organic meats, whole fish & shellfish, milk, butter, yoghurt, cheese, vegetables, salads, nuts and seeds, good

oils.

3. **BALANCE** – To rebalance your gut flora (the good bugs in your intestines) all you have to do is to eat plenty of vegetables at every meal. It's the simplest and best way to feed the 'good guys' with the vitamins and nutrients your body needs to function properly.

- ◆ Eat plenty of fibre – kale, broccoli, spinach, oats, oatmeal etc.
- ◆ Probiotics – found in fermented foods – sauerkraut, kimchi, kefir, cultured yoghurt, cheese, butter, miso, cider or vinegar.
- ◆ Prebiotics – fermentable fibres that the bacteria in your gut thrive on – onion, leeks, banana, garlic, asparagus or chives.

You can find an abundance of good quality, healthy, organic food in any of our supermarkets to embark on a new way to an improved diet and lifestyle and better overall health, as well as oral health!

Best of health!

Suzanne

Natural Health Consultant
Specialising in Naturopathic Nutrition

The information in this article originates from 'The Dental Diet' by Dr Steven Lin (Hay House UK, 2018)

Based on an article 'Raising a smile' published in WDDTY, January 2018

GT BROMLEY & DISTRICT CRICKET CLUB



100 Club Winners

January

- 1st - Simon Higgins
- 2nd - Judith Peeling
- 3rd - John Taylor

SEVEN RIVERS CHESHIRE HOME

I think we are at long last getting over all the coughs and colds that have been around since Christmas, it's been one of those Christmas gifts you wanted to get rid of and no one would take away. If you have other nicer gift you don't need I will be happy to take those off your hands, we will be going to two car boot sales again this year not only to raise funds for our home but also to raise awareness of what Leonard Cheshire is and does. We are unable to take in small electric items as these need to have a P A T test and we are unable to do this. But we are happy to take in books, small decorative items, soft toys, board games and jigsaw puzzles. So if you have anything that is in good condition please phone me on 01206 230345.

While I'm getting ready for spring, and new fund raising ideas, Easter is coming along with the better weather. For our residents this means more outings and being able to go outside. While they go out shopping, ten pin bowling, theatre trips and garden centres during the whole of the year with the better weather coming they will go on outings to the zoo, air museums, events in Castle park. All things that blow the cobwebs away and make us all feel so much better. And for those residents who

wish to take a holiday, Leonard Cheshire have a holiday home on the Sandringham estate, others will go further afield and some will holiday with their families. All the things to look forward to now come together, the winter weather is nearly behind us and longer days with the promise of sunshine are on their way.

I am also looking for Volunteers to help run events or to give time to our residents, to sit and chat or help them with just joining in everyday things such as playing a game of chess. Your commitment as a volunteer can be as much or as little as you feel you can give. Please, if you looking for something to do with an hour during the week or at weekends please call in and have a look around. We can take volunteers from the age of 18 with no upper age limit.

So have a Happy Easter and take care till next time
Liz

Elizabeth Barrenger
Volunteer Coordinator, Seven Rivers
Leonard Cheshire Disability
Telephone: 01206 230345
Email: elizabeth.barrenger@leonardcheshire.org



RUNNING INTO THE GRAVEYARD 3

The Bromley 10K will take place on April 8th from St. Mary's Church, Lt. Bromley starting at 10.30am. The money raised by the previous two runs has been used to

clear, repair and preserve the church fence. Trees have been made safe and new trees have been planted.

The run is the largest event taking place in the village. This year it has increased further with 600 runners taking part and their supporters. This is in part due to its

inclusion in the Essex series attracting the best runners from our county.

In the past two years we have received some sponsorship from local businesses and support from residents who have marshalled, organised the drinks station and assisted with the many tasks to make this a successful and sort after event. I would welcome additional assistance in any of these ways. It really is a village event for the benefit of the village. Please come and support the event to soak up the friendly atmosphere and community spirit.

Roly Knott, race organiser

Little Dragons Pre-School - Great Bromley & Frating

Church Meadow Bungalow, Hall Road, Great Bromley CO7 7TR
Ofsted Inspected

Website: www.littledragonspreschool.org
Email: littledragonspreschool@gmail.com



OFSTED INSPECTED **OUTSTANDING**

BREAKFAST AND AFTER SCHOOL CLUBS- PLACES AVAILABLE

Tel: 01206 231823/ 07857 503103

We are flexible and happy to take children for the occasional session and times to suit your situation.

If you require further information please call us on the numbers above or pop in to see us.

30 Hours funding for eligible parents comes into effect from September 2017 -give us a call for more details.

On the 25th January we had an unannounced visit from an Environmental Health Inspector. After completing his inspection of the kitchen – we were once again delighted to score a maximum '5'.

