

The Messenger

The Magazine of
the villages of
Great & Little
Bromley

October 2018

Vol: 2 No: 10



BAT WATCH in LITTLE BROMLEY

The Friends of Little Bromley Church held a very successful bat watching evening on 17th August in and around the Church. Thankfully the weather was kind to us! Thanks to everyone who attended and especially to Roger and Sylvia Jiggins from the Essex Bat group who gave a very interesting talk. There was a display showing the different species of bats and pictures of our Church showing where the bats are roosting. After refreshments, everyone went out into the Churchyard where Bat detectors were handed out and the bats put on a display for everyone!

We identified 3 species of bat - the Brown Long Eared bat, the Soprano Pipistrelle and the Common Pipistrelle.

Bat numbers are drastically down in the country due to many factors including destruction of their habitat, the cutting down of hedges and a drastic decline in insects but bats seem to be thriving in and around Little Bromley which is good news.

If you would like to find out more about the different species of bats and learn how to help them - then contact essexbatgroup.org who are always looking for volunteers.

THE FIRST PAGE

The harvest festivals are over and we are heading into Autumn - quickly it now seems. The long hot summer is over, the grass is recovering and autumnal fruits and berries grace the trees and hedges ready for picking. Soon the leaves will turn. I write this with the wind of Ernesto (I think!) blowing fairly strongly outside and lighter objects are being blown about. I feel fortunate not to live in annual fear of the typhoons and hurricanes some countries experience with the possibility of everything being destroyed in moments.

Last month there was an article on identity fraud. This month there is one on telephone scammers. It is dreadful we have to alert you as to



how to avoid these crimes but they seem almost a part of modern daily life.

However last week I inadvertently found a way of avoiding the phone and such calls. I had been talking to my sister ringing off when the doorbell rang. Having dealt with that I had my breakfast. Later when needing to use the phone I found that I could not find it. I looked everywhere and then a couple of times again but nowhere was it to be seen. I found myself, whatever I was doing, looking for it. I even rang it from my mobile but only the phone's base station, standing empty, rang! It was missing for three days! I know you will laugh but I care not - I found it in the food store cupboard behind the tomato ketchup. What a plonker!

Hallowe'en this month. Have fun.

Leonie

MATERIAL for the **NOVEMBER 2018** edition of 'The Bromley Messenger' should reach the Editor, Leonie Henderson, by

14th OCTOBER 2018 please. Contributions from anonymous sources will not be printed. Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.

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For details of availability and costs for **ADVERTISING** in the 'The Bromley Messenger' please contact the Treasurer on 01206 230537

The 'Bromley Messenger'

is very grateful and thanks all those who by their donations have sponsored this month's magazine through
PERSONAL AND CLUB DONATIONS

PLEASE SUPPORT OUR SPONSORS & ADVERTISERS

KITCHEN CORNER

Salmon with tarragon cream sauce

This recipe serves 2 people:

450g salmon fillets about 2.5 cm thick
3 tbs each chopped tarragon and parsley
50g butter
1 clove garlic squashed flat
4 tbs cream fraiche
lemon juice.

Cut the salmon fillets into pieces across their width about 4cm wide. Scatter chopped herbs on a plate and roll the salmon pieces in them, pressing down on them to adhere to the fish. Melt butter in a

shallow pan over medium heat and add garlic. when foaming add the fish cook 3-4 minutes till opaque. The butter should be browning and fizzing, stir in the cream and leave to melt. Season with salt and black pepper if wished, and just before you scoop out the fish squeeze a little lemon juice into the sauce.

Jill Frostick



FRIENDSHIP CLUB

Our Auction in August made a profit of £52.05. and the afternoon was enjoyed by all. Thank you once again to Pat for being our Auctioneer for the afternoon.

The venue and date for our Christmas meal are still under discussion

We have again been invited to the Harvest Praise at the village school. This will be on Tuesday 25th September at 2pm. Numbers

of those wishing to attend will be taken at the next meeting.

At our October meeting Richard Hall, a Country and Western singer, will be entertaining us and the competition an article made by each member.

Sylvia Ward

GREAT BROMLEY PARISH COUNCIL

www.gbpc.org.uk

Clerk: Lizzie Ridout Email: clerk@gbpc.org.uk



The Speedwatch sessions, which are co-ordinated by Neil Skinner, are in need of more volunteers – full training is provided so if you are keen to help out with this scheme please do let me or Neil know via clerk@gbpc.gov.uk.

On the subject of speeding, we have submitted to Essex Highways a request to extend the 40mph speed limit to the Parish boundary on Colchester Road. We know this could take some time but are hopeful for this action to be implemented.

We have been made aware that the Council could fund its own volunteer police officers as part of Essex Police's Community Specials scheme. Under the scheme, the council could fund the expenses of volunteer police officers who will be designated to the Great Bromley area. Leigh-on-Sea has taken up the scheme already.

Roger Hirst, Police, Fire and Crime Commissioner for Essex, said: "We know that safe and secure communities are the bedrock on which we build wellbeing and prosperity for all. This initiative is a great example of how by working together with local parish and town councils we can help communities keep safe.

"These fully warranted roles will also provide local people with the opportunity to make a huge contribution to the communities in which they live. It's really

positive that Leigh Town Council has taken up this opportunity and I'm looking forward to seeing it work in action. The public wants more local, visible and accessible policing and this will make a big difference to the people of Leigh."

Community Specials are committed to policing the area that pays for them. However where a critical incident occurs, for example a terrorist attack, the Community Special may be called on to help in another area of the county.

Anyone interested in this role can find out more at <http://www.essex.police.uk/specials>

Progress on the Harwich Road roundabout is slow and we will be writing to Cllr Kevin Bentley to highlight the ineffectiveness of the traffic management plan, as well as the impact to residents and local businesses.

Broadband remains a constant issue and one that we feel is worthy of a public meeting. We'll be inviting officers from Essex County Council, Superfast Essex Broadband and County Broadband - (date to be advised – watch this space).

Our next meeting is on Wednesday 10th October 2018 at 7.30pm and residents are welcome to join us.