At the end of January we had great fun 'skyping' to Australia: - one of our children was in Australia on holiday and we were able to speak to her and catch up with all her news. We also 'skyped' one of our staff members in New Zealand, we had just arrived in the morning and she was about to go to bed! - very exciting.

14th Feb – 21st Feb was National nest box week (Supporting RSPB). The children hung up nesting material to encourage the birds in our garden to use our nest boxes. We also continue to make 'bird cakes' and keep our bird table stocked with food. The children enjoyed watching the many visitors to our garden.

Week beginning 12th March we are holding a 'family week' where we invite Mums, Dads, Grandparents etc. into the setting. This gives them the opportunity to join in with some of our activities and see their child at play.

During the Easter holiday we are once again running some 'holiday clubs' – see below for dates. Places are limited so please book early to avoid disappointment.

FUNDRAISING:

RACE NIGHT 24th March 2018 at Great Bromley Village Hall from 8pm

Tickets £10 each (to be bought in advance) Includes a great fun filled evening and a complementary cold buffet.

For your own enjoyment please feel free to bring your favourite tippie.

ADULTS ONLY,

For more info please call: 01206 231823 or email littledragonsfundraising@gmail.com

Please help us to collect:

Used Printer Ink Cartridges/ biscuit wrappers/ plastic bottle trigger heads and caps from washing up bottles.

OUR RECYCLING STATION now makes it easier to drop off items

We have set up an area - across the car park to the right of gate - with boxes for you to drop off collected items. Thank you.

We take children from the age of two years and offer a 'home visit' to families of children prior to them starting Pre-school. This gives the child the opportunity to meet their key-person in their own home, aiding the transition stage to pre-school. It also enables us to collect and share information in a confidential environment.

For further information or to arrange a visit to the setting please contact us on the above number.

Party Table and Chair Hire

Having a party for Pre-School children?

We can offer 4 perfectly sized tables & 20 chairs.

Deposit only £10 Tables only £5.00 each

Chairs Only £1.00 each

Collection Only - Contact us: Tel: 07857

503103 Email:

littledragonspreschool@gmail.com

Dates for diary:

Thursday 1st March

Mon 12th March

Saturday 24th March

Fri 30 March–Fri 13 April

Wednesday 4th April

Thursday 5th April

Tuesday 10th April

Wednesday 11th April

World Book Day

Family' week

Race night

Easter Holiday

Holiday Club

Holiday Club

Holiday Club

Holiday Club



ST. GEORGE'S (C OF E) SCHOOL, GT. BROMLEY

Telephone: 01206 230305

Class 1 Outdoor Area

Class one had been eagerly awaiting the completion of our outside classroom and it is finally finished! They have been following each stage of development and have made a class book as a record. As part of their topic 'materials' they have also been talking about what was used to build the different areas. The children now have a climbing wall, grass tunnel and an amazing story telling area, complete with storytelling chair!



Squash report

For the past six weeks, four Year 6 pupils have been taking part in The Roman Cup, a squash tournament for local schools. We came second overall and therefore qualified to take part in the Essex School Games Finals.

Immy Fincken, Eleonore Dewey, Isaac



Lazarus and Nick Breeden were all very excited as we left for The Garrison. We played four schools: West Mersea, Felsted, Elmstead and Holland Park. We came second in our league and reached the semi final which was against Ardleigh (our local rivals!) After some marvellous squash from them all, we were through to the final. The final was hard fought but in the end West Mersea got the better of us but we were delighted to be runners up.

Wanted - Cups and Saucers

The PTA would be grateful for any donations of cups and saucers for their Mother's Day Craft. Please bring them to the school office. Thank you for your support.

EE 'shoebox' to tackle broadband not-spots

Telecoms company EE has revealed plans to sell a 4G antenna that promises to bring fast broadband internet to thousands of homes in rural areas.

EE's Simon Till said the "shoebox-size" antenna would let more people access the company's 4G broadband service. The company said it had delivered speeds of 100Mbps to homes during a trial in Cumbria.

EE already offers home broadband, either through a fixed phone line or over the 4G mobile network's system.

It said its new antenna installation service was designed for homes in areas where fixed line service was poor or not available at all.

Telecoms watchdog Ofcom defines decent broadband as a speed of about 10Mbps to download.

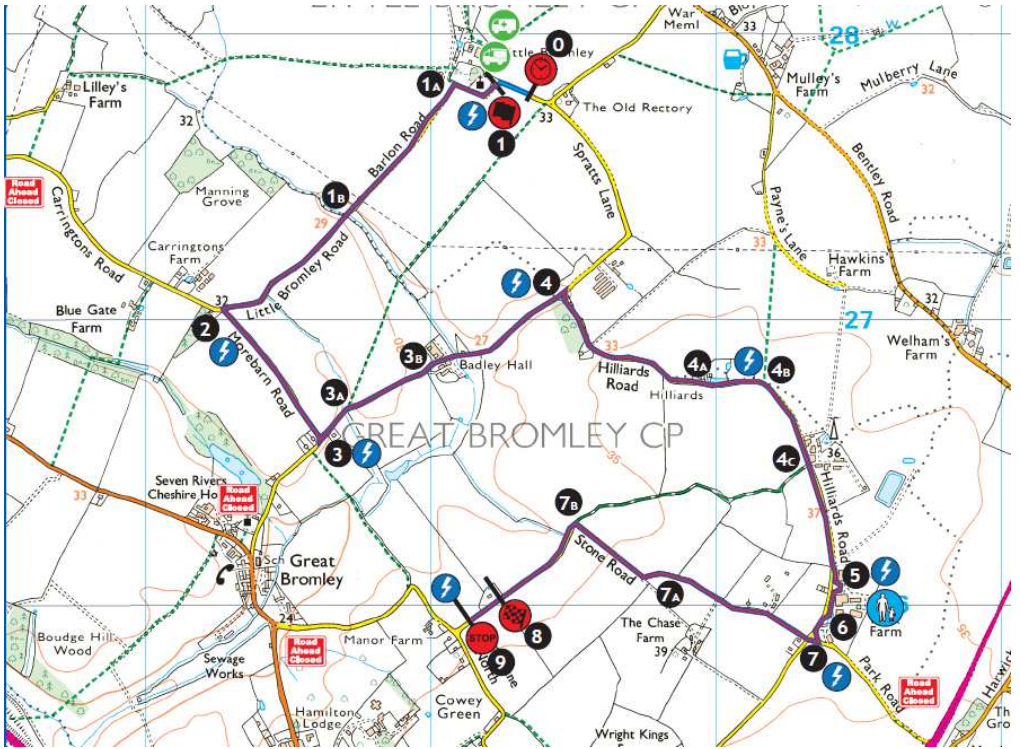
At that speed, downloading a high-definition film could take up to 90 minutes, according to Ofcom.

EE said its 4G home broadband could deliver download speeds of up to 100Mbps and upload speeds of about 10Mbps. However, it is possible that areas too remote for fixed broadband also have poor 4G coverage.

EE will charge people £100 to have a broadband antenna installed on their home. The device will typically be mounted high up, facing the nearest EE mobile phone mast. It will be connected by a cable to a modem and wi-fi router inside the property, to give the residents wireless internet access. EE said its most expensive package would give homes a 200GB monthly data allowance for £60 a month. Similarly priced fixed broadband packages are usually advertised as "unlimited".

For full article by Chris Foxx, BBC News Online Technology reporter of 9 February 2018 go to <http://www.bbc.co.uk/news/technology-42995210>

CAR RALLY IN GT & LT BROMLEY 22 APRIL 2018



2018-19 EVENTS

MARCH

- 2 World Women's Day of Prayer, Lawford church
- 3 APCM, St George's church, after morning service
- 4 Essex & Herts Dog Walk, Marks Hall, 10.30am
- 7 WI meeting, Village Hall, 7.30pm
- 14 Gt Bromley parish council meeting, Village Hall, 7.30pm
- 15 Friendship Club meeting, Village Hall 2.00pm
Lt Bromley Parish Council meeting, The Haywain, 7.30pm
- 24 Race Night, Village Hall, 8.00pm
- 25 Great Bromley Litterpick, meet at The Cross Inn car park, 10.00am
Presentation about Muheza Hospice Care, Bradfield Village Hall, 7.00pm

APRIL

- 4 WI meeting, Village Hall, 7.30pm
- 8 Running into the Graveyard 3, start from Lt Bromley church
- 11 Gt Bromley parish council meeting, Village Hall, 7.30pm
- 19 Friendship Club meeting, Village Hall 2.00pm
- 22 Car Rally in Great and Little Bromley
St Helena Hospice Pier to Pier walk
- 23 St George's Day
- 28 Concert, St James' church, Clacton-on-Sea, 7.30pm

MAY

- 2 WI meeting, Village Hall, 7.30pm
- 6 Bluebell service, Lt Bentley church
- 9 Gt Bromley parish council meeting, Village Hall, 7.30pm

Come and see a short film and hear about

MUHEZA HOSPICE CARE

at Bradfield Village Hall
on Monday 26th March
7.00pm for 7.30pm

Muheza Hospice Care is a palliative care service in Tanzania started with funding from the Diana Princess of Wales Memorial Fund

Guest speakers:
Drs Richard and Karilyn Collins M.B.E.

Free entrance - Light Refreshments
Raffle - Donations



PRE-REGISTER NOW FOR YOUR FREE BOGGY BANDANA!

HELI Funds
WALK AT 10.30am
SUNDAY 4th MARCH 2018

SMALL PAWS, BIG DIFFERENCE.