Lizzie Ridout
Parish Clerk
clerk@gbpc.org.uk

PLANNING DETERMINATIONS

REFERENCE	PROPOSAL	LOCATION	DECISION
18/00778/FUL Toad Hall Free Range Eggs	Erection of a storage building.	Bush Farm, Hall Road, Great Bromley CO7 7TR	Refusal - Full 10.08.2018 Delegated Decision
18/01029/FUL Mr Hearsum	Cart lodge to the front of property.	Wilma Cottage Frating Road Gt Bromley CO7 7JJ	Approval - Full 23.08.2018 Delegated Decision

PLANNING APPLICATIONS

REFERENCE	PROPOSAL	LOCATION
18/01264/OUT Mr & Mrs Martin O'Brien	Variation of conditions 05 (bus stop) and 06 (footpath) on planning consent 16/01040/OUT. Great Bromley Parish Council supports the application.	Little Paddocks, Frating Road, Great Bromley CO7 7JL
18/01356/FUL Mr & Mrs Burton	Proposed two storey rear extension and single storey front extension. Great Bromley Parish Council is neutral to the application.	Thirn Las, Chase Road West, Great Bromley CO7 7UA
18/01406/LUEX Mr Ralph Daff	Application for a Lawful Development Certificate - continuous occupation of Greshams Farm in breach of agricultural occupancy condition. Great Bromley Parish Council had no comment on the application.	Greshams Farm, Harwich Road, Great Bromley CO7 7UH
18/01452/TPO	1 No. Oak Tree - reduce crown by 30% Great Bromley Parish Council had no objection to the application.	4 Peace Cottages, Badley Hall Road, Great Bromley CO7 7UX
18/00799/OUT Mr Shimwell	Proposed erection of 2 no. four bedroom dwellings and a detached double cart lodge (amended plans) GBPC comment previously submitted: <i>GBPC had no objection to the application but had concerns over the condition and ownership of the access road and how it would be maintained in the future. It was also development outside of the village envelope and not on mains sewerage</i> Great Bromley Parish Council notes the improvement made in access but previous concerns remain.	Land rear of Essex House, Harwich Road, Great Bromley

REMEMBRANCE WREATHS

For any individual or group requiring a wreath for Remembrance Sunday, please contact Mr Eugene Horgan direct on 07939 086034 or eugene.horgan@btinternet.com

MORE THAN JUST A FARM

With harvest now over many farmers have been cultivating, ploughing, drilling and rolling their fields in preparation for a new seed bed. In order to create the perfect seed bed, the soil needs to have proper drainage (can be achieved with tilling), contain nutrients and organic matter, be free of weed seeds and needs to be the right consistency for the seed to germinate and the crop to grow.



The butchery has been very busy over the summer with all the perfect BBQ weather. With the weather cooling winter warmers are a favourite and with game now back in season why not pop in for a brace of pheasants or some sausages?



Until next time, Thank you
Becky
www.beckysbutchers.co.uk

Potato farmers were affected by the lack of rain this year. We were able to help out a neighbouring farm who were short of water by pumping a few million gallons of water from our reservoir to theirs.

We have already started feeding our livestock winter feed due to the lack of rainfall earlier this year. The knock on effect of no rain meant the grass didn't grow or contain all the needed nutrients to produce our livestock. We have been feeding barley and rape straw along with silage and milled feed.

With the weather cooling down and the days becoming shorter, it can only mean Autumn is now here. This time of year is perfect to pick some delicious berries including blackthorn sloes and blackberries. What will you be making sloe gin or a blackberry crumble?



DISTRICT COUNCILLOR NEWS

Air Show

The Annual Clacton Airshow has been hailed as yet another success story with over an estimated 250,000 people attending. Some local B&B's have benefited with spectators staying over to see both days as well as public houses benefiting from passing trade.

Broadband

As you know lack of good quality Broadband is affecting most people in Great Bromley and Thorrington. It is seen by what seems to be the majority of residents, the most important issue. You will have seen in last month's Messenger that I was due to meet with Kevin Bentley in August which I did and handed him the letter in which I described all the problems we are experiencing here.

I have received a response from Councillor Bentley in which he states that County Broadband claimed to ECC it was able to provide a super fast broadband service to the majority of properties within Great Bromley Parish under an Open Market Review and this claim was accepted by ECC. Where any alleged existing coverage claims applies Superfast Essex is legally not allowed to invest in funding broadband infrastructure. Therefore any deployment in Great Bromley Parish was focused on only the remaining properties which were not claimed as served by any other network operator during the Open Market Review. There are a number of other aspects in the reply but it appears as County Broadband stated they can supply the majority of premises in the parish it is going to be a battle to get a decent super fast broadband coverage in our parish.

However I have not given up and I am seeking further advice from people far better qualified than myself. I will continue trying to get a super fast broadband coverage for ALL residents in Great Bromley and my ward.

As a result of communications with Kevin Bentley, Superfast Essex are willing to attend a meeting to discuss the matter further. Great Bromley Parish Council are writing to Kevin requesting Superfast Essex attend a meeting at Great Bromley. Once details are known I will try to inform residents

as I am aware there are a large number of people that are very disappointed with County Broadband who have been unable to provide anywhere near the service they informed ECC and TDC they would be able to.

Elmstead, I am informed, has excellent super fast broadband.

Car Rally 2019

There are numerous factors to consider, the most important being safety and impact on businesses.

It is anticipated the car rally will take place again next year. There are a small group of people who are very opposed to a further rally, there are also several people who support the rally returning. Therefore there are mixed opinions as to whether the car rally should take place again. I have to say that neither TDC councillors nor TDC can stop the rally

The Road Traffic Act 1988 (Motor Racing) (England) has authorised the Motor Sport governing body (Motor Sport Association) to issue permits for closed road rallying. The Highways authority ECC Highways has to consider the likely impact of the event on businesses on the route. There are numerous factors to consider including safety (there has to be a safety audit which is carried out by the emergency services and the local local authority).

Local plan

I have been asked by residents to provide an update on the proposed new Village Communities. Despite much speculation the Planning Inspector has NOT rejected the plan. He has requested more work to be done mainly regarding Education and Transport. TDC officers are working very hard to ensure this work is carried out. I understand that Colchester Borough Council have approved their part of the plan hopefully we can now all work together and get the plan approved.

If you have any problems or queries you are very welcome to contact Rosemary or myself.

Fred Nicholls



ST. GEORGE'S (C OF E) SCHOOL, GT. BROMLEY

Telephone: 01206 230305



We are pleased to welcome to St George's our new Reception class! The children have thoroughly enjoyed their first few days at school and have even joined the older children for a singing assembly. Their 'Big Friends' in Year Six have done a great job at looking after them and making sure they know the routines and find their way around school.

We also extend our welcome to the seven other children who have joined us this year.

We look forward to a long and happy association with our new children and their families over the coming years.

I would like to welcome our new members

of staff: Mrs Crouch teaches in Class One Wednesday - Friday, job-sharing with Mrs Sime who has returned from maternity leave; Mrs Bishop is our new Inclusion Manager; Mrs Williams who is a trainee teacher working in Class Two; and Mrs Rose our new Midday Assistant. We welcome them warmly to our school community and look forward to working with them this year.

We are looking forward to a busy, exciting term. The teachers have planned some really exciting topics for the children to study. Class Four have already been on a plane journey to New York as an introduction to their topic all about countries of the World!

Forest School Volunteers

Can you spare some time each week to help with our Forest Schools? We need assistance on Tuesday and Friday afternoons and also on Wednesday for the after school club.

If you are able to help for any of these sessions on a regular basis, please contact the school office 01206 230305.

Calling budding photographers ...