You'll walk for 5km through the beautiful gardens and woodland of Marks Hall, surrounded by hundreds of other four-legged friends.

Tickets £7.50 on the day or register in advance for just £5 - get tickets on www.ehaot.org or by calling 0345 2417 690



Great Bromley Plant Sale

Saturday 26th May
11am-1pm

Great Bromley Village Hall



The annual sale of locally grown and donated plants in aid of Great Bromley Village Hall funds.

Donations very welcome, please contact Kate on 07592735600 to arrange collection

RUNNING INTO THE GRAVEYARD 3

The Bromley 10K will take place on 8th April from St. Mary's Church, Lt. Bromley starting at 10.30am.



Little Dragons Pre-School

RACE NIGHT

24th March 2018
at Great Bromley Village Hall
from 8pm



Tickets £10 each (to be bought in advance)
Includes a great fun filled evening and a complementary cold buffet.

For your own enjoyment please feel free to bring your favourite tittle.

ADULTS ONLY,

For more info please call: 01206 231823 or email
littledragonsfundraising@gmail.com

Great Bromley Litterpick

The Spring Litterpick will take place on Sunday 25th March meeting at 10am in the Car Park of the Cross Inn.

Volunteers (the more the merrier) need to be over 16 years of age and should bring appropriate footwear and gloves. Hi-visibility clothing and litter grabbers will be provided.



More details can be obtained from Owen Blowers on 07879 433716.

World Women's Day of Prayer

On 2nd March
at Lawford Church

FOUR GREAT COMPOSERS

Saturday, 28 April 2018 at 7.30 pm
Clacton Choral Society accompanied by the Kingfisher Sinfonietta will perform music from Bach, Handel, Mozart and Haydn
St James' Church, Tower Road, Clacton on Sea, CO15 1DA



Walk to support St Helena Hospice at Pier to Pier 2018!

Come together with your friends, family and work colleagues on Sunday 22nd April and enjoy the sea air and fantastic atmosphere at the St Helena Hospice Pier to Pier 2018 sponsored walk!

You can start your walk at 10am from either Clacton or Walton Pier and have a choice to walk 7 or 14 miles. The walk is a great opportunity to reminisce on good times with loved ones or to catch up with friends. Lots of our walkers take part in memory of someone close to them who has died, walk for a catch up with old friends, or sign up a team from work to get to know each other better!

For regular dog walkers, the Pier to Pier route can offer a change of scenery for the usual Sunday dog walk. Dogs are welcome as long as they are on leads.

Register for free today by visiting sthelenahospice.org.uk/piertopier18 or by calling the events team on 01206 931468. Walk in memory of a loved one, or to help the hospice support families in the local community.

LITTLE BROMLEY PARISH COUNCIL

Email: littlebromleypc@gmail.com

Lt Bromley Parish Council are pleased to see that the work on the Vehicle Activated Signs has begun. Two posts have been sited and we are now waiting for the actual signs to be fitted - hopefully now they've started the work it won't be too much longer.

We also have some good news from BT re the Broadband. We have correspondence from them saying they have plans to deliver Superfast Broadband to 97% of the addresses in Little Bromley by the end of 2019. We have managed to get to this position with the funding that TDC put in place in December and by showing BT the support that Superfast Broadband has in our Village - so thank you to all of you who signed the BT form in the past couple of months.

A reminder that the Chelmsford Motor Racing Club are holding their Car Rally on 22nd April and roads will be closed in and around Lt Bromley and surrounding Villages on that day. There are 2 routes (*see rally route map on page 15 - Ed.*) round Lt Bromley - the first one from Ardleigh Road next to the Council Depot - over the railway line - to the substation and up Grange Road and the 3rd stage from the Church along the back roads past Hilliards Farm through to Park Farm. Details of the event can be found here: <http://corbeauseatsrally.co.uk/>

The next meeting of the Council will be held on the 15th March, 7.30 pm at The Haywain.

GREAT BROMLEY PARISH COUNCIL

www.gbpc.org.uk

Clerk: Lizzie Ridout Email: clerk@greatbromley.org.uk

Most of you may know by now that, despite many residents' and the Parish Council's objections, the Tendring & Clacton Rally is going ahead on Sunday 22nd April 2018. We wish to remind residents that this is not a Tendring District Council event. For further information, so you can prepare in terms of safeguarding yourselves and your properties, please check the website www.chelmsfordmc.co.uk and contact the owners of the club with any concerns you may have. (*see rally route map on page 15 - Ed.*)

The issue of parking around St George's School remains a problem. Can we please respectfully ask parents and carers of children to park legally and safely at all times.

Essex County Council has approved the Cross Inn as a venue for a community library and this will potentially be open at

the start of April.

Finally, a litter pick will take place on Sunday 25th March, 10am meeting at The Cross Inn car park. All volunteers over 16 are welcome - please wear a hi vis jacket if you have one. Litter pickers provided.