... for inclusion in the 2020 Great Bromley CountryFile calendar

We are looking for current local photographs depicting our beautiful village and environs, month by month. There will be an independent judging panel. Copyright will be for the calendar plus advertising.

Stay tuned for more information for submissions, especially the local FaceBook page

To stay in touch contact
Gill@gillianthomas.co.uk



Little Dragons Pre-School - Great Bromley & Frating

Church Meadow Bungalow, Hall Road, Great Bromley CO7 7TR
Ofsted Inspected

Website: www.littledragonspreschool.org
Email: littledragonspreschool@gmail.com



OFSTED INSPECTED OUTSTANDING

BREAKFAST AND AFTER SCHOOL CLUBS- PLACES AVAILABLE

Tel: 01206 231823/ 07857 503103

We are flexible and happy to take children for the occasional session and times to suit your situation.

If you require further information please call us on the numbers above or pop in to see us.

30 Hours funding for eligible parents came into effect from September 2017 - give us a call for more details.

The children have all settled back in after the holiday and we have also been welcoming our new children too, we hope you enjoy your time with us. Some of the children who have left us to start school are now attending our breakfast and after school clubs – lovely that we continue to see them progress.

It's a busy time of year for gardening; in our sensory garden the children have been harvesting the sweetcorn, potatoes, tomatoes, squash etc. and enjoying them for snack. They have also been collecting the seeds from flowers and vegetables to sow next year.



Festive Fundraising

- Organise or take part in a Santa Run
- Donations in lieu of sending cards
- Christmas Jumper Day
- Christmas Raffle
- Organise a carol concert
- Join one of our Festive Collections
- Organise a mulled wine evening or coffee and mince pie morning

For a festive fundraising pack call 0345 2417 690 or visit ehaat.org

The garden for our 2-3 year olds is looking fantastic, the artificial grass has now been laid – a big thank you to 'JAS Groundworks and Landscapers' from Colchester for doing a wonderful job. Our little ones are already enjoying the benefits of a quieter garden designed to meet their needs. Again thank you to all those who voted for us with their tokens in Asda and Co-op that made this possible.

FUNDRAISING:-

Please help us to collect:

Used Printer Ink Cartridges/ biscuit wrappers/ plastic bottle trigger heads and caps from washing up bottles.

OUR RECYCLING STATION now makes it easier to drop off items

We have set up an area – across the car park to the right of gate, with boxes for you to drop off collected items. Thank you.

We take children from the age of two years and offer a 'home visit' to families of children prior to them starting Pre-school. This gives the child the opportunity to meet their key-person in their own home, aiding the transition stage to pre-school. It also enables us to collect and share information in a confidential environment.

For further information or to arrange a visit to the setting please contact us on the above number.

Party Table and Chair Hire

Having a party for Pre-School children?
We can offer 4 perfectly sized tables & 20 chairs.

*Deposit only £10 Tables only £5.00 each
Chairs Only £1.00 each*

Collection Only - Contact us: Tel: 07857 503103 Email:

littledragonspreschool@gmail.com

Dates for diary:

Monday 22nd October – Half term week

Monday 29th October – Preschool reopens

Jill Pert reminisced about her days with the D'Oyly Carte Opera Company at the WI meeting in Great Bromley this month.

Richard D'Oyly Carte was an English talent agent who established a hotel empire and an opera company in the late 19th century. Loving comic opera he wrote to WS Gilbert to ask if he could work with Arthur Sullivan to create the one-act comic opera *Trial* by Jury.

In all Gilbert and Sullivan wrote 13 operas and contralto Jill has had the honour to perform in all of them – in notable locations such as the Covent Garden festival, Bow Street magistrates court, and the Royal Courts of Justice.

Only the third of Gilbert and Sullivan's plays, *HMS Pinafore*, started to turn a profit for Richard D'Oyly Carte, who bought a property on the Strand in London building the Savoy Theatre in 1881. Its accompanying Theatre was lit by electric lights and could seat almost 1300 people.

The Pirates of Penzance was successful in the US, and *Patience* was the longest running opera in the series. After *Patience*, the company produced *Iolanthe*, followed by *Princess Ida* in 1884, *The Mikado* in 1885 followed by *Ruddigore* in 1887. The *Gondoliers* opened in 1889 and was one of their great successes.

Their final operas in collaboration were *Utopia*, *Limited* and *The Grand Duke* – a financial failure. The two never worked together again.

Jill started her singing career early. When she was 15, the family moved to Canada, she gained her Bachelor of Music degree at

Toronto university and working at the Canadian Opera Company, initially in the chorus and soon playing small roles in the company.

She eventually returned to the UK for the next 30 years of her career. She worked at Sadler's Wells, sharing stories of performing eight performances for six days per week, then using the seventh day to move to the next venue. She remained with the D'Oyly Carte Opera Company until its last night in February 1982.

She recounted stories of the touring company family, finding digs in different towns, sharing a flat with other members of the company during long runs. The company went to Australia and New Zealand for five months, touring the antipodes with her theatre 'family'. Learning a new opera whilst performing another must have been a challenge.

We were lucky to hear her stories from a life spent on the road touring and performing. Her repertoire across all Gilbert and Sullivan operas, Rogers and Hammerstein, Rogers and Hart, and Learner and Loewe has meant that she has performed in Oklahoma, Carousel, South Pacific, the King and I, and has performed the mother Abbess in the *Sound of Music*. She has appeared on the *History of Gilbert and Sullivan* and also in the film *Quartet* – produced by Dustin Hoffman.

Her engaging stories kept us well entertained – even the racy reminiscences – and we were all inspired to search out more Gilbert and Sullivan Operas to delight us further. Thank you, Jill.

Eileen Brown



**Community Library
at The Cross**

Every Wednesday 10.00am-12 noon



**The Post Office
at
The Cross**

Wednesday mornings
10 - noon

Fresh feel for local charity to help sustainability

Death, dying and bereavement is a hard sell. It's one of the few certainties in life and maybe we could feel less fearful if we talked about it more? Unless local charity St Helena can get you interested in their cause, they may not be there when you do need them.

St Helena, previously called St Helena Hospice, has carried out a great deal of research and discussion to bring them to the place they are today. With uncertainty regarding government funding (currently one third of the cost of running St Helena comes from the NHS, the other two thirds from the generous local community), together with a growing population and a tougher fundraising environment, the charity knows that standing still is not an option.

A new visual identity with a fresh and vibrant feel will help the charity stand out in a crowded marketplace. The refreshed logo is based on a remembrance tree and the idea of growth, change and life's natural cycle.

The removal of the word hospice was a bold move, but St Helena found the word itself was such a barrier. People hear the word hospice and tend to think of a building where you go to die, but St Helena, and organisations like it, provide so much more, helping local people face incurable illness and bereavement.

To make it easier for people to support the charity and understand exactly who they are and what they do, St Helena has launched a new website: sthelena.org.uk Please spread the word! St Helena wants to be there to support the local community for many years to come but needs you to be interested in them now!