Lizzie Ridout
Parish Clerk
clerk@gbpc.org.uk

PLANNING DETERMINATIONS

REFERENCE	PROPOSAL	LOCATION	DECISION
17/01720/FUL Mr & Mrs Brazier	Variation and amendments to approved scheme 17/00424/ FUL & improvements to an existing vehicular access.	Bush Farm, Hall Road, Great Bromley CO7 7TR	Approval - Full 08.01.2018 Delegated Decision
17/02056/DETAIL Mr L Foster - LK Developments Ltd	Residential development of 2 no. detached dwellings (reserved matters application following approval of 14/00792/OUT) - alternative design and layout to previously approved 16/00399/DETAIL.	The Cross Inn, Ardleigh Road, Great Bromley CO7 7TL	Approval - Reserved Matters/ Detailed 30.01.2018 Delegated Decision

PLANNING APPLICATIONS

REFERENCE	PROPOSAL	LOCATION
17/02192/FUL Mr & Mrs Jarvis	Proposed small infill link between main house and pool building. Great Bromley Parish Council voted against the application as it made it an extension of the house, as 16/02042/FUL refers.	Morants Lodge, Colchester Rd, Gt Bromley, CO7 7TN
17/02117/OUT Mr & Mrs Bennett	Outline planning application with all matters reserved for three dwellings. Great Bromley Parish Council requested that the application be called in to TDC's Planning Committee for the following reasons:- Outside development boundary; Grade A agricultural land; Not sustainable; No local facilities; Planning statement re 5yr housing supply – debatable; Detrimental impact on landscape; and houses of that size are not needed.	Land to Field House, Parsons Hill, Great Bromley CO7 7JF
17/02199/FUL Mr Nick Lines	Erection of one detached bungalow and two detached houses. - Proposed alteration to already approved application (17/00629/FUL). Additional Juliet Balcony to Plot 3. Great Bromley Parish Council had no objection.	Kia, Frating Road, Great Bromley CO7 7JW
18/00055/FUL Toad Hall Free Range Eggs	Erection of an agricultural dwelling to replace temporary mobile home approved under 16/00874/FUL. Great Bromley Parish Council objected to the application because the siting of house is too close to the chicken sheds and previous applications were refused on this point due to poor air quality. There was also no environmental statement.	Land East of Hall Road, Great Bromley CO7 7TR

PLANNING APPLICATIONS

REFERENCE	PROPOSAL	LOCATION
18/00100/TPO Mr Martin Frostick	1 No. Oak - All branches and epicormic growth removed from trunk up to 3.2 m Great Bromley Parish Council had no objection.	Copley Dene, Parsons Hill, Great Bromley CO7 7JA

DISTRICT COUNCILLOR NEWS

I mentioned in my last notes that I would place a motion before the full council at the next meeting of Tendring District Council. My motion referred to Essex Police Casualty Reduction Officer stating "Speed Kills". I called on Essex County Council Highways Portfolio holder to agree to a variable 20mph speed limit outside schools and a 30mph speed limit in all towns and villages in Tendring. I am very pleased to say the motion was carried, all but two councillors voted in support. The two councillors that didn't support the motion are both Clacton on Sea councillors.

I am sure you will have read in the press that the proposed car rally to be held around our villages in April has been given the go ahead by Essex County Council Highways. There has been considerable opposition to this rally by residents and councillors in Tendring, however it is a decision by Essex County Council and local councillors do not have a say in the decision making. (*see rally route map on page 15 - Ed.*)

Tendring District Council have voted for a 3.17% increase in the district council tax from April this year during its annual budget meeting. Again, all councillors voted for the budget except for one of the same councillors that voted against my motion. Within the budget it was agreed to continue with the free parking for our residents. It was also agreed to top up the Big Society budget by £100,000; this enables Tendring voluntary groups to make applications for grants.

The A120/Harwich Road roundabout is progressing very well at the moment with

the reasonable weather helping to avoid any holdups. It is hoped that phase one, which is expected to last until the end of May, will see drainage work completed and minor roads built. The roundabout should be completed by the end of this year.

Fred Nicholls

The Great Bromley Cross

*Community-owned
community-managed community-run*

Pub Open Thursday 6:30 – 11:00
Friday 6:30 – 11:00
Saturday 6:30 – 11:00
Sunday 12:00 – 3:00

Cafe/Post Office Wednesday 10 – noon

Sun 4 Mar Sunday Roast - £13.50
Booking essential

Thu 8 Mar Monthly Charity Quiz - 7:30
for 8pm. Booking essential

Sat 10 Mar Esther's Best Middle Eastern
Night. £19.95 for 2 courses.