Village Hall Events

October dates for your diary

Mondays Boxercise 7pm to 8pm

Tuesdays Men's Club Billiards from 16.30pm

Badminton 6pm to 730pm

Baby College for pre School (various times from 9am to 1pm <https://tickedit.com/BookingWidget?id=90>) Melissa 07597 222189

Blues Dance class 8pm Tel Debbie 07908 313295

Children's Martial arts age 4 to 16. From 4pm to 6pm. 01954 211682 www.childrenskarate.co.uk

Wednesdays 3rd Oct WI from 7pm speaker Bobby George

10th 17th 24th 31st Bowls from 7pm

Thursdays Pilates from 10.45am

Bowls 4th from 7pm

Ballroom dancing 11th 18th 25th from 7.30pm tel Angela 07708 982550

Saturdays

13th WI Coffee morning from 10am celebrating 70 years.

Dracula show 13th Oct 7.30pm tickets from the Mercury Box Office 01206 573948





VILLAGE HALL TRUSTEES

At their meeting on 17th July the village hall trustees were

delighted to note that hirers continue to make good use of the hall and that several new regular activities for the community are due to commence this autumn including Baby College, blues dancing and youth martial arts. The hall income stream remains steady, boosted by the excellent £470 profit made at the plant sale in May and £120 raised from the table top sale in June.

Improvements continue to be made to the fabric of the hall and the facilities available to the community. Recent work undertaken includes security enhancements throughout the hall, a replacement carpet in the Millennium Lounge, a replacement carpet and blinds in the Committee Room, new windows in the main storeroom and further internal and external re-decoration. The leaking kitchen roof, made good temporarily through emergency repairs last winter, has now been fully inspected and requires complete renewal. Trustees intend to apply to the Community Initiatives Fund for a grant towards the cost of the work, which will be the first phase of a planned kitchen upgrade project.

The Village Hall launched its own website in September which gives the hall a sound internet presence as well as complementing our growing use of social media and external websites to promote the hall and its events. The website address is www.greatbromleyvillagehall.org.uk and allows easy on-line viewing of the village hall facilities, hire terms and conditions, booking forms, the new village hall users guide and forthcoming events. There is also an on-line enquiry form on the website which can be used to ascertain hall availability or to obtain answers to any queries you may have.

During the last year, utilisation of the excellent WiFi service available at the village hall has seen a dramatic decline due

to almost all hirers now having internet access as part of their personal mobile phone call package. After careful consideration, trustees decided to terminate the WiFi service with effect from September 2018, which will reduce annual hall expenditure by £250. Only one hirer requested use of the WiFi service in 2018.

It has been decided not to hold a village Christmas Fayre this year, but the village hall management committee is holding its popular Christmas Market on 10th November which will feature a wide variety of good-quality stalls – and an opportunity to buy your tickets for the annual Grand Christmas Draw, which this year will be drawn at the hall on 2nd December following the performance of 'A Christmas Carol'.

Forthcoming events at the village hall are advertised elsewhere in the magazine and the community is fortunate that the village hall has managed to attract several high-quality shows to the village in the coming months. Please come along for some great entertainment – the performers have all been here before and come highly recommended.

The village hall trustees look forward to welcoming you at an event at the hall and to provide accommodation for you whether it is for a birthday party, reception or reunion. They would also be delighted to receive any comments that you have on the hall either as a visitor or hirer; these and any ideas for further improvements to the hall are always much appreciated.

Martin Frostick
villagehallsecretary@greatbromley.org.uk
or 01206 250263

2018-19 EVENTS

OCTOBER

- 3 WI meeting, Village Hall, 7.30pm
- 7 Dedham Footpath Group, meet Arlesford Village Hall, 10.00am
SVAM concert, East Bergholt church, 4.00pm
- 10 Great Bromley Parish Council meeting, Village Hall, 7.30pm
- 13 Big WI 70th Birthday Bash Morning, Village Hall, 10.00am
Dracula, Village Hall, 7.30pm
- 14 Air Ambulance Dog Walk
- 18 Friendship Club, Village Hall, 2.00pm
- 20 Hallowe'en Craft Fair, Lawford Venture Centre, 10.30am
- 22 Church Meadow annual closure. No parking for this day.
- 25 WEA course, Village Hall, 2.30pm
- 28 SVAM Lecture-Recital, Constable Hall, E Bergholt, 4.00pm



NOVEMBER

- 10 Christmas Market, Village Hall
Gt Bromley Autumn Litterpick, meet Bromley Cross Inn, 10.00am
- 11 Remembrance Sunday
SVAM concert, Dedham church, 4.00pm
- 15 Lt Bromley Parish Council meeting, The Haywain, 7.30pm
- 17 Cricket Club Quiz, Village Hall, 7.30pm

Stour Valley Arts & Music

The new SVAM season starts on 7 October at East Bergholt church at 4.00pm with the Henschel Quartet, a regular visitor, which is great that in their greatness they still want to come!

Then on 28 October at 4pm we have our annual lecture: Illustrated Lecture Recital by Peter Medhurst at the Constable Hall

On Sunday 11 November at 4pm at Dedham Church the Merlin Ensemble come with Violin Piano and Horn

HALLOWEEN CRAFT FAIR

In aid of The Multiple Sclerosis Society

Saturday 20th October

10.30am - 4pm

Lawford Venture Centre, Bromley Road,
Manningtree, CO11 2JE

**30 Local Craft Stalls, Face Painting,
Home Made Cakes, Christmas Gifts
Free Entry. Free Car Park. Refreshments**

Tel 01206 396868 or

email: louisejoplin@btinternet.com

DEDHAM FOOTPATH GROUP

Enjoy walking, meeting new people? Then come along to walks organised by the Dedham Footpath Group.

We walk 4-5 miles on the first Sunday morning of each month from various locations.

Our next walk is Sunday 7th October at 10.00am. Meet at Arlesford Village/Community Hall, Ford Lane, Arlesford, CO7 8AT for a walk taking in the woods, river views of the Colne and some bird life.

The group welcomes all walkers and those with well behaved dogs, kept on leads at all times, are also welcome to join us.

For more information email DedhamFG@outlook.com



Great Bromley WI

invites you and your families
to come and share our

BIG 70TH BIRTHDAY BASH!!

Saturday 13th October
10.00am-12.30pm
Great Bromley Village Hall

There will be Games, Quizzes, the
famous WI Cake Stall and many other
stalls and activities.

SEIZE the DAY
and start your WI adventure.
£2 on the door includes tea and cake

In aid of WI funds

Great Bromley AUTUMN LITTER PICK

Saturday 10th November
meeting at 10am
in the Car Park of the Bromley Cross Inn.



Volunteers (the more the
merrier, but over 18s only
please) should bring
appropriate footwear and
gloves. Hi-visibility clothing,
bin bags and litter grabbers
will be provided and refreshments will be
available afterwards at The Cross Inn.