Sat 17 Mar St Patricks. Open midday,
rugby from 2:45 and Irish
Stew from 5:30 to 9pm

Sun 18 Mar Sunday Roast - £13.50
Booking essential

Sun 25 Mar Spring Dog Walk. Meet in the
car park at 11.

info@greatbromleycross.co.uk
www.greatbromleycross.co.uk
Tel. 01206 621772

MARY ELIZABETH CLARKE 1936-2018



Mary was born at West Ham, East London on 12th of September 1936. Her early life with her parents in West Ham was interrupted by many operations and visits to the Great Ormond Street Hospital. Mary's father died when she

was only eight, so her upbringing was very tough. During the Second World War she was evacuated with her brother to Birmingham and then spent the rest of her childhood in Hornchurch, with early schooling at Elm Park and then Dury Fall Senior School.

Once schooling was finished in the 1950s she started work in London as a typist, where she met Marjorie and they became life-long friends. Marjorie introduced Mary to Maurice and eventually the happy couple were married on 2nd of April 1955 at the local Parish Church in Hornchurch.

Their honeymoon was spent in a caravan at Walton-on-the-Naze which belonged to Maurice's Aunt Lena. On the Sunday morning they were woken by loud explosions and the caravan rocking, which turned out to be detonation, on the beach, of land mines and ordnance left over from the Second World War.

Then Maurice and Mary moved into a flat within Aunt Ada's house at Leyton, East London. As young people they wanted to update their flat, and repainting was the cheapest way. Maurice started the work but Mary wanted to help out, which was her nature throughout life. She started painting the sash windows and had perched the paint pot on top of the ladder. When one side was done, the ladder had to be moved over to the other. Unfortunately, she did not move the paint pot first! It fell down onto her felt dress which absorbed the paint and had to be thrown away. From this day on, Mary never painted anything again.

As time went on they moved to Moulsham Lodge in Chelmsford, onto Doddinghurst near Brentwood and finally to Great Bromley.

Mary had worked for Harold Wood Hospital as a medical receptionist for many years and then subsequently at St Mary's Hospital and Essex County Hospital in Colchester, where she made many friends. When she retired she devoted her time to the community with various meeting groups, which included the Friendship Club and the Women's Institute. She became secretary of the W I and held this position for some years. As Mary was an avid cake maker, these organisations and various charities enjoyed donations of many lovely cakes. In the last few years she even went back to school at Great Bromley, teaching young children to knit.

Mary was always a caring person, helping people whenever she could, whether they be friends, neighbours or relatives. She tirelessly looked after her ill mother and



three Aunts for many years.

Her two sons, Malcolm and Paul, were born three years apart on the very same day, 27th of October. When her Grandchildren arrived she had a great love for them and always enjoyed seeing them.

Mary enjoyed going on holidays, especially the trips to relatives in Canada and visits to stately homes in the UK, where she loved the gardens. Mary and Maurice were keen members of Elmstead Market Gardening Club, and they eventually made it to the Chelsea Flower Show last year.

There was the occasion when Maurice launched the new boat he had built. Mary was holding the rope attached to the

boat and Maurice told her to stand still, but Mary did not. Consequently there was a double launch, as she fell backwards off the quay into the water!

Mary had a great love of music and especially military music, for some reason? When researching the family history, it was found that her Great, Great Grandfather Alfred Phasey was in fact a founder of the Royal Military School of Music and, as a musician to Queen Victoria, he was involved in the music for the original Crystal Palace, so that was obviously in her genes.

Mary died peacefully after battling a short illness. She had touched a lot of lives in one form or another over the years, and will be sadly missed by many people.

ALFRED BENJAMIN LUCAS (1878-1918)

One hundred years ago this month, the stalemate that had existed on the Western Front for over three years was shattered by a series of German attacks directed primarily against the British Expeditionary Force. Amongst the thousands of British dead was Alfred Lucas.

Alfred Benjamin Lucas was born in Dovercourt in 1878, the eldest son of Daniel Lucas from the town, and his wife Emma Jane (nee Boxold), originally from Sussex. Alfred grew up in Dovercourt, possibly raised by his maternal grandparents Benjamin and Jane Boxold. After leaving school he followed his father's trade as a Carpenter and Wheelwright.

In the summer of 1904, he married Edith Eliza Payne, from Chequers Road, Little Bromley, who brought a four year old son called Hilton to the marriage. How Alfred and Edith first met is not known, but Alfred's parents moved to Jasmine Farm on Bentley Road, Little Bromley in the early 1900s. The April 1911 Census shows Alfred, Edith, their daughter Elsie Emmeline (born 1909) and Hilton, living at 111 Harwich Road in Parson's Heath. At some point in the next three years, the family moved to Wix.