More details can be obtained from
Owen Blowers on 01206 231010

QUIZ NIGHT

Saturday 17th November
At Great Bromley Village Hall
7.30 for 8.00 pm start
Bring your own food and drink

Teams – Maximum of 8
3.00 per person

Contact Tracey on 01206
251434

This is a fund raising event
for
Great Bromley Cricket Club



My number one stand out performance of the year
The Evening Herald - 7th March 1998, p. 46, Valuing

Dracula Part I

Jonathan Harker's Journal



Starring

MARTIN PREST as Jonathan Harker

*In the haunting and atmospheric ONE MAN SHOW
adapted from Bram Stoker's classic novel*

Great Bromley Village Hall

Parsons Hill, Great Bromley, Colchester, Essex, CO7 7JA

Saturday 13th October 2018 - 7.30pm

Box Office: 01206 573948, www.experiencetickets.co.uk

Tickets: £12 Adults, £36 Family, £6 Under 18s

Recommended for ages 12+. Run time approx 95 mins including a 15 minute interval

www.ThatMyCueProductions.com



**Adult Learning
Within Reach**

WEA course Autumn term

Ardleigh WEA
(now meeting at Gt Bromley Village Hall)
Parsons Hill, Great Bromley CO7 7JA

Wildlife & Habitats of East Anglia

Tutor: Alexander BASS

A course using colourful slides of wildlife
and landscapes focusing of the range of
flora, fauna and nature reserves of East
Anglia. This will include Birds, Mammals
and Butterflies of the Stour Estuary, RSPB
Minsmere, Dunwich Heath and the Norfolk
Broads.

September Term
commencing Thursday 25th October 2018
14.30 - 16.30 (there will be a 15 minute tea
break around 15.30)

An eight week course
Ending on 13th December 2018 Fee £52
Contacts

Jill Frostick 01206 250263 (Secretary)
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IN THE GARDEN WITH KATE

I can't believe it's October already. This year seems to have whizzed past - it seems as if it was June only a week or so ago!

I am told that feeling that way is a sign of advancing age, and to children time seems to last forever.

The garden took a real battering during the wonderful hot summer, but seems to have bounced back very well on the whole. There will undoubtedly be permanent casualties, but plants do only have a finite life unfortunately - nothing is immortal.

October is a month when lots of clearing up needs to be done in the garden- pruning, cutting back, dividing and cleaning. The greenhouse is a prime example, and will need a thorough clean inside and out - I always use Jeyes Fluid - before tender plants that require protection are put inside. Whilst temperatures remain above freezing the door should be left open to ventilate, even with tender plants inside, as this will reduce the chances of mould, infection and insect infestation. Apples and pears need to be harvested when ready, and if perfect stored in a cool, dry, frost - free and rodent proof area.

All flower borders will need a light tidy, and dead flowers cut off, leaving those with seed heads for the birds and insects. Those with decorative seed heads will need to be cut for drying prior to flower arranging - dried heads of alliums and teasel make wonderful Christmas arrangements if lightly sprayed with silver or gold paint.

Empty areas of soil, especially in the vegetable garden need either forking over (and all weeds removed) or covering with a thick layer of garden compost (after the weeds are removed). I must admit I prefer the latter, and let the worms do all the hard work!

Bird feeders and nesting boxes need to be cleaned out and bird baths scrubbed. Failure to do this may cause transmission of various nasty bird diseases.

October is also the time for compost heaps! If not already done, existing heaps should be turned and covered, and a new heap started ready to accept the mass of clippings and weeds that will be generated during the clean up. I recently turned mine and found, once again, a mass of grass snake eggs. Unfortunately, this year they had not hatched. perhaps the high temperatures were just too hot.

October is one of the best times to lay a new lawn using turf, or indeed sowing one. The only proviso is that the weather is damp. The rule is the same for both though - try not to walk on either. Even turf take a few weeks to root.

Vegetables that are harvested in October include sprouts, leeks, cauliflowers, carrots and main crop potatoes. Pumpkins and squashes need to be cut (leaving 1" stem) and left in the sun for their skins to harden prior to being stored in a frost free area.

Finally, the pond will need a good clean with marginal plants reduced in size and removal of some of the bottom sludge. However, this should be left beside the pond for a few days to enable any of the creepy crawlies inadvertently removed to crawl back into the pond.

A busy month, but enjoy your garden!

Kate Stowbridge

Human gut study questions probiotic health benefits

You may have come across the above article on the news (in September) – questioning the benefits of probiotics. It was in newspapers and it made the main news bulletins.

I had a close look at the study – on the Science Today website. There were three studies altogether.

The 1st study was carried out on 25 volunteers. 15 of those volunteers were then divided into 2 further groups to carry out the other two studies.

The senior author of the study - Eran Elinav, an immunologist at the Weizmann Institute of Science in Israel, said: *“We wanted to determine whether probiotics such as the ones you buy in the supermarket do colonize the gastrointestinal tract like they’re supposed to, and then whether these probiotics are having any impact on the human host. Surprisingly, we saw that many healthy volunteers were actually resistant in that the probiotics couldn’t colonize their GI tracts. This suggests that probiotics should not be universally given as a ‘one-size-fits-all’ supplement. Instead, they could be tailored to the needs of each individual.”*¹

Having analysed the study, I came to the conclusion that they are absolutely right. The products tested were apparently ones we buy in the supermarket including live yoghurt. They also talk of ‘one-size-fits-all supplement’. It isn’t clear if they are suggesting the said products are classed as ‘supplements’. To make such a broad statement, to make people believe that probiotics are probably not beneficial to health isn’t helpful. There are many products that go under the umbrella ‘probiotics’. The secret is to know what they do.

There have been many debates about the aforementioned products to date, with mixed messages to the general public. Some of the products that were tested this time are known to also contain lots of sugar. A small bottle can contain anything

between 5 – 12g of sugar per bottle. That’s 1 – 2 ½ teaspoons per 100ml!

I need, therefore, to remind you of the real, live, probiotics that have been in use for many centuries.

Kefir – this beneficial probiotic has been around for over 5000 years, used by generations in the Urals also in Tibet, later spreading throughout Europe and the rest of the world. It has many more beneficial strains of good bacteria than organic live yoghurt.

Sauerkraut – an excellent good-gut probiotic. It’s full of fibre – good for bowel health and the fermentation process encourages the growth of even more good bugs in the intestines. The juice alone is a very gentle healing aid to a sick gut.

Kombucha – very much in the news lately. It is fermented green tea, a probiotic drink with different cultures to Kefir. It can be flavoured with fresh fruit like grapefruit, blackberries, blackcurrants etc.

Apple cider vinegar – home-made is best. It’s made with apples, raw honey and filtered water. Cider vinegar stimulates the production of stomach acid which is needed to break down and absorb nutrients from food. Apple cider vinegar has been clinically proven to reduce the ‘bad’ type of cholesterol.

There are many more natural probiotics – too many to mention here, but the take home message is – supermarket ‘probiotics’ cannot colonize the GI tract. Little and often of the above mentioned natural probiotics and you will be on the right track to good gut health.

Best of health!

Suzanne

Naturopathic Nutritionist

References:

1. Science Daily 6 Sep 2018 – same as the title of this article.

STOUR VALLEY U3A

Recent Meetings

Our Summer Dinner & Social was held at a new venue, The Ipswich Best Western, Copdock and this sell out event was enjoyed by all members present who enjoyed good company and food.

As suggested by Members we introduced our inaugural August meeting, on Wednesday 8th, when Tania Harrington MA, artist, art lover and researcher talked on "Art Attack- A History of Vandalism In Art". She looked at works of art that have been vandalised over the years and the reasons behind these criminal attacks, divided into Political Motivations, Mad Attacks and Artist Attacks. It was a serious, at times disturbing, but also humorous illustrated talk. On 12 September Taff Gillingham, Historian, presented a very British view on "Remembrance And The Great War". Taff advises film makers emphasising the need for historical accuracy on the 1914/18 War.

Future Meetings & Diary Dates

Richard Heap, Production Director of Stephen Walters & Sons Ltd will talk on "Silk Weaving In Sudbury" on Wednesday 10 October. He will cover the history of silk weaving and how it came to Sudbury; the Silk Road from China to Sudbury; how silk yarns are processed; the silk Trade; partnerships and relationships between supplier and customer and how the Company engages with the local community and the environment.

Our November 14th meeting will feature Davis Simmonds, a National Trust speaker and volunteer, introducing "The Coast Of East Anglia". The East Anglian coast is full of contrasts and has much beauty, history and wildlife. His presentation will focus on National Trust coastal properties in Essex & Suffolk.

NEW - each month the Coffee Grinders will meet at The Lambe School, Gaston Street, East Bergholt, CO7 6SD from 10-12 noon. This meeting especially welcomes new members but gives all members the opportunity of meeting the activity Group Leaders and the Committee whilst enjoying a cup of coffee. The next meeting is on Friday 26 October.

Membership

Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the ThirdAge Trust, have over 340 members and 35 active groups. For further information please visit www.stourvalleyu3a.org.uk where membership secretary Gillian Gibbs may be contacted.

Meeting Venue

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except December.

Remember

It's never too late to learn! Join over 400,000 members across over 1,000 U3As throughout the UK today!

GT BROMLEY & DISTRICT CRICKET CLUB



100 Club Winners

August

- | | |
|-----|---------------|
| 1st | Nick Holyman |
| 2nd | G. Austin |
| 3rd | Lesley Oakley |

JOYCE ELIZABETH OSBORNE 1928-2018

Joyce was born and raised in Mile End, Colchester. Her father died at age 34 when she was less than a year old, and she and her older brother Jim were raised by their fiercely independent mother, Lizzie. She attended the elementary school in Mile End and then the Colchester County High School. She chose scientific subjects, including Biology; her school notebooks were meticulously written and illustrated. She retained a lifelong interest in the natural world.

After passing the School Certificate she took a job as a lab assistant at Lawford Place, the research division of BX Plastics, where she made several lifelong friends in the laboratories. She introduced one of them to her brother Jim, and Pam Cobb became her sister-in-law in due course.

She also met John Osborne, newly returned from the RAF. They were married in September 1951, going off on honeymoon to Yorkshire on John's motorcycle. After I was born, in 1954, Mum gave up her job and became a full-time home-maker in the new bungalow, "Cirrus", that they had built at Little Bromley. My brother Robin was born in 1957.

Although Mum's initial interests were scientific, in her adult life she had an interest in art and a great talent for it. She painted, sketched, embroidered, knitted, and sewed. She made sweaters, scarves, tea cosies, gloves, and hats. In later life she quilled, producing a steady stream of wonderfully inventive cards. She continued to produce



90th birthday

these cards in her later years, despite suffering arthritis in her hands that caused her to utter "Oh, fiddlesticks!" when her fingers wouldn't cooperate, but rarely to complain.

Her creativity was often on show

when she played with her young grandchildren, as she devised games for them involving imaginary friends and animals. She was fond of giving inanimate objects like her saucepans personalities, speaking to them

and commenting on their behaviour. And if a puppet was needed for part of the action she would get out her sewing basket and put one together in no time at all!

Another outlet for her artistic energy was her gardens, which were quite magnificent at both "Cirrus" and later "Owlswood" on Trinity Close in Mistley; they were always full of colourful flowers of all shapes and sizes, artfully placed, with not a weed in sight. Mum was very knowledgeable about flora and continued to tend her garden into her 80s.

Yet another outlet for her artistry was cooking and baking. Dinners at home always came with dessert, and Mum always had tins full of rock buns, chocolate cake, shortbread, ginger biscuits and other goodies which she enjoyed as much as anyone! As she was always looking for new ideas she became a keen consumer of TV cooking shows, with Fanny Craddock and Zena Skinner being two of her favourites.

Mum was a prolific letter writer. For years she wrote regularly to me and Robin, as well as her four granddaughters and various friends, even including my wife's aunt, whom she never met! Her replies were prompt and always ended by saying that she had to sign off now to do the ironing or bake a cake or scrub the kitchen floor.

The Methodist Church at Little Bromley played an important part in Mum's life. She taught Sunday School for many years, was an organizer of a regular women's meeting in the village, was an organizer of the Women's World Day of Prayer and hosted the annual



1948

Methodist Church Fete in our garden in Little Bromley.

With the help of some wonderful friends and neighbours, Mum carried on running the home in Trinity Close after John died. When ill health made doing so impossible she moved to a Care Home in Cambridge. Her last outing was for a lunch to celebrate her 90th birthday in May, when three of her grandchildren gathered from across the

world. Afterwards she enjoyed some time outdoors beside the River Cam.

Joyce was a loving wife to John, mother to Robin and me, grandmother to Elizabeth, Annie, Helen, and Vivian, and very recently great-grandmother to Christopher and Michael. She was dearly loved and will be sorely missed.

Martin J. Osborne & family

John Henry Biddis (1899 – 1918)

John Biddis was born in Great Bromley in the spring of 1899, most likely at his parents' house St Mark's Cottage, at Balls Green.

John's father, John Thomas Biddis, was from Hampton in Middlesex and at the time of his son's birth was a Police Pensioner, having retired from the Metropolitan Police in 1898, at the age of 42, possibly on the grounds of ill health as he had been injured the year before. John Thomas Biddis' first marriage had ended with his wife's death in 1893, but 3 years later he had married Bertha Shirley, who was originally from Deptford.

John and Bertha left London when he retired and moved to St. Mark's Cottage. Their marriage produced 5 girls and 2 boys, although one child died in infancy. John Henry was the couple's second child. John Thomas Biddis died in 1913, at the age of 55.