Alfred volunteered to join the Essex Regiment in December 1914 at Colchester, and was posted to their 10th Battalion. In

late July 1915 his Battalion was sent to France as part of the 18th (Eastern) Division. Amongst the battles that they took part in over the next two and a half years were The Battle of the Somme in 1916 and the Third Battle of Ypres the following year. In the early hours of 21st March 1918, the Germans launched the first and largest of a series of massive attacks. Various called the Kaiserschlacht (Kaiser's Battle), the March Offensive, or the Ludendorff Offensive, it quickly resulted in the greatest advance made by either side on the Western Front since the autumn of 1914. That morning, Alfred and the 10th Essex were manning a section of the front near the village of Ly-Fontaine, south of St. Quentin. Many British units in the area were completely overwhelmed by the size and severity of the German assault. The 10th were fortunate to manage to withdraw with the greater part of their personnel intact, but sadly Alfred was not among them.

Alfred has no known grave, and is officially commemorated on Panel 52 of The Pozieres Memorial. This Memorial commemorates over 14,000 casualties of the U.K. and 300 of the South African Forces who have no known grave, and who died on the Somme between 21st March 1918 and 7th August 1918. M.A.



STOUR VALLEY MEN'S PROBUS CLUB

Recent Meetings

Our two meetings in February were on the 7th and 21st when Dudley Chignall talked on "Journey to paradise" and David Whittle on "How the Victorians developed Dovercourt" respectively. On Wednesday 7th March Grant Elliot returned again and this time his subject was "The Life of Chic Murray"

Future Meetings Diary Dates

We hold our Annual General Meeting on Wednesday 21 March and on Wednesday 4 April Bob Milne will talk on "The assignation of the Italian Barber". Oliver Paul, from the Suffolk Food Hall, voted the best Local Food venue in the UK & Ireland in the Countryside Alliance rural oscar, will speak to us on Wednesday 18 April and his subject is "Food and Farming Heritage".

Meeting Venue

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB

New members are welcomed

Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30am. Please contact Speaker Secretary Dave Carman on 01255 880202 for further details.

THE THIRD AGE TRUST



THE UNIVERSITY OF THE THIRD AGE

STOUR VALLEY U3A

Recent Meetings

At our meeting on 14 February Robert Burrige spoke on "Scott, Amundsen & The Race To The South Pole". He concentrated on the personalities of both men, their leadership styles and the equipment they used to show their characters & their epic achievements in the face of huge difficulties.

Future Meetings & Diary Dates

"The Life And Times Of Sir Alfred Munnings" is the subject for the 14 March meeting. Marcia Whiting, Curatorial Associate at The Munnings Museum will give an illustrated presentation exploring his life & wide ranging subject matter, including portraits, landscapes & rural scenes as well as the horse paintings for which he is so well known. On Wednesday 11 April Professor Wendy Harwood will speak on "GM Crops – where are we now?" She will cover what the technology is, how it has developed from the first GM crops, how the new technology of gene editing fits in, the

current situation worldwide and what is in the pipeline. Roger Kennell will talk on "William Pretty – A Suffolk Family & Corset Manufacturer" on Wednesday 9 May. His illustrated presentation follows the major corset making business of William Pretty & Son at Ipswich (& its outpost factories) which was part of the Footman Pretty department store, now Debenhams.

Membership

Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook,

ST GEORGE'S PEAL BOARD

The new peal board celebrates the 50th anniversary (2016) of Mr David Wenden ringing his first peal at St George's Church, Great Bromley and 50 years of continuous service as a ringer at St George's. A quarter peal was rung on 28th January before evensong and our vicar, Canon Simon Heron, then unveiled the peal board. He expressed thanks for David's long service, and for his leadership and encouragement to ringers at Great Bromley. After Evensong, led by Revd Laura Garnham, there was a social gathering with wine and refreshments to celebrate the occasion. Philip Erith was one of the ringers and read one of the lessons at the service: the peal board records that he was also one of the ringers 50 years ago at David's first peal.

A peal board is erected to mark big anniversaries when a full peal of bells is rung. The wooden board lists in fine lettering the occasion, the ringing methods used, and the names of the ringers. A full peal takes great skill and concentration by the six ringers and lasts for nearly three hours. If you would like to see the peal board (and the three earlier ones dating back over a hundred years) you are always welcome to visit St George's. If you are interested in finding out more about the bells and perhaps having a try at ringing please contact David Wenden. You could be part of the next generation skilled in the ancient art of bell ringing!

See cover photographs

KITCHEN CORNER

Marmalade Cake

This recipe was given to me by the late Edna Sutherland, a long time member of the WI.

Ingredients:

8 ozs Plain flour
3 level tsp baking powder.
pinch salt
4 oz butter or margarine
2 oz caster sugar
2 eggs beaten
1 tsp grated orange rind

3 tbs thick marmalade
2 tbs milk

Method:

Mix flour, baking powder and salt then rub in the butter. Add other ingredients and mix well together, put in lined tin.