We are not sure what young John did immediately after leaving school, but by early 1917 he was working as a Chauffeur. John volunteered for service in the British Army on 29th March 1917, just before his 18th birthday, though he was not called up until mid-May. His surviving Service Papers show that at that time he was 5 foot 6 ¼ inches tall.

John was sent to France on 11th September 1918 and he joined the 6th Battalion of the Northamptonshire Regiment 12 days later. Since July, the Allies had been launching a series of offensives which had forced the Germans to retreat. These offensives would culminate with the Germans suing for peace and signing the Armistice on 11th November.

After coming out of the line, the Battalion spent the first 3 weeks of October in billets, initially cleaning and resting before they then starting a period of training. The Battalion

were back at the front by the evening of 23rd October, where they were due on the next day to take part in an attack to capture the village of Roversart, north-east of Le Cateau. It is possible that this was John's first time at the front.

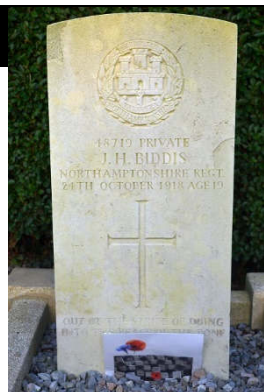
The attack was launched early the next morning, and by midday the 6th Northampton's had captured their objectives. In the course of the day, they repulsed a German counter-attack, inflicted heavy losses on the enemy, and captured 250 prisoners.

In the course of the fighting, the Battalion suffered 73 casualties, including 4 dead. John was one of those who was killed, aged 19. He was buried in Roversart Churchyard, where he rests to this day.

John was the last of the Great Bromley men to be killed in action, though he was not the last to die during the War.

MA

I had an email a few years ago from Frédéric Hautecoeur and his wife who are English teachers in the little French village of Robertsart. They were curious as to why John Biddis was the only British soldier in their churchyard, when there were further casualties at the time that he was killed. That question has yet to be resolved. They kindly sent me a picture of his grave that the locals honour. *HF*



FRIENDS OF ST GEORGE'S CHURCH

Home-made refreshments were enjoyed by the 21 people who attended a meeting on September 13th to discuss setting up a Friends of St G's group. St George's Church, Great Bromley, is a magnificent building at the heart of the village, but like all ancient buildings it needs fairly constant repair and restoration. It is admired and visited by many including the village school pupils across the road, and it is a focus for weddings, funerals, the flower festival and concerts. But these days the Sunday congregation is small and so we are looking for ways of allowing others in the community to help in any way they can to ensure the church is maintained and enhanced for generations to come.

The Vicar, Canon Simon Heron, introduced the evening and we then heard presentations from Norma Barrow, Chair of the Friends of St Lawrence Bradfield, John Barrow, churchwarden at Bradfield, and Gregory Frostick who is the Fabric Officer of St George's. Norma talked about the benefits to the village of having a Friends group, allowing people to meet and work together, using their varied skills and talents for village events to benefit the upkeep of the historic church building. She made it all sound feasible. John emphasised the message that "this is your village church" and that it deserves community support to maintain it.

Gregory described the repair and improvement projects at St George's over the last ten years. They include the south clerestory, the lychgate, the south aisle, the south doors, the porch, and the west gable. We had generous grants from a whole range of charities including the Friends of Essex Churches and Garfield Weston, GCG, Allchurches, and the Heritage Lottery Fund. But these bodies do not give grants unless the church and community provide starter funds 'to prime the pump'. Of the £260,000 spent on repairs to the building over the last seven years, £213,000 has come from grants and we provided 12% of the total from our local fund raising events and donations. So it really isn't too daunting to think of raising a similar percentage to fund the repair of the north clerestory over the next two or three years. He suggested a target figure of £1,650 per year could be raised by Friends' events.

This is an exciting challenge which could unleash creativity and a range of talents, with people from across the community working together. The Vicar and the Parochial Church Council will be discussing how to invite people in and around Great Bromley to help conserve and improve St George's. If you would like to find out more in the meantime, contact Jenny Nicholls on 01206 230688. Otherwise, watch this space!

Graeme Bruce

THE DEDHAM EDUCATIONAL FOUNDATION

The Governors invite applications for residents in the parishes of Ardleigh, Bradfield, Dedham, Great Bromley and Stratford St Mary for financial grants that are available in the following categories:

Secondary Schools and Sixth Form Colleges

Applicants must be at least 12 years old on the 1 August of the year of applications.

Universities and Colleges of Further Education

Applicants must have lived in one, or more, of the five Parishes for at least two years prior to the application date.

For an application form or further details contact the Clerk to the Governors – Mrs Jean Flewin, Coppins, Crown Street, Dedham, Colchester CO7 6AT. Tel: 01206 322215.

Closing date for applications: 31 October 2018.

LITTLE BROMLEY PARISH COUNCIL

Email: littlebromleypc@gmail.com

At the September Council meeting we had a presentation from Dave Blackiston, the co-ordinator for Harwich and District Community speed watch. They organise speed watches throughout the Tendring District and wish to include Little Bromley in their schedule. This was approved by the Council and so they will be concentrating on the 30mph stretch in Shop Road and the 40 mph stretch along Bentley Road in the coming weeks.

The Council are pleased to report that the damage to the garden at the War Memorial has been repaired after consultation between the Chairman and the person who was responsible for the accident.

We have managed to obtain a slot to speak at the next Highways meeting and will be asking that the 30 mph along Bentley Road be considered. We had been told previously that speed measuring cables were going to be put in from the Haywain to the Memorial stretch of road in the next few weeks so that may still happen. We will also be asking for kerbing to be put round the

Island at the entrance to Paynes Lane as some of the blocks that had been put there have been removed.

Regarding the long running Broadband issue at Little Bromley, the Essex Superfast website shows that properties in the Village will be connected to Fibre by March 2020 latest. The Council are going to be writing to Open Reach to see if we can get any more detail.

The Council would like to remind residents that if you wish items to appear on the Agenda at the next meeting then an email should be sent to the Clerk at littlebromleypc@gmail.com two weeks before the date of the meeting, otherwise the items will be put on the Agenda for the following meeting.

The next meeting will be held at The Haywain on the 15th November at 7.30.

Little Bromley Parish Council



STOUR VALLEY MEN'S PROBUS CLUB

Meetings & Diary Dates

We returned after our summer break and on Wednesday 5 September Tracey Mackness of the Giggly Pie Co had us in stitches when presented her "Life Story". Then on Wednesday 19 September David Ablewhite returned to tell us about "The Other Prince William". Norman Jacobs talks about "Pie 'n' Mash & Prefabs" on Wednesday 3 October and two weeks later on 17 October Sally Chicken's talk is on "The Regeneration of Shotley Pier"

Meeting Venue

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB

New members are welcomed

Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30am. Please contact Speaker Secretary Dave Carman on 01255 880202 for further details.



DO YOU KNOW TO WHOM YOU ARE ANSWERING THE PHONE?

Telephone Fraudsters want access to your computer and your money (Computer Software Service frauds) – What is this and what can you do.

Telephone fraudsters are now cold calling/ making unsolicited phone calls pretending to be from your internet service provider, telling you there is a problem with your device or router, it could lead to fraudsters asking for credit card information to 'validate your software', or access to your computer to fix the problem. These are all scams, so what do you need to look out for.

Common scams that use the brand names include:

- Receiving a phone call from 'Microsoft Tech Support' to fix your computer.
- Receiving a phone call from your internet service provider i.e. BT, Sky, EE, Virgin etc.
- Receiving unsolicited emails with attached security updates.
- Being asked for your credit card information to 'validate your copy of Windows'.
- Being told you have won the 'Microsoft Lottery'.

They might say that they can fix the problem for a fee, or alternatively they can compensate you for the problem you are experiencing.

What these fraudsters really want is for you to unwittingly grant them remote access to your computer by installing software or visiting a particular website, and for you to give them your payment details. This is a scam.

These are all fraud scams - No reputable computer firm will send unsolicited emails or make unsolicited phone calls to request personal or financial information, or ask for access to your computer to fix it.

How to protect yourself if you receive such communication

delete the email or hang up the phone do not engage in a conversation. If you require further assurance contact the firm directly using the method and phone numbers obtained from their contract or other trusted sources, never use the numbers or email address supplied by the fraudsters.

- Legitimate companies like your Internet Service Provider (ISP), will never cold call you asking for remote access to your computer or for your financial details.
- Always be wary of unsolicited calls. If you're unsure of a caller's identity, hang up.
- Even if the caller is able to provide you with details such as your full name, don't give out any personal or financial information during a cold call however convincing they sound.

Never grant the caller remote access to your computer,

Never go to a website they give you, and **Never** install software as a result of the call.

- If you think you have downloaded a virus, consider having your computer looked at by a trusted technician in order to determine if malicious software was installed on your machine during the call.

Did you know that?

Fraudsters will keep your details so they can contact you again pretending to be a 'Recovery Company.' They usually advise victims that they can recover the lost amount for a small upfront fee.

- There are free services like the Telephone Preference Service (TPS) to block unsolicited calls.
- You can protect your friends and family (especially if you think they may be vulnerable) by telling them about the signs to watch out for.
- Having anti-virus software installed on your devices and keeping it up to date will help prevent your computer from being infected with malicious software.

Report and get advice at:

www.actionfraud.police.uk

Other places for help and advice:

www.getsafeonline.org

www.cyberaware.gov.uk

FROM THE RECTORY

Between 2009 and 2013 the number of albums in the UK that were sold on CD near enough halved from 112 million to just over 60 million. In the same time frame digital sales, on iTunes and other online retailers more than doubled. For music retailers on the High Street it was a difficult time. HMV, the ninety year old company with outlets all over the UK faced disaster, and at the beginning of 2013 it was rescued from administration but saw significant store closures and job losses.

Somewhat surprisingly only two years later HMV is once again making profits, and has just announced it is to open new shops across the Middle East. It is also in talks to expand into Australia, China and India. They have seen year-on-year CD, DVD and Blu-Ray sales increase by small amounts, but the real star is vinyl albums where the number sold has increased by 170%.

Why is a technology that is more than a hundred years old and was thought to be completely obsolete seeing such a revival in fortune?

At the very least it seems to be tapping into a rich vein of nostalgia.

We so often look back at the past and remember bigger baked bean tins, cheaper petrol, children who respected their elders, and all sorts of other things that were 'better' back then.

For the church, there is also the temptation to see the past as a golden age of Christianity. A time when pews were full and there was a vicar riding his bike through every parish calling on all and sundry for a cup of tea and a natter. And maybe a time when God had more impact as well.

I'm fairly certain that's not the case. People aren't less interested in God or spiritual things now, probably the reverse. It's just they have discovered how many different places there are that they can look. As

Christians we need to be prepared to continue to make Christ known without dwelling on the past. That doesn't mean we can't look back and learn. It just like driving. It's important to check in the rear view mirror to remind yourself what's behind you. It's absolutely vital that you look forward to see what might be coming up ahead.

Simon

Rev Canon Simon Heron
Lawford, The Bromleys & Little Bentley
Area Dean of Harwich

01206 392659
www.lawfordchurch.co.uk
'Loving God. Living Life.'

Common Ground Theatre Company

The Mariner

A music-theatre adaptation of Samuel Taylor Coleridge's "The Rime of The Ancient Mariner" by Pat Whymark

Touring East Anglia - 11th October to 11th November 2018

The show will feature live action, puppetry, film and original music by **Pat Whymark**, sung by a live choir. The Mariner will be played by **Julian Harries** (RSC, National Theatre, Shared Experience, West End)

2018-19 CHRISTMAS SHOW:

The Scarlet Pipistrelle

by Pat Whymark & Julian Harries
Touring East Anglia - 14th December 2018 to 19th January 2019

Touring to Harkstead, Woodbridge, Stowmarket, Colchester Felixstowe, Aldeburgh, Diss & Ipswich

To book call 07807 341364

www.commongroundtc.co.uk



Services for October

St George's Church, Great Bromley

Welcome to our services

October 2 nd	<i>Trinity 19</i> 9.15am Holy Communion (BCP) with hymns
October 14 th	<i>Trinity 20</i> 10.30am Parish Eucharist (CW1)
October 21 st	<i>Trinity 21</i> 9.15am Family Service
October 28 th	<i>Trinity 22</i> 10.30am Parish Eucharist (CW1) 6.30pm Evensong (BCP) with choir
November 4 th	<i>All Saints</i> 9.15am Holy Communion (BCP) with hymns
Vicar:	Revd Canon Simon Heron 01206 392659
Churchwardens:	Mrs Jenny Nicholls 01206 230688 Mrs Yvonne Cobbold 01206 230360

*The church is open daily and you are welcome to visit.
More details and information at www.greatbromley.org.uk
Facebook or Twitter @StGeorgesGtBrom*

St Mary's church, Lawford

Every Sunday	8.00am Holy Communion
1st Sunday	10.30am Holy Communion
2nd Sunday	10.30am Family Service 6.30pm Evensong
3rd Sunday	10.30am Holy Communion 6.30pm Café Church
4th Sunday	10.30am Morning Worship
Wednesdays	9.30am Holy Communion

St Mary's church, Little Bentley

1st Sunday	10.30am Morning Prayer
3rd Sunday	10.30am Holy Communion

St Mary's church, Ardleigh

1st Sunday	10.3am Parish Eucharist
2nd Sunday	8.00am Holy Communion
3rd Sunday	10.30am Parish Eucharist
4th Sunday	8.00am Holy Communion

J.A.M. DROP-IN

Every Friday in St George's church
Term time only
Parents and children welcome
All are welcome
3.00pm to 3.45pm
Refreshments, activities

Church Lunch

Friday 5th October at 12 noon
All welcome.