Bake for 1 hour at 350 F.

Jill Frostick

/ Continued from previous page

Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the ThirdAge Trust, have nearly 300 members and over 35 groups. For further information please visit www.stourvalleyu3a.org.uk where membership secretary Gillian Gibbs may be contacted.

Meeting Venue

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for

2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except August and December.

Remember

It's never too late to learn! Join over 400,000 members across over 1,000 U3As throughout the UK today!

FROM THE RECTORY

I was asked recently why the date for Easter moved around so much, whereas the date for Christmas is fixed. It's an excellent question, to which the answer is somewhat counter-intuitive; we are more certain we know the right day for Easter, which is on a different date every year, than we are for Christmas, which stays the same.

Christmas Day being December the 25th was only decided at some time in the early to mid 4th century although the actual reason for the choice is no longer clear. It may well have been to coincide with one or more ancient pagan festivals that happened around the winter solstice. A definite date given to an event that could have happened at any point of the year.

The actual day for Easter though is easier to place with some accuracy. The Gospel accounts of the crucifixion have Jesus and his disciples going to Jerusalem to celebrate the Passover feast just days before he dies. The Passover is a moveable feast, the date changing year by year. And so therefore is Easter. Easter Sunday is celebrated on the first Sunday after the full moon following the Spring equinox - the time when the length of the day is the same the world over. Complicated isn't it!

So as we know when the Passover is celebrated, we can know with some certainty that the day we celebrate his resurrection is the day that it actually happened some 2000 years ago. Unfortunately, knowing the actual date is impossible, as we don't know what year Jesus was born!

The Christian faith is full of certainties. But also many unknowns. We know that God created the world. But we don't know how. We know that Jesus promised to come back again. But we don't know when that might happen.

So when we gather with many friends on Easter Sunday morning we come with unanswered questions. What we know with certainty is that Jesus loves us enough to die for us, but also knowing that the grave couldn't hold him. That on that day - whenever it was - death was defeated. I hope that we'll see many of you over the Easter period and together we can worship the risen Christ.

Simon

Rev Canon Simon Heron
Lawford, The Bromleys & Little Bentley
Area Dean of Harwich
01206 392659
www.lawfordchurch.co.uk
'Loving God. Living Life.'

FRIENDSHIP CLUB

Due to illness and bad weather our January meeting was cancelled. Subs will now be due at our next meeting.

Sadly, during January we lost a very long serving member of the Committee, Mary Clarke. Mary will be greatly missed by us all, and we send sincere condolences to her

husband, Maurice, and to all her family.

Our Speaker for March is a representative from Wiltshire Farm Foods. We look forward to having a chance to sample their fare! The competition - any old tin.

Sylvia Ward



Services for December and January

March 4th	Third Sunday in Lent 9.15am Holy Communion (BCP) 10.30am Election of Churchwardens & Annual Parish Meeting
March 11th	Mothering Sunday (Fourth Sunday in Lent) 10.30am Parish Eucharist (CW1)
March 18th	Fifth Sunday in Lent 9.15am Family Service
March 25th	Palm Sunday 10.30am Procession & Eucharist (CW1) 6.30pm Evensong (BCP)
March 29th	Maundy Thursday 7.30pm Holy Communion at St Mary's Lawford
March 30th	Good Friday 2.00pm Good Friday Service
April 1st	Easter Day 9.15am Holy Communion (BCP)

See Bromley Messenger or websites for details of other services at Lawford and Little Bentley.

2018 Lent Course at Lawford on Wednesdays at 7.30pm for details please contact the Vicar.

Vicar:	Revd Canon Simon Heron	01206 392659
Churchwardens:	Mrs Jenny Nicholls	01206 230688
	Mrs Yvonne Cobbold	01206 230360

The church is open daily and you are welcome to visit.

St Mary's church, Lawford			St Mary's church, Little Bentley		
Every Sunday	8.00am	Holy Communion	1st Sunday	10.30am	Morning Prayer
1st Sunday	10.30am	Holy Communion	3rd Sunday	10.30am	Holy Communion
2nd Sunday	10.30am	Family Service			
	6.30pm	Evensong			
3rd Sunday	10.30am	Holy Communion			
	6.30pm	Café Church			
4th Sunday	10.30am	Morning Worship			
Wednesdays	9.30am	Holy Communion			

St Mary's church, Ardleigh		
1st Sunday	10.3am	Parish Eucharist
2nd Sunday	8.00am	Holy Communion
3rd Sunday	10.30am	Parish Eucharist
4th Sunday	8.00am	Holy Communion

J.A.M. DROP-IN

Every Friday in St George's church
Term time only
Parents and children welcome
All are welcome
3.00pm to 3.45pm
Refreshments, activities

Church Lunch

Friday 2nd March at 12 noon
Please come & join us for friendship & fun